



Ferris State University
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HERE'S WHAT'S INSIDE

SOLVING THE PUZZLE

Read up on how Ferris welding engineering technology freshman Axel Laurain celebrates Pride Week at Ferris.

LIFESTYLES | PAGE 6

THE BONE STAYS ANCHORED

Ferris football claimed a victory over Grand Valley State University Saturday, Oct. 13.

SPORTS | PAGE 10

Dormitory downgrade



Photo by: Taylor Davis | Torch Photographer

North Hall, the newest residence hall on campus, was built with a budget of \$28.15 million. It hosts 402 freshmen each year and has amenities such as game equipment and a kitchen area in the main lobby, a fitness room, air conditioning, elevators and more.

The first freshmen of North Hall: where are they now?

Landry Shorkey
Torch Reporter

Many who set foot into North Hall will likely agree that it is one of Ferris' most beautiful buildings on campus.

The freshmen-only residence hall boasts 402 beds and 120,498 square feet, according to the Ferris website. It was the first residence hall built since Cramer Hall in 1968, and was completed in time for to accept incoming freshman in the fall of 2017 as its first residents.

Ferris construction management sophomore Marisa Roberts lived in North Hall last year and is currently living in the West Campus Apartments.

"I definitely like North Hall better. I don't think anything is ever going to beat that no matter where you stay," Roberts said. "The rooms were amazing. A lot of people compare it to a hotel. It was just really cool having such a nice and spacious room."

Building amenities include a main lobby with game equipment and kitchen area, classrooms, study rooms, fitness room, one laundry room and lobby per floor, air conditioning and elevators.

Roberts, like many of the freshmen that lived in North Hall last year, took advantage of the study rooms and fitness area conveniently located within the building.

"Having a very nice gym downstairs was very helpful, especially during the winter, so I wouldn't have to make the trek across campus to the Rec Center," Roberts said.

Ferris business administration sophomore Danie Botica is currently living in Vandercook Hall, but said that living in North Hall was a privilege that draws many new students to Ferris.

"I think definitely people used to, my freshman year, call us 'the privileged people' because

they never obviously got to experience North Hall, and we had this big kitchen and these big rooms and nice bathrooms," Botica said. "But I also think it's beneficial and that it attracts people into our dorms and to come here. That's what people want to see, is a newer campus."

As compared to other dorms that are not exclusively for freshmen, many former North Hall residents miss the ease and eagerness of forming friendships in that environment.

"North Hall was definitely more homey. There's, like, no one hanging out in the halls of Vandercook or anything. Everyone kind of just keeps to themselves. In North Hall, we were always downstairs cooking, and kind of like a little family," Botica said. "The most I miss is I made my best friends there and now they're off campus, and I chose to stay on campus, so having that connection with someone."

Ferris criminal justice sophomore Alex Bacarella currently lives in Northland Flats, but also misses the North Hall experience.

"I think that I liked living in North Hall more, because there's always people around and activities going on, so it was more fun," Bacarella said. "I liked having a lofted bed, and there was a lot of room I felt like. I think the bathrooms were a lot bigger than the other dorms are."

One of the potential downsides of North Hall is that it may deceive some freshman about what on-campus living is like in other residence halls, according to Roberts.

"I definitely think that North Hall gives this picture-perfect room, but then when you get to your sophomore, junior, or senior living, it's difficult to keep students on campus, especially going from North Hall to, like, Brophy-McNerney type of thing, or even Cramer," Roberts said. "I know that a good portion of students that were living in North Hall — almost everyone that I know — are now living off-campus."



Marisa Roberts



Alex Bacarella



Danie Botica

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Email: fsutorcheditor@gmail.com
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NEWS

“I can do things that I actually will be doing in the future, not just getting coffee.”
- Aubrey Frey - See below for story

Cora Hall | News Editor | hallc36@ferris.edu

Fighting the flu | Students give back while gaining valuable experience



Photo by: Megell Strayhorn | Multimedia Editor

Ferris nursing senior Andrea Renas gives a flu shot to a student at Brookside Elementary School Friday, Oct. 12. Renas was among three Ferris students helping run the flu clinic.

Cora Hall
News Editor

Elementary school students throughout Mecosta and Osceola counties are getting flu shots from Spectrum Health’s clinics, which are primarily staffed by Ferris nursing students.

“I definitely think these flu clinics are important because maybe a lot of these students don’t have a regular provider and they might not get their flu shot if [Spectrum] didn’t give this opportunity, so I feel like it’s very beneficial and a great program,” Ferris nursing senior Brooke Larsen said.

According to Spectrum Health Manager of Community Education and Outreach Scott Lombard, the nursing students who volunteer are important to the program since they, provide unpaid labor.

“We’re not paying for staffing, so that keeps our cost down,” Lombard said. “That allowed us this year to expand to as many elementary schools as we can, because labor is expensive and the amount of money

we would’ve spent on labor we can buy vaccine and supplies instead. So that allowed us to do 1,200-1,300 immunizations this year, which is huge.”



Brooke Larsen

students good experience.

“It’s showed me that I really love to work with kids, and it’s also showed me obviously how to give flu shots, because we give insulin and things like that,” Larsen said. “But this is all flu shots with tons of people coming in, so you get pretty good with working with needles.”

Ferris marketing senior and Spectrum Health Marketing Intern Aubrey Frey said that the staff at Spectrum is focused on getting students

the experience they need.

“They’re really good about letting you do things that may be challenge what you’re good at and making it

a teaching experience,” Frey said. “So, I get to do a lot of the things that my supervisor does on a daily basis and she’s very willing to help me out with that, so I can do things that I actually will be doing in the future, not just getting coffee.”

Lombard said while the students provide essential help to the clinics, they are getting experience they wouldn’t get in school.

“Most schools now don’t allow the students to do many injections, especially for kids, they just don’t see it. So, we have an opportunity to provide that experience for them — real practical, real life — that they would never get,” Lombard said. “So, when they’re out of school and graduate and go to professional careers, these students will have experience with kids, which is tremendous.”

“It’s more than giving an injection to a kid. It’s about assessing them as they come in, working with their fear; it’s about getting comfortable with dealing with little kids,” Lombard said.

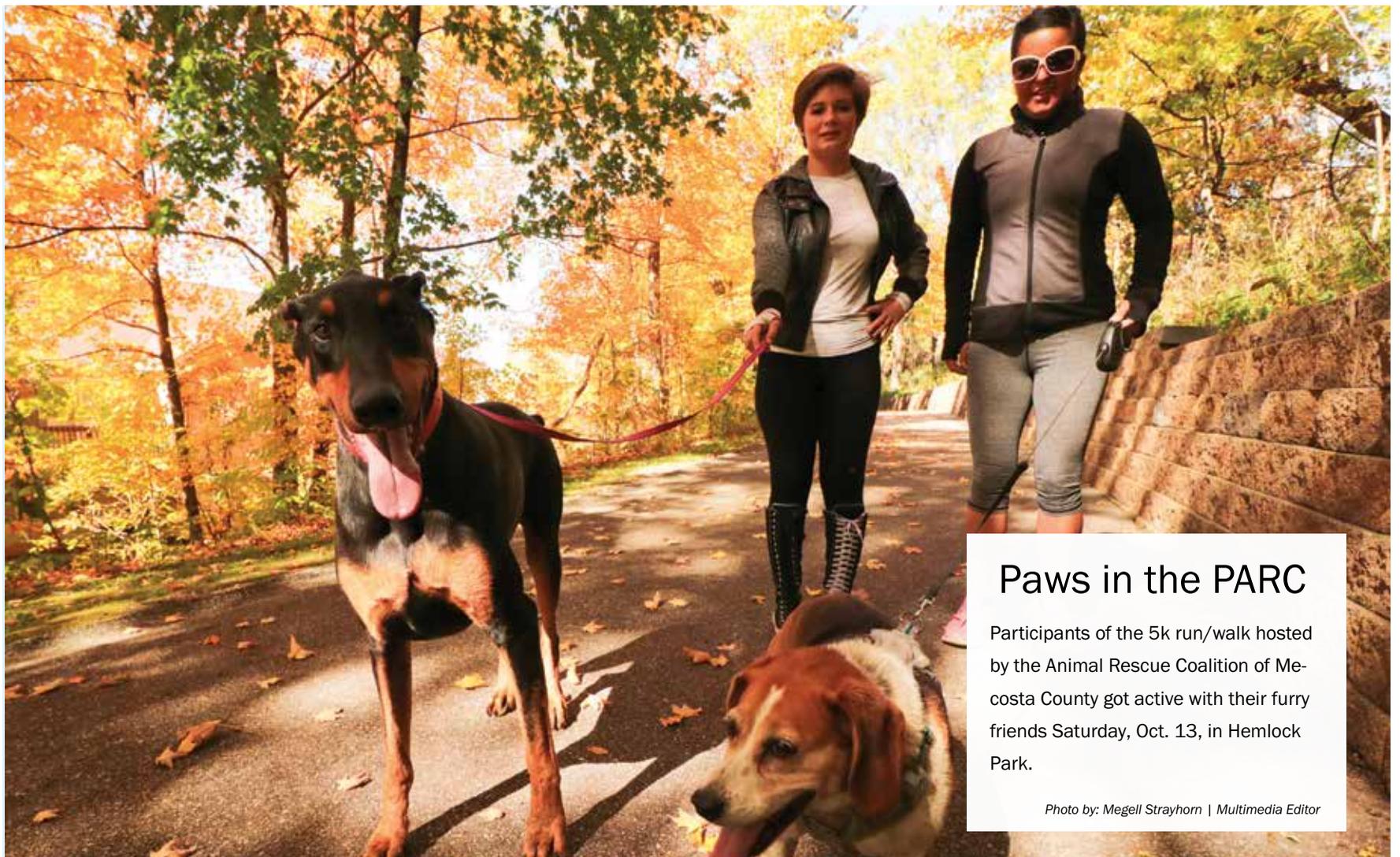
According to Lombard, Spectrum was able to offer flu clinics to every elementary school in Mecosta and Osceola counties, and no schools in either counties closed for illness days due to influenza last year.



