



# Ferris State gets turnd

## Bulldogs stay safe

*Ferris students search for birth control options*

Harley Harrison

*Interim Reporter*

The many methods of birth control are shifting from rare, unspoken secrets to a conventional part of today's society, especially for college students.

As unplanned pregnancy and sexually transmitted diseases are becoming a common topic of discussion, more women are taking advantage of birth control. For students at Ferris, both Birkam Health Center and Planned Parenthood have become popular sources for contraceptives.

"We offer a whole range of birth control pills, the birth control patch, the birth control ring, the Depo-Provera shot, the Nexplanon implant in the arm and several different IUDs, as well as condoms, both internal and external," said Kim Duursma, senior education specialist at Planned Parenthood.

Although Planned Parenthood does not collect information about Ferris students, they can testify that Ferris students do access their services.

"Birth control pills are still the most popular method in the U.S. However, implants and IUDs are gaining in popularity because of effectiveness," Duursma said.

Planned Parenthood is roughly three blocks away from Ferris; however, students have found Birkam to be another source for birth control.

"We currently offer birth control pills, Depo-Provera (the birth control shot) and NuvaRing," acting director of the Birkam Health and Personal Counseling Center Deanna Goldthwait said.

Birkam is hoping to add more options with the hiring of their new physician, Dr. VanDeMark and they are working on the possibility of a program that would make condoms readily available.

So far this academic school

See *Birth control options* on page 3



Photo by: Aubrey Kemme | Photography

Ferris students raise their arms and move along to the beat as Zeds Dead takes the stage as the headliner at the sixth annual Turn Up the Good event, hosted by the Music Industry Management Association.

## Turn Up The Good busts out the jams

Jonny Parshall

*Torch Reporter*

Ferris State's sixth annual Turn Up The Good (TUG) music event returned Friday, April 8, to a crowded Wink Arena.

The concert, a showcase coordinated by Ferris' Music Industry Management Association (MIMA), featured artists Zeds Dead, Nato Feelz and FSU's own DJ CHoFF.

Over 1,000 students and concertgoers were in attendance making it the highest turnout for the spring event.

"The outcome of TUG blew away all of my expectations," said Ferris senior in MIM Nikki Janeczek, who is also a MIMA member and TUG's coordinating booking agent. "This show is the largest show that MIMA has ever produced. Our attendance alone has proved that TUG was a success."

The show kicked off at 8 p.m. with DJ CHoFF and special guest Hans Play while the crowds were still small. The artists played a range of standard electronic fare serving as an appetizer

to the main event.

Nato Feelz, aka Portland native Nathan Fields, offered an array of glitch hop, house and dubstep mixes, including some songs recognizable to an audience singing along in tandem.

By the time headlining act Zeds Dead took the stage at 9:45 p.m., the arena was thoroughly filled, with attendees still pouring in from the heavy snowfall outside. The Toronto-based duo played a wide assortment of music from many different genres and influences. Many in the crowd were familiar with the group's work, shouting requests and forming the trademark "Z" with their hands.

"The vibe is more than expected," said Ferris pre-physical therapy sophomore David Kash. "I've been to a rave and didn't know how Ferris State would manage it. It's way more than expected."

Black Light Visuals, a Michigan-based company, were present offering free temporary body paint arm dips to the first 200 participants.

Though successful, Turn Up The Good was met with a few minor hitches according to some in attendance.

The event was booked alongside a three-on-three hockey tournament, which was a minor nuisance to hockey players having to bypass the crowd to access the locker room.

Heavy security detail delayed participants entering the event, with many still in line towards the end of the evening. Two arrests were made for a minor in possession and disorderly conduct, respectively, with warrants still awaiting for drug possession including MDMA, according to Ferris Department of Public Safety (DPS).

It was a return to form for MIMA, whose previous Turn Up The Good events had been declining in ticket sales and recognizable artists the past few years.

"Before the show had even started we had people asking us to extend the show time past 11 p.m. and by the end of the night we had people begging for an encore," said Janeczek. "Turn Up The Good sixth edition was a major success and I am so proud to have worked with such talented people."

Ferris pre-pharmacy freshman Hannah Phillips put it shortly, "It's lit."

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**Angela Graf**  
News Editor  
grafa1@ferris.edu

“Longevity is something to embrace and celebrate. These are the jobs of our future...”  
- Robyn I. Stone  
See below for story



Photo by: Chris Martin | Photographer

Ferris students took the stage to perform “Infinite Black Suitcase,” by EM Lewis, a play that portrays death and dealing with grief over the course of one day in a small town in Oregon.

## Good things come in fours

*Ferris Theater Department portrays grief and death with its production of “Infinite Black Suitcase”*

Elizabeth Yost

*Torch Reporter*

The Ferris Theatre group brought a quadruple perspective of loss and grief to campus with the spring production of “Infinite Black Suitcase.”

Four seemed to be the magic number for the theatre department this spring, as the fourth month of the semester brought us a four-night showing of a play showcasing four families overcoming grief and handling death. The production was a spotlight piece and told the story of multiple fic-

titious families in Oregon who were each losing a family member or friend to a different form of death.

“It really depends on the person watching how it can be interpreted,” said Ferris pre-pharmacy junior Catherine Dato. “It’s a very relatable play and I think everyone can understand being in one of their places.”

The entire show took place over the course of a single day and the spotlight jumped scenes between a hospital room, the cemetery, the bar and more. It covered a wide range of topics, including suicide, cancer, a car accident and old age. Each cast member was dealing with the grief a different way, providing drastically different roles for each

participant.

“We had a great time preparing for the show and everything worked out pretty well,” said Ferris sophomore Kyle Parsley. Parsley played the role of Stan Kalinski in the play, a man tasked with helping his sister deal with her husband’s suicide. “Even though the show itself was sad, every rehearsal was full of laughter.”

The spring play was meant to provide contrast to the Ferris Theatre’s fall production of “Dirty Rotten Scoundrels,” a comedic musical. Though the spring piece was themed around grief and loss, the play had humorous undertones and provided a relatable context for any audience member.

## New approaches on an “old” problem

Megan Hiler

*Torch Reporter*

Aging—a synonym for old, something that everyone is afraid of and tries to avoid at all costs.

However, it might be time to stop looking at aging as a horrible thing and start viewing it as a privilege and an opportunity. Robyn I. Stone, the Executive Director at LeadingAge and a noted researcher, spoke about the issue at the first Conference on

Aging at Ferris. She believes that the increasing aging population is a problem that we can benefit from.

“We are in a very disruptive and innovative period,” Stone said. “For every problem, there is an opportunity for us. There are lots of opportunities to turn lemons into lemonade.”

These opportunities range from health-care reform and transportation needs to infrastructure improvement and housing needs. The reason this is beginning to be

problematic now is because people getting older is somewhat uncharted territory. According to Stone, two thirds of the people in human history who have ever reached age 65 are alive right now.

“Aging is a relatively recent phenomenon. We have people living longer and longer. We are living with a lot of chronic disease that would have killed people years ago,” Stone said.

According to the United States Census, from 2008 to 2012, there was a 120 per-

cent increase in elderly people aged 65 and over. Compared with other age categories such as under 18 (35 percent increase) and ages 18 to 44 (32 percent increase), this is a sharp increase.

With more people celebrating birthdays, there brings a greater challenge in meeting each of their individual, cultural and medical needs.

“Not everyone looks at aging the same way,” Stone said. “Not every culture looks at death and dying the same way.”

