

HERE'S WHAT'S INSIDE

A CROWNING ACHIEVEMENT

Ferris hospitality management senior Taya Treiber was crowned as the 2018 Homecoming Royalty winner.

NEWS | PAGE 2

FALL FASHION AT FERRIS

Read about this year's fall fashion trends and how to shop on a budget.

LIFESTYLES | PAGE 8

Hungry on homecoming



Bulldogs ate up yardage to 28-21 victory over Ashland

Brendan Samuels

Sports Editor

The Ferris football team scored three third-quarter touchdowns to lead them to a 28-21 homecoming victory over the Ashland Eagles Saturday, Sept. 29.

The day started out slow for both the Eagles and Bulldogs, as neither team scored on their first four drives, nearly leading to a scoreless half.

"It was a grind," Ferris football head coach Tony Annese said. "I'm just relieved that we were able to get Ashland. They play us tough. For some reason, they're that team that's a thorn in our side and I feel relieved that we got a W against them on homecoming."

Ashland found the endzone first, striking on a five-yard run by Ashland redshirt junior Luke Ogi. Ferris junior quarterback Jayru Campbell struck back quickly, however, finding Ferris redshirt freshman receiver Sy Barnett for a six-yard touchdown pass. The two teams headed to half knotted up at 7-7

"The first one was just the Jayru and I connection," Barnett said. "I

Barnett

think he has that trust in the goal-line fade ball. We talk every single day and it shows our connection on the field."

The Bulldogs came out of

the second half ready to dominate, as Campbell connected with Barnett for another touchdown, giving Ferris their first lead of the day. Ferris would go on to score three unanswered touchdowns before the Eagles made a fourth-quarter comeback, but ultimately fell short.

Campbell and Barnett were the stars of the day. Campbell led the Bulldogs in rushing with 131 yards and passing with 263 yards, adding three total touchdowns as well. Barnett was on the opposite end of two of those

touchdowns, also adding 129 yards on seven receptions.

Apart from Barnett's impact on the passing game, he also made an impact in the punt game, kicking a ball deep and pinning Ashland's offense at the one-yardline.

Annese spoke to how versatile Barnett is, hinting that the Bulldogs have a playbook that re-



Tony Annese

the young receiver, including Barnett's crucial punt.

"I just try

volves around

to add to our repertoire of 'Sy plays,'" Annese said. "We've got a few different

little things we do, Sy-cho was that one. We've got Sy-chology. There's like 20 to 25 more. We'll break them out later."

Ferris' offense was not the only squad to show up. The Bulldogs' defense held the Eagles at bay for most of the game, giving up just seven points until the fourth quarter. Ferris junior linebacker Delon Stephenson made a tone-setting play for the defense, with a pick six in the third quarter.

"I was just doing my assignment like every play," Stephenson said. "I was just hustling to the ball, because you never know what's going to happen when you hustle. It just so happened that Najeem had deflected it and it fell right into my legs, and I picked it up and ran it in to a touchdown."

The Bulldogs are now 5-0 overall, with a 3-0 record in GLIAC play.

It's a tight race for sole possession of the GLIAC, as Grand Valley State University, Davenport University and Saginaw Valley State University all remain undefeated as well, creating a four-way tie for the conference lead.

Ferris will be back in action at Fifth Third Ballpark in Comstock Park 2 p.m. Saturday, Oct. 6, when they take on the Michigan Tech Huskies.

Photo by: Samantha Cavotta | Torch Photographe

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NEWS

"What you do or don't do matters." - Kaitlin Zies - See below for story

Cora Hall | News Editor | hallc36@ferris.edu

A crowning achievement

Ferris senior Taya Treiber received homecoming honor

Dan Deitsch

Torch Reporter

Homecoming festivities were in full swing Saturday, Sept. 29, when Ferris hospitality management senior Taya Treiber was crowned at Top Taggart Field.

Treiber said she decided to run for homecoming royalty to represent what Ferris has to offer and get the chance to be a bigger part of the community.

"I wanted a chance to represent the community and be more involved in it," Treiber said. "I really love the word 'community', because I feel like everyone [at Ferris] knows each other in some way."

Working with her fellow court members was one of Treiber's favorite parts of the experience.