Scott Lombard



Aubrey Frey



Paws in the PARC

Participants of the 5k run/walk hosted by the Animal Rescue Coalition of Mecosta County got active with their furry friends Saturday, Oct. 13, in Hemlock Park.

Photo by: Megell Strayhorn | Multimedia Editor

- ON THE RECORD -

A roundup of this week's crime at Ferris State University

Another one bites the dust

Cora Hall
News Editor

Another one bites the dust

Oct. 2, 4:37 p.m., officers responded to a report of controlled substance violations in North Hall. Three subjects were referred to the Office of Student Conduct.

And another one gone

Oct. 5, 4:45 a.m., officers received a report of a controlled substance a narcotic equipment violation at Northland Drive and 14 Mile Road. The investigation is still open and one appearance ticket was issued.

And another one gone

Oct. 5, 11:30 p.m., officers investigated a controlled substance violation in Finch Court. One appearance ticket was issued and two subjects were referred to the Office of Student Conduct. The case is still open.

You're not helping

Oct. 7, 4:16 a.m., officers responded to an obstruction of justice at Oakwood Townhomes apartment complex. One subject was arrested.

That's just not smart

Oct. 7, 10:32 p.m., officers caught a subject driving with a suspended on Perry Avenue at the city limits. Two subjects were arrested.

Just put the weed down, sir

Oct. 8, 12:13 a.m., officers responded to a report of a controlled substance violation in Brophy Hall. One subject was referred to the Office of Student Conduct.

I swear it was a skunk

Oct. 9, 12:30 a.m., officers investigated a report of a controlled substance violation in Lot 4. One appearance ticket was issued, and one subject was referred to the Office of Student Conduct.

Serious issues

Oct. 9, 12:50 a.m., officers received a report of domestic assault in Miller Hall. One subject was arrested for trespassing.

Put him away

Oct. 9, 12:50 a.m., officers arrested a subject who had a warrant out for their arrest in Miller Hall.

I'm seeing a pattern here

Oct. 9, 9:15 p.m., officers responded to a report of a controlled substance violation in North Hall. One subject was referred to the Office of Student Conduct and issued an appearance ticket.

Money matters

Oct. 10, 10 a.m., officers investigated a case of attempted fraud in the Allied Health Building. The case is closed.

Plug walk

Oct. 10, 9:13 p.m., officers responded to a report of minors in possession of alcohol and a subject providing alcohol to minors at Pine Valley Suites. One appearance ticket was issued and three subjects were referred to the Office of Student Conduct.

Wrong room

Oct. 11, 10:55 a.m., officers investigated a report of breaking and entering at Cramer Hall. The case is closed.

A grave night in Bond

Oct. 12, 12:00 a.m., officers received a report of domestic assault and a minor in possession at Bond Hall. Two appearance tickets were issued and both subjects were referred to the Office of Student Conduct.

The Ferris Department of Public Safety issued 375 tickets between the dates of Oct. 5 through Oct. 11, totaling \$6,295.

WEEKLY WORLD NEWS

Catch up on news around the globe

Cora Hall
News Editor

Mumbai, India

A high-ranking minister in India has been accused of sexual assault by at least 10 women. M.J. Akbar is a former journalist and is being accused by female journalists who used to be his subordinates. Akbar is calling the allegations against him "wild and baseless," and he will take legal action against the women. These allegations come in the wake of the #MeToo movement taking off in India the past few weeks.

Original story by Reuters., Oct. 14, 2018. *The New York Times*.

Canada

Wednesday, Oct. 17, Canada will become the second country in the world to legalize marijuana. Statistics reveal that over 40 percent of Canadians have tried pot previously, and market analysts expect the cannabis industry in Canada to reach \$5 billion USD by 2020. With the regulations that will be put in place for businesses, many expect police to crack down on illegal marketplaces already selling.

Original story by Catherine Porter, Oct. 14, 2018. *The New York Times*.

Izmir, Turkey

At least 22 people, including children, were killed in a truck crash Sunday, Oct. 14. The truck was carrying migrants, and at least 13 others were injured. Local reporters said the truck veered off the road, crashed through a barrier, tipped over and fell about 65 feet from a highway. An investigation into the crash has begun by a state prosecutor and the truck driver could face arrest after hospital treatment.

Original story by The New York Times, Oct. 14, 2018. *The New York Times*.

Rome, Italy

Two retired Chilean priests were expelled from priesthood by Pope Francis as a consequence of sexual abuse of minors. It was made clear they had no possibility of appealing the decision. This sentence comes in the midst of a sprawling sexual abuse scandal and echoes of doubts of whether Francis would hold accountable those responsible for covering up the abuse.

Original story by Jason Horowitz, Oct. 13, 2018. *The New York Times*.

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NEWS BRIEFS

Cora Hall
News Editor

Graduate school fair

Check out several grad schools 10 a.m. to 2 p.m. Tuesday, Oct. 23. Representatives from programs and colleges will be set up in the IRC connector to answer questions and guide students through the application process. For more information, contact Michele Albright at CLACS@ferris.edu or (231) 591-2685.

A forum for change

Disability Awareness Month presents a keynote address by Liz Plachta about the declining enrollment of adults with disabilities. The forum will be held 11 a.m. Tuesday, Oct. 23, in UCB 202C and is free, but there is a lunch, so those who wish to attend must RSVP to Maggie Walcott at MaggieWalcott@ferris.edu.

Student debates on the election

Join the Ferris Political Engagement Project 7 p.m. Wednesday, Oct. 24, to listen to students from various RSOs debate on significant issues about the upcoming election. The event will be held in UCB 202. For more information, contact Dr. Christian Peterson at peterc27@ferris.edu.

Kickin' it with the queens

Participate in an open discussion about mental health with the You Beautiful Black Woman RSO 7 p.m. Wednesday, Oct. 24, in UCB 203 Founder's Room. The conversation will be a monthly event with topics ranging from mental health, domestic violence and breast cancer. For more information, contact Charnice LaGrone at lagraonc2@ferris.edu.

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Cheers to the weekend



Torch File Photo

Ferris students and family enjoy the fall weather at the tailgate during Family and Friends Weekend last year.

Annual family and friends event holds a sweet spot in students' hearts

Madison Kettlewell
Torch Reporter

Many students eagerly anticipate Ferris Family and Friends Weekend, full of scheduled activities across campus.

This year, the weekend is scheduled for Friday, Oct. 19, through Saturday, Oct. 21. Though the event is fairly new — this being its third year — the previous years have already made a lasting impression on many Bulldogs, such as Ferris graphic design sophomore Sydney Hall.



Sydney Hall

"I loved it and my family really enjoyed it," Hall said. "I would definitely recommend it. It's a great de-stressor with family."

Ferris human resource management soph-

omore Kelsey McGovern said the event had also helped her show her family what campus life was like.

"I liked it. We kind of just hung out and did a lot of stuff on campus, which was fun," McGovern said. "They really liked campus and they really liked how friendly everybody was."

Having participated her freshman year, McGovern also talked about how it could help some students with their adjustment to college.



Kelsey McGovern

"It's nice, especially for a freshman, because you're just getting on campus, so it's nice to get involved," McGovern said.

For other Ferris students, this time of the semester can cause

them to feel homesick. This event can be a great way to catch up with loved ones and relax for a while, according to Ferris social work



Lexi Manning

sophomore Lexi Manning.

"I had really missed them, so it was really nice seeing them," Manning said. "They were like, 'Ferris is so cool. This is so great.'"

Most of the scheduled events for Ferris Family and Friends Weekend are free and take place on campus, though some local businesses are offering discounts on Saturday for participants.

Most events require wristbands and can be picked up at check-in the day of the event. The deadline to register for this year's family and friends weekend is midnight Wednesday, Oct. 17.

Family and Friends Weekend Happenings

(Most events require wristbands, so be sure to check in.)

Friday, Oct. 19

Check-In

4 - 7 p.m.

University Center

(If you miss check-in, visit the Information Desk in the University Center.)