See Aging on page 4

# Nothing exciting happened

A roundup of this week's crime at Ferris State University

By Angela Graf, News Editor

## Toking in Travis

March 28, 12:15 a.m., officers investigated a marijuana complaint in Travis Hall. One student was referred to the Office of Student Conduct and a warrant sent to the prosecutor's office.

## Pedestrian hit by car

March 30, 3:45 p.m., officers investigated a report of a car hitting a pedestrian on South State Street. The pedestrian received minor injuries and the driver was not ticketed.

## Toking in Travis again

March 31, 10:50 p.m., officers investigated a marijuana complaint in Travis Hall. One student was identified and referred to the Office of Student Conduct.

## Intoxication and possession

March 31, 11:50 p.m., officers stopped a vehicle on State Street. The driver was arrested and lodged in jail for operating while intoxicated and possession and the passenger was lodged in jail for possession. Both were referred to the Office of Student Conduct.

## Imperfect parking

April 1, 9:30 a.m., officers investigated a parking complaint in Lot 16. A ticket was issued for having an altered decal.

## Too tinted

April 1, 2:15 p.m., officers stopped a vehicle on Sports Drive for tinted windows. The driver was found to have a suspended license and was lodged in jail.

## High in Vandercook

April 1, 7:40 p.m., officers investigated a marijuana complaint in Vandercook Hall. One student was identified, ticketed for possession of marijuana and referred to the Office of Student Conduct.

## Violating probation

April 2, 11:15 p.m., officers investigated a suspicious situation in Lot 4. Two subjects were found with marijuana and one was found to be in violation of their Wayne County probation. Warrant requests were sent to the prosecutor's office.

## Drugs on Sports Drive

April 3, 3:25 p.m., officers stopped a vehicle for expired plates on Sports Drive. Drugs were found in the vehicle and both the driver and passenger were lodged in jail.



## Timme turn down

April 4, 9 p.m., officers investigated a report of subjects yelling in the Timme Center. The disturbance was ruled a verbal domestic argument and both students were referred to the Office of Student Conduct.

## Fighting in Finch

April 4, 6:30 p.m., officers received a report of fighting in Finch Court. By the time they arrived on the scene the subjects had dispersed.

## Merrill trespasser

April 4, 10:30 p.m., officers assisted Merrill's hall director with a trespasser. The incident was handled by the housing department.

## Weirdo in West Campus

April 5, 12:15 a.m., officers investigated a report of suspi-

cious activity in the West Campus Apartments. Upon arrival they were unable to locate the source of the problem.

## Harasser in Cramer

April 5, 12:30 a.m., officers investigated a harassment complaint in Cramer Hall. The subjects were contacted and told to leave each other alone.

## Someone needs a trip to the DMV

April 6, 12:50 a.m., officers stopped a vehicle on State Street for having expired plates. The driver was found to have a suspended license and was ticketed. The passenger had an outstanding warrant and was placed under arrest.

## Club credit card fraud

April 6, 11:30 a.m., officers investigated a fraudulent complaint regarding a member of a club team inappropriately using a credit card. A warrant was sent to the prosecutor's office.

## Classmate harassment

April 7, 11 a.m., officers responded to a report of harassment of a female student by a classmate. The individuals were told to leave each other alone.

## Credit cards in Cramer

April 7, 12:30 p.m., officers investigated a fraudulent complaint from a student in Cramer Hall regarding two unauthorized credit card transactions.

## Walmart retail fraud

April 7, 9:50 p.m., officers assisted the sheriff department at Walmart with a retail fraud complaint. Two subjects were identified and lodged in jail.

DPS issued 304 traffic and parking violations from April 1 to April 7, totaling \$5,040.

# NEWS BRIEFS

Angela Graf

News Editor

## A shot of reality

On Thursday, April 14, Entertainment Unlimited will be hosting "A Shot of Reality," a five-star event production addressing all things alcohol. The company has performed everywhere from Lollapalooza Rock Fest and Disney Cruise Lines to colleges and universities in nearly every state in the country. The group tackles alcohol-related issues including binge drinking, health risks and alcoholism using interactive comedy, audience role playing, facts and education to get their message across. The event is scheduled at 7 p.m. in room 202 of the University Center.

## Ferris Media Festival

On Friday, April 15, Ferris will host a media festival featuring nationwide speakers. Students, faculty and members of the community will have the opportunity to hear about careers in animation, documentary, film editing, broadcast news, screenwriting, sound design, music and much more from professionals in those fields. This event will allow numerous networking opportunities in addition to learning more about the media field. Registration begins at 8:30 a.m. and presentations start at 9:15 a.m. in rooms 202A and 202B in the University Center.

## Spring football

On Saturday, April 16, the annual Crimson and Gold spring game will be held at Top Taggart Field and the Bulldogs will play in an intra-squad scrimmage. The game is open to all fans wishing to attend and will cap off spring practices for the defending GLIAC champions.

## Ferris State Torch Corrections

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## Birth control from page 1 The many options for birth control

year, roughly 100 students have visited Birkam for birth control. The most popular form of birth control among students is birth control pills, followed by the Depo-Provera shot and the Nuvaring.

"Birth control is a personal choice and we tailor treatment to the needs of the individual to the extent that we are able," said Melissa Sprague, a registered nurse at Birkam Health Center. "If an option that is not currently available at the health center is determined to be most appropriate, a referral would be made."

More information can be found at [www.plannedparenthood.org](http://www.plannedparenthood.org) or [www.ferris.edu/birkamhealthcenter](http://www.ferris.edu/birkamhealthcenter).

# Winter tolls

## Winter ends and damage control begins

Elizabeth Yost

Torch Reporter

The end of a record-breaking winter causes reflection on just how much a season like this costs the Ferris campus.

As the 2015-16 winter comes to a close, Ferris physical plant workers and its corresponding clean-up team work to repair and replace the damages and clear the remaining snow from campus. Between salt costs and labor pay, post-winter damage removal can be a costly process.

"Costs of snow removal vary from year to year depending on the weather," said Ferris physical plant accountant Jillian Bush. "This year it cost approximately \$12,000 for salt used throughout the winter."

Besides the cost of salt used throughout the season to prevent and melt snow, there is also the matter of paying those to do the work. Labor costs cover

those who lay salt, plow and shovel the snow, and other miscellaneous tasks involved with snow removal.

"The overtime labor cost is approximately \$27,000, and this does not include regular time or student labor," said Bush. "We have 12 full-time employees in the grounds department and also employ 12 to 14 students throughout the academic year."

The work involved in this process consists of preparing for the snow, continuously laying salt throughout the season, removing the snow, and repairing the damages post-season. This process is directed by Ferris grounds supervisor Tim Wirth.

Once winter is over, there is also the matter of repairing the damages done by this process, such as replacing or fixing landscaping and machinery. According to Bush, post-winter costs are estimated to be around \$10,000, and equipment repair will be between \$5,000 and \$7,000.

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### Fourth Annual Fallen Officer Memorial 5k

On April 10, Lambda Alpha Epsilon the Professional Criminal Justice Fraternity hosted the Fourth Annual Fallen Officer Memorial Run/Walk at Northend Riverside Park in Big Rapids, Michigan. The Fallen Officer Memorial 5k was created to honor Law Enforcement Officers who have fallen in the line of duty. The funds raised from the race will be going to the Jessica Nagle Scholarship Fund on campus, created in memory of Jessica Nagle, a Ferris graduate from the Criminal Justice Program that fell in the line of duty. The scholarship is given to a Criminal Justice student on campus every year.

Photo by: Aubrey Kemme | Photographer

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### ►►► Aging from page 2 Conference on Aging addresses increase in senior population

The greatest need, according to Stone, is for young people to become leaders in finding solutions to these problems.