"I loved it," Treiber said. "Everyone on the home-coming committee, all of the finalists, we're such good friends."

Treiber will have several duties to fulfill as the elected homecoming royalty, including the opportunity to speak to students in freshmen seminar classes during the semester and work with Entertainment Unlimited as the host for various events throughout the rest of the year.

The 2018 Torchbearer Awards Ceremony will also be hosted by Treiber, which is held at the end of the spring semester. She will return to Ferris next year for the 2019 Homecoming Parade to see off next year's Homecoming Royalty.

After graduation, Treiber said she hopes to work in her field of hospitality management working in various hotels or cruise ships.

Treiber expressed her gratitude for her experience at Ferris and receiving the royalty honor.

"I'm just really grateful to be here," Treiber said. "Everyone should know it's easy to work hard and get where you want to be."



Photo by: Samantha Cavotta | Torch Photographer

Homecoming Royalty Taya Treiber flashes a smile after receiving her crown on Top Taggart Saturday, Sept. 29. Treiber was one out of eight candidates running this year.

Be the change

Landry Shorkey

Torch Reporter

Every Ferris student has the potential to make a big impact with a small action.

The first in a series of Active Bystander Training seminars took place Tuesday, Sept. 25, in the University Center, and included valuable information about how to be an active bystander when potentially bad situations occur.

"We spend a tremendous amount of time in our community and on our campuses, and one thing about being on a college campus is that there is almost always somebody else around. When we look at sexual violence, alcohol abuse, mental health crises ... generally there is somebody else who is seeing this and at least looking at what's happening," Ferris Assistant Director of Student Conduct Kaitlin Zies said.

The goal of the event was to educate students about the bystander effect and teach them a variety of ways to intervene during situations where an individual needs help.

"The bystander effect really focuses on ... research, that the more people who are around and are observing something that happened, the less likely that somebody is to report," Zies said.

To offset the bystander effect, there are five decision-making steps that can be implemented, which include: notice the event, interpret the event, assume responsibility, know how to help and step up.

Some students found this method to be helpful.

"You can use it for multiple things ... if you see a different fraternity or a different organization that's hazing, or someone that's very drunk, there's multiple steps we

can use to help protect that person and then prevent them from having an awkward situation or something cause damage," Ferris business administration senior Brett LaMere said.

The event was part of the Step Up! program, which aims to teach students how to be proactive when helping others. Members of Step Up! have previously presented to Ferris classes and registered student organizations, as well as being involved with Greek life and the Communication, Choices and Consent program.

"The main importance of the material is that we can learn how to delegate and distract, and just use simple methods in any situation that we need to," Ferris construction management junior Jeremiah Hoover said.

By following the steps provided at the training, students can make an impact during situations involving sexual assault, alcohol abuse, substance abuse, discrimination, hazing and more.

"I think the most important thing is to take the first step and literally step up. You can't follow any of the steps if you don't take that first piece and get in there, and make sure that if you see a situation going on, that you are doing your best to handle it and not waiting for somebody else to try to take care of it," Ferris information security and intelligence senior Mitch Manson said.

Students interested in learning more can attend one of the upcoming training events occurring throughout the academic year, or visit ferris.edu/step-up. Step Up! is always welcoming new members for training and volunteering.

"What you do or don't do matters," Zies said. "One small action on your part can drastically change how that night, or the rest of somebody else's life, goes."

Students trained in bystander intervention

STEPUP! ACTIVE BYSTANDER TRAINING DATES

Date	Time	Location
Oct. 16	11 a.m.	UCB 217
Nov. 12	6 p.m.	UCB 209
Nov. 27	6 p.m.	UCB 217
Jan. 22	11 a.m.	UCB 217
Feb. 13	6 p.m.	UBC 217
March 28	11 a.m.	UCB 217
April 2	3 p.m.	UCB 217
April 16	6 p.m.	UCB 217

- ON THE RECORD -

A roundup of this week's crime at Ferris State University

My roommate is Mary Jane

Cora Hall

News Editor

My roommate is Mary Jane

Sept. 20, 10 p.m., officers responded to a report of a controlled substance violation in Bond Hall. One subject was referred to the Office of Student Conduct.