Bulldog Family and Friends Kickoff

4 - 7:30 p.m.

University Center

Stop by for donuts, apple cider, caramel apples and pumpkin decorating!

Family Movie Night

7 p.m. and 9 p.m.

University Center

"Ant-Man and the Wasp" will be playing at two show-times.

FSU Hockey Game

7 p.m.

Ewigleben Ice Arena

Ferris vs Mercyhurst home game tickets are \$7 and will be on sale at 4 p.m. Display your wristband to receive the discount.

Open Skate

9:30 - 10:30 p.m.

Ewigleben Ice Arena

Free skating for students and family with their wristbands.

Saturday, Oct. 20

Check In

8:30 a.m. - noon

University Center

Welcome to Downtown

9 a.m. - 1 p.m.

University Center

Take the shuttle to enjoy downtown Big Rapids with your family. Some local businesses are offering discounts for students and their families.

College of Education and Human Services Luncheon and Games Challenges

1 - 3 p.m.

West Campus Community Center

(Registration for this event is closed.)

FSU Tailgate Party

5 - 6:30 p.m.

Wink Arena

FSU Home Hockey Game VS Mercyhurst

7 p.m.

Ewigleben Ice Arena

Tickets are \$7 and go on sale at noon. Display your wristband to receive the discount.

Chicago Boyz Acrobatic Team

8 p.m.

Williams Auditorium

Professional gymnastics troupe performance.

All Weekend

University Dining

The Rock and The Quad Cafe will be offering \$1 discounts per person to family and friends participants displaying their wristband, valid Oct. 19 - 21 during normal hours.

Politics Corner

Drawing the line

Grant Siddall
Torch Reporter

A Michigan group's attempt to end gerrymandering in the state has led to a proposal to put citizens in charge of redistricting.

Gerrymandering is defined as the manipulation of the boundaries of election districts to give one political party a majority in many districts, according to dictionary.com.

If approved through the upcoming vote, Proposal 2 would change the way that redistricting is done in Michigan, shifting power and responsibility from politicians to a randomly selected group of Michigan citizens. The proposal seeks to create a commission of 13 registered voters: four democrats, four republicans and five who are not affiliated with either party.

Every 10 years, a commission will redistrict for the Michigan Senate, Michigan House of Representatives and U.S. Congress. The goal of this is to create a more equal balance amongst districts, which are traditionally chosen by the majority political party.

Ferris business administration senior Margo Brown said she believes the proposal will make districts more fair and equally balanced, while also giving voters more power.

"I think people are going to care about this because it's going to affect the individual voter. I think this will let more people have a say in what's going to happen in our elections instead of a certain political party having that say," Brown said.

Voters Not Politicians (VNP), the group that made the major push to get Proposal 2 on the ballot, said the proposal is based on what some states, such as California and Arizona, are already doing. VNP Executive Director Katie Fahey said that looking at states with similar systems, as well as getting feedback from Michigan residents, helped shape the proposal.

The proposal has several stipulations for those serving on the redistricting commission. Parents, children and spouses of partisan elected officials, as well as anyone who has held a partisan office or served as an employee of a partisan-elected official, or as a lobbyist for the previous six years, are barred from serving. These rules are aimed at keeping the process as non-partisan as possible.

"As long as the 13 selected individuals are well-informed and get the proper information needed, it seems like it should be fair and they should be able to come to some agreement that is fair for both parties," Ferris psychology senior and College Democrats President Dani Jandura said.

As for choosing commission members, the Michigan Secretary of State will mail applications to at least 10,000 randomly selected registered voters. In addition, any registered Michigan voter can apply to serve on the commission. The applications then go through several stages of random selections before being narrowed down to the final 13 applicants.

Once chosen, the commission must hold at least 10 public hearings throughout the state to get citizen input before a plan is drafted. After a plan is drafted, at least five more public hearings must be held to listen to comments about the plan.

A majority must approve the final plan, with at least two Democrats, two Republicans and two non-partisan commission members voting in favor.

If passed, the proposal is expected by many to create a more even distribution of Republican and Democratic voters throughout the districts. Currently, the majority political party is in charge of redistricting, which opponents argue leads to unfair advantages for that party and does not give many voters proper representation.

Redistricting

[ree-dis-trikt-ing]

Divide or organize (an area) into new political or school districts.

Going off road



Photo by: Hunter Pariseau | Interim Photographer

Ferris vehicles can be seen driving on sidewalks and parked in front of buildings all around campus.

Campus Safety and Physical Plant discuss FSU vehicles operating through campus

Dan Deitsch
Torch Reporter

Between clearing sidewalks of snow during the winter and restoring power after extreme weather, Ferris maintenance vehicles often drive on sidewalks around campus.

"There's always those really annoying golf carts that'll just whip out in front of you, and the vans," Ferris health care systems administration student Kaitlyn McMann said. "There's definitely some risk with other students walking around campus, because if people aren't watching out, those big vans can hit kids."

Ferris pre-medical junior James Bryant said it would be frustrating for bicyclists on campus to encounter vehicles on the sidewalks.

"I can see why it can be annoying for some kids," Bryant said. "I don't bike to class, but I can see that it could get irritating if you bike to class and have to move around the cars."

Ferris Department of Public Safety Director Bruce Borkovich said students' safety comes first when it comes to these vehicles driving through campus.

"We are primarily a pedestrian campus," Borkovich said. "We have an obligation to our pedestrians to keep the campus safe. This is what has prompted some conversations that we've had recently on addressing this."

In 2006, Ferris adopted a business policy referred to as the Operations of Motor Vehicles on Sidewalks and Lawns. This policy states emergency vehicles (such as police and fire), university vehicles "under emergency conditions," snow removal and lawn maintenance vehicles, and any vehicle with special parking passes can operate on campus sidewalks and lawns. This and other policies can be found on the Ferris website.

"Primarily, it's the physical plant folks and the housing folks that have most of the vehicles that you see," Borkovich said.

Many different departments across campus use motor vehicles in their daily work. These vehicles can be used to move heavy equipment from each building and deliver mail.

"It doesn't bother me too much. I understand why they have to do it," Ferris criminal justice sophomore Noah Maxson said. "It helps them travel a shorter distance, so it doesn't really bother me."

Although these safety protocols are in place, Borkovich also said there are precautions students can take when they see any main-

tenance vehicles driving through campus.

"One trend that we observe is that many of our students are walking around with earphones on and they're texting," Borkovich said. "They're shutting out the sights and sounds of campus. We really encourage pedestrians,

when you're going from building to building, turn the headphones off, put the phone down and pay attention to your surroundings."

Ferris Associate Vice President of Physical Plant Michael Hughes said students should use common sense when walking through campus.

"We have people that go across crosswalks or crossing streets without looking up," Hughes said. "Just people being aware of their surroundings and paying attention. Don't text and walk."

According to Hughes, it is ultimately the responsibility of both the Ferris faculty and students to be aware of their surroundings.

"People do need to understand the basic laws of physics," Hughes said. "You might have the right of way, but if you walk out in front of a car in the street, you're not going to win."



Michael Hughes

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LIFESTYLES

“It was like I solved the puzzle I had been trying to solve for years.”
- Axel Laurain - See below for story

Alicia Jaimes | Lifestyles Editor | jaimesa@ferris.edu

Solving the puzzle



Photo by: Megell Strayhorn | Multimedia Editor

Part of the American Welding Society, Ferris welding technology freshman Axel Laurain practices his welding techniques in his spare time.

A student's journey towards self-identification

Briana Hammontree
Torch Reporter

Pride Week can represent different things for different people — for some, it's learning about the LGBTQ community; for others, it's just another week of October.

For Ferris welding engineering technology freshman Axel Laurain, Pride Week is a time for remembrance and appreciation.

“The whole reason I'm allowed to be out, I'm allowed to use the men's locker room is because people before me have died for this. So, it's an amazing moment, but with so much weight,” Laurain said.

A transgender student, Laurain remembers growing up and struggling to fit into the norms of society's structured gender roles.

“For the longest time I faked being a girl. Someone would tell me to wear my hair down and I would do it. Any small comment someone would make, I would adjust my life to it just so I could pass as a real girl. And eventually I just got sick of it. I was like, ‘I can't keep living this life just because it's what others want,’” Laurain said.

Within that year, Laurain came out first to his friends, his sister and finally his parents.

He recalls cutting his hair short and his mother hating it, but in the end, he found the moment freeing as he started to finally feel and see himself as who he was supposed to be.

“It was like I solved the puzzle I had been trying to solve for years. And it just, like, gave me this whole gateway where I didn't feel trapped. There was a whole new world and I could push myself to be a better person that I wanted to be,” Laurain said.

Since attending Ferris, Laurain has become very involved in the Ferris community. He is a part of the Advocacy for Education of Gender Identity and Society (AEGIS), the Diverse Sexuality and Gender Alliance (DSA-GA), American Welding Society (AWS) and is a chorus member of the upcoming musical, “Mamma Mia.”

Laurain met many friends, including Ferris graphic design freshman Jax Palmer. Although the two hardly spoke, they were drawn to one another when they met during orientation.