Robyn I. Stone

"We need to think about retirement reinvented. We want to figure out a way for people to live a healthy, happy and productive life," Stone said.

Steve Nanasi, a Ferris senior nuclear medicine major, was pleased with the potential for visionaries.

"The need for leadership stood out to me most," Nanasi said. "There's a need for a new vision and a big need for guidance."

Nanasi also stated that there was a "direct application" of this principle in relation to his leadership class that he is currently enrolled in.

The leaders of the cause, according to Stone, must be able to think of new ways to make retiring more affordable. According to Stone, one third of seniors live below the poverty line with many more relying on Social Security and Medicaid to help them get by.

"There are some serious economic issues that we will be seeing," Stone said.

With issues come solutions, and Stone is optimistic for what the future holds when it comes to people getting older.

"Longevity is something to embrace and celebrate. These are the jobs of our future. This is just the tip of the iceberg in terms of what the aging population can do for us," Stone said.

For more information on Dr. Stone and aging, visit [www.leadingage.org](http://www.leadingage.org).

## AGING STATISTICS

**Under 18:** 35.1 percent growth since 2012

**18-44:** 32.2 percent growth since 2012

**45-64:** 21.6 percent growth since 2012

**64+:** 120.1 percent growth since 2012

- 20 percent of older adults have a mental health or

substance abuse condition

- 2/3 of people in human history who have ever reached age 65

are alive right now.

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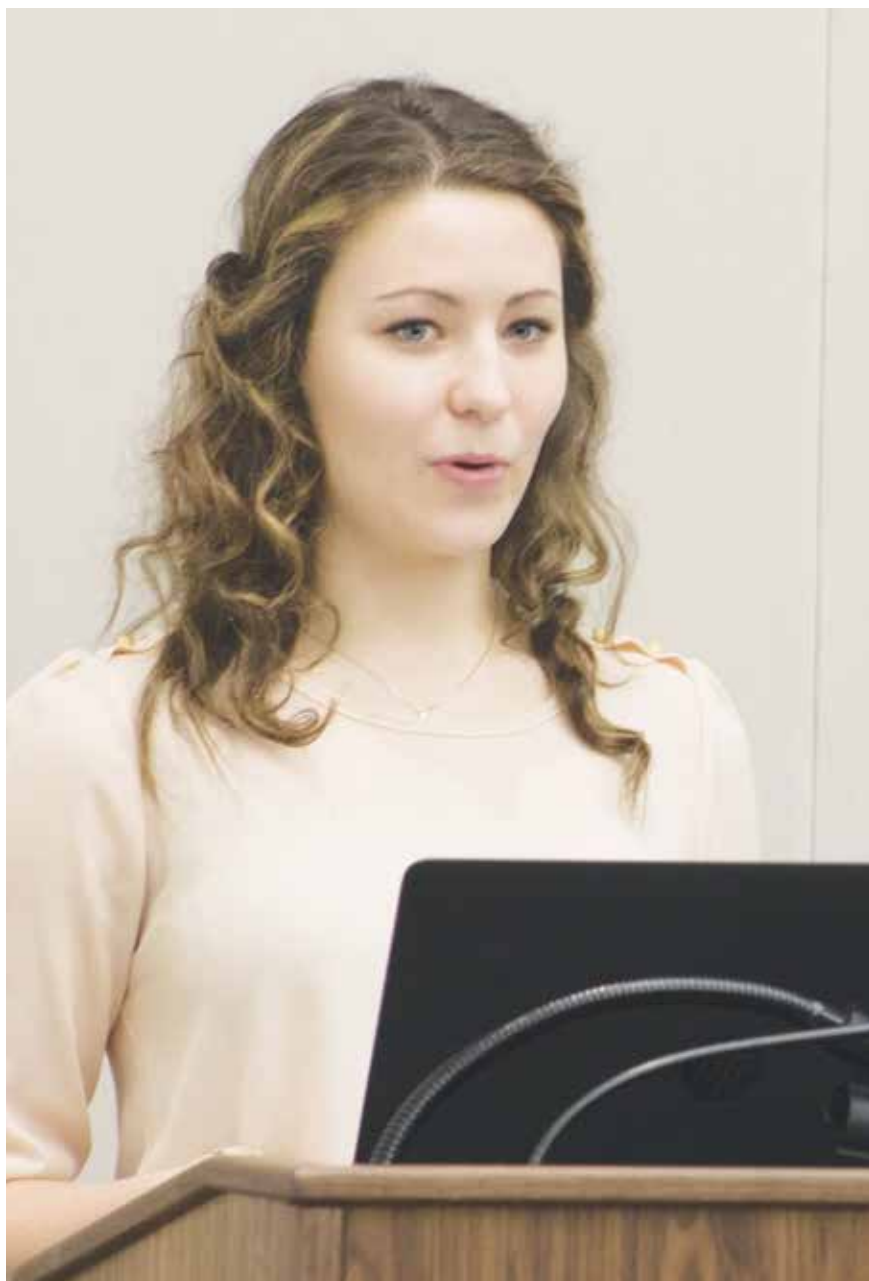


Photo by: Katie Tobak | Photographer

Ferris chemistry freshman, Abigail DeMaet leads a discussion on the topic of mental health and brain chemistry in an effort to eliminate the negative stigma of mental illness.

# Mental health and the stigma against it

## Ferris students learn about the chemistry behind mental illness

Shantelle Bonham

Torch Reporter

Bipolar disorder, schizophrenia or persistent and major depression are the most common mental illnesses in which people who have them experience the most stigma.

A stigma is when someone views someone else in a negative way because they have a distinguishing characteristic or personal trait that's thought to be, or actually is, a disadvantage. Unfortunately, negative attitudes and beliefs toward people who have a mental health condition are common.

Despite this, Ferris State University RSOs such as the American Chemical Society, Student Psychology Association, Active Minds and the Pre-Pharmacy Club all came together on Thursday, April 7 to help raise awareness in regards to the stigma against mental illness.

"A great group of passionate students formed from all of these RSOs and really helped make the project great," said Ferris American Chemical Society representative Abigail DeMaet.

Ferris staff, students and faculty members all came out to gain knowledge about a topic that is said to continuously be ignored and misunderstood.

Faculty members from all over campus were also there to represent, support and in-

form students of the stigma against mental illness through PowerPoint talks and other various presentations.

"What people don't understand is that individuals don't choose to be depressed or have a mental illness, but that it is a chemical imbalance in the brain that causes it. I think doctors should stop looking for reasons as to why someone is depressed and instead focus on helping those people," said Ferris psychology freshman Mary Rogers.



Mary Rogers

freshman Mary Rogers.

"I think raising awareness is the best way to do so and the presentations today really put it all into perspective."

Abigail DeMaet explained where her passion for the issue originated, after confessing the ways in which she has experienced the stigma in her own life.

"I've personally watched the stigma against mental health. I've witness the medications cause damage to people and found a need to spread a little bit of understanding to those on campus."

Based on the turn out and the feedback given after the event, Ferris students can expect more events like this to come, raising awareness to students and faculty about topics they feel need to be addressed.

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For more information visit: [ferris.edu/digitalmedia/mediafestival](http://ferris.edu/digitalmedia/mediafestival)

The Ferris Media Festival is co-sponsored by Media Communications Association RSO, College of Education and Human Services, College of Arts and Sciences, Center for Latin@ Studies, American Marketing Association RSO, Diversity and Inclusion, and the Television and Digital Media Production Program.

