



Ferris State University
TORCH
Truth, fairness and accuracy since 1931

HERE'S WHAT'S INSIDE

EATING IN

Read about how students cook in their residence halls and check out some dorm-friendly recipes.

LIFESTYLES | PAGE 6

PROTESTING THE PROTESTER

Read Torch Reporter Briana Ham-montree's thoughts on the protests against Nike's newest campaign.

OPINIONS | PAGE 14

Cut it out

 | Dave Coulier selected as homecoming comedian

Cora Hall
News Editor

This year's homecoming comedian will bring a load of childhood nostalgia for many students.

After measuring student interest through polls and surveys, the Ferris Center for Leadership, Activities and Career Services (CLACS) decided to bring Dave Coulier to campus this year. Most students know him as Joey Gladstone from the hit sitcom "Full House."

"I'm so excited, I think Dave Coulier will be amazing," Ferris pre-pharmacy junior and Homecoming Committee President Erica Foote said. "Most of us grew up around the age where 'Full House' was airing every single day on TV, so we all watched Uncle Joey every day after school. I think people will love him."

The event will be held at Williams Auditorium 8 p.m. Thursday, Sept. 27, with tickets for students going at \$5 for the next two weeks at the CLACS office. After that they will go on sale to the public as well.

Coulier, a native of Harper Woods, started out his career doing voicework for Scooby-Doo and Scrappy-Doo, the Real Ghostbusters and Yogi Bear before he was cast in "Full House."

Many students are excited to see Coulier live after seeing him on TV as kids.

"I'm excited," Ferris pre-pharmacy freshman Erin Ruitter said. "Just seeing him on 'Full House,' and then being able to see him live here is really cool."

Ferris pre-pharmacy freshman Sam Finnerty shared Ruitter's excitement and said she will be in attendance in September.

"I think it would just be fun to see him and just have him talk, he's an awesome person," Finnerty said.

Ferris health care administration sophomore Cloe Winnie said she's excited to see Coulier's impressions.

"I think if he does the 'Cut it out' joke, that'll be good enough for me," Winnie said.

The homecoming comedian event has become increasingly popular over the years, according to Foote, with last year's show selling out.

"I think it's starting to build more and more of a reputation and students always ask me about it at orientation," Foote said. "I think it's going to be a great show. I'm really excited for it, I think he's going to be great. There's been some great response from the students, and so I'm looking forward to seeing all the feedback from everyone after."

Entertainment Unlimited will be hosting a comedy competition to select the opening act 7 p.m. Thursday, Sept. 13 in the Rankin Lounge in the University Center. Students can sign up for the competition through OrgSync.



Erin Ruitter

TICKET INFORMATION

- Tickets are now on sale for students for \$5 (one ticket limit per student).
- Tickets go on sale to the public Monday, Sept. 17 for \$10 (and students can buy additional tickets for \$10 at this time).
- Where: CLACS Office in the University Center
- When: 10 a.m. to 3 p.m.

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NEWS

"I would encourage everybody to find something they are passionate about and be a part of something bigger than themselves." - Matthew Findley - See page 5 for story

Cora Hall | News Editor | hallc36@ferris.edu

Showing their gratitude



Graphic by: Sarah Massey | Production Manager

Faculty give away free food to students in appreciation

Cora Hall
News Editor

As a thank you to the support the Ferris Faculty Association (FFA) has received from students, the union has initiated a weekly event called "Thankful Thursday."

FFA members will be handing out food to students in the North Quad and a second location that will vary each week from 10:30 a.m. to noon every Thursday. They will continue to participate in informational picketing concurrently.

"We've gotten a lot of support from students. We've gotten hundreds of emails and even in classes, students stop and ask us how they can support and they want details about what is going on," Ferris English Professor and FFA Vice President John Caserta said. "We are very thankful for the students' support and what we're fighting for is that they're ensured a quality education."

Both the university and FFA attorneys agreed to an indefinite extension of the temporary restraining order that the university was granted Aug. 27, according to a university-wide notice sent out Thursday, Sept. 6. The last negotiation session was Aug. 29 and a contract has yet to be agreed upon.

According to the Ferris website, the university filed a petition for a fact-finding process that will include a hearing conducted by the fact-finder who will make recom-

mendations for a settlement, though it is not binding.

Ferris Physical Science Professor and FFA President Charles Bacon said the university attempted to stop FFA members from picketing and handing out informational fliers to students.

"The court documents filed by Ferris asked to have all forms of demonstration banned, but the judge struck that language," Bacon said. "Otherwise they would have been able to restrict our constitutional rights of assembly and free speech."

Ferris Communications Officer Michelle Rasmussen said it was not the university's intention to violate FFA members' rights.

"There was no intention of preventing the lawful exercise of their right to picket between classes or the dissemination of fliers," Rasmussen said. "What the university was asking for was the prevention of obstructing or interfering with the entering and exiting of Ferris buildings and classrooms while picketing."

President David Eisler said he is not speaking to the media right now.

Caserta said that some students had been led to believe that if the faculty is given the raise they want, it will cause student tuition to go up 12 percent, which is untrue.

"[Eisler's] \$68,500 bonus that he was given this year is more than a lot of faculty people make. For someone

making \$65,000, a 1.5 percent raise is \$900; you take taxes out of that and it's not very much. It's a few dollars a week," Caserta said. "Raising tuition comes from Dave's huge salary."

After working at Ferris for 38 years and being on multiple negotiation teams, Caserta said the FFA would not ask for a contract that put financial burdens on students.

"We would never ask for something to hurt students because we wouldn't be employed if we didn't have students," Caserta said.

The Subway sandwiches provided Sept. 6 was paid for through FFA dues and cost around \$4,000, according to Bacon.

Many students appreciated the free food on Thursday. Ferris communications junior Jacob Lewis said it showed the faculty really cares.

"It makes me feel as if they really care," Lewis said. "The Subway sandwiches they're providing us today are paid through union dues, not student tuition. This is something from them to us."

Ferris nursing junior Elizabeth Buss agreed with Lewis. "I think it's really nice and it shows that they care about us, and I just hope that they can figure out everything so that we can focus on learning," Buss said.



Jacob Lewis

- ON THE RECORD -

A roundup of this week's crime at Ferris State University

Chill on the drugs

Cora Hall
News Editor

Where did you learn to drive?

Aug. 22, 3:47 p.m., officers responded to a report of a subject driving with their license suspended at Northland Drive and 14 Mile Road. One appearance ticket was issued.

Fried like an egg

Aug. 24, 8:49 a.m., officers investigated a controlled substance and narcotics equipment violation at Cardinal Court. Three subjects were referred to the Office of Student Conduct.

They poked the smot

Aug. 25, 3:44 a.m., officers discovered a controlled substance and a narcotics equipment violation in Clark Hall. One appearance ticket was issued and one subject was referred to the Office of Student Conduct.

Total freshman move

Aug. 25, 10:22 p.m., officers responded to a report of a minor in possession and obstruction of justice at Oak and Warren Streets. One subject was arrested and referred to the Office of Student Conduct.

Bad news

Aug. 26, 1:49 a.m., officers investigated a report of domestic assault in Brophy Hall. The investigation is still open.

Snitches get stitches

Aug. 26, 2:46 a.m., officers discovered a failure to report an accident at Sports and Family Drive. One appearance ticket was issued and one subject was referred to the Office of Student Conduct.

I'm just borrowing it...

Aug. 26, 12:31 p.m., officers responded to a report of larceny at Hallisy Hall. The in-

vestigation is currently inactive due to a lack of leads.

Not above the law

Aug. 27, 10:20 p.m., officers investigated a report of domestic assault in Vandercook Hall. One subject was referred to the Office of Student Conduct and the Title IX Office.

Chill on the drugs

Aug. 28, 1:09 a.m., officers discovered a controlled substance and narcotic equipment violation in Lot 4. One appearance ticket was issued and one subject was referred to the Office of Student Conduct.

Violence is not the answer

Aug. 28, 5:14 p.m., officers responded to a report of assault in North Hall. One subject was referred to the Office of Student Conduct.

In the dorms? Really?

Aug. 28, 8:47 p.m., officers investigated a report of a controlled substance and narcotic equipment violation in Ward Hall. One appearance ticket was issued and one subject was referred to the Office of Student Conduct.

Your mom will be so disappointed

Aug. 28, 10:35 p.m., officers received a report of a controlled substance and narcotic equipment violation in Vandercook Hall. One appearance ticket was issued and one subject was referred to the Office of Student Conduct.

This is why it lost power

Aug. 29, 2:14 p.m., officers responded to a report of larceny in the Business Building. The investigation is still open.

WEEKLY WORLD NEWS

Catch up on news around the globe

Megan Lewton
Editor in Chief

New Delhi, India

India's Supreme Court recently removed a long-term ban on consensual gay sex. The ban had been in place since the 1860s and it made "carnal intercourse against the order of nature" illegal, which was typically enforced amongst gay men, but also applied to anal and oral sex of any kind. Although homosexuality has become more accepted in India in recent years, the act of gay sex was still considered criminal until the ban was overturned.