“During Make S'More Friends, when I first started talking to Axel, I knew that I could trust him immediately and I knew he was going to be an impact on my life. And in many, many ways, I look up to

him,” Palmer said.

Like Laurain, Palmer is in the process of transitioning, and one of the first things Laurain did was help Palmer in choosing a new name.

Another friend of Laurain's, Ferris architectural technology freshman Peyton Dalpiaz, finds Pride Week as being an important time for people to educate themselves on the LGBTQ community.

“It's just something to not only help you become more informative, but it's also a good thing to know that you're not alone. Because this is something that is fairly new, as in being acceptable, so a lot of people still have that fear to come out, unfortunately,” Dalpiaz said.

For Laurain, Pride Week is more than just a week. It is a time that is a bittersweet, somber and an impactful part of history in the LGBTQ community. Because of this, Laurain spent Pride Week participating at a display table in hopes of informing students on gender, gender identity and the gender spectrum.



Axel Laurain



Peyton Dalpiaz



Jax Palmer

Far from home



Photo by: Kaitlyn Kirchner | Torch Photographer

Notice the symptoms of homesickness and remember that home is just a phone call away.

On your own, or not alone?

Holly Baker
Torch Reporter

While many students are nervous about their first time away from home, Ferris pre-nursing freshman Jess Smith is thankful she was plugged into the community due to events hosted by her Resident Advisors.

"I was lonely my first week of college, which made me miss my family a lot. I started going to the events that my dorm put on, and through those, I met some of the people that I am close to now. I try to approach and talk to people as much as I can," Smith said.

According to the Washington Post, about 58 percent of high school graduates go to college within 100 miles of home. However, many students struggle with the transition of being away at college.

The more students get involved in their community, the more they will realize other people are going through the same things they are.

Many Bulldogs traveled several hours to come to Ferris, leaving their family and friends behind in their hometowns. With the help of technology, students can call, text and FaceTime their families when they're in need of some extra love.

"Students could also have their family visit them. That way, they would bring a little bit of 'home' with them," Ferris hospitality junior Becky Pioch said.

Though there are ways for students to keep in touch with their loved ones, Ferris Birkam Health Counselor Mark VanLent encounters students with homesickness often.

"Close contact with family is important for mental health. Students should be calling their parents or sibling often. I am a big advocate of this," VanLent said.

While getting involved and making new friends is crucial for a student's growth, it is important for students to look after their mental health, as well.

"It's important for students to get involved. Students go through a phase of being infatuated with this new place and excited to be on their own, but most students have never been on their own before. It's a lot of pressure for a student," VanLent said.

If you are struggling with homesickness, contact the Birkam Health Counseling Center at (231) 591-5968.

PHASES OF MOVING TO A NEW PLACE

- 1. Honeymoon Phase -** Excited by all the changes of a new environment.
- 2. Difficult/Shock Phase -** Feeling nervous and uncertain; maybe experience physical symptoms; maybe feel lonely, missing the familiarity of home relationships; maybe want to withdraw; feel tearful/irritated/upset.
- 3. Recovery Phase -** Begin to feel OK.
- 4. Independence/Autonomy Phase -** Enthusiastic again and able to integrate new experiences as trust develops to function well in the new situation. This can be a time of energy and creativity with widened experience bringing fresh opportunities.



GET THROUGH HOMESICKNESS



- Make your room feel as much like a new home as you can. Make it lived in, but cared for.
- Value friends as you make them. Be open to potential friends, even though they won't replace the family and friends you miss.
- Talk to friends about how you feel. You are not alone.
- Give yourself permission to enjoy things where you are, even if you miss home a lot.
- Look after your physical well-being. Do not neglect yourself. Sleep, food and exercise are all important.
- Be realistic about when and to what extent you will feel better.

PHYSICAL AND EMOTIONAL SYMPTOMS

- ✓ Loss of concentration
- ✓ Disrupted menstrual cycle
- ✓ Crying and sadness
- ✓ Nausea, headaches or dizziness
- ✓ Difficulty in sleeping or eating
- ✓ Trembling and feeling either too hot or too cold
- ✓ Waves of emotion

The above information was found on warwick.ac.uk

Graphic by: Hannah Way | Production Assistant



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The Roaring Bulldogs

Feathers, flappers and jazz

Holly Baker
Torch Reporter

Halloween 2018 will go back to the 1920s, thanks to a Speakeasy Costume Party being held at the Old Jail in Big Rapids.

The party, hosted by honors history fraternity Phi Alpha Theta, will be 6 to 10 p.m. Thursday, Oct. 25. The party invites students for a night of music, dancing and '20s-inspired costumes.



Meg
Corner

"Our Halloween party will be on the top floor of the Old Jail. We wanted to do something that appeals to the masses, and we know from pop culture that people romanticize the 1920s. We decided that our Halloween party had to be speakeasy-themed," Ferris history senior and Phi Alpha Theta Secretary Meg Corner said.

Passionate about the past, Phi Alpha Theta is a democratic society that holds weekly meetings, goes to conferences and enjoys intelligent conversations about historical topics.

"We knew that we wanted to throw a Halloween party, and we voted on a lot of different ideas. We had so many ideas that we voted on, we even had a medieval party idea, but we thought that a 1920s party is something that a lot of college students would be attracted to," Ferris nursing senior Janina Clinton said.



Stephen
Bottke

All students are invited and encouraged to wear a "Great Gatsby"-themed costume, but any costume will do. The party will have dancing, mocktails and food. Ferris history and digital media junior Stephen Bottke is especially excited about the event.

"The price to get in is \$3 a person and \$5 a couple. I'm very excited for the party. I'm excited to get a group of people together and just hang out and have fun," Bottke said.

Party guests are requested to say the password, "Huey sent me," to be allowed into the party. For more information, contact Corner at cornerm@ferris.edu.

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Thursday, Oct. 25
6 - 10 p.m.

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Say "HUEY SENT ME" to be allowed in



Photo by: Taylor Davis | Torch Photographer

"Mamma Mia" cast members are all smiles as they rehearse their lines in preparation for opening night.

Perfecting their performance

"Mamma Mia" to take the stage in November

Marissa Russell
Interim Reporter

With about 80 students auditioning for every Ferris play, this fall's chosen cast will be performing the hit musical "Mamma Mia" this coming November.

"As a huge fan of musical theatre myself, I almost wish I wasn't in the show, just so that I could see it performed," Ferris secondary education sophomore Aaron Birdwell said.

Birdwell will be performing as Harry in the musical. Similar to the original movie, this musical will include songs from the second Mamma Mia movie, as well.

Rehearsing every weekday from 7 to 10 p.m., the cast spent their late nights reciting lines, working on choreography and perfecting their accents. The performance includes students with majors ranging from dental hygiene to environmental biology, and with both male and female roles.

"The cast is pretty female heavy, but the male roles in it are pretty prominent in that they're not just after thoughts. They're pretty well-developed characters," Birdwell said.

While there are many students who will take the stage come November, the show couldn't go on without the people behind the scenes working just as hard. Ferris environmental biology senior and Mamma Mia stage manager Amber Hubbard deals with the many important responsibilities.

"Without people like myself and the other crew members the show can't really go on," Hubbard said.

Whether they are on stage performing or in charge of props, lights and sound, these Bulldogs are preparing for a memorable opening night. Mamma Mia will be showing 7:30 p.m. Thursday, Nov. 1 through Saturday, Nov. 3, and at 2:30 p.m. Sunday, Nov. 4, at Williams Auditorium. Tickets will be \$5 for students.

MAMMA MIA!
THEATRE

Date: Thursday, Nov. 1 - Sunday, Nov. 4
Time: 7:30 p.m. Thursday - Saturday, 2:30 p.m. Sunday
Location: Williams Auditorium
Price: \$5 per student

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Graphic by: Hannah Way | Production Assistant

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SPORTS

"A close group of guys away from the rink are likely to perform better in games."
- Dominic Lutz - See page 11 for story

Brendan Samuels | Sports Editor | samuelb1@ferris.edu

The bone stays anchored



Photos by: Megell Strayhorn | Multimedia Editor



The Ferris football team earned a hard-fought victory over the Grand Valley State Lakers, taking home the Anchor-Bone Classic trophy with a 35-31 win.

Anchor-Bone trophy remains with the Bulldogs

Brendan Samuels and Mollie Hamelund
Sports Editor and Torch Reporter

Five minutes were left in the fourth quarter of Ferris football's annual rivalry game with Grand Valley State University (GVSU) when Ferris head coach Tony Annese reached into his bag of tricks.

Ferris junior quarterback Jayru Campbell tossed the ball to Ferris junior receiver Jevon Shaw on an apparent run. Shaw didn't run, though. He quickly looked to his left where Campbell stood ready to deliver a fatal blow.

Shaw cocked his arm back, found Campbell and delivered a 31-yard dagger in what would be the difference in the Bulldogs' 35-31 victory.

Although fans may have been excited to see the rivalry pan out in favor of the Bulldogs, Annese wasn't impressed.