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# LIFESTYLES

**Hailey Klingel**  
Lifestyles Editor  
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“Events like this are the best way to stand up to stereotypes of other nations and to learn about their culture yourself.”  
- Princeton Boston  
See page 7 for story



Photo by: Chris Martin | Photographer

Ferris music industry management sophomore Nathan Seifferly plays the drums in the Torch office as part of the Torch Jams series. He is the drummer for the Ferris-based band, City Sun.

## City Sun prepares for debut

Travis Sacher

Torch Reporter

City Sun, a band composed of Ferris students, is not just kicking it under the sun and catching rays.

The band and friends have been working tirelessly in an apartment bedroom for the upcoming release of the band's first album.

Ferris music industry management (MIM) sophomore Devin Vargo is the lead guitarist and vocalist for City Sun. He's set to release the bands' first album this Friday, April 15, through SoulTouch Records, a company he co-founded with fellow Ferris MIM student Oseia Blanding, who goes by the moniker OSHEA. The collaboration album with City Sun and OSHEA will be the first release by SoulTouch Records and is titled "Light Under The Door."

City Sun began in January 2015 as a two-piece including Vargo and drummer Ferris MIM sophomore Nathan Seifferly. Originally entitled Tuxedos, the band eventually adopted the title City Sun after Tuxedo, a backing musician for Mayer Hawthorne, began his solo career.

"Nate sparked the idea in the summer when he said,

'Well we are both sons of the city, how about City Sun?' and it stuck," said Vargo.

Vargo and Seifferly continued jamming, writing songs, doing covers and playing house shows until Ferris MIM junior Zachary Kidder began playing bass at live shows with them on Halloween of 2015.

City Sun takes musical influence from almost every genre. Vargo stated that his major influences include Sinatra, Joy Division, Portugal The Man, Kings of Leon, Fall Out Boy, Miles Davis, Johnny Cash and many more. He described his lyrical style as "classical jazz in an alternative rock music setting."

Seifferly shares many of the same music interests such as Sinatra and Led Zeppelin, but added that pop punk is a major influence on him, including the album "96 Tears" by Question Mark and the Mysterians, and bands like Brand New, Modern Baseball, Say Anything, Arctic Monkeys and more. Seifferly has adopted a more emotive lyrical style, mimicking that of Jesse Lacey of Brand New and other emo bands.

Last Saturday, City Sun performed live at the Sawmill Saloon. Their set opened with a cover of "Your Graduation"

by Modern Baseball, a pop punk anthem. Next, City Sun played two songs written by Seifferly, one entitled "I Should Have Left." Other cover songs they performed included "Laugh Till I Cry" by The Front Bottoms and "All These Things I've Done" by The Killers.

Halfway through their set a drunken heckler in the back of the room requested some '70s rock 'n' roll. Though he was initially reserved about the idea, Vargo eventually gave in and began playing "Moby Dick" by Led Zeppelin. This came at the appraisal of the heckler and the rest of the crowd.

"Light Under the Door" can be purchased or streamed through Spotify, iTunes, Dropcards, Amazon music and other streaming or purchase channels this Friday, April 15.

Vargo thanks two Ferris MIM students, Luke Slagell and Nick Graham, for their help with sound and recording for the upcoming album,

"These two stuck with it for four months; they deserve a lot of credit," Vargo said.

Visit the Torch's YouTube channel, "FSUTorch" to watch City Sun's Torch Jams video.



# The food of nations

## International Festival of Cultures hosts food, singing and dancing

Nick Vander Wulp

Torch Reporter

The Ferris State University Center was bustling with Ferris students, staff and faculty hosting and entertaining visitors and students at the International Festival of Cultures.

Throughout the dreary afternoon on Sunday, April 10, an estimated 1,500 to 1,800 people braved the cold, rainy weather to experience different foods and learn about cultures from 40 different countries and over 30 different recipes.

Along with their favorite foods, international students sang and danced to

songs from their home cultures and pop culture.

"It's the International Festival and I wanted to represent my country with our best dish, Egyptian koshary," said Ferris digital animation and game design freshman Youssef Wahba of Egypt. "The koshary is made with rice, macaroni, mixed lentils, fried onions, vinegar and marina sauce. We like to make it flavorful."

Ferris undeclared freshman Landon McDaid said the crème brulee from France's booth was his favorite dish at the festival. He said he also enjoyed the way the foreign students had the opportunity to present themselves.

"I love it. It's awesome to have every-

one come together as one, so that we can experience their culture here and not just make them experience our culture all of the time," said McDaid.

Some international students that have participated in previous International Festivals of Cultures said they've seen great improvement this year in the number of dishes and students represented at the festival.

"We're more diversified and people learn about other countries more, especially overcoming stereotypes against other countries such as Iraq and Saudi Arabia," said Ferris automotive engineering technology senior Princeton Boston of the Bahamas. "I can learn their true history and religion behind them, other than

how the media is portraying them. Events like this are the best way to stand up to stereotypes of other nations and to learn about their culture yourself."

The dish from the Bahamas was marinated beef with red beans and rice, and the dish included a tomato and onion salad to go with the beef.

Dozens of other countries and cultures were represented with some dishes chosen by students, including the United States with chicken and waffles, Brazil with brigadeiros and passion fruit mousse, China with sweet and sour chicken and honey milk tea, Germany with weiner schnitzel, Philippines with coconut filled crepes and South Korea with short ribs.



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- Credit Scores – Is Yours an A+?
- Car Loans – Have a costly Lemon or Were You Lucky?
- College Loans – Can You Repay on Time?
- Identity Theft – What Are the Odds You Are A Victim?

### Monday, April 25th at 11AM and 7PM - UC 203 - Trent Graham of Greenpath Debt Solutions

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### Tuesday, April 26th at 11AM and 7PM - UC 209 - Blain Adams of Gary Trimarco Automotive

#### Car Buying 101

Should you buy a new or used? Should you purchase or lease? Learn important Tips and Tricks that can guild you through these stressful decisions.

### Wednesday, April 27th at 10AM and 3PM - UC 202

#### Get Real!

This is a fun, interactions game-style event. Ninety-six percent of students who attended last year would recommend it to their friends!!

### Thursday, April 28th at 11AM and 7PM - UC 203 - Kyle Hondorp of Edward Jones Investments

#### Retirement by Design

Are pension plans the thing of the past? What are IRA? Highlights of changes in retirement planning and the responsibility of the retiree.

Anyone with a disability who needs special accommodations to attend this event should contact Melanie Mulder at 231 5912121 or [mulderm2@ferris.edu](mailto:mulderm2@ferris.edu) at least 72 hours in advance

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# The five love languages

## Ferris professionals talk about love and psychology

Nick Vander Wulp  
Torch Reporter

Sex and love have been written and talked about for as long as there's been language.

Sometimes what isn't said is just as important as what is said, if not more so. Nonverbal ways of expressing love and affection have been around much longer than language, but can also be open to misinterpretation.

According to books like "The Five Love Languages" by Dr. Gary Chapman, and the multitudes of others describing the facets of the Myers-Briggs personality types, people speak at least five "languages" to communicate their love.

"The Five Love Languages" is a good example of a book which has entered into popular culture in such a way that even if you have never read it, you might have ac-

quired a basic idea of the premise behind the book," said Ferris Birkam Health Center counselor Mark Van Lent. "You don't give a gift just because you like buying it, but rather you like to give gifts which you think others will actually like."

All of the languages tend to be somewhat important to most people, but there are at least one or two that are very important than the others on an individual level.

"At the minimum, these concepts and books could help to increase the communication in your relationships," said Van Lent. "It could be helpful for students to communicate honestly in their relationships. Also, the concepts could help you learn about others and help others learn more about you."