Original story by Jeffrey Gettleman, Kai Schulz and Suhasini Raj, Sept. 6, 2018. *The New York Times*.

Tokyo, Japan

An earthquake that hit the Japanese island of Hokkaido Thursday, Sept. 6, killed at least 17 people, left 26 people missing and caused millions of

homes to lose power. The earthquake caused a landslide that destroyed multiple houses and injured about 300 people. With a magnitude of 6.7, the earthquake is the strongest to hit Hokkaido since 1996.

Original story by Motoko Rich, Sept. 6, 2018. *The New York Times*.

Cape Town, South Africa

As a result of poaching, 87 elephant corpses were discovered with their tusks cut off in Botswana. The elephants' bodies were found near the Okavango Delta wildlife sanctuary and were discovered through aerial surveys that occurred over the past few months. Although sales of ivory are illegal, it continues to be sold in "underground markets," and in many African countries, people are driven to poach because the work has a high monetary value.

Original story by Kimon de Greef, Sept. 4, 2018. *The New York Times*.

NEWS BRIEFS

Megan Lewton
Editor in Chief

Cover the Seal

Donate your spare change to a charitable cause during Cover the Seal in the North Quad Wednesday, Sept. 19 from 8 a.m. - 5 p.m., hosted by the Student Alumni Gold Club. Students are encouraged to drop off change, which will be donated to the Helen DeVos Children's Hospital in Grand Rapids. For more information, contact Greg Brunner at brunneg@ferris.edu.

LGBTQ+ Center Featured Presentation: A Jihad for Love

Watch a documentary discussing the intersection of Islam and homosexuality 5 p.m. Wednesday, Sept. 19 in University Center 202A. The documentary, "A Jihad for Love," will be followed by a question and answer session with director Parvez Sharma. The event is free and open to the public. For more information, contact the Office of Multicultural Services at (231) 591-2617.

Rx Glow Run: 5k Run/Walk

Get active to benefit charity in the Rx Glow Run at Hemlock Park Friday, Sept. 21, hosted by the National Community Pharmacists Association. Check-in for the 5k run/walk will begin at 7 p.m., with the run beginning at 7:30 p.m. Registration costs \$20, which includes entry, glow sticks, raffle tickets and a T-shirt, but shirts are not guaranteed with late registration. Proceeds will go to the Hope House Free Medical Clinic in Big Rapids. For more information, contact Ben LaCross at ncparso@ferris.edu.



A big help

Students helped pick up trash at the annual Big Alleyway Clean Up Saturday, Sept. 8.

Photo by: Megell Strayhorn | Multimedia Editor

Pop to the top



Photo by: Hunter Pariseau | Interim Photographer

Students gathered in the North Quad to attempt to break a world record.

Students attempt bubblegum blowing world record

Landry Shorkey
Torch Reporter

Students kicked off the school year in a big way last week by attempting to conquer a world record.

Participants of the Bubblegum Blast hoped to beat the record for the most people to blow a bubble at one time in the Guinness Book of World Records.

The world record attempt took place Thursday, Sept. 6 in the North Quad. The Center for Leadership, Activities and Career Services (CLACS) organized the event involving all things bubbles. Students and community members competed in bubble-themed games and received prizes while enjoying music from both a live artist and a DJ.

"We kind of just thought something small and simple that could be achieved by everyone, and so we were thinking that if it was open to the community, that it would be achievable that way as well," Ferris nursing junior and CLACS Student Coordinator Caitlin Dorton said.

According to the Ferris website, the current record was reached July 11, 2018 in Trenton, New Jersey at the Eastern League All-Star Game with 881 participants.

Dorton helped plan, organize and secure volunteers for the event, which included the help of the Ferris men's rugby team.

"The university wanted something to get freshmen

fired up for the school year and just a way to build on relationships while they're here, so we just kind of decided we wanted to make a new tradition at Ferris," Dorton said.

The attempt was the first in a new tradition of world record challenges, which students hope to continue annually.

"I like that it's a diverse group of people. You could meet people that you wouldn't normally meet because you don't know who's going to show up. It's just kind of a random assembly of people," Ferris music and entertainment business freshman Nicole Hollinsky said. "I think eventually, if you make it a tradition, eventually it's going to get bigger, so maybe then we could actually break a world record, even if this one doesn't."

Ferris finance freshman Grace Fletcher said the event helped bring students together in a fun way.

"I think it's fun. It kind of brings people together and kind of gives you a feeling that you can change the world, but you know, in a goofy way," Fletcher said. "I think it's a cool idea to just attempt something that might last forever, or at least a really long time until somebody else comes along and breaks it."

According to Dorton, the participants were counted with a clicker, but they were unsure of the exact number.

The results of the world record challenge have yet to be tallied.

Join the club

Registered Student Organizations cater to unique interests

Landry Shorkey
Torch Reporter

If you're looking to feel more at home on campus, joining a registered student organization (RSO) can be a good place to start.

An RSO is a group of at least five students and one Ferris employee advisor that share a common interest. Over 220 different RSOs exist at Ferris. They're based upon anything from academics to athletics to Greek life and more.

Ferris digital animation and game design junior Matthew Findley is the president of Active Minds, an organization dedicated to ending the stigma surrounding mental health issues.

"The best part about being in an RSO is the fulfillment that comes from doing something you are so passionate about. It has a nice way of making you feel complete and like you're doing something to help those in need," Findley said.

Each RSO has different requirements set for membership, which students can learn by reaching out to individuals in the organization. A complete list of all RSOs and contact information for leading members can be found under Orgsync on the Ferris website.

"It is never too late to get involved and you'll meet many people and make a lot of friends in the process," Findley said. "I would encourage everybody to find something they are passionate about and be a part of something bigger than themselves."

Many students in RSOs feel that there are numerous benefits to gain from membership. Alpha Phi Sigma is a co-ed honors society for criminal justice students, which seeks to provide necessary career skills for its members. Ferris criminal justice and psychology senior and fundraising chair of Alpha Phi Sigma Margaret Trinkka feels that her involvement in the RSO will benefit her future.

"Being in an RSO like Alpha

Phi Sigma that is part of your major shows you who you will be working with once you complete college. These people in the RSO can help further your learning while in college and guide you to career opportunities once you have graduated," Trinkka said.

Trinkka credits the organization for her leadership skills.

"RSOs are a great opportunity to obtain leadership roles and community participation. Even if you do not join a major-specific RSO, other RSOs can also show you new opportunities in the world that you would have never seen if you had not gone out and explored new interests," Trinkka said.

RSOs that are not major-specific often serve to unite students from diverse educational fields. You Beautiful Black Woman (YBBW) is an organization that promotes unity among black women of all majors and strives for cultural enhancement on campus.

"You connect with so many different people and are able to make a positive impact on campus," Ferris political science junior and YBBW community service chair Charnice LaGrone said. "You get the opportunity to network with different businesses and other organizations on and off campus, and you gain valuable skills that help you in whatever career you're pursuing."

Through YBBW, LaGrone has formed close friendships with other students.

"The best part about being in an RSO, to me, has to be all the friendships you gain. My org sisters are my best friends and whenever I need help with something, I know I can definitely count on them," LaGrone said. "I cannot imagine making it this far at Ferris without my org sisters."

Any students interested in creating a new RSO should contact the Center for Leadership, Activities and Career Services (CLACS) office in the University Center.

Getting help



For students struggling with anxiety, seeking assistance may be difficult

Grant Siddall
Torch Reporter

Some Ferris students believe Birkam's scheduling policies may be deterring students with anxiety from seeking counseling.

According to the Center for Collegiate Mental Health 2016 Annual Report, between the 2009-10 academic year and the 2015-16 academic year, the amount of students seeking counseling appointments increased by 30 percent, while enrollment grew by only five percent. Of those students, 61 percent report anxiety and 49 percent report depression.

Birkam Health Center schedules about 3,000 counseling appointments annually, according to Director of Health Services Lindsay Barber. Those appointments encompass a wide variety of issues, but some students believe that Birkam's scheduling process could be preventing students with anxiety, especially social anxiety, from seeking help. The policy requires students to come into Birkam in order to fill out an intake form before seeing a counselor.

"I think [the scheduling policy] could deter students. Scheduling an appointment can be a lot of students' very first step in seeking help, which is a huge deal," Ferris early education junior Lizzy Whitehead said.



Lizzy Whitehead

"I know a few students who suffer from social anxiety so intensely, even calling to schedule an appointment of that kind could cause an emotional episode."

According to Barber, the policy is in place to ensure that students in critical situations are seen as quickly as possible. Barber also said that the forms students fill out in person are reviewed to determine the urgency of the issues.

"If a student in crisis were to complete a form after hours online, it would not be seen until at least 8 a.m. the next morning, maybe even longer if done over the weekend. That is not fair to the student or to the counseling center," Barber said. "We want to make sure we have access to the student in cases of emergency and crisis."