"It's one win," Annese said. "You're not going to get me too excited about this win for sure."

The Bulldogs had a slow start to the rivalry game Sat-

urday, Oct. 13, as they allowed the Lakers to jump out to a 10-0 lead in the first quarter. The Bulldogs attempted to strike back quickly but were left scoreless in the first.

The second quarter saw Ferris' offense come alive. Campbell was determined to chip away at the lead, connecting with Ferris senior receiver Keyondre Craig on a 15-yard touchdown pass. The Bulldogs weren't happy trailing by three, so Campbell rushed the ball into the endzone on the next drive to give the Bulldogs their first lead of the game.

GVSU found the endzone one final time in the second quarter to give them a 17-14 lead heading into halftime.

The Lakers scored first in the second half, but the Bulldogs came back quickly with an 80-yard touchdown pass to Ferris redshirt freshman receiver Sy Barnett to cut the Lakers' lead to just three points.

GVSU looked like they were on a roll, quickly rushing down the field on their next possession. The Bulldogs' defense put an end to it with a pick-six for Ferris junior linebacker Delon Stephenson, bringing the Bulldogs in with a 28-24 lead go-



Tony Annese

ing into the fourth quarter.

"For the most part, it's risk-reward when you pass," Annese said. "[GVSU quarterback Bart Williams] made a lot of plays. The receivers made a ton of plays, but you also have opportunities for a pick-six and some interceptions, so that was key."

With the Lakers driving down the field looking to overcome the 35-31 deficit, Stephenson delivered a fatal blow with

his second interception of the game, clinching the victory for the Dawgs.

The huge victory over the nation's No. 2 ranked team gives the Bulldogs a 7-0 record on the year.

Ferris will be back in action when they take on the Saginaw Valley State University Cardinals 1 p.m. Saturday, Oct. 20, at the Cardinals' Harvey Randall Wickes Memorial Stadium.

Ice, ice baby



Photo by: Kaitlyn Kirchner | Torch Photographer

Ferris senior forward Corey Mackin prepares for a face-off in the Bulldogs' 3-1 victory over the U.S. Under-18 team.



THIS WEEKEND'S SPORTS FOR FERRIS

Friday, Oct. 19:

- Women's soccer vs. GVSU at 4 p.m.
- Men's Basketball vs. Grand Rapids CC at 7 p.m.
- Hockey vs. Mercyhurst (Pennsylvania) at 7:07 p.m.

Saturday, Oct. 20:

- Men's & Women's Cross Country at Wayne State D2 Invitational
- Women's Tennis at Northwood at 10 a.m.
- Football at SVSU at 1 p.m.
- Women's Volleyball vs. Northwood at 3 p.m.
- Hockey vs. Mercyhurst (Pennsylvania) at 7:07 p.m.

Sunday, Oct. 21:

- Women's Tennis at SVSU at 10 a.m.
- Women's Soccer vs. Davenport at noon
- Men's Basketball Alumni Game at 3 p.m.

Bulldog hockey produces mixed bag in early season

Danny Collins
Torch Reporter

Fire up the Zamboni, because Ferris hockey is back. The Bulldogs opened their 2018-19 season with two exhibition games against the U.S. Under-18 team Saturday, Oct. 6, and the University of Lethbridge Sunday, Oct. 7.

Ferris began with a 3-1 victory over some of the nation's top prospects in their matchup with the U.S. Under-18 team.

Momentum then carried into their matchup with the University of Lethbridge, as the Bulldogs rolled to a 5-2 victory.

"Early season cohesion is huge for our team. We've had a tight-knit team since August. With a good mixture of older and younger guys, our main goal is to just get better day in and day out, and put ourselves in a position at the end of the year to be playing for a championship," Ferris junior forward Jasen Fernsler said.

The exhibition contests were a huge start for the Bulldogs to build confidence in a team that struggled a year ago.

"I feel like it is noticeable when a team is close with one another, and it reflects on the ice. A close group of guys away from the rink are likely to perform better in games," Ferris junior forward Dominic Lutz said. "Getting to know each other and becoming comfort-

able early in the season definitely helps the team find success."

However, it seems confidence wasn't enough to propel the Bulldogs to a winning record when they took on Western Michigan University Friday, Oct. 12, and Saturday, Oct. 13.

The No. 18 nationally ranked Western Michigan University Broncos struck the Bulldogs quickly and steadily, recording four goals in the first period of Friday's matchup before the Bulldogs came back but ultimately lost 4-3.

"We didn't play great," Ferris hockey head coach Bob Daniels said. "Western Michigan playing Bowling Green Tuesday last week was probably really good preparation. While we had good prep playing the development team, it was still different."

Hoping to regroup and recover for Saturday, the Bulldogs headed to Kalamazoo. The Broncos once again rattled the Bulldogs, shutting them out with a score of 5-0.

Ferris played poorly on the defensive end in both games, allowing the Broncos to score with ease. Another problem was the penalty box, as the Bulldogs spent nearly an entire period short-handed on Saturday night.

The Bulldogs will be back in action this weekend as they get set to host Mercyhurst University (Pennsylvania) in the Ewigen Ice Arena 7:07 p.m. Friday, Oct. 19.

Keep it rolling

Ferris women's soccer remains undefeated in conference play

Mollie Hamelund
Torch Reporter

The Ferris women's soccer team kept full steam ahead this week as they came out on top in a pair of GLIAC matchups.

The Bulldogs defeated Tiffin University (Ohio) 4-0 Wednesday, Oct. 10, on the back of an outstanding performance by Ferris freshman forward Pia Nagel.

Not only did Ferris get the win, but they set a school record for the most consecutive games without a loss, as they have not lost in 13 games.

In the matchup with Tiffin, Nagel recorded two goals and managed to set an all-time school record in the process, marking her fifth game-winning goal of the year.

Nagel and Ferris senior defender Carley Dubbert have been no stranger to goals this year, as they sit atop Ferris' depth chart with the most goals scored. Nagel has netted seven, while Dubbert is right on

her tail with six.

"No matter if we win or lose, each game we can look back and evaluate what we need to improve on," Dubbert said. "We want to keep improving as the season goes on."

The Bulldogs continued their dominance on Senior Day Sunday, Oct. 14, defeating Northwood University 4-1.

Finding the back of the net yet again were Nagel and Dubbert. Ferris junior forward Morgan Irwin and sophomore forward Mackenzie Dawes also managed to score.

Winning has been a common theme for the Bulldogs this year, as the soccer team is currently 12-1-2 and unbeaten in GLIAC play.

The Bulldogs have scored a total of 37 goals in the 15 games and have outshot their opponents 326

to 130.

Ferris junior goalkeeper Alison Chesterfield has started six games, and her record remains unblemished at 6-0. Chesterfield has had three shutouts this season and has racked up a total of 29 saves.

"The girls in our back-line work so well together and work so well off each other. We can always rely on them to know what their role is when they step on the field," Chesterfield said. "Our defending starts with our forwards and works all the way back to whoever is in goal. No matter who is on the field, everyone gives their all because we know how bad we all want this".

Ferris women's soccer will face rival Grand Valley State University at home 4 p.m. Friday, Oct. 19.



Carley Dubbert



Alison Chesterfield

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FERRIS STATE UNIVERSITY

FERRIS FANTASY FOOTBALL

Team Torch is back with a vengeance!

After an awful week of picks last week by yours truly, Team Torch was able to rally this week and pull out a 108-104 victory over Ferris, bringing the score to 3-3 on the year.

As usual, the pros posted consistent numbers, which is expected since they get handed multi-million dollar deals to do so.

Shout-out to Chicago Bears' quarterback Mitch Trubisky and Philadelphia Eagles' receiver Alshon Jeffrey for their great performances. I couldn't have done it without you boys.

Flipping the script, how about the valiant effort from the Bulldogs?

Ferris junior quarterback Jayru Campbell did just about everything but kick the ball in the Bulldogs' 35-31 defeat of rival Grand Valley State University. Campbell threw for 229 yards and two touchdowns, adding 101 yards and a touchdown on the ground. He even found himself on the receiving end of a touchdown when Ferris junior receiver Jevon Shaw tossed a pass on a trick play.

While he blew up the stat sheet, Campbell was uncharacteristically inaccurate, completing just seven of 21 passes and throwing his second interception of the year, an abnormality for the nation's most efficient passer.

Ferris redshirt freshman Sy Barnett continues to solidify himself as Campbell's go-to target, as he hauled in three passes for 118 yards and a touchdown. Barnett has now gone over 100 yards receiving for three-straight weeks, landing him at No. 5 in the GLIAC in receiving yardage.

Barnett has really stepped up, filling the role that Ferris senior receiver Malik Taylor did last year. Speaking of Taylor, should we send out a search party? The man has played four games this year, but only has one (yes, one) reception.

The Bulldogs are really missing Wyatt Ford right about now. While Ferris was able to bring home the Anchor-Bone Classic, the game wouldn't have been as close had Ferris junior kicker Jackson Dieterle hit on his two missed field goal attempts.