Books like "The Five Love Languages" aren't based on scientific findings in the field of psychology, however. Chapman wrote his book anecdotally based on his own marriage of 45 years. Because it's not based on

objectively collected evidence, this leaves some professionals in the field of psychology skeptical.

"Psychological science is not a collection of autobiographical stories," said Ferris psychology professor Connie Meinholdt. "A case study is one of many research methods we use to collect data about human behavior. Generally, case studies are about abnormal or unusual behavior—like observing the behavior of retired pro football players with multiple concussions."

Culture and relationships buried deeper than learning about personality types and how someone wants love also play a role in the background to students on campus. These factors can be the way someone was raised, continued family influence on decisions made while attending college and other loved ones, including past romantic partners. This pressure can be significant and lead to women leaving college and going back home to start families.

"I would look at the different classes and the culture from a broader perspective, because they're not all the same," said Ferris sociology professor Carole McKenna. "And you'll have a young woman coming to the university, for instance, with the goal of she wants a degree and wants a career. Hookups oftentimes fit very well into that framework, if it's willing to the framework, because she doesn't want to get serious with someone. She wants to have fun and enjoy her freedom. Not that she doesn't ever want to get married, just not now."

Sometimes, the love languages and personality types help people fit into this larger social framework and help to work out relationship problems said Van Lent.

Other times these books and how entrenched they are in society can make breaking something off much harder and cause lasting harm, according to Meinholdt.

### Love Languages

Appreciation

Time

Presents

Help

Physical Contact

### Methods

Words, postcards and letters

Walks, traveling, conversing and showing interest

Gifts and personal attention

Helping at home, general support and comforting

Hugging, cuddling, caressing and sex

### Communication

Compliments, support and motivation

Attention, doing activities together and chit chat

Gifts, surprises and pleasant things

Saying "Let me help you" or "What can I do for you?"

Non-verbal physical contact

### Avoid

Unpleasant words and criticism

Long separation and isolation

Greediness and forgetting important dates

Forgetting promises and ignoring

Physical punishment and neglecting



Photo by: Aubrey Kemme | Photographer

YBBW members practice in FLITE for the upcoming YBBW Fashion Show.

# It's show time

## YBBW preps for annual fashion show

Jen Corrie

Torch Reporter

The members of You Beautiful Black Woman (YBBW) are taking viewers on a trip around the world this year for their annual fashion show.

The theme for this year's show is national and international travel. Models will be representing the Detroit area, New York, Miami, Las Vegas, Africa and more, even including a tribute to Flint. Hosting the fashion show this year is Erica Dixon, a star from the TV show "Love & Hip Hop: Atlanta."



Jada Dill

Jada Dill, a freshman YBBW member who is studying elementary education with a minor in math and science, is helping put the show together.

"We have models from all over campus," said Dill. "The majority of our members aren't in the show, since we need help behind the scenes."

Since Dill is a freshman, it's her first year helping to put on the show.

"It's bigger than what I thought," said Dill. "I know it will be a great show. I know that without a shadow of doubt, but I'm just ready for it to be here so we can relax and have fun at the event."

The event is chaired by Ferris political science senior Shan Tal' Eligah, and co-chaired by Ferris criminal justice senior Jazmine Goode.

"I'm the most excited about seeing it all come together," said Goode, who has been working hard alongside the other members of YBBW all of the academic year to put on the production.

Goode also said that viewers in the audience will have a good view from their seats, due to the set-up of the runway at the Holiday Inn.

"We just love how their runway is set up, how the lighting works in their ballroom and how it's a closer feel for the audience, so they're not so far back," Goode said. "They're surrounded by the whole runway."



Jazmine Goode

"I hope it's a great turnout and that they enjoy the show," said Goode. "I also want to thank all of the models and the boutiques for participating."

The YBBW fashion show is Saturday, April 16, from 8 p.m. to 10 p.m. at the Holiday Inn and is free to attend.





DESIGN: GRAPHIC DESIGN PROGRAM, FERRIS STATE UNIVERSITY

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# SPORTS

**Marshall Scheldt**  
Sports Editor  
mscheldt99@gmail.com

“Coach Mignano has a goal for us, and it is to win a National Championship.”  
- Brad Walling  
See page 12 for story



Photo by: Evan Dulac | Multimedia Editor

Ferris fans will have the opportunity to get some insight on how next year's team is shaping up this Saturday at 1 p.m. when the Bulldogs host the annual Crimson and Gold spring game at Top Taggart Field.

# Spring is in the air

## Bulldog football to play annual spring game

Cody Burkhard

Sports Reporter

Ferris football has gone through a change in spring training after graduating some key players and will put those changes on display in the annual Crimson & Gold Spring Game this Saturday.

The team lost leaders on both sides of the ball this offseason with All-Americans Jason Vander Laan and Justin Zimmer leaving, but multiple players are filling that void.

Junior linebacker Anthony Darkangelo said, “Leadership is coming from a lot more people now and that makes us better.”

Vander Laan is considered the best dual-threat quarterback in collegiate history by some after breaking the record for most career rushing yards by a quarterback last season. The offense operated primarily around him and his running ability. With him gone, the Bulldogs have moved to a more pass-heavy offense.

Junior receiver Jamel Lockett said, “Jason was a bigger, running quarterback and we got a bunch of guys that can throw the ball this year. We’re evolving into a passing team with more run-pass options.”

As of now, it appears that the quarterback position is up for grabs with three quarterbacks rotating practice reps.

Lockett said, “Every time we run a play, there’s another quarterback in.”

The defense has had a more seamless transition than the offense. Most of the key players are in tact with nine out of 11 starters returning. One of those players is the second leading tackler from last year, Darkangelo.

Darkangelo said, “We’re not doing too much different than we did last year, but we’re all a year older and more developed. We’re ten times better than we were last year on defense.”

The Bulldogs have won back-to-back GLIAC

championships and currently ride a 25-game regular season win streak. New assistant coach Kyle Nystrom knows about the dangers of success from his days at North Dakota State with consecutive 10-1 seasons.

“I was always desperately worried about my players staying hungry, staying desperate,” said Nystrom. “It doesn’t matter what you’ve done. What matters is what you do today, tomorrow and the rest of the way.”

Complacency has not set in for the Bulldogs because they know there is another season of work that needs to be done. However, they are still confident in being contenders in the GLIAC.

Lockett said, “We should still be in contention. It’s just what I expect now.”

The Dawgs will put the results of their spring training on display in the spring game. It will be their first live action since the fall.

Darkangelo said, “It’s an opportunity to develop yourself and get some live action. It’s nice because you get to play with the team again.”

Nystrom says that the format for this year’s spring game will depend on “numbers and health.” This will determine whether they divide the team into two whole teams or play starting offense vs starting defense with players rotating.

There is a balancing act when it comes to players’ health and playing experience in this game. The coaches do not want their players to get hurt in a scrimmage, but the scrimmage is necessary for player development. In addition, play calling will be held back to avoid revealing their schemes to other teams.

Nystrom said, “You don’t want to show much, but you want to get everyone to play and make this game a celebration of the end of spring.”

Spring training will culminate with the spring game on April 16 at 1 p.m. on Top Taggart Field.



Photo by: Evan Dulac | Multimedia Editor

Sophomore quarterback Jordan Haan is just one of seven quarterbacks on the active roster who will be vying to fill the starting role under center next season.



# Making sports a career

Mark Hansen

Torch Reporter

Every time you watch a sport, there are multiple people working behind the scenes, behind the camera, marketing the event and working with the fans.

The sports industry has evolved and plays a major role in the national and world economy.

A major in sports communication wasn't available for students at Ferris until these last few years. This major now gives students the opportunity to work towards developing and acquiring the skills necessary to succeed at any level in the sports industry.