Majoris Cannabis

Sept. 22, 12:40 a.m., officers investigated a controlled substance violation in Clark Hall. One subject was arrested

and referred to the Office of Student Speed demon Conduct.

Missing hardware

Sept. 22, 5:30 p.m., officers received a report of larceny at Ewigleben Arena. The investigation was closed.

They'll never suspect the parking lot

Sept. 24, 10:25 a.m., officers responded to a report of a controlled substance violation in Lot 35. The investigation is still open.

Sept. 25, 1:49 p.m., officers investigated a misdemeanor traffic violation in Lot 71. One subject was arrested.

Serious issues

Sept. 25, 11:10 p.m., officers responded to a report of assault in North Hall. The investigation is still open.

Lock your cars, kids

Sept. 26, 8:05 p.m., officers received a report of larceny from a car in Lot 4. The investigation was closed due to a lack of leads.

Crimes in Clark

Sept. 27, 9:30 a.m., officers responded to a report of assault in Clark Hall. The investigation was closed.

The Ferris Department of Public Safety issued 543 tickets between the dates of Sept. 14 and Sept. 20, totaling \$9,220.

WEEKLY W®RLD NEWS

Catch up on news around the globe

News Editor

Democratic Republic of Congo, Africa

The World Health Organization (WHO) declared Thursday, Sept. 27, that the likelihood of the Ebola outbreak in DR Congo spreading to other countries is now "very high." The outbreak is already nearing Uganda and there have been 155 confirmed or probable cases, with 102 patients dead and 45 treated. The risk of Ebola spreading globally remains low, according to WHO.

Original story by Donald G. McNeil Jr., Sept. 28, 2018. The New York Times.

Palu, Indonesia

The city of Palu was hit with an 18-foot tsunami Friday, Sept. 28, after the region had already been struck by a magnitude 7.5 earthquake. As of Sunday, Sept. 30, at least 832 people had been confirmed casualties. A suspected reason for the lack of warning of the tsunami was that none of the 22 buoys spread over Indonesia's open water that monitor for tsunamis have been operational for the past six years.

Original story by Hannah Beech and Muktita Suhartono, Sept. 30, 2018. The New York

Beijing, China

China has canceled the annual security meeting with U.S. Defense Secretary Jim Mattis that was planned for mid-October. The decision to cancel this high-level encounter is another sign of a seemingly troubled relationship between China and the U.S., and indicate the escalated tensions stemming resulting from the "trade war" are now influencing unrelated aspects of diplomacy between the two countries.

Original story by Jane Perlez, Sept. 30, 2018. The New York Times.

Cairo, Egypt

An Egyptian activist has been sentenced to two years in jail for posting a video criticizing the government for failing to protect women from sexual harassment. Amnesty International was outraged by the verdict, and activist Amal Fathy of the now-banned April 6 youth movement was fined \$562. The court said Fathy was spreading false information that threatened national security and was therefore not allowed to walk free.

Original story by Reuters, Sept. 30, 2018. The New York Times.

NEWS BRIEFS

News Editor

Sticker Fundraiser

Buy vinyl stickers from the Social Work Association Monday, Oct. 1, through Friday, Oct. 5, in the University Center. All proceeds will go to the Mental Health Foundation of West Michigan. The stickers will be one dollar each and sold from noon to 4 p.m. at a table on the first floor. For more information, contact Nick Hadley at (616) 312-8949.

OMSS: The Black Male Network kickoff

Enjoy a variety of free activities and opportunities to develop academically, professionally, socially and culturally at the Black Male Network 6 p.m. Thursday, Oct. 4. The series is directed towards black males at Ferris and will be held in FLITE 159. For more information, contact the Office of Multicultural Services Assistant Director Michael Wade at (231) 591-2617 or omss@ ferris.edu.

Women's Rugby Haunted Corn Maze

Get spooked at the haunted corn maze put on this year by the women's rugby team at Four Green Fields Farm located at 15693 Wilson Road, Rodney. The corn maze will be held 8 to 10 p.m. Friday, Oct. 5. For more information, contact Haleigh Reed at reedh5@ferris.edu.