Look, I know Ferris junior receiver Dion Earls is far from the typical tight-end with his 5-foot-8 frame, but until Ferris head coach Tony Annese decides to utilize the position, this is what we'll have to live with.

Ferris now stands at 7-0 overall with their eyes on an undefeated season. The road there will be bumpy, however, as they must face Saginaw Valley State Uni-



Brendan Samuels
Sports Editor

versity (SVSU) and Davenport University (DU) over their final four games of the regular season.

Both SVSU and DU are locked in a four-way tie for second in the GLIAC behind the 5-0 Bulldogs.

Ferris will travel to Saginaw 1 p.m. Saturday, Oct. 20, to take on the SVSU Cardinals.

QB - Matthew Stafford - Detroit Lions: Stafford has an absolute cannon for an arm but has not shown it off yet this year. Coming off a bye week, he'll be looking to sling the ball around the field.

RB1 - Melvin Gordon - Los Angeles Chargers: Gordon has lightning quick speed, coincidentally he plays for a team that has a lightning bolt as its logo.

RB2 - Phillip Lindsay - Denver Broncos: Lindsay has been a bit of a surprise for the Broncos, but he currently leads them in rushing and has a chance to embarrass the Arizona Cardinals.

WR1 - Jordan Matthews - Philadelphia Eagles: Matthews was added to the Eagles' roster just a few weeks ago, but he has already become one of Carson Wentz's most trusted targets.

WR2 - Adam Thielen - Minnesota Vikings: Thielen is severely underrated as a receiver. He has 100 yards receiving in all six games the Vikings have played this year.

TE - Eric Ebron - Indianapolis Colts: Ebron has finally come into his own with his new team in the Colts. Let's see if he can rack up yards.

D/ST - Cleveland Browns: The Browns are no longer the laughing stock of the NFL thanks in part to Myles Garrett and the play of their young defense.

K - Jason Myers - New York Jets: Myers isn't a household name, but he just might be after his team plays a stingy Vikings defense. Myers will likely be the sole scorer for the Jets in this one.

FLEX - Sony Michele - New England Patriots: Michele is an explosive rookie that can catch passes out of the back field but also run between the tackles. Look for an extended role for him this Sunday to keep Khalil Mack and the Chicago Bears on their heels.

Nearly perfect

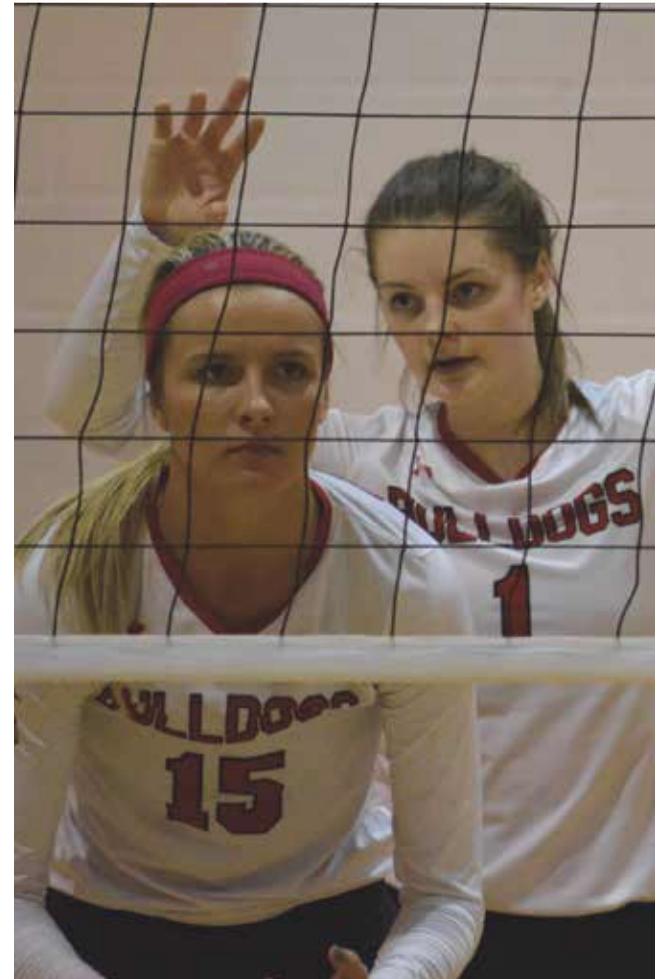


Photo by: Samantha Cavotta | Torch Photographer

Ferris junior middle hitter Mekayla Carey and Ferris junior setter Maeve Grimes prepare for an important set.

Bulldogs continue to impress in regular season home stretch

Michael Reedy
Torch Reporter

Ferris volleyball continued their winning ways over the weekend, going 2-1 in the Midwest Region Crossover in Indianapolis, Indiana.

The Bulldogs headed into the weekend as the No. 5 nationally ranked squad behind accomplished Ferris head coach Tia Brandel-Wilhelm.

Brandel-Wilhelm's team faced skilled teams Friday, Oct. 12, in the Findlay Oilers (Ohio) and Indianapolis Greyhounds. A tough Findlay team forced five sets against the Bulldogs, ultimately falling 3-2, while Indianapolis only lasted four sets before the Bulldogs took care of business and won 3-1.

Saturday, Oct. 13, saw the Bulldogs matchup against No. 12 nationally ranked Drury University (Missouri). The Bulldogs battled back from a 2-1 deficit to force a fifth set where they fell with a final score of 15-11.

During those five sets, Ferris sophomore outside hitter Katie O'Connell led the Bulldogs with 24 kills along with 12 digs. O'Connell led the Bulldogs in kills on the weekend with a total of 51 kills.

"You find that the results from the Crossover play is very strongly in the committee's decision as to who goes to regional competition for the NCAA," Brandel-Wilhelm said. "We're fortunate because we're playing three really strong teams, so it will really help our strength in schedule rankings within the region."



The Ferris volleyball team now has an overall record of 18-4, where they remain unbeaten in GLIAC play at 11-0.

The Bulldogs are on pace to win their fifth straight regular-season GLIAC title with help from Ferris junior outside hitter Allyson Cappel, who has 281 kills so far in the 2018-19 season. Ferris junior hitter Maeve Grimes also plays a vital role for the Bulldogs, having contributed 917 assists out of the team's total of 1,066.

The Bulldogs are back home 3 p.m. Saturday, Oct. 20, to take on the Northwood University Timberwolves.

TEAM TORCH BOX SCORE

Position	Player	Points
QB	Mitch Trubisky	27
RB1	Carlos Hyde	3
RB2	Derrick Henry	4
WR1	Alshon Jeffrey	27
WR2	Mike Evans	10
TE	Kyle Rudolph	8
FLEX	Josh Gordon	9
D	Seattle Seahawks	17
K	Graham Gano	3
Total:		108

FERRIS STATE BOX SCORE

Position	Player	Points
QB	Jayru Campbell	39
RB1	Marvin Campbell	2
RB2	Derrick Portis	1
WR1	Sy Barnett	20
WR2	Keyondre Craig	8
TE	Dion Earls	12
FLEX	Jevon Shaw	16
D	Ferris State	12
K	Jackson Dieterle	5
Total:		104

Sports Shorts

Danny Collins
Torch Reporter

Heart of conference play

The Ferris women's tennis team returned to GLAC play Saturday, Oct. 13, and Sunday, Oct. 14, and split a pair of contests in Big Rapids with a 6-1 loss against the Wayne State Warriors and a 7-0 win against Ashland University.

Wayne State dominated the majority of Saturday, taking two out of three doubles' matches and won the top five singles' contests.

The only win on the day for the Bulldogs in doubles' play came when Ferris freshman Sam Stephenson and Ferris senior Nicole Meylor finished with a 6-3 victory in the third flight.

Meylor also earned a singles' victory with a 6-3 win at six singles.

On Sunday, the Bulldogs bounced back in impressive fashion against the Ashland Eagles. They swept the doubles' round on the afternoon and all of the singles' flights.

The team improved to 3-4 overall on the season with the victory. The win also ended the three-match losing streak for the squad.

The team will return to GLIAC play against the Northwood Timberwolves Saturday, Oct. 20, in Midland, and Sunday, Oct. 21, at Saginaw Valley State University. Both matches begin at 10 a.m.

2018 Beall Fall Classic

The Ferris women's golf team competed in the 2018 Beall Fall Classic Sunday, Oct. 7, hosted by the University of Findlay (Ohio), finishing with a 10th place mark.

The Bulldogs shot a 651 total for the weekend, with a 321 on Sunday and a 330 on the last 18 holes on Monday.

Ferris freshman Mackenzie Dale led the Bulldogs, finishing in 23rd place for the event with a 158 score. Dale shot 79s on both days of the competition.

Ferris junior Mari Suokko finished tied for 27th place at Findlay with a 159 total score over the two-day event.

The Bulldogs will conclude their fall schedule Monday, Oct. 22, as the team gets set to travel to Nashville, Tennessee, to compete in the 2018 Music City Invitational.



Top Dawg

Pia Nagel

Photo by: Megell Strayhorn | Multimedia Editor

Mollie Hamelund
Torch Reporter

A busy weekend in Ferris sports made it challenging to choose just one Top Dawg, but this week's award is heading to the women's soccer team.