Barber said she does not see Birkam ever offering online scheduling because those issues are non-avoidable. There are 24/7 resources listed on Birkam's website and Barber encourages students to use them if they feel they may be in crisis after hours.

Ferris social work senior Anika Walton-Stanciel said counseling at Birkam helped her deal with situational anxiety, but she knows many people not seeking help.

"If you have anxiety, it's one thing to come to terms with that and not just think that it's stress, but it's another thing to go seek help. If

you're already experiencing anxiety, sometimes just walking up to the door to make the appointment is overwhelming," Walton-Stanciel said. "You might feel like everyone is looking at you or that people are going to see you walk in and wonder why you're going in there...I think that deters people from going."

Ferris Social Work Professor Michael Berghoef, who has a professional background in mental health, said that while these kinds of policies often have reasoning behind them, they can become a barrier for those seeking help.

"Anxiety, social anxiety in particular, would make all in-person aspects of initiating and attending counseling more difficult," Berghoef said. "It would add to your concerns about anxiety, the issue of stigma, which unfortunately still limits access for many to counseling services. Again, our emphasis should be on addressing and reducing barriers and increasing access to a full range of mental health services."

Birkam Health Center is open from 8 a.m. to 5 p.m. Monday through Friday. After-hours mental health help is available on the Birkam web page found on ferris.edu.



Michael Berghoef



Anika Walton-Stanciel

Torch Corrections

- 1.) Alyssa Cosselmon's name was misspelled in the quiz "Which RSO should you join?" in the Sept. 5 edition of the *Torch*.
- 2.) The dates of the Lambda Chi Alpha Watermelon Bust mentioned in the calendar "When to Greek Out" in the Sept. 5 edition of the *Torch* are incorrect. The event has been rescheduled to Monday, Sept. 24 through Wednesday, Sept. 26.

Corrections can be submitted through email at fsutorcheditor@gmail.com or by calling (231) 591-5978



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LIFESTYLES

"I never realized how much you can make in a microwave."
- Jake Nort - See below for story

Alicia Jaimes | Lifestyles Editor | jaimesa@ferris.edu

Eating in

When dining halls become a drag

Holly Baker
Torch Reporter

Nobody likes eating the same food every day.

When the meal plan gets old, Ferris business administration sophomore Blake Greeding likes to utilize the kitchen provided in his residence hall.

"I have used the floor kitchen once. My roommate and I wanted Pizza Rolls, so we got a baking sheet, oven mitts and a little spatula thing from the front desk. It worked out fine," Greeding said.

Every residence hall has a small kitchen. While some students find this beneficial, others prefer cooking a little closer to home.

"I have lived in the dorms for a while, and I get tired of the food from the Rock or the Quad. I've tried cooking in the dorm kitchen. It's not the best experience. Where I live, the kitchen is pretty sucky, but it does the trick. This year, I bought a microwave to have in my dorm. I never real-

ized how much you can make in a microwave," Ferris history junior Jake Nort said.

Oven or microwave, students will find themselves clinging to these useful tools as the leaves start to fall and the temperatures begin to drop.

"I like to cook for myself, especially in the winter time. Living in the dorms, sometimes on the weekends you don't want to go outside unless you absolutely have to. I have a mini fridge in my room and a microwave where I can heat up microwavable meals, which are very fast and easy. I make cereal or oatmeal in the mornings before class," Ferris social work sophomore Rebekah Harris said.

After a hot dinner, sweet treats can be nice after a long day.

"I make little mug cakes all the time when it's late and I need something sweet," Greeding said, "They are really easy and taste exactly like the real thing."



Photo by: Kaitlyn Kirchner | Torch Photographer

While Ferris hospitality management senior Shane Hyman enjoys cooking his ramen noodles on the stove, they can also be made in the microwave by using a glass bowl or buying a Rapid Ramen Cooker bowl.

Yummy in the tummy

Try these quick recipes when you're strapped for time



Omelet In a Mug

Ingredients for one serving

- 2 eggs
- ½ bell pepper, diced
- 2 slices ham, diced
- ¼ cup fresh spinach
- salt, to taste
- pepper, to taste

Directions

1. Combine all ingredients in a microwaveable mug.
2. Cook for 2-3 minutes, making sure the egg doesn't bubble over. Stir halfway through the cooking process.
3. Enjoy!

5-Minute Mac and Cheese

Ingredients for one serving

- ½ cup elbow macaroni
- ½ cup water
- 3 tablespoons milk
- salt, to taste
- pepper, to taste
- ¼ cup shredded cheddar cheese
- fresh chives, to garnish (optional)

Directions

1. Mix the macaroni, water and salt in a microwaveable mug.
2. Microwave for 2-3 minutes, then stir.
3. Add the milk, cheese, salt and pepper, then stir.
4. Microwave for another 30 seconds, stir and garnish with a sprinkle of chives.
5. Enjoy!

Mug Cake

Ingredients for 1 mug cake

- 4 tablespoons flour
- 3 tablespoons sugar
- 2 tablespoons cocoa powder
- ½ teaspoon baking powder
- 3 tablespoons milk
- 1 tablespoon vegetable or canola oil
- 1 teaspoon vanilla extract
- 1 tablespoon chocolate hazelnut spread, plus more for topping
- powdered sugar, for topping (optional)

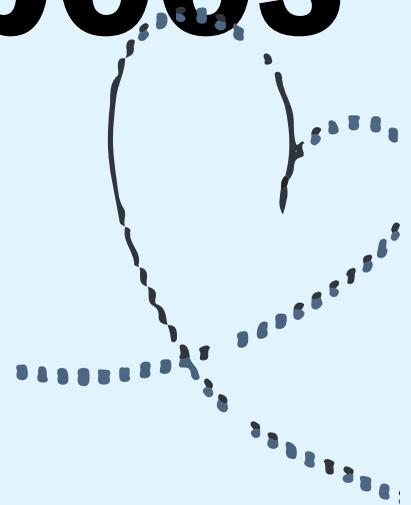
Directions

1. In a 12-ounce (375 ml) mug or larger, mix all ingredients (except the chocolate hazelnut spread) until just combined.
2. Once combined, spoon the chocolate hazelnut spread on top of the batter.
3. Microwave on high for 90 seconds to 2 minutes, watching to make sure it doesn't spill over (depending on the size of the mug).
4. Let cool one minute before eating. Top with additional chocolate hazelnut spread and powdered sugar (optional).

Birds and the bees



+



Graphic by: Hannah Way | Production Assistant

Get your freak on - safely

Briana Hammontree
Torch Reporter

Sexual education often doesn't end after high school and Ferris tries to help provide students with knowledge to keep them safe.



Christy Bourdlais

Studies have shown that the United States falls short in the healthy discussion of safe sex and the dangers that occur when safety is avoided. In addition, there are some frequent misconceptions surrounding safe sex. "Misconceptions include that birth control prevents sexually transmitted infections (STIs), showering after sex prevents STIs. Just using a condom during ejaculation prevents STIs or pregnancy," Ferris Birkam's employee and Women's Health Nurse

Practitioner (WHNP-BC) Christy Bourdlais said.

In 2016, the Center for Disease Control (CDC) found that half of 20 million new STIs reported each year occurred among young people between the ages of 15 to 24. Additionally, nearly 210,000 babies were born to girls between the ages of 15 to 19.

"Ferris statistics on STIs are very similar to national averages. Chlamydia is the most commonly diagnosed STI. On average, it is diagnosed once a day," Bourdlais said.

However, the dangers often associated with unprotected sex can be preventable. Birkam Health and Counseling Centers will host Health and Wellness Week between Oct. 15 and Oct. 19, with pregnancy and STI prevention being main topics.

Ferris nursing freshman Victoria Whitmore thinks sex education is valuable at a collegiate level.

"I think that it's really important that we educate kids on what safe sex is, because I feel like a lot of times you're

never really going to sit down and have that talk with someone. Like you'll get it mentioned to you in your health class in high school, but really, it's a problem in America," Whitmore said. "It's just sad to see because there are so many simple ways to prevent that."

Additionally, residence halls also participate in educating students about practicing safe sex and answering any questions.

Ferris environmental biology sophomore Justice Higgins feels Ferris could be doing more to help promote the practice of safe sex and the information around STDs.

"I feel like they are not as advertised as they should be. Like students know there are resources for them out there, but they're not as prominent and out there. Like the RAs talk about it, but then you have the kids who are coming in here for their first year and they're over 19 or something so they're never living in the dorms or something, so they aren't going to hear about it," Higgins said.

Students can also go to beforeplay.org for more discretion when looking up information. Birkam is open 8 a.m. to 5 p.m. Monday through Friday and is closed on the weekends.