This development wouldn't have been possible without Sandy Alspach, a communication professor at Ferris. Alspach felt the need to add to the communication program at Ferris because she felt like it was missing something.

"I went to a National Communication Association (NCA) conference in Chicago and I was searching for something new and exciting in the communication field that we could bring back to Ferris because our communication program was pretty generic; it needed something shiny to attract people to it,"



Jordan House

Alspach said. "So I started going to sessions about different topics that I didn't know anything about. I sat in a session that was sports communication."

Alspach talked about the idea with the only other communication professor from Ferris at the conference, Cami Sanderson, to discuss how they could turn this idea into a reality. Alspach explained what the sports communication would entail.

"I listened to people giving speeches where they analyzed what players were doing, social media, how team interactions worked, what fandom was

and I went 'Wow that's really cool.' I [thought] we could sell that at Ferris and I knew that it would be very consistent with our career-focused university mission," said Alspach.

After coming back to Ferris, Alspach started talking to other programs about the possibilities of working together and having students in the other majors consider a concentration in sports communication.

Her hard work finally paid off as sports communication became an actual major in the fall of 2014. Although the numbers are slowly growing, the idea of having a background in sports is appealing more to students in other programs.

Ferris senior public relations Jordan House, wanted to have that background in sports and decided to take the COMM 389 class that is offered as an elective and gives students the sports communication basics.

"I wanted to look into the sports area of public relations, and I know that working in a sports career with PR would be a great experience. I saw that this course was offered and thought it would be a good elective to take to help me gain a better grasp of sports communication," House said.

The COMM 389 class and the seniors in the program taking COMM 489 (senior seminar) are working with Ferris Athletics to host events for some of the spring sports that are either getting ready for the fall or already in season. The four sports that the COMM 389 and COMM 489 classes are working with are basketball, football, softball and tennis.

House is working with the softball team and discussed her opinion on the idea for hosting these events.

"This idea is a great concept and gives good  
See *Sports Communication* on page 12



Submitted Photo

Ferris transfer running back Juwan Lewis works the Red Out basketball game earlier this year as part of the sports communication program.



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»»» **Sports communication** from page 10  
How the sports communication major at Ferris originated

experience with the details that go along with event planning and coordinating with different aspects of a sports game. This would give students a good way to determine if they are in the right area of their profession by seeing the things that go into putting an event like this on," House said.

Events like this wouldn't be as successful without the help of those in the sports communication program that also happen to be working already in the athletic department.

Nick Owens, Ferris sports communication senior and assistant to Jon Coles, helps with all the game

day operations. Owens is the link between athletics and the program that helps make sure everything's running smoothly.

Owens talked about the COMM 489 class and how this program is helping students prepare for real world experiences.

"Continuing to drive the fact that experience is important will help the program. Working in the field is one of the best ways to learn both about what is expected on the job and what facet of sports you like best" Owens said. "Getting students involved is not the easiest thing to do, but the more students are involved, and involved in a positive, effective manner, the better the program will look."

Their first event is the spring football game at 1 p.m. on Saturday, April 16, at Top Taggart Field.

## Ferris State University Scholarship Opportunity for Students

### Alumni Association Legacy Scholarship

Applicant must be the child, sibling or grandchild of a Ferris Alumna(us), and have a 2.75 GPA.

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**Application deadline: MAY 15, 2016**

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Alumni Association

\*All submissions must be made on line using MyScholarships. Visit <http://www.ferris.edu/HTMLS/admission/financialaid/scholarship/Incoming/myscholarships.htm> for more information.

# Men's golf eyeing GLIAC championship

Beau Jensen

Torch Reporter

The men of the Ferris State golf team head to Ohio for the first round of the GLIAC Championships this Friday, April 16, in Nashport, Ohio.

The team wrapped up a few rounds of golf in Noblesville, Ind. for the end of the Midwest Region Invite #3 on Sunday, April 3. The beginning of the event saw an eleventh place team finish with a standout performance from sophomore Jack Weller who led Ferris with a 149 overall and a share of sixth place. The team score at the end of the weekend was 627. There were 25 teams total at the event.

The Midwest Regional Invite #4 took place on Sunday and Monday, April 10 and 11. The Bulldogs placed tenth out of 30 teams with a team score of 615 at the tournament, and now the Bulldogs have their attention focused on Friday. Freshman Brad Walling said that hopes are high for the weekend.

"Among the guys, we expect to go and play our game as well as we can," Walling said. "Not worrying about what the other teams are doing but focusing on what we need to do to play well."

The 2014-2015 golf season saw the Bulldogs leave the GLIAC Championships in eighth place with a total team score of 879. Tiffin led the GLIAC pack during the same tournament with a team score of 856, taking home the GLIAC Championship. The last time that Ferris State won the GLIAC Championship was in 2010.

Walling also talked about some of the things that head coach Michael Mignano expects from the athletes come tee off time.

"Coach Mignano has a goal for us, and it is to win a national championship," Walling said. "Moving forward we need to play well at the GLIAC Championship. We need to be on top of our games to win and keep rolling from there. Coach has been telling us to be focused and mentally prepared to go out and play our best golf. I believe we have the opportunity and the right guys on the team to come home with a win."

The men will tee off this Friday, April 15, to start three days of golf in hopes of taking home another GLIAC Championship title.

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# Two teams, one man



Photo courtesy of FSU Photo Services

Ferris State tennis coach Chad Berryhill splits his time between the men's and women's tennis teams.

## Head tennis coach in charge of two teams

Beau Jensen

Torch Reporter

Chad Berryhill has a lot on his plate as the head coach of both the Ferris State men's and women's tennis teams.

Before taking the head coaching positions at Ferris in 2012, Berryhill, a Ferris State alumnus, was the assistant coach at Central Florida, an NCAA Div. 1 team. The task of coaching two separate teams may not always be easy, but Berryhill does what he must to meet the needs of all of his players.

"The biggest challenge we have is when both teams compete at the same time," Berryhill said. "Obviously you can't be in two places at once so you have to choose what team you are going to spend your time with. When the women are in season in the fall, I spend my time with them at the matches and vice versa in the spring when the men are in their main season. Last year both teams qualified for the NCAA tournament and at different sites. It is tough when you have to choose what team you are going to go with because you don't want the other team to feel neglected."

Berryhill added some help to the team when he appointed Danny Hunt as his assistant coach. Hunt also graduated from Ferris from the professional tennis management (PTM) program.

For the women, Berryhill is happy to see some of his injured players returning to action to make for a stronger lineup.

"I like how flexible the team has been in helping us establish our doubles line-up as we haven't had a lot of consistency with our pairings aside from our three doubles team of Janie Sell and Sydney Berens," Berryhill said. "I really like how hard the team competed in our last two matches against the Uni-

versity of Missouri-St. Louis and the University of Indianapolis. We need to continue to play with high energy in doubles to set the tone of the match."

Berryhill likes that the men have been able to pull out tough matches even when the team has not been playing their best tennis.

"We have a young team, but a team that wants to get better, so our practices as of late have much higher energy and intensity because we know we have some big matches coming up," Berryhill said. "I would like to see us play with more energy in doubles as well and have all of our players play with more confidence in their singles matches as we have had some struggles as of late. I think we are going in the right direction."

Though a lot of hard work goes in to being the head coach of two teams, Berryhill still finds the time to step back and enjoy the work that he is doing to help ensure success for his student athletes.

"The most rewarding thing is seeing the players improve and reach their goals and potential," Berryhill said. "It is fun to watch them grow and mature and watch them over the years as they transition from underclassmen who follow the seniors to become leaders on the team that have the new players follow them."