Krispy Creme and Hot Cocoa Phundraising Table

Enjoy Krispy Creme donuts and hot chocolate at the Alpha Phi Alpha fundraising table 9 a.m. to 12 p.m. Monday, Oct. 8, in FLITE. Students can purchase donuts, and hot chocolate will be available for free. Proceeds will go to March of Dimes. For more information, contact Jeffrey Carodine Jr. at carodij@ferris.edu.

Crucial clockwork

Time management troubles and techniques

Landry Shorkey

Torch Reporter

Managing schedules can be one of the most difficult aspects of college, but there are methods that students can use to help stay on top of their deadlines.

For many Bulldogs, like Ferris business administration senior Eric Chase, jobs take up a major part of their week, adding one more thing to their plates and making it harder to keep their lives balanced.

"Time management is really big in my life because I've worked full-time throughout all of college ... I thought it was really challenging to work full-time and go to school full-time, but somehow I did it," Chase

For Ferris communications senior Taylor Hartfield-White, a shift at work can signal the end of the day and sap motivation to do homework after.

'That's really when I get behind, is I work after class sometimes," Hartfield-White said. "So when I get off

work, I don't really feel like doing anything. Then the weekend comes, and then I just put things off. So if there's something like a paper, I'll just wait until the

Different methods work best for different individuals, but popular time management techniques include using a planner and cellphone apps such as notes, reminders and calendar.

Honestly, every night I just usually look at the syllabus, or I use Blackboard, basically just the assignment tabs," Ferris marketing junior Dayne Davis said. "Most of the time I procrastinate. I usually end up getting it done like the night or two nights before it's due."

Procrastination is a common struggle that college students face. Sometimes, grades can be negatively affected.

"One of my papers I had for three weeks, and I did it the last week before it was due. I mean I still got, like, a C-plus, but I could've done better if I used my time wisely," Ferris elementary education sophomore Gabrielle Dobroczynski said.

With constant distractions such as clubs, sports and parties, priorities can easily become shifted.

"Time management, I think, is hard because there's a lot of distractions. It's a lot easier to have fun than just to sit down and do work." Chase said. "I think the other thing is that people — even I — can look back and be like, 'Okay I procrastinated, but it turned out okay and I got a good grade, so, you know, so be it. It wasn't that

Ultimately, Hartfield-White said, it is important for students to remember that college is about their ed-

"Parties will always be around, but you only have one chance to do your nomework," Hartfield-White said. "There's always going to be parties when you're done with your homework."

TIME MANAGEMENT TIPS FOR STUDENTS

- -Set goals.
- -Make a to-do list.
- -Start with the most urgent assignments.
- -Plan ahead.
- -Eliminate distractions.
- -Take breaks.



Ferris alumnus Sylvester Hester speaks at the Black Alumni Association dinner on Saturday, Sept. 29. Some of the alumni in attendance graduated as early as 1974.

Good changes

Many visiting black alumni are pleased with increased diversity on campus

Grant Siddall

Torch Reporter

Black alumni spanning decades of Ferris' past gathered and reminisced about their time as students during homecoming weekend.

Ferris alumnus Charley Evan said a lot has changed, including much more diversity since he was a freshman in 1974, just a few years after racially charged riots took place on the cam-

"I came in '74 and I had a cousin who was here in 1968 who was in the riot situation and he couldn't believe I was going to Ferris—at that time it was still Ferris College," Evans said. "I had an opportunity to go to high school

with whites, so it was an easier adjustment for me, but it was such a culture shock for me when I got here because it was so dominated with white students. We had some situations that were not good,

but we weathered



Matthew

Chaney

The visiting alumni gathered Friday, Sept. 28, at the Office of Multicultural Student Services before attending a variety of events over the weekend. As they arrived, the alumni reconnected with former classmates with greetings, smiles and handshakes, some of whose Ferris careers span back four decades. This year's homecoming trip was the first for some of the attendees, some of which expressed admiration and nostalgia.

"The ratio of people and ethnicity is varied and different and it's good. It's wonderful to see more African-American students here, and minorities in



Wheeler

general. My experience at Ferris was very different. We used to joke and say there were only 30 black people here,' Ferris alumna and Ferris Black Alumni Association chair Wheeler Jennifer

As for the events planned for Black Alumni Association, a trip through the Jim Crow museum, a tailgate before the football game, a party and a dinner were just a few of the events scheduled for the group.