Ferris freshman forward Pia Nagel has been unstoppable since the start of the year. Nagel has dominated the field for the Bulldogs, bringing in goals and assists to lead the Bulldogs to first in their conference.

The German native has brought her talents to the Bulldogs just this year and has already collected 41 shots so far this season, with 27 of them being on goal. Nagel has found the back of the net eight times, the most for any Ferris player this year. Nagel isn't only interested in scoring goals, but also with setting up her teammates, as she has two assists on the year, as well.

Nagel's most impressive game thus far came in the Bulldogs' matchup with the Tiffin Dragons (Ohio) Friday, Oct. 12. Nagel took control of the game in the first minute of play, recording a goal assisted by Ferris sophomore forward Mackenzie Dawes.

Nagel scored once more in the game, finding the back of the net in the 37th minute of play assisted by Ferris sophomore midfielder Kira Budzynski. The Bulldogs added two more goals in the game to make it a 4-0 victory.

During the victory, Nagel broke the all-time school record for getting the most game-winning goals in one season with her fifth of the year. Having started every game this season, Nagel has been a big part of the Bulldogs' success.

Adding to her season total, Nagel found the net Sunday, Oct. 14, when the Bulldogs took on Northwood University for Senior Day.

The team has now won three consecutive matches and has yet to be beaten in the conference, standing at 12-1-2 overall record with a 5-0-2 record in the GLIAC.

With just four games remaining in the regular season, the Bulldogs have their eyes set on rival Grand Valley State University. The Bulldogs will take on the Lakers at home 4 p.m. Friday, Oct. 19.

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Chat with the chief Editor in Chief, Megan Lewton

It's common sense that workers should be paid for their services, and in most situations, people are entirely accepting of this.

However, when it comes to artists, I've found this to not always be the case.

I've been practicing art within digital media for about four years now, both through classes and for fun, at an amateur level. Although I don't produce art for money, I know a lot of people at Ferris who are ridiculously artistic and use their skills to generate profit. I have friends who are jaw-droppingly talented at graphic design and video editing. I know people who can draw beautiful, intricate sketches with ease. I have another friend who is such a good singer, and hearing him perform gives me chills.

er, and hearing him perform gives me chills.

Because I've worked on art projects in the past, even at a beginner level, I know that creating art takes a lot of time and effort. A great project isn't created overnight.

Unfortunately, a lot of people don't recognize this, and they try to take advantage of their artistic friends for their personal benefit. They'll ask artists, especially young ones, for a discounted or free product, simply because they're acquainted. Also, some people can be apprehensive to pay up-and-coming artists because they're unsure if they will produce quality pieces.

It's frustrating to see young creators being taken advantage of and producing quality work without proper recognition. If you are asking for a talented, experienced artist to create something for you, whether it's photography, a drawing or a musical performance, you should expect to give them at least some credit for the tireless work they put into it.

Art and soul

Some creators will work for free to help build their portfolio, especially if they're generating art for loved ones. However, one cannot assume an artist will work such an extensive amount without pay. It's rude and unfair.

Before you hire an artist, ask for their wages, so you know exactly what to expect. If an artist offers to work for free, you could always

tip them to recognize their effort and skill. At the very least, tell your friends about their work and give them credit for it if you post it online.

Sometimes, people take advantage of the fact that college artists are still learning and perfecting their craft, and hope they will do it for free simply for the practice. However, everyone uses their talents, if they can, to make money. A lot of Bulldogs utilize their artistic abilities on campus to help pay the bills. Creating art is their job.

You probably wouldn't demand a free service from your mechanic, or your hairdresser, or your waiter. So, why would you demand it from artists?

I hate you, don't leave me

My struggle with a misunderstood disorder



Kaitlyn Kirchner
Torch Photographer

Hello and welcome back to the distorted reality of my mind. If you read my previous piece 'All heart but no hope,' then you are in the right place for my follow-up. If you didn't read it, I encourage you to. I am very open about my mental health and I want to use my words to remind those of us struggling that you are not alone.

Since I wrote that last piece, much has happened. I was in the emergency room for a couple of hours because I could no longer calm myself down and I knew that I needed to get help then and there. I spoke with a social worker at Spectrum Health in Big Rapids, who put me in contact with Pine Rest Christian Mental Health Services (Pine Rest, for short) and sent me home for the night.

I called Pine Rest and inquired about a program they offer called the Partial Hospitalization Program. They provide programs for adults as well as adolescents. It's an intensive treatment during the day, but you can go home at night. They offer both inpatient and outpatient services, as well. I forced myself to go because I don't know what would happen if I didn't.

So, I went. The first day was a whirlwind of appointments with nurses, case managers, psychiatrists and the like. I had to explain to every one of them why I was there. It was exhausting, and quite frankly, a little terrifying. However, a part of me knew that this experience would be a good one.

My gut instinct was right. The days were packed with classes, group therapy and medication management. The first two days were very nerve-wracking, but the more time I spent there, the more I could feel myself relax-

ing and taking in the atmosphere. I felt at home with these people. They knew what I was going through. They understood.

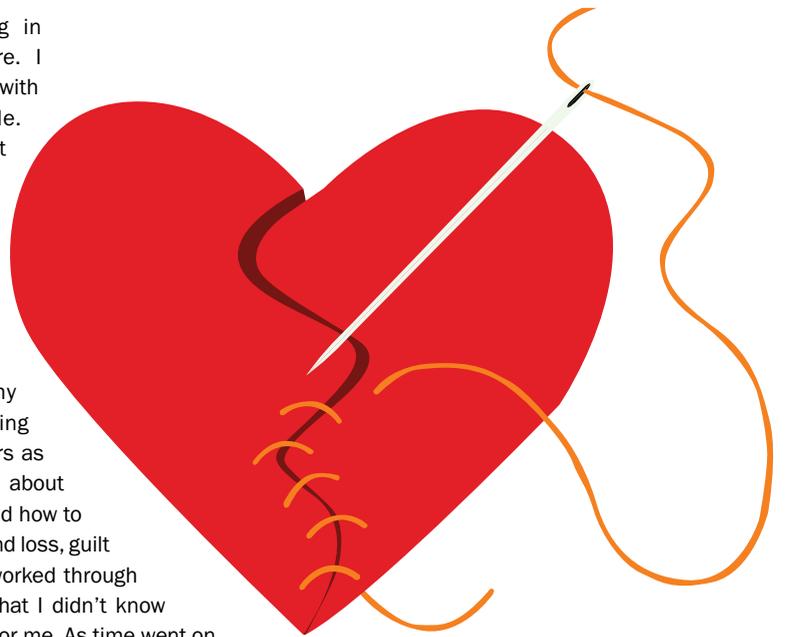
I spent five days there. Every day I could feel the weight of my struggles lifting off my shoulders as they taught us about mindfulness and how to manage grief and loss, guilt and shame. I worked through some trauma that I didn't know was traumatic for me. As time went on, I better understood myself and my habits.

I got my diagnosis, and everything started to fall into place. I have Major Depressive Disorder and Borderline Personality Disorder. Reading through the symptoms of BPD, everything started to make sense.

I understood why I was sabotaging relationships and friendships alike: I alternated between clinging to those I loved and pushing them away. I realized why little things sent me into a screaming fit, and why major life happenings seemed so insignificant to me. It made sense why I could alternate between aspects of my personality at the drop of a hat.

I encourage you to do some research on Borderline Personality Disorder — it is more common than people think. It will help you better understand not only me, but possibly loved ones in your life.

Five days at Pine Rest went by, and I made incredible progress. I am more able to be in the moment and cut myself some slack. I learned that I have worth because I exist. Everyone has