The men are currently undefeated in conference and sit atop the GLIAC with a 15-4 record and a 5-0 record in conference. They have only five matches left to play before the GLIAC Championships begin on Friday, April 29, in Midland.

The women finished their regular season play last Saturday and now must wait until the end of the month for the official NCAA Tournament selections to be announced. The team compiled a record of 15-9 and went 8-3 in the GLIAC. Their NCAA Midwest regional will begin on Friday, May 6.

# Sports Shorts

Marshall Scheldt

Sports Editor

### Men's tennis still undefeated in conference

With a weekend sweep of Lake Superior State and Michigan Tech, the Ferris State men's tennis team improved their GLIAC record to 5-0.

The Bulldogs handled both teams with ease, winning both matches 9-0 to keep themselves atop the GLIAC.

Against Lake Superior State, the Bulldogs didn't lose a single set and only dropped seven total games in the six singles matches that were played.

The match against Michigan Tech told a similar tale. The Bulldogs dropped one set total in Ferris freshman Nur Adim Ramdani Iswan's 5-7, 7-6, 10-6 victory at No. 3 singles.

The Bulldogs improved to 15-4 on the season with last weekend's wins. They will take the court again this weekend in matches at Northwood and Wayne State on Saturday, April 16, and on Sunday, April 17, respectively. Both matches begin at 10 a.m.

### Softball swept by Grand Valley

After a hot start to conference play, the Ferris State softball team was handed their first conference losses last Tuesday against Grand Valley State.

The Bulldogs fell 3-2 in the first game despite outhitting the Lakers 6-4. Ferris senior pitcher Stacy Thompson received the loss despite only allowing one earned run and four hits. The Bulldogs had four costly errors that resulted in two of Grand Valley's runs.

In the second game, Ferris lost 6-5, with two runs given up resulting from the three errors by the Bulldog defense.

The bats were working for the Dawgs though with 10 total hits. Sophomore catcher Emily Reed and junior infielder Bailey Darwin both hit home runs in the contest.

At the time of print, Ferris sits at 21-11 overall and 6-2 in the conference.

The Bulldogs have a busy week ahead as they play 12 games in seven days. They will kick off their week at Wayne State on Wednesday, April 13, at 3:30 p.m. and 5:30 p.m.

### Women's golf takes third

Ferris State women's golf placed third in the Trine University Spring Classic in Angola, Ind. at Zollner Golf Course last weekend.

Ferris' score of 337 was enough for third in a field of 13 teams. They placed just one stroke out of second place behind St. Mary's college and 15 strokes behind first place Hope College.

Ferris had three golfers in the top 10 with junior Jordan Duvall placing seventh with an 82. Ferris junior Claire Jansa and sophomore Sirinporn Phakamad tied for eighth with a couple scores of 84.

The Bulldogs will play at the Walsh Invitational in Canton, Ohio on Saturday, April 16, and Sunday, April 17.

### Track and field fares well at Bellarmine invite

Ferris State had 19 top 10 finishers at the Bellarmine Invitational on Saturday and Sunday, April 9 and 10.

A combination of 17 Ferris athletes from both the men's and women's track and field teams were involved in the 19 top-10 finishes. Five athletes recorded personal records on the first day alone.

The team is back in action on Friday and Saturday, April 22 and 23, at the Al Owens Invitational hosted by Grand Valley State.



## The Real Costs of Oil

The Case for Justice at the Ends of the Pipeline

## Crystal Lameman

Intergovernmental Affairs Spokeswoman for the indigenous Beaver Lake Cree Nation, Alberta, Canada

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This April, Crystal Lameman is coming to Grand Rapids to shed light on the devastating environmental and human impacts of tar sands mining in Alberta, Canada. Lameman, a member of the Beaver Lake Cree Nation, will speak about her Nation's legal fight to defend their homelands against the over-development of thousands of fossil fuel extraction sites.

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**Kip Biby**  
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"Sex, in any consensual form, is a healthy and positive thing."  
- Angela Graf  
See page 15 for story

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# Give jazz a try

I don't remember the first time I heard a jazz song. It was probably in a waiting room or an elevator. For a lot of people when they hear jazz they think nothing of it and for most of my life I was the same way. But at some point when I was in high school I really started to listen. First just listening while I studied; the genre became more and more important to me as time went on. Nowadays jazz is what I listen to the most.

Don't peg me as one of those guys who listens to something so different from the average college student just because I want to be contradictory. I have a Wu Tang Clan CD in my car and I won't wince at "679" at Shooters. But rap, rock, country or EDM just don't have what jazz has. I love jazz not because it is different, but because it is better.

After 10 exhausting minutes of researching the history of jazz, I could not find two websites that agreed on where and when jazz started to emerge. So I'll settle for Wikipedia, which tells me that the musical style got its start around the late 19th century in New Orleans. One thing all the websites could agree on—jazz would not exist without the African American community in New Orleans.



Kip Biby  
Opinions Editor

Jazz is similar to rock, rap and country in that it has many subgenres. Just like rock has metal, soft rock or grunge, jazz has subgenres such as cool (my favorite), smooth and Afro-Cuban jazz. While there are plenty of styles I did not name, you probably get the picture. Jazz is almost an umbrella term for probably dozens of styles. That is just one thing that makes jazz great; you may not like one style, but there are so many to choose from, with at least one to fit every mood. It's kind of like tea in that way.

Ferris has given me and many other students the tremendous gift of an absolutely phenomenal jazz band. Our school is blessed to have Harry J. Dempsey and Matt Moresi at the helm of the band. Dempsey, previously the bass player for Frank Sinatra Jr. (seriously), was once the director of the band. I had the pleasure of sitting down

See Jazz on page 15

# Finance Division: An Austrian perspective

Within the Ferris community, Student Government's Finance Division is an obfuscate entity, albeit monetarily powerful and far reaching, responsible for the allocation of the Student Activity Fee (SAF). Such responsibility granted to a student bureaucracy seems quite the grave error considering the impossibility of providing a true "collective good" for, in the words of Murray N. Rothbard in "Man, Economy and State," "It by no means follows that every beneficiary must be forced to pay for the good, which, incidentally, he may not even want." Although the SAF fee is, in fact, refundable, the minute window of time wherein individuals may receive their refund, coupled with the lack of awareness of said refund, sustains Rothbard's aforementioned principle as a metric for Finance Division appropriation and allocation. The fallacy of "collective goods" being established, how might Finance Division determine the arbitrary profits/losses of a fallacious good?

Faced with the dangers inherent of a non-profit/loss public financial entity, the Division executes the acquisition and expenditure of public (SAF) funds in order to acquire non-calculable "profits." The investiture of these "voluntary" funds toward registered student organization (RSO) events will, by definition, not benefit each individual by whom the SAF is funded. "Government, however, has no checkrein



Justin Austin  
Guest Writer

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on itself, i.e., no requirement of meeting a test of profit-and-loss or value service to consumers, to permit it to obtain funds." Rothbard would readily apply the above description to Finance Division given the Division's lack of accountability to the student body—accountability in this case being the individual student's ability, or lack thereof, to "disinvest" in Finance Division, more specifically the SAF, were dissatisfaction to be incurred upon said individual.

In short, Finance Division is yet another bureaucracy redistributing the wealth of individuals in adherence to specious conceptions of the collective good, the derivation of which neglecting the principle that, "only individuals have ends and can act to attain them."

## Chat with the chief Editor in Chief, Keith Salowich

Professional newspapers everywhere are facing a difficult transition as website views trump actual reporting and dollars drive the industry.