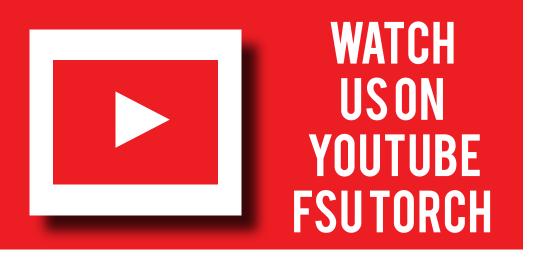
'The beauty of homecoming, and one of the important roles of the alumni association is to reach back and get in contact with alumni to better connect them to the institution ... and giving those alumni an opportunity to come back and reconnect with the institution," Director of Multicultural Students Services Matthew Chaney said.



Photo by: Will Holden | Torch Photographer

Ferris Alumni enjoy dinner put on by the university for homecoming on Saturday, Sept. 29. Other activities put on included a trip to the Jim Crow museum the day before.





The results are in

Vote of no confidence shows strong opposition of the president

Cora Hall & Grant Siddall

News Editor & Torch Reporter

The Ferris Faculty Association (FFA) released the results of their vote of no confidence in Ferris President David Eisler 1:14 p.m. Thursday, Sept. 27.

The vote took place Tuesday, Sept. 25, and Wednesday, Sept. 26. Of the 270 FFA members who participated in the vote, 239 (88.5 percent) voted in agreement with the sentiment of no confidence in the leadership of Eisler.

"The vote of no confidence in David Eisler by the Ferris State University faculty was an overwhelming repudiation of his leadership and integrity," Ferris English professor and FFA Vice President John Caserta said.

The vote of no confidence was held due to the FFA's disappointment in the contract negotiation process. According to the FFA's Resolution of No Confidence, some factors contributing to the vote include Eisler's overtime pay and salary bonuses, the hiring of a chief negotiator that is costing the university a large sum of money, and lack of discussion in the negotiations regarding issues such as healthcare and wage increases.

According to Ferris physical science professor and FFA President Charles Bacon, the FFA cannot impeach Eisler because they did not elect him. Therefore, the vote of no confidence has no legal implications and is simply a statement of the FFA's stance on Eisler's leadership.

Eisler has yet to respond to the result of the vote, but in his official response on Sept. 24, he said he has "endeavored to read every comment and response received" and post-

ed lengthy responses to the

statements in the FFA's resolution of no confidence. "During my

15 years as president of Ferris, I have embraced the

challenges that come along with being a university president," Eisler said. "I have devoted myself and my energies to building what I believe is a great and consequential University and have worked tirelessly for our University, its faculty and staff, and our students.'

Ferris Board of Trustees Chair Paul Boyer sent out a university-wide notice Friday, Sept. 28, expressing the Board of Trustees' support of Eisler and their disappointment in the vote of no confidence.

"The vote of no confidence taken by the Ferris Faculty Association this week was a tactic used to pressure the University during contract negotiations. Doing so during a time when the University is working tirelessly to recruit and enroll students to this great institution is deeply disappointing; it undermines the recruitment efforts of many and tarnishes the University's reputation," Boyer

Some students were surprised by the results of the vote and the timing of releasing the results during homecoming

"I didn't expect them to overwhelmingly vote no confidence," Ferris data analytics freshman Miranda Bouren said. "I get the motivation behind doing it this week, I do understand it. I just don't necessarily agree with it."

Other students agreed with faculty in their resolution and were upset with the money spent on outside lawyers.

first try.

According to a 2017 report

by the U.S. Department of

Education, 33 percent of stu-

dents in bachelor degree pro-

grams changed their major at

least once in their first three

years of college, and nearly

one in 10 students switched

gy junior Molly Fitzgerald said

she came to Ferris with full

intentions of becoming a doc-

tor and was passionate about

that career path, but her first

found something I was much

more passionate about.

which I didn't think was even

possible. I think that college,

in general, is an area to ex-

plore your options through

her major because of her

Fitzgerald said she chose

passion for

the environ-

ment, wild-

life and con-

definitely

grown as I

got into more

major-specif-

pas-

has

servation.