Safety first

Preventive tools used in practicing safe sex

Briana Hammontree
Torch Reporter

Planned Parenthood offers various tools to help prevent sexually transmitted diseases (STDs) as well as practice safe sex. Some of the tools include:

STD testing, diagnosing and treatment of:

- Bacterial vaginosis (BV)
- Chlamydia
- Genital warts
- Gonorrhea
- Herpes
- Syphilis
- Trichomoniasis (trich)

STD prevention includes:

- Condoms
- Female condoms
- HPV vaccine (Gardasil)
- STD and safer sex education

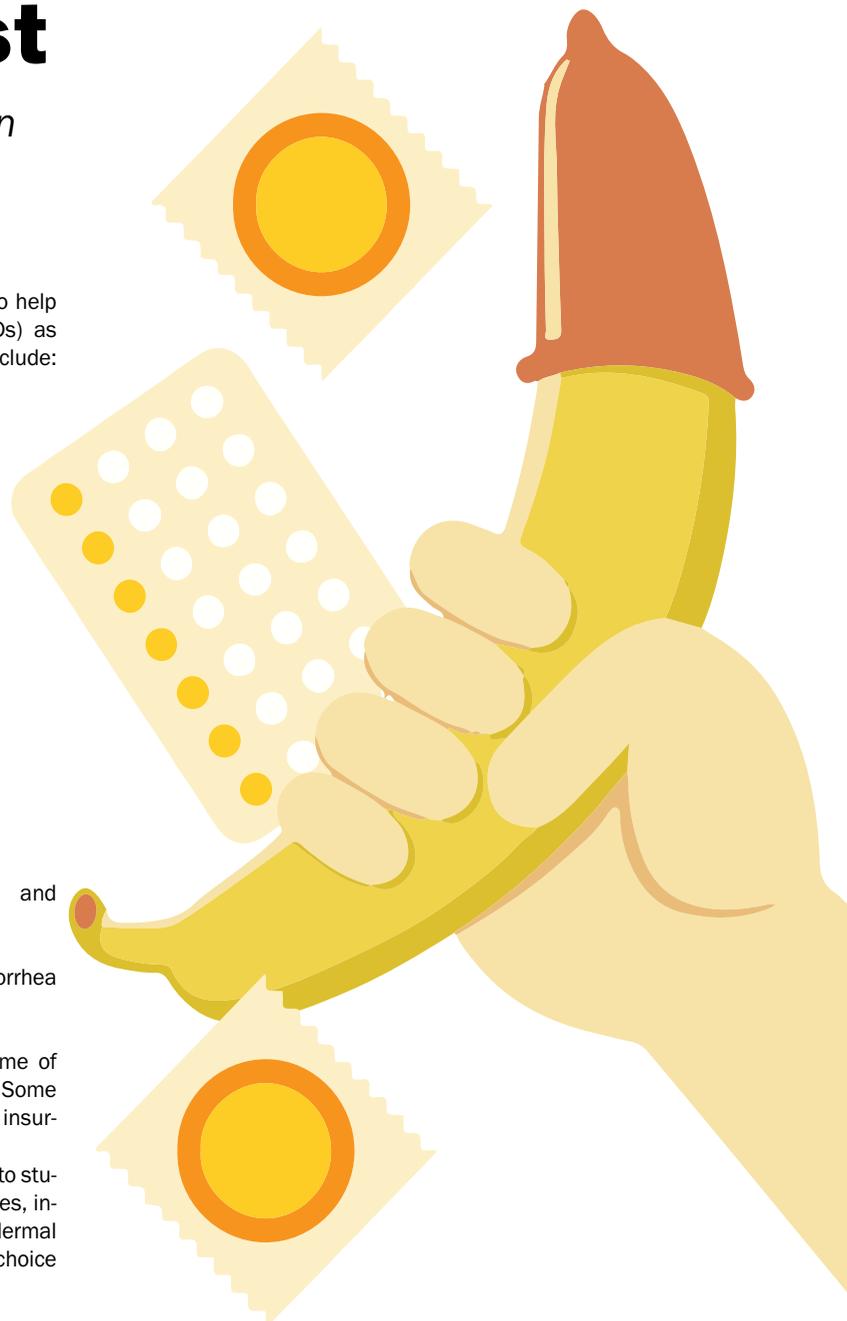
HIV Testing and Diagnosis

- HIV education
- HIV referrals to both counseling and treatment

"Get Yourself Tested" GYT: Chlamydia, Gonorrhea and HIV, only \$50.

Individuals are expected to pay during time of service unless prior arrangement was made. Some STD tests and treatments can be covered by insurances.

Birkam Health Center offers free condoms to students as well as provide contraceptive services, including Intrauterine devices (IUDs) and Subdermal implants, with the option to take the given choice and have it inserted at the office.



When and where for self-care

Hours of operation

Birkam Health Center:

Contact

Phone: (231) 591-2614
Email: BirkamHC@ferris.edu
Address: 2280, 1019 Campus Dr, Big Rapids

Acute illnesses are seen by appointment are on limited walk-ins. Scheduling for appointments can also be done through Birkam's Healthy Dog Student Health Portal.

Hours:

8 a.m. - 5 p.m.

During after-hours or for emergencies: Call 911 or go to the nearest emergency room.

Planned Parenthood:

Contact

Phone: (231) 796-8612
Address: 110 Sanborn Ave, Big Rapids

Appointment scheduling is also offered online, with walk-in appointments being accommodated to individuals when possible.

Health Center Hours:

Monday: noon - 7 p.m.
Tuesday: 10 a.m. - 5 p.m.
Wednesday: Closed
Thursday: 10 a.m. - 5 p.m.
Friday: Closed
Saturday: Closed
Sunday: Closed



Reading...for fun?

Take a textbook break

Holly Baker
Torch Reporter

Ferris students are putting down the textbooks and picking up their favorite novels to take a break between classes.

"I used to love reading in high school, but now that I'm in college I haven't had much time to. I loved reading the Harry Potter series. You gotta love the Harry Potter series, it's a classic. I've read them all, like, three times," Ferris biology sophomore Madi Baker said.

Books have the power to transport students from dreary studies to an enchanted universe, like in the popular book "The Night Circus" by Erin Morgenstern.

"The Night Circus" is such a magical book. It is by far my favorite. It's about a circus that only comes out at night and the people who work at the circus. I love it because it has the perfect level of romance and fantasy. The images of the circus are described so beautifully as well. It's like you are actually there when you read

it," Ferris elementary education sophomore Ally Lobbing said.

If you're not in the mood for fantasy, maybe post-apocalyptic poetry would suit your fancy.

"I like to read when I can. One of my favorite books is 'The Road' by Cormac McCarthy. I love this book because I love the storyline and the writing style. The story is centered around a young boy and his father traveling across post-apocalyptic America and trying to survive. I think McCarthy writes very beautifully," Ferris political science sophomore John Kavis said.

If you are looking for a book and movie double feature, Ferris general studies freshman Zach Davidson has a popular recommendation.

"I honestly wish I could read more, but I try to read whenever I can. I really like The Hunger Games. I know it's really popular, but I think it's a really cool story," Davidson said.

While Davidson prefers an action read, Ferris pre-nursing sophomore Hallie Bosh goes for a light and airy read when she can.

"I only read in the summer. I like anything by Sarah Dessen. She writes girly romance books and I am not ashamed to admit that I love them," Bosh said.



They said it first

Favorite quotes from
their favorite books

"It takes a great deal of bravery to stand up to our enemies, but just as much to stand up to our friends."

J.K. Rowling, "Harry Potter and the Sorcerer's Stone"

"If trouble comes when you least expect it then maybe the thing to do is to always expect it."

Cormac McCarthy, "The Road"

"You're in the right place at the right time, and you care enough to do what needs to be done. Sometimes that's enough."

Erin Morgenstern, "The Night Circus"

"I am not pretty. I am not beautiful. I am as radiant as the sun."

Suzanne Collins, "The Hunger Games"



Free Fridays

Live music and good times

Alicia Jaimes
Lifestyles Editor

There are two more chances to spend your Friday rocking out to a free concert in town.

Beginning in 2007, the Pocket Park Series hosts a band every Friday night during the summer at Pocket Park in Big Rapids. This year's events were held June through September and will be ending Friday, Sept. 21.

"Artworks and the Downtown Business Association (DBA) were instrumental in putting it together. In its beginning stages, Artworks was responsible for getting the bands and various downtown businesses sponsored weekly," President of the DBA Randy Ostrander said.

Ostrander was in charge of lining up the bands for Pocket Park this year. The music genres vary week to week and as Ferris students began returning to campus, Ostrander tried to introduce more rock bands to Pocket Park in hopes that students would visit the event with friends.

"It's a great event and everyone is happy to be involved," Ostrander said.

As well as a new band every week, 16 non-profits are also chosen to be honored during these events.

"The non-profits are invited to have two people have lunch and speak during the bands' intermission. This

year, Schuberg's Insurance and Auto Owners decided to add a \$100 check to the non-profits as an added way of giving back," Ostrander said.