Graphic by: Sarah Massey | Production Manager

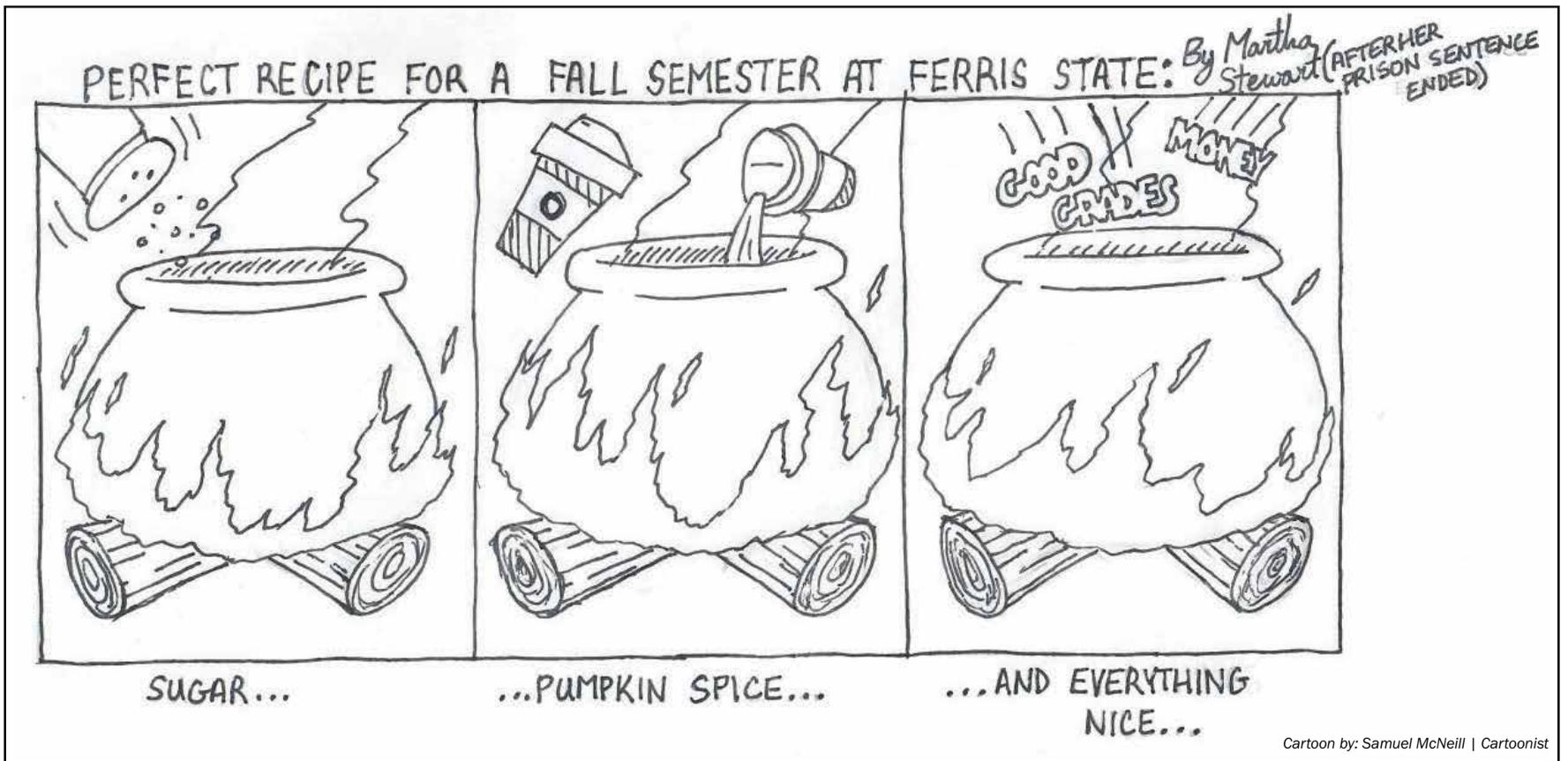
worth because they are. It's that simple.

I'm not recovered; I will make mistakes; I will relapse; I will struggle. But I will get back up again, I will focus on myself, and I will push through the things in my way because I am capable.

If you are struggling, I beg you to reach out to loved ones you trust or to the Personal Counseling Center on campus. Go to the hospital if you need to, call Pine Rest if you need to, call the suicide hotline at (800) 273-8255 if you have no one else.

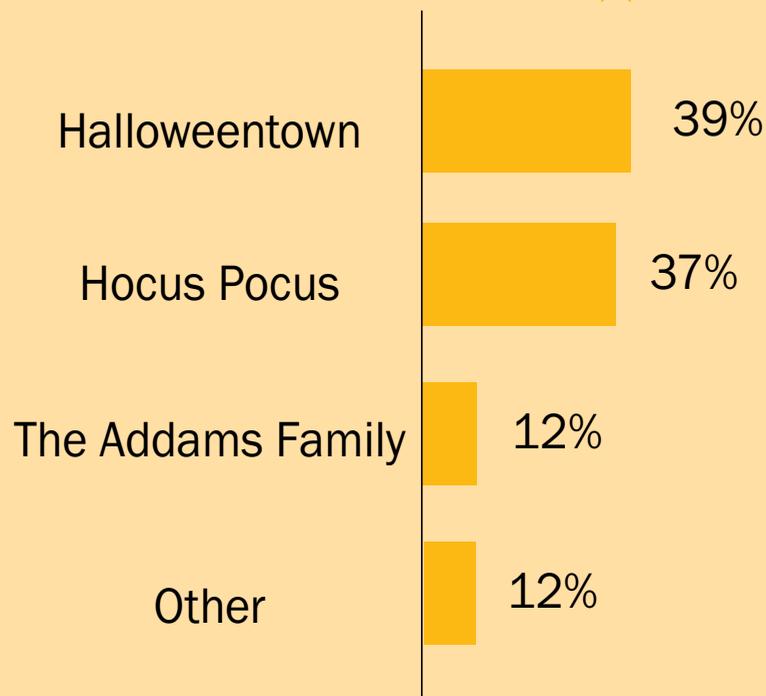
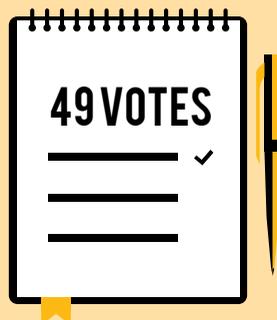
You have me, though. Feel free to even reach out to me if you have no one else to talk to. I'd be more than happy to speak with you about my struggles and my time at Pine Rest.

You are not alone. We know how you feel. We understand. You are capable. You are worthy of love because you exist.



TORCH POLL RESULTS

What is your favorite Halloween movie?



Stay updated on campus news by liking us on Facebook or following us on Twitter



TUNE INTO OUR WEEKLY PODCAST WITH ZACH SCHILDHOUSE

The Torchcast can be found on our website, Facebook page and YouTube channel

FLITE: Ferris Library for Increasing Tracts of Emptiness

How to kill a Ferris landmark



Jonny Parshall
Copy Editor

I love our library, do not get me wrong. It is a beautiful building with five floors of numerous invaluable resources for young (and old) minds hellbent on honing their educations. That said, our library is facing a severe problem: books.

That might sound a notch odd. How can a library's biggest problem be its books? Well, the books themselves are just fine. It's the number of books that is the problem, and most importantly, how that amount is frighteningly small and dwindling.

Last spring, the Ferris Library for Information, Technology and Education (FLITE) began the process of installing the new writing center on the library's ground floor. And it turned out great. The center is beautiful, resourceful and more popular than ever. Except that space was previously occupied by books of history, geography and political sciences. So, where did they go?

I needed several books for a class project, and the online FLITE catalog claimed they were in the "first floor main stacks" (you know, the ones that no longer exist). The FLITE floor maps stationed throughout the building reiterated this redundant information. So, I did what I loathe most: I asked for help from a library assistant. They informed me those particular books had been moved to the third floor with the other "main stacks."

Upstairs, something didn't add up. The sheer difference in floor space was the first clue. There was no way all of the books from the first floor were crammed into the available space above. Something was missing.

It turns out a lot was missing. After some digging, I learned FLITE had reduced its history and humanities book collection by a staggering number. The exact number I know not, but I know its somewhere in the high

hundreds, maybe even low thousands. A list circulated by several faculty members mentioned books that were planned to be removed, but did not confirm their exact status.

These books were not removed to make way for newer books on the same topics. They were not categorized by the expertise of the authors in their fields. They were merely judged by how often they were checked out, like some middle school library, and then removed to make space. Which brings me to my next point.

Why weren't we notified of this? By "we" I mean the students, a.k.a., the library's primary and intended patrons. I do not recall getting that email. I believe a major change like this should be brought to the students' attention, and maybe even offer us a say in the matter. They made no announcement as to what happened to these books; they just made them "disappear" like some sort of questionable Russian diplomat. Donated? Dumpstered? Burned to heat the homes of recently impoverished faculty? Rumor has it, there are some books stored away in a broom closet somewhere. I wish I made that up. Sometimes, no news is bad news.

Long story short, I recently checked 46 books out for an upcoming paper. Yeah, I'm one of "those" asshole students. Of those 46, only four were from FLITE. The other 42 were drawn from other college and university libraries using the Michigan eLibrary inter-library loan system (MeL) — an AMAZING resource. Use it! I mean, you have to now.

It is only a matter of time before FLITE becomes a ghost town fit just for hustlers, rustlers and the odd bit of tumbleweed. No, thank you.

Welcome home.



FERRISHOUSING



Save the Dates

Oct. 27

Blues & BBQ Tailgate

Ferris State Bulldogs vs. Wayne State Warriors



Residents and meal plan holders get a free shirt

Nov. 14

Early Contracting Kickoff

sign your housing contract • choose a meal plan • get free stuff

Let's eat



FERRISDINING



What's New?

MyBulldog Card portal

ferris.edu/mybulldogcard

- Add bulldog bucks with a credit card
- Check balances for Bulldog Bucks, Express Meals, and guest meals.

Welcome Pepsi to Campus



Grill Pit

re-opening soon with self-service kiosk and online ordering.

Coming this fall to the IRC connector

Erbert & Gerbert's Sandwich Shop and IRC Express Proudly Serving Starbucks.



Use your Bulldog Bucks at:



GRILL PIT