"Му

sion

ic courses and I was able to

grasp what I really wanted to

know... once I found the ma-

jor I was interested in, I hav-

en't felt my passion waver,"

Students formerly in STEM

programs (Science, Technol-

ogy, Engineering and Math)

changed majors at a rate of

35 percent, with 52 percent

of math students choosing

a new major, according to

the U.S. Department of Ed-

ucation. Non-STEM majors

changed at a lower rate of 29

Fitzgerald said.

percent.

majors," Fitzgerald said.

Fitzgerald

"I quickly switched and

semester "was literally hell."

Ferris environmental biolo-

more than once.

'That's ridiculous. They don't need outside people to settle internal matters with the admin and faculty," Ferris applied math and computer science senior Jonathon Wilson said. "I don't think anything is really going to come of the vote of



Jonathon

That email that the admin sent out was pretty ridiculous, not going to lie. It was basically like, 'How could they do this to us,' even

no confidence.

though it's a vote and the faculty had to vote to see if they had confidence in their president. I think he should step down. I've thought that for a while."

Contract negotiations tween the FFA and the university continued Tuesday, Oct. 2.

Grant Siddall Ferris pre-pharmacy fresh-Torch Reporter men Grace Jipping said that students might change out Students choose their colof STEM majors more frelege major for a variety of quently because of the diffireasons, and it is quite common to not get it right on the

Pursuing your

passion

Many students have difficulties dis-

covering interests and change majors

as a result



Jipping

culty of math classes and because "most of the subjects are kind of interconnected

so they can just switch from math to science and that kind of

thing."

Another recent study performed by psychologists, titled "Implicit Theories of Interest: Finding Your Passion or Developing It?", suggests people who believe a passion will provide endless motivation and that pursuing it won't be difficult, lose interest quickly when they realize this isn't the case.

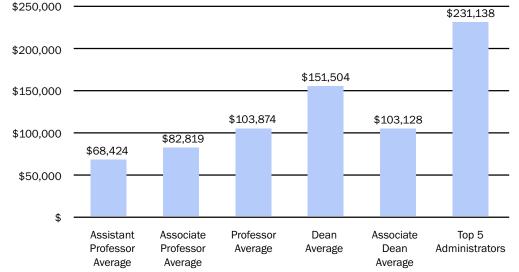
"Urging people to find their passion may lead them to put all their eggs in one basket but then to drop that basket when it becomes difficult to carry," the study said.

Instead, the study suggests that understanding that interests, like relationships, require work to grow can help people continue to pursue those interests.

Fitzgerald said in her first semester, she was able to narrow down what she was passionate about and found her new major through a biology course that was required for pre-medicine. Exploring different interests is another main point in the theories of interest study, which suggests that continuously exploring new interests helps people find and develop their passions.

For students unsure about their passion, Ferris offers a career and education planning class (CARE 102) to help students find a major that they consider attractive.

Employee Salary Averages by Position 2017



The above information was compiled by The Office of Human Resource





Week of Oct. 5 - 11, 2018

Ferris State Torch

LIFESTYLES

"I think I really like fashion because it gives you more confidence in yourself."

- Melody Antel - See page 8 for story

Alicia Jaimes | Lifestyles Editor | jaimesa@ferris.edu

In the clouds

The pros and cons of vaping

Holly Baker Torch Reporter

Whether it's sweet, fruity or minty fresh, many students, such as Ferris nursing freshman Alyssa Goodwin, have

encountered vaping at college.

"I've vaped a couple of times before. It's fine, I just don't really see the point in it, unless you were actually addicted to cigarettes and you're trying to stop. I feel like people just do it to look cool and edgy," Goodwin said.

The increasingly popular activity has many hidden health concerns. According to benefitsbridge.unitedconcordia.com, vaping can be just as addictive as ciga-

rette smoking.

"I started doing it because my friend had one and I tried it. Since then, I only do it occasionally. It can be fun sometimes. I like the flavor of the juices, and doing tricks with the smoke can be fun," Ferris business administration freshman Valerie Stewart said.