Some bands that have performed in the past were Outlaw Express, Bob Craig and The Lazy Leprechauns. Attendees can expect to see Allison LeVeque and Friends, and Third Power on their next visits to Friday's Pocket Park Series.

"It's a constantly evolving event that we are always looking for ways to improve," Ostrander said. "The bands are from all over. Hayley Reardon came from Massachusetts last year and I am always impressed with the quality of music and the number of good-hearted people enjoying it."

There will be two more bands playing at Pocket Park before the end of the season. The shows will be Friday Sept. 14 and Friday Sept. 21 from noon to 2 p.m. in Pocket Park, just south of 125 N. Michigan Ave.

"If you haven't been downtown to hear it, you really should. It personifies the Big Rapids' motto 'You'll love it here,' and I do," Ostrander said.

Pocket Park was brought to you by Schuberg Insurance Agency and Auto Owners. For more information, visit downtownbigrapids.com/events/pocket-park-concert-series/.



Media Minute

To All The Boys I've Loved Before



Promotional image

As a self-diagnosed Netflix addict, I'm all about watching the latest Netflix trend. Sometimes this doesn't turn out so well, but in this case, I was satisfied.



Alicia Jaimes
Lifestyles Editor

Posts all over Facebook raving about this 2018 movie, "To All the Boys I've Loved Before," peaked my curiosity. After reading the description, I found past Alicia jumping out of her seat screaming "My life!"

Based on the 2014 novel written by Jenny Han, "To All the Boys I've Loved Before" begins with a high school girl, Lara Jean, who struggles with finding her confidence. Because of this, the idea of ever having a boyfriend seemed far-fetched.

Of course, this doesn't stop her from developing adolescent crushes like we all did in high school. The difference, however, was that she never wanted to act on them. As a result, every time she had a crush on a boy, she wrote a letter to them that she'd never mail. Being able to openly express her feelings through her writing was her own personal therapy—that is, until the day

her letters were mysteriously mailed to the boys she loved, and her personal life was no longer personal.

Grasping for straws, a mortified Lara Jean finds herself making deals with unsuspecting allies to save face in a high school full of bullies. Luckily, with the help of her dad and two sisters, she just may make it through high school only slightly scathed. Drama, bullies and heartache, this story is about a girl who loses her reality, and in return finds herself.

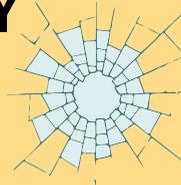
If you were ever the soft-spoken kid in high school who loved passing notes in the hall with your friends, watch this movie. Be thrown back in time for a little while and relive your adolescent years. "To All the Boys I've Loved Before" will pull at your heart strings and remind you of what it's like to be a kid again.

Weekly Festivities

Don't miss your chance. Get to know campus!

WEDNESDAY

Sept. 12



**Conversation on Inclusion:
The Glass Ceiling**

Location: University Center Ballroom
Time: 4:45 - 8 p.m.

Beer, Booze, and Books

Location: Williams Auditorium
Time: 11 - 11:50 a.m. & 7:30 - 8:30 p.m.



THURSDAY

Sept. 13

FRIDAY

Sept. 14



**Keep Calm and Have Coffee with your
Academic Advisor**

Location: First floor of the Arts & Science
Commons in the lobby near the elevators
Time: 10 a.m. - 12 p.m.

High C and Tea with Voca Lyrica

Location: United Church, Big Rapids
Time: 4 - 7 p.m.



SUNDAY

Sept. 16

MONDAY

Sept. 17



Bulldog Bonanza (Rescheduled)

Location: University Center
Time: 4 - 7 p.m.

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You didn't hear it from me

Need advice? Send your questions to torchadvicecolumn@gmail.com to be anonymously featured in the last edition of every month.

SPORTS

"Everything else we did was us trying to get to that spot, but we fell short and now we finally achieved it." - Cole Walker - See page 11 for story

Brendan Samuels | Sports Editor | samuelb1@ferris.edu

Bulldogs strike oil



Photo by: Samantha Cavotta | Torch Photographer

Ferris junior receiver Jevon Shaw throws a stiff arm in the Bulldogs' 59-13 victory over Findlay. The Bulldogs' offense looked sharp as the team advanced to 2-0 on the year.

Ferris football jumps to 2-0

Michael Reedy
Torch Reporter

Ferris junior quarterback Jayru Campbell led the Bulldog football team to an outstanding 59-13 win Saturday, Sept. 8 over the Findlay Oilers (Ohio).



Tony Annese

After a 49-17 win over East Stroudsburg University (Pennsylvania) Aug. 30, the Bulldogs were faced with a challenging Oilers team ahead of them, who racked up 69 points in their season opener.

"I thought we contained a great quarterback successfully," Ferris football head coach Tony Annese stated. "Some things we did really well, seven for 11 on third down conversions... and eight out of eight on red-zone scores."

The Bulldogs got the ball rolling by putting themselves on the scoreboard with a pass from Camp-

bell to senior wide receiver Keyondre Craig after a muffed Oiler punt return and there was no stop in sight.

"I'm still pretty young, but I just try to lead by example just by playing."

- Cyntell Williams

From there, the Bulldogs continued to hammer down on the Oilers defense, generating mostly from Campbell's athleticism, finishing the half with 70 rushing yards with one touchdown on top of his already recorded 132 passing yards with two touchdowns.

Campbell's night ended in the fourth quarter, racking up a

total of 338 overall yards and five overall touchdowns.

"[Campbell is] a stocky body down there and he's a hard guy to stop for no gain," Annese said. "He's the guy that can find a lot of open spaces and do very well."

The defense gained momentum going into halftime with a late red-zone stop seconds before time ran out. Ferris sophomore defensive back Cyntell Williams was a key part to holding the Oilers to only 13 points.

"I'm still pretty young, but I just try to lead by example just by playing. That's how I approach leadership, just lead by example," Williams said.

The offensive line is due some credit for holding their ground and protecting their quarterbacks, as they have allowed just one sack in the Bulldogs' first two contests.

"They did an amazing job, all five of them," Campbell said. The Bulldogs are back in action in Midland to face the Northwood Timberwolves 1 p.m. Saturday, Sept. 15.



Cyntell Williams

Sports Shorts

Danny Collins
Torch Reporter

Bulldog Invitational

Both the Ferris men's and women's cross country teams were in action Saturday, Sept. 8 as they hosted the 2018 Ray Helsing Bulldog Invitational at Katke Golf Course.

This meet represents the start of the season for both teams. Each team finished first in the event and showed off all their hard work throughout the summer and preseason.

Ferris senior Damien Halverson captured first place as the individual champion with a time of 27:33.9. Ferris sophomore Aaron Jarema finished in second place with a time of 28:11.09 and Ferris sophomore Mark Jacobs placed third with a time of 28:14.0 in the competition.

On the women's side, Ferris junior Katie Etelamaki finished in first place for the Bulldogs with a time of 18:57.5. Ferris freshman Paige Deitering finished fourth with a time of 20:21.9.

The event represented the 44th annual event hosted by Ferris.

Both teams will be back in action Friday, Sept. 14 at the Michigan State Spartan Invitational in East Lansing.

Weekend sweep

The Ferris women's soccer team began a seven-game road stand this past weekend against the Indianapolis Greyhounds (Indiana) and the Quincy Hawks (Illinois).

Friday, Sept. 7, the Bulldogs shut out the Greyhounds in route to a 3-0 victory. The Bulldogs were led in scoring with strikes from Ferris freshman forward Grace VerHage, Ferris sophomore midfielder Abigail Gilmore and Ferris senior captain forward Carley Dubbert.

Ferris redshirt freshman goaltender Taryn Meiste earned her first shutout in her first collegiate start for the squad.

Sunday, Sept. 9, the Bulldogs defeated the Hawks in a 2-1 battle. The team was led in scoring with goals from Ferris freshman forward Pia Nagel and Ferris junior Tia VanSullichem.

Meiste earned the start in net for the Bulldogs once again and received her second victory of the season.

The team improved to 3-1 overall on the season and currently holds a three-game win streak.

The team will be back in action as they prepare to compete against the University of Illinois-Springfield Prairie Stars (Illinois) 3 p.m. Tuesday, Sept. 11 (E.T.) in Hammond, Indiana.