The emergence of alternative forms of writing by companies such as BuzzFeed and the Odyssey fill social media feeds leaving imperative news buried beneath heaps of unintelligible "listicles."

"She swerves to avoid hitting a cat; what happens next is shocking!"

"37 signs you and your bestie will

be friends forever."

"An open letter to my 19-year-old self."

It's a brain drain.

Still, newspapers exist as a bastion of hope for the future. So long as newsstands remain full, honest and fair, information will be available to the masses. Decreasing the number of newspapers is taking away the voice of professional, accountable reporters and offering it to the amateur blogger who is not subject to fact-checking or—in some cases—spell check.

## Budget cuts threaten college media

Our fellow student journalists to the south at Grand Valley State recently fell victim to a significant budget cut. The Lakers behind the twice-weekly Lanthorn have grown accustomed to a yearly budget of \$70,000, but next year will see a \$15,000 reduction in funding. That's a 21 percent decrease.

According to the faculty advisor of two of GVSU's three student media outlets, there will no longer be enough money in the media budget to sustain all three outlets.

A head was carelessly lopped off

from the Grand Valley media Cerberus leaving the other two to fill the responsibilities of the whole. It simply cannot be done.

The incident at Grand Valley State is not isolated. Multiple college newspapers across the country have faced threats of budget cuts in recent years.

It damages students aspiring to be journalists. It damages students searching for a reliable news source focused on their community. It damages society.





Illustration by: Mikala Piller | Cartoonist

## »»» Jazz from page 14 Why you should listen to jazz

with him and Moresi last semester for a news article I wrote and I can tell you they are both terrific guys, both very passionate about jazz. Every Ferris jazz concert I have been to (every single one since my freshman year) Moresi and his band have hit it out of the park. The band has taken my appreciation of jazz to a new level. Seeing this band play is something I think every Ferris student should do at least once in their college career.

So reading this article has convinced you to give jazz a try? Well I won't leave you without a couple recommendations. First, you have to listen to different styles and find out which ones you like. If you like the busy, fast and free style often associated with jazz, I would recommend Ornette Coleman. Coleman, a native of Texas, died just last year. "Faces and Places" is my favorite song by him. Check it out. Now, if you are looking for something a little cooler, more mellow, I recommend Paul Desmond. Desmond is one of my all time favorites. There is nothing quite as peaceful as a nighttime drive while listening to Desmond's "Emily."

For my last recommendation, I will give you a full album to listen to. The album is called "Kind of Blue." It is by Miles Davis and his band. Real jazz aficionados may be disappointed in me for recommending such a "mainstream" album (it is the best selling jazz album of all time) but I can't resist. Give it a listen and you will understand why Jimmy Cobb, the band's drummer, said, "It must have been made in heaven."

Jazz may not be for everybody and everybody may not be for jazz, but you won't know if you don't give it a try.

"Jazz music is America's past and its potential, summed up and sanctified and accessible to anybody who learns to listen to, feel and understand it. The music can connect us to our earlier selves and to our better selves-to-come. It can remind us of where we fit on the timeline of human achievement, an ultimate value of art." - Wynton Marsalis

# Let's talk about sex

I want to start this off by making a statement that I have always believed to be true and that I was raised to believe to be true: sex, in any consensual form, is a healthy and positive thing.

On the upside, our generation seems to be making strides, evolving past the viewpoints that we were raised on, and that were forced on us and coming to the realization that sex is not something to be scared to talk about. It is not dirty. It is not something to be ashamed of (despite what the church or your sex ed. teacher might tell you).

I went to a public high school in the suburbs of Cleveland, Ohio, and much like public schools all over the country, we were essentially taught abstinence-only sex education.

I remember they would take a piece of tape and stick it to a number of people in the room and then show that after each time it became less sticky—as if previous sexual encounters makes you less worthy of love from somebody, like you can't form a bond anymore because you've been intimate with other people.



Angela Graf  
News Editor

Let's not even talk about their blatant disregard for same-sex and multiple-partner interactions. Wait, sex can be more than male-to-female penetration? Whoa. Cunnilingus, anyone?

Anyway, all of this seemed like such a load of crap to me, so I went searching for more open views of human sexuality: enter sex positivity.

Sex positivity is simply the idea of finding a person (or people) that share similar sexual interests and consensually doing whatever you want to each other and not feeling judged for it. This could mean everything from whipped cream bras and panties to a sock-puppet orgy.

Additionally, and bear with me here, this includes the idea that if you don't want to have sex, don't have sex. Refrain from sex because you want to, not because some repressed old bitch came in

and showed you pictures of genital warts in high school and told you that if you open your legs you'll get an STD and end up pregnant.

There are so many different forms of birth control available in the modern world that aren't even being discussed in the classroom—male condoms, female condoms, IUDs, hormone shots, NuvaRings, birth control pills, sponges, spermicide, etc.

In the words of Sean McClain, a friend of mine who studies astrophysics at Allegheny College in

Pennsylvania, "We have a sexual dysfunction in this country, an inability to talk at its most fundamental level, about sex and about a healthy sexual lifestyle."

McClain also said, and I thoroughly agree, that the easiest way to fight the repressiveness and inability to talk is to change sex education and start teaching kids about sex, in all its forms, in a positive way. Teach them that it absolutely does not need to be a bad thing when you are with the right person (or people) because, after all, knowledge is power.

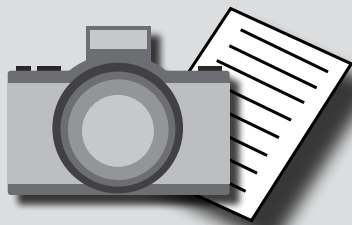
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## Best Of Big Rapids

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**Ferris State Torch Best Of Big Rapids. Deadline April 22nd. Mail to: FSU Torch, C/O Pioneer Group, 115 N Michigan Ave, Big Rapids, MI 49307 or drop at Torch office/Student Rec center *or enter online at [www.FSUTorch.com](http://www.FSUTorch.com)***

### ***Vote for Your Favorites!***

- Best Apartment/Housing Complex \_\_\_\_\_
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- Best Church \_\_\_\_\_
- Best Coffee Shop \_\_\_\_\_
- Best Downtown Business-nonfood \_\_\_\_\_
- Best Fast Food Restaurant \_\_\_\_\_
- Best FSU Athletic Team \_\_\_\_\_
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- Best FSU Residence Hall \_\_\_\_\_
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- Best FSU Student Organization/RSO \_\_\_\_\_
- Best Golf Course \_\_\_\_\_
- Best Grocery Store \_\_\_\_\_
- Best Gym/Health Club \_\_\_\_\_
- Best Hamburger \_\_\_\_\_
- Best Happy Hour \_\_\_\_\_
- Best Hotel/Motel \_\_\_\_\_

- Best Ice Cream Store \_\_\_\_\_
- Best Jewelry Store \_\_\_\_\_
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- Best Mexican Restaurant \_\_\_\_\_
- Best Nail Salon \_\_\_\_\_
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- Best Party Store \_\_\_\_\_
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- Best Place for Lunch \_\_\_\_\_
- Best Place to Dance \_\_\_\_\_
- Best Place to Hear Live Music \_\_\_\_\_
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- Best Restaurant-Chain \_\_\_\_\_
- Best Restaurant-Local \_\_\_\_\_
- Best Salon/Spa \_\_\_\_\_
- Best Sandwich Shop \_\_\_\_\_
- Best Tanning Salon \_\_\_\_\_
- Best Tattoo Business & Body Piercing \_\_\_\_\_
- Best Thrift/Vintage Shop \_\_\_\_\_
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