When vaping, people can not only blow massive clouds of smoke, but they can also manipulate the way the smoke cloud changes by changing their mouth position.

"A lot of my friends are — well, I don't know if they're addicted — but they vape way too much. It's almost funny how much. I'm one of those people who are against vaping on your way to class and all that. There's a time and a place for that, but when you do it every hour of the day, you have a problem," Ferris secondary education freshman Jonathan Bryant

said

While many people who vape are entertained by the smoking tricks they can do, others enjoy vaping as a way of trying new things.

"I mostly like the juice flavors," Stewart said. "It's fun to buy and try new and different flavors. Each kind of juice has a different nicotine level. Zero is totally without nicotine, and then the higher you go, the more nicotine is in the juice. The more nicotine that is in the juice, the more of a high you get off of it."

For more information on how vaping can affect your health, attend the Arts and Sciences Student Success Series seminar 11 a.m. Thursday, Oct. 11, in Science 102.

The above information was found on benefitsbridge.unitedconcordia.com and drugabuse.gov.

Torch File Graphic



Photo by: Megell Strayhorn | Multimedia Editor

HEALTH RISKS OF VAPING AND E-CIGS

- Vaping lowers the body's ability to fight infections
- Chemicals in vape smoke cause "popcorn lung"
- Lithium ion-powered vapes can blow up
- The levels of nicotine are loosely monitored
- Accidental ingestion of vape liquid is poisonous
- Metal particles are found in vape smoke
- Vapes also contain formaldehyde or embalming fluid
- Pneumonia is a risk for vape users
- E-cigarette use is linked to depression

The above information was found at theauthenticgay.com

Ferris mechanical engineering freshman Eliana Alvarado blows a vape cloud as a way to destress.

Makin' it

Ferris students relax and get crafty

Holly Baker

Torch Reporter

For those who love to create, the registered student organization (RSO) Crafters Anonymous gives opportunities for self-expression through various forms of art.

Ferris psychology senior April Wilson has been a member of Crafters Anonymous since her freshman year after joining with the interest of creating, and is now the Crafters Anony-

"I always have fun making things. We do so many fun crafts each week. Last year, one of my favorite crafts was arm scarf knitting. It's like knitting, but you use your arms as needles," Wilson said.

Crafters Anonymous treasurer and Ferris pre-pharmacy sophomore Valerie Eckman enjoys the fuzzy kind of crafting.

"My favorite part is the knitting. We're making mug cozies right now. It's like a little sweater-type thing for your mug. We end up selling some of them at our craft sales. We do crafts for our craft sales and then we do crafts just for fun," Eckman said.

Crafters Anonymous hosts two or three craft sales a year where they sell the crafts made during their meetings.

"Our craft sales are usually about five to six hours, and people from Crafters usually sign up to take hour shifts," Eckman said. "We set up a table somewhere around campus. Last year, we set it up at the IRC. Then, we set up the things we made on the table, and people can buy it. We have a lot of people come and we have a wide range of prices."

Along with craft sales, the established RSO recently put out their first event for students in September called Tie-Dye in the Quad. Students were invited to bring their own piece of fabric and dye it using crimson and gold dyes.

"This was the first student-focused event that we've ever



done, so we were just doing it to kind of test the waters and see how things would go. It turned out really, really well. We wanted to do something to get our name out there and do something that a lot of people would enjoy. People could bring their own shirt, but some people brought leggings, sweatshirts, and one person brought shoes," Wilson said.

Crafters Anonymous has meetings 7 p.m. Mondays in FLITE 214.



Crafters Anonymous hosts meetings at 7 p.m. Monday in FLITE 214 where students can knit, craft and meet new people.

"I think it's important for people to know that you don't necessarily have to be super creative or artsy to join our organization. Crafting is fun, relaxing and literally anyone can do it," Wilson said.

For more information, join their Facebook page at Ferris Crafters Anonymous or email April Wilson at wilsoa63@fer-

TRY OUT A CRAFT FOR YOURSELF

Finger Knitting

Materials

- Yarn
- Scissors

Slip the end of a ball of yarn between your thumb and index finger. Pinch to anchor the yarn as you knit. Then loop the yarn around your little finger and weave it through your fingers.