Top Dawg

Mekayla Carey

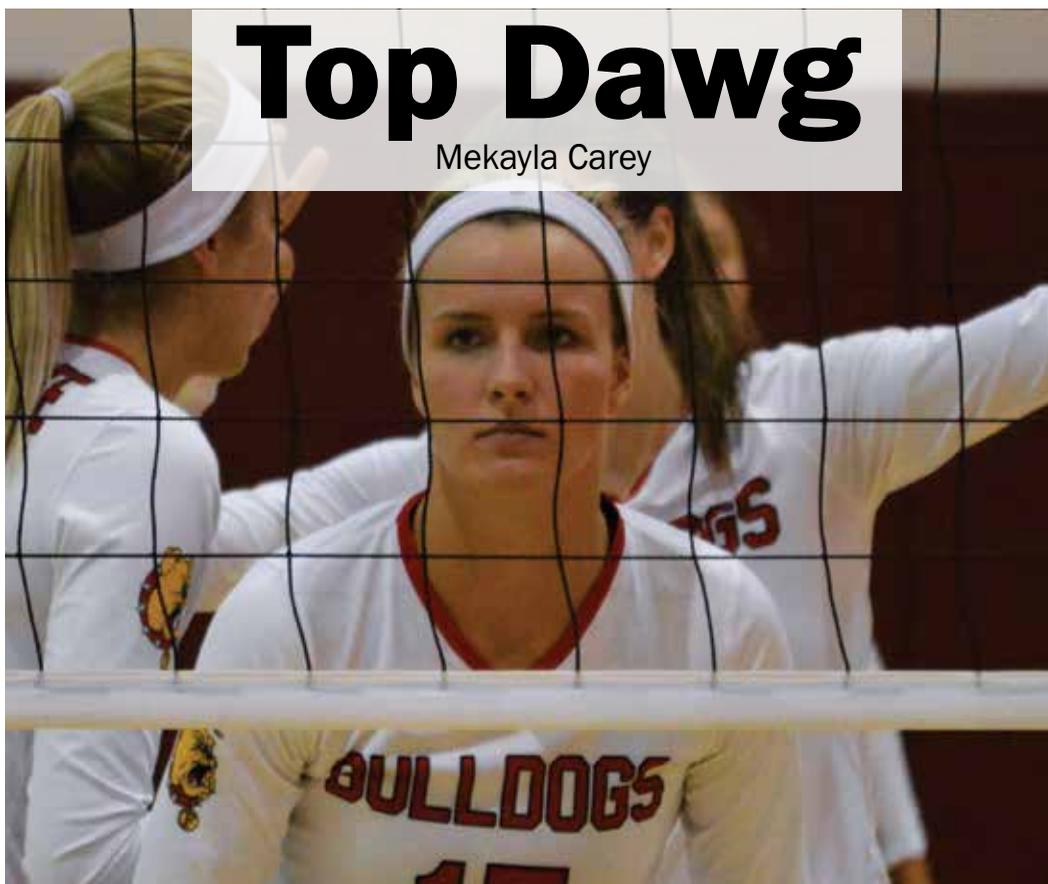


Photo by: Samantha Cavotta | Torch Photographer

Mollie Hamelund
Torch Reporter

Top Dawg is heading to the volleyball court this weekend, as the Bulldogs added some tallies in the win column.

This week, the now 6-3 Bulldogs faced the Wisconsin-Parkside Rangers. Coming off of a tough loss against Tampa, it was only fair they come back with a win.

The Bulldogs defeated the Rangers by winning all three sets easily, bringing their conference record to 1-0 so far.

Top Dawg this week will drop in the lap of Ferris junior middle hitter Mekayla Carey. The Morley-Stanwood native brought her talents to the Bulldogs after having a successful high school career.

Carey kept her talents at Ferris, with her second year as a Bulldog bringing in a total of 100 kills and

25 total blocks on the season. Carey has quietly been bringing in points and kills over her career, but this season she has the chance to break her previous records.

Against the University of Wisconsin-Parkside Rangers (Kenosha, Wisconsin), Carey led the team in 25 total attacks and brought the team the most block assists at four. Carey is already on pace to beat last year's stats in just the nine games of the season so far.

In the 13 matches that Carey played in the 2017 season, she ended with a total of 29 kills, 79 total attacks and 35 total points. This year, Carey has recorded 108 kills, 247 total attacks and an outstanding 133.5 points in nine matches.

Carey and the rest of the Bulldogs will be facing the Northland Timberwolves in Midland 7 p.m. Tuesday, Sept. 11 with hopes of keeping their winning streak alive.

Put a ring on it

Ferris men's basketball receive national title rings



Photo courtesy of Greg Williams

Danny Collins
Torch Reporter

Across sports, a team's accomplishments with a conference championship or a national championship are often solidified with a ring being placed upon your finger.

A ring symbolizes the hard work, dedication, perseverance, grit and passion that went into that championship season, and the Ferris men's basketball team recently had a taste of this incredible feeling.

The 2017-18 Ferris men's basketball team received their combined 2017-18 GLIAC Championship and 2017-18 NCAA Division II National Championship rings Aug. 23.

The team was given their rings in a special ceremony at the team's annual August barbecue located at head coach Andy Bronkema's house near Falcon Head Golf Course.

"I will mostly keep it to myself for now, but for special occasions I might have to bring it out," Ferris junior center Cole Walker said. "This accomplishment is at the top of my list. Everything else we did was us trying to get to that spot but we fell short and now we finally achieved it."

Last season, the Bulldogs claimed the university's first national championship title with a 71-69 win over Northern State University (Aberdeen, South Dakota) in Sioux Falls, South Dakota.

The team finished 38-1 overall in the

2017-18 campaign, tying the all-time NCAA Division II record for most wins. The Bulldogs also claimed their fourth-straight GLIAC Tournament Championship, along with their second-straight GLIAC regular season title.

"Some guys like to wear the rings around a lot, but for me it's just kind of a special thing I have and I put it away. For special occasions I will bring it out, but it's not an everyday thing to wear in my opinion. Maybe at a big interview or a wedding," Ferris junior guard Greg Williams said.



Andy Bronkema

The Bulldogs have also made four-straight appearances in the NCAA Tournament. This will be Bronkema's sixth season at the helm for the Bulldogs.

"Most of the time I will keep my ring in its case, but I guess I will wear it out for special occasions. Being in college and playing on the

national level, this is definitely up there for top moments. It's hard to say if it's number one but it's definitely top two," Ferris senior guard and multi-sport athlete DeShuan Thrower said.

The team will open up at home in an exhibition match-up against Grand Rapids Community College in Jim Wink Arena 7 p.m. Friday, Oct. 19, followed by the team's annual Alumni Game 3 p.m. Sunday, Oct. 21.

The Bulldogs will then travel to Durham, North Carolina for the highly anticipated exhibition against the nationally-ranked Duke Blue Devils at Cameron Indoor Stadium 4 p.m. Saturday, Oct. 27.



THIS WEEKEND'S SPORTS FOR FERRIS

Friday Sept. 14:

- Men's and Women's CC at MSU for the Michigan State Spartan Invitational (No time posted)
- Women's Soccer at SVSU at noon
- Volleyball at Northern Michigan at 7p.m.

Saturday Sept. 15:

- Women's Golf at SVSU Invitational (No time posted)
- Men's Golf at Bulldog Invitational (No time posted)
- Women's Tennis at ITA Regionals in Grand Rapids (Time TBD)
- Football at Northwood University at 1p.m.
- Volleyball at Michigan Tech at 4 p.m.

Sunday Sept. 16:

- Women's Golf at SVSU Invitational (No time posted)
- Men's Golf at Bulldog Invitational (No time posted)
- Women's Tennis at ITA Regionals in Grand Rapids (Time TBD)
- Women's Soccer at Davenport at 1p.m.

Monday Sept. 17:

- Women's Tennis at ITA Regionals in Grand Rapids (Time TBD)

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FERRIS STATE UNIVERSITY

FERRIS FANTASY FOOTBALL

The NFL kicked off its regular season over the weekend, marking the beginning of this year's Ferris Fantasy Football.

Week one graciously handed Team Torch a victory, allowing the team to jump out to an early 1-0 start.

The Bulldogs had a great day on the field when they took on the Findlay Oilers (Ohio) Saturday, Sept. 8. Although Ferris moved to 2-0 on the year, their fantasy score was not good enough to beat the pros.

Ferris junior quarterback Jayru Campbell showed up for his team, posting an unreal 44 fantasy points behind his five-touchdown performance. On the other end of his passes was Ferris redshirt freshman receiver Sy Barnett, who totaled 21 points this week.

The professionals were too prepared this week, however. My pick of Drew Brees from the New Orleans Saints was on point, as the veteran spent the day trading shots with the Tampa Bay Buccaneers en route to a 31.6 point performance.

Pittsburgh Steelers running back James Connor proved to be a great choice in the FLEX position. With starter Le'veon Bell refusing to play, Connor saw extended reps and he delivered three touchdowns as a result.

One big reason the Bulldogs dropped this contest was a lack of key contributors. Aside from Campbell and Barnett, Ferris didn't have many big plays. The defense scored a measly two points in a performance where they failed to take the football away or sack the quarterback.

That's not to say the team didn't play well, as the offense was a well-oiled machine in the victory over the Oilers.

Ferris will have another chance come next week and with that, here are my picks for week two.

QB- Ben Roethlisberger (Pittsburgh Steelers) - Big Ben played well in week one against Cleveland, but



Brendan Samuels
Sports Editor

the team was unable to put them away. I think Roethlisberger will return with a vengeance against the Chiefs.

RB1 - Jay Ajayi (Philadelphia Eagles) - Ajayi had two week-one touchdowns and I like his chances to repeat against a weakened Buccaneers defense.

RB2 - Ty Montgomery (Green Bay Packers) - The receiver turned work horse is coming into his own and I think he'll see a lot of targets against a Vikings team geared toward pass rushing.

WR1 - Julio Jones (Atlanta Falcons) - Jones is a matchup nightmare no matter who he plays, enough said.

WR2 - Kenny Stills (Miami Dolphins) - Stills is a silent killer for the Dolphins and let's be honest, the J-E-T-S just aren't that good.

TE - Eric Ebron (Indianapolis Colts) - Ebron was very productive in his debut after parting ways with the Lions. Look for Andrew Luck to find the speedy big man against the Redskins.

D/ST - Denver Broncos - Bradley Chubb and Von Miller are a nightmare for any quarterback. There'll be no saving Derek Carr and the Raiders come Sunday.

K - Matt Prater (Detroit Lions) - The Lions don't look very ready after the preseason. I'm guessing Prater will see plenty of action when the offense stalls in the red zone.

FLEX - Adrian Peterson (Washington Redskins) - It's weird not seeing AP in a purple uniform, but that doesn't mean he can't continue his impressive career elsewhere.

TEAM TORCH BOX SCORE

Position	Player	Points
QB	Drew Brees	31.6
RB 1	Christian McCaffrey	13.5
RB 2	Alex Collins	6.9
WR1	T.Y. Hilton	15.6
WR2	Davante Adams	19.8
TE	Rob Gronkowski	23.3
D/ST	Cincinnati Bengals	11
K	Stephen Hauschka	2
FLEX	James Connor	34.2
Total:		157.9

FERRIS STATE BOX SCORE

Position	Player	Points
QB	Jayru Campbell	44
RB 1	Marvin Campbell	11
RB 2	Derrick Portis	10
WR1	Sy Barnett	21
WR2	Keyondre Craig	15
TE	Xavier Wade	7
D/ST	Ferris State	2
K	Jackson Dieterle	11
FLEX	Travis Russell	9
Total:		130

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Setting up the season

Ferris volleyball opens up conference play



Michael Reedy
Torch Reporter

The Bulldogs opened up conference play Friday, Sept. 7 with a decisive 3-0 set win over the University of Wisconsin-Parkside Bears (Kenosha, Wisconsin).

After a 5-3 start to the season, the women's volleyball team improved to 7-3 after defeating Purdue Northwest University in three straight sets Saturday, Sept. 8, gaining momentum heading into the thick of conference play.

Over the weekend, Allyson Cappel led the Bulldogs with 23 kills over the weekend, while Mekayla Carey was a mere second with a total of 20 kills.

With winning four consecutive GLIAC titles, the standard is set pretty high for the team. The program has a great tradition of winning, which exists because of the coaching from head coach Tia Brandel-Wilhelm, as well as a handful of great players that have walked through the doors.

With five seniors graduating after the 2017 season and only two seniors entering the 2018 season, the Bulldogs have a young core that is eyeing to make that four consecutive titles turn into five.



Tia Brandel-Wilhelm

"I thought everyone played well. I mean, we had some players come off the bench that have seen, you know, not a ton of time and I thought they did great," Brandel-Wilhelm said.

Losing key play-makers on the court can interfere with chemistry that is built between players. In the 2018 season, the Bulldogs must find a way where everyone's styles connect.

"I think the team is working well together, definitely, you know. This team gets along really well," Brandel-Wilhelm said. "They are very single-minded in their focus as a team...they mesh well together. They work well together."

With a few games under the belt, the Bulldogs seemed to have focused on a few of their strengths.



Maeve Grimes

"I think that we stayed even keeled and we didn't let the ups and downs of the game affect us." Ferris junior setter Maeve Grimes said.

Purdue Northwest is known to have a strong defense and the Bulldogs needed to have an even stronger offense to pull off the win.

"They're just such a scrappy team and they play with such great energy that you kind of have to always be just overcoming that energy factor," Brandel-Wilhelm said. "We were just really trying to stay focused on seeing what was happening over there and being in our position ready to play the ball."

The Bulldogs look to ride the wave of their great start as they travel to the upper peninsula for competitive match-ups against the Northern Michigan Wildcats 7 p.m. Friday, Sept. 14, followed by Michigan Tech 4 p.m. Saturday, Sept. 15.

Photo by: Samantha Cavotta | Torch Photographer

Freshman middle-hitter Samantha Hermann sends the ball over the net. The Bulldogs are undefeated in GLIAC play to start the new year.

OPINIONS

“Why has silence become the standard?”
- Cora Hall - See page 16 for story

Marley Tucker | Opinions Editor | marleyitucker@gmail.com

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Chat with the chief

Editor in Chief, Megan Lewton

Imagine this: You've spent a long day on your feet at work. You may have food or drink spilled on your clothes. You may have had to work for customers who are rude and unappreciative. You may have been yelled at by a customer for something beyond your control.

You complete your shift and think, "Well, at least I'm getting paid well." You clear out your final table of the night, only to realize that they did not leave a tip. Essentially, you did not get paid to serve that table.

Unfortunately, this is not uncommon for many servers.

Servers are frequently paid a small salary. According to the U.S. Department of Labor, the minimum wage for tipped employees in Michigan is \$3.72 an hour, and this does not include tips. For comparison, the minimum wage for employees who do not receive tips is \$9.25 per hour.

The paychecks for servers are

often very small or nonexistent, as a chunk of them will be taken out for tax purposes. As a result, servers and other tipped employees rely on additional money from customers, which often reflects the quality of work. For instance, customers who tip regularly may tip higher for servers who are exceptional at their jobs than they would for a service of standard quality. In other words, for many servers, their tips are what pay their bills.

In addition, a server's tips are often not solely for the server. In many cases, servers are expected to give a portion of their received tips to other restaurant staff that contributed to the service, such as bartenders and hosts.

This system would work well if everyone understood this notion and tipped their servers. It becomes an issue when customers refuse to leave tips and servers are not paid appropriately for

their services. You might be thinking, "I'm just one customer. Surely my waiter or waitress won't miss a few dollars from me." However, when multiple customers refuse to tip, especially on slower nights, the missed dollars add up, causing servers to work with little to no pay.

I understand some servers aren't great. I understand that some are more exceptional than others. Still, it is unfair to expect anyone to work for such little wages. Also, many of your complaints are likely not caused by your server. Your waiter has no control over the speed at which your order comes out. Please don't take this out on them.

Servers survive on tips. They can't solely survive on the few dollars they make per hour, when their jobs often make them work late nights and do tiring and tedious work.

When you go out to eat, factor

the tip into your overall cost. After all, the prices on the menu would likely be higher if servers were paid better initial wages and tipping was not necessary. Twenty percent tips are standard, and for many restaurant tabs, that isn't too much to ask.

If your server is incredible and goes above and beyond, by all means, tip even more. For more expensive bills, 20 percent of the bill will be a higher number, but if you can afford to eat at a nice, expensive restaurant, you can likely afford to shell out some extra money so your server can make a living.

Many people would not work for such low wages or even for free. Why should we expect servers to? Tip your servers. When you don't, it affects them more than you may realize.

Protesting the protester

Brand politics heat up. Literally.



Briana Hammontree
Torch Reporter

When I first learned people were burning Nike shoes, I was shocked.

The shoes look and feel great, sure, but burning a shoe that can run up into hundreds of dollars seems ridiculous.

Then I learned why people were tearing off the emblem and getting rid of their shoes: their own act of protest to Colin Kaepernick.

Now let me just say, before we delve any deeper into this, that I had a neutral opinion to the controversy surrounding kneeling during the national anthem. While I wasn't strongly offended by his action, I know veterans and friends who were.

As Americans, we are all garnered the right to freedom of speech and the right to peaceably assemble. We saw this the day Kaepernick took a knee and hundreds of thousands of Americans were moved by this action in either a positive or negative way. So then how does this go to back to Nike?

Kaepernick was recently revealed as the face of Nike's most recent campaign, and as someone who is slowly becoming more and more of a shoe fanatic, I can see why some people may be burning some shoes.

But let me just add that I am here for Kaepernick's campaign. The fact that his own



Graphic by: Sarah Massey | Production Manager

peaceful forms of protesting is being tied to people literally lighting shoes on fire is quite a response, and many find the action ridiculous.

I am truly intrigued to see how this all plays out. These forms of protest are made to garner attention, and at least on the side of millennials, many appear to be on Nike's side.

A recent article by Los Angeles Times stated that "...the move was sure to be seen by many as provocative, the Beaverton, Ore., company is betting that more customers will support it — particularly the younger demographic that

Nike is courting."

While Nike's stock has gone down three percent as of Tuesday, Sept. 4, this idea seems to be supporting it, despite those who are upset by the decision. According to a report from Edison Trends, an advertising research firm, Nike's online sales grew 31 percent. For their 30th anniversary, Nike's choices have stirred up America, and we can either contribute to the controversy or further discuss how we got to this point in the first place.



Cartoon by: Samuel McNeill | Cartoonist

Hurt feelings and identity

Disability is not a death sentence

When your very identity is something that people deny or reject with every fiber of their being, even with an offhand comment, it hurts in a way that is hard to describe.

When you sit in the University Center, you have the chance of engaging in interesting conversations with other students, and one I stumbled into last week presented a devastating reality that was brought to my attention.

There he was, a complete stranger my age, saying that he would rather be dead than be disabled in any way, shape or form. I know he meant no harm by his comment, and it wasn't directed at me necessarily, but its sentiment carries an unseen weight that many do not see. Preferring death over disability is a belief held by a lot of people. Even in academia, the idea that one's mind and body can become impaired is a source of anxiety. Ableism is a constant strain in our communities.

When saying disability, I am including people living with physical, cognitive or otherwise invisible disabilities that impact someone's quality of life. Disability may emerge at birth or occur during a person's lifetime at any stage of mobility; it affects every culture, ethnicity, education level, gender and socioeconomic status. Despite the fact that almost 12 percent of our population is disabled and disabled students like myself exist on campus, a lot of misconceptions and bias exists in our society.

When nondisabled and able-bodied people say that they would prefer death to what limited view they have of disabled lives and how they are lived, they are inferring that people living with disabilities lead lives not worth living. I have dealt with my own minefields of conversation here on campus when I am forthcoming about my health status. Being a disabled woman is as integrated into my being as much as breathing. It is a part of me that cannot be denied or ignored (my chronic pain makes sure of that).

Disability is not a dirty word that should be shirked, and I wish that more people knew that. Would that man have said the same, presented with the vibrant



Marley Tucker
Opinions Editor

and fulfilling lives of people living any way they can? Disability is not a death sentence.

Death seems acceptable when people consider disability, and what a slippery moral slope that is. Do they think that way for other circumstances or demographics? It's hard not to take it personally. Just because something intersects with disability doesn't mean that you can just disregard it because it makes you uncomfortable.

I believe that to show people how we live, we need to be cognizant of events happening on campus that highlight disability and lives of those affected—celebrate it even.

A schedule of events will be offered in October during Disability Awareness Month, with the goal of fostering acceptance and understanding among visitors, students and staff members on campus. One of the events, the showing of "Don't Worry, He Won't Get Far on Foot - A Film by Gus Van Sant" on Monday, Oct. 15 in the University Center, is one that I am particularly excited for people to watch.

While we shouldn't need to illustrate all of the ways disabled people live, proper representation in media is important. Even off campus, more and more people are seeing how disability exists in America. When you have a chance, pick up Teen Vogue's September issue. Three disabled women grace the covers, and I'm hoping that since conversations about diversity and inclusivity often overlook disability, we can remedy that.

Disability is strong and terrible, a weakness and a strength. It is not death nor the end, and it is an identity for many students who walk our campus. Include those students in your conversations and consider their impact when having conversations in your circles.



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Silence is not the answer

Frankly, I'm disappointed

It's become a reoccurring theme among people in power and I really hate to see it become the norm.



Cora Hall
News Editor

But lately, it seems, the common response to significant conflicts at universities everywhere is radio silence from administrators.

Now, I have never been in an administrative position and had the weight of responsibility of an entire institution on my shoulders, but I do know what it looks like to student bodies when their administration has little to no response to a campus-wide issue.

It looks like they don't give a sh-t.

An example of this beyond Ferris is displayed in Michigan State University's response to the Nassar trials last year. It took far too long for their president to step down after it was painfully clear there was negligence on the university's part in letting Nassar practice.

There were very few comments from former president Lou Anna Simon at the hearings—which she stopped attending early on—and she never offered an apology or took responsibility for any of the mistakes made by those she was directly in charge of.

Understandably, many of the survivors were upset and felt as though the former president did not care about them or care if Nassar was brought to justice.

This is just one instance. When administrators decline to comment on issues that negatively affect their students, it shows an unwillingness to

be transparent. And that, my friends, is a red flag in any situation.

To me, being open and willing to communicate is one of the most important qualities of any relationship, whether it's a friendship, romantic relationship, boss to employee, etc. If you cannot effectively communicate, in good situations or bad, it is unlikely you will have a positive relationship.

Seeing those in positions of power setting such a poor example of communication is disheartening to me. Students reading over and over that administrators "declined to comment" sends such a negative message to them.

As a journalist, it's incredibly frustrating to me when I cannot represent both sides to a story. I want to be fair to my readers and give both sides a chance to voice their opinion, but I have been continually forced by administrators to leave their side without comment when serious university-wide issues occur.

As a university administrator, you cannot, in good conscience, refuse to use your voice to inform and give insight on significant events or issues that affect nearly everyone at your university. So that begs the question: why has silence become the standard?

All heart but no hope

We shouldn't be afraid to speak up about our struggles



Kaitlyn Kirchner
Torch Photographer

Life shouldn't be this hard. I'm 20 years old, I shouldn't be this sick of living. I shouldn't be this tired.

These are all things I've been thinking lately and they're true. I love my jobs, my classes and my friends. I love this university. My heart is in it, but my head just refuses to cooperate.

Living with mental illness, diagnosed or not, is incredibly difficult. According to the National Alliance on Mental Illness, 75 percent of mental health conditions manifest by the age of 24. College students are suffering, myself included. I am unable to get out of bed some days. Other days I feel fine, great even. Sometimes I feel lucky to be alive and other times I wish I didn't have to exist, because existing can be so exhausting.

The worst part is not even that fact that I feel this way. The worst part is that very few people understand that I feel this way. So many people had good intentions, "Have you tried yoga?", "Are you taking vitamins?", "I have bad days, too" and my personal favorite: "Don't joke about suicide. It's not funny!" You're right, it's not really funny. It's one of the ways I cope with my impending doom.

Mental illness is becoming romanticized these days, especially with "13 Reasons Why" being so popular on television. This phe-



Graphic by: Sarah Massey | Production Manager

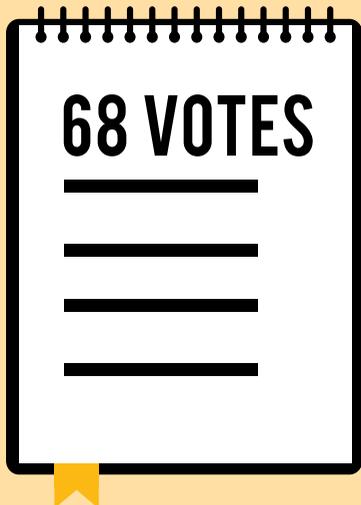
nomenon of depression and other illnesses being viewed as "tragically beautiful" makes me angry. My sadness is neither beautiful nor poetic. There is nothing alluring or mysterious about my pain. I don't need to be fixed and I don't need to be saved, certainly not by anyone who thinks suffering is beautiful.

Why should I have to pretend that I'm not struggling? What is the point of lying to people? Even writing this is a struggle. I'm trying to strike a balance so that I seem a

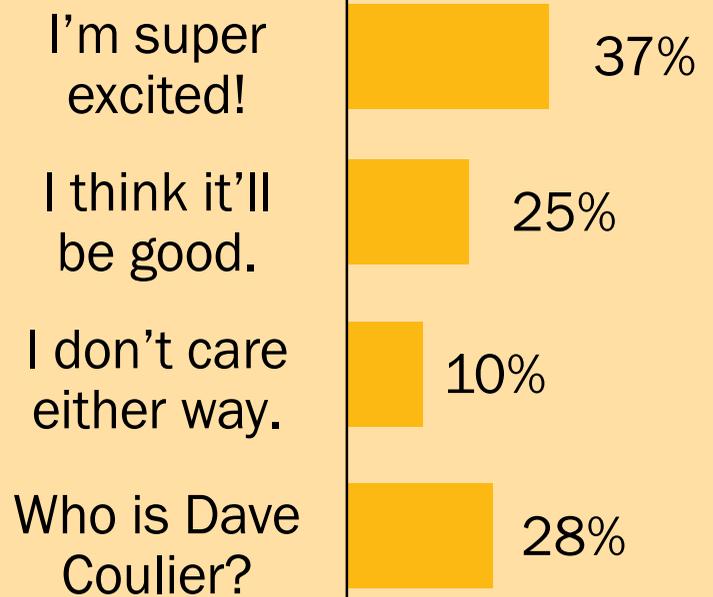
certain way. Why? Who told us that we have to suffer in silence? I'm not ashamed to admit that I need help and you shouldn't either.

If you think you need someone to talk to, even if you're just more stressed out than usual, please, go to the Personal Counseling Center. I know Birkam is a joke but the counseling center has people you can talk to. I enjoy dumping all my problems on someone I don't have to associate with on a personal basis. We're all a little messed up, so why not just stand together?

TORCH POLL RESULTS



How do you feel about Dave Coulier coming to perform as the 2018 Homecoming Comedian?



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