- Loop the yarn around your index finger completely and weave it toward your little finger.
- Make a full loop around your four fingers.
- Slip the bottom (woven) row over the top (unwoven) row, from little finger to index finger.
- Repeat steps 2 through 4 as the knitted side flows down the back of your hand to the desired length.
- To cast off, cut the yarn, leaving about a 10 inch tail. Pull the yarn through all four loops, then pull the loops off your fingers. Tie the tail to the closest loop and trim.

The above information was found on marthastewart.com

Cannot compute

Technology is a student's best friend

Holly Baker Torch Reporter

Whether the need is big or small - from submitting an assignment to late night Netflix binge-watching students rely on their computers daily.

"In college, you use your computer so much. With writing papers to discussion boards, I feel like I'm always on my computer. It's important to find one that works well," Ferris chemistry nursing sophomore Jenna Bryan said.

When choosing a computer, students look for a variety of different traits. Price, looks and processing power are all heavily sought-after amenities.

"My parents got me a MacBook for a graduation present a couple of years ago," Ferris business administration junior Mandy Waldemar said. "When they bought it, they got it used. But it still does its job really well. I grew up with Windows computers, but after having my MacBook, I am never going back."

Many students prefer a compact computer that is simple to take everywhere with them, like Ferris biology sophomore Jenna Gray.

"I got this computer, it's a Microsoft Surface Pro, last year. I cannot express how much I love this thing. It's a tablet and a computer in one, so it's very multipurpose. I usually buy online textbooks because it lightens my load, and the tablet feature works perfectly with it," Gray said.

If you don't know what you're looking for, you're not alone. Many students begin the school year not knowing what computer will best suit their needs. Bryan found herself in this situation her freshman year.

"I got my computer from the bookstore at the beginning of freshman year. I needed a computer and didn't really know what to pick. I'm a sophomore now and it's still working. It's not really the most attractive computer, but it's reliable and that's really what I appreciate about it." Bryan said.

Different majors require unique programs to complete assignments. But most students, no matter the major, need a program that helps them write papers.

"I am a Google Docs girl. I love that it saves my work automatically and I do not have to worry about saving every five seconds. I've lost too many papers from my computer crashing in the middle of typing," Gray said.

Microsoft Office is free for Bulldogs by signing in with their MyFSU username and password.

Do you have computer problems? Visit TAC.

Located in the University Center Hours: 8 a.m. - 5 p.m. Monday - Friday

- Receive and resolve support requests via phone, chat, email and web form
- Use remote desktop assistance tools to assist customers
- Look for recurring problems and assist in resolving them
- Are a Dell authorized repair shop
- Assist students in residence halls connect to the network
- Sell hardware accessories students often need via their online store

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FERRIS STATE UNIVERSITY

Fall fashion at Ferris

Bundling up while the degrees go down

Briana Hammontree

Torch Reporter

The changing of the leaves brings a new sense of style for Ferris public relations junior Kamry Morris as she begins to

Morris, who is the president of the special interest registered student organization Student's Fashion Alliance, describes her style as being laid-back, but also vibrant.

"Fashion helped me be comfortable with who I was and helped me express myself. It helped me connect to people, because sometimes I can be socially awkward. It's just opened different doors for me and helped me be a better person, honestly," Morris said.

Morris first joined the Student Fashion Alliance after learning about it in a journalism course through a previous e-board member who has since graduated from Ferris.

"She just said something in class and it sparked something in me because I like fashion and nice clothes, and not even the whole fashion part, but just putting together events and collaborating with people. So I went to a meeting and it just started rolling from there," Morris said.

Once the leaves begin to fall, the members of the Fashion Alliance already have their go-to pieces off their hangers.

Ferris marketing junior and Student Fashion Alliance member A'nya Amos enjoys a nice pair of cut-up jeans in a classic color.

"I like a more classic, simple look. Like, I love black," Amos said.

With layers and accessories already on the brain, it's time to rediscover timeless pieces that will keep you warm and on

"High-waisted jeans, those are always in. Like in the '60s, they had the high-waisted everything, and then in '70s

, they had the high-waisted bell-bottoms. Then in the '80s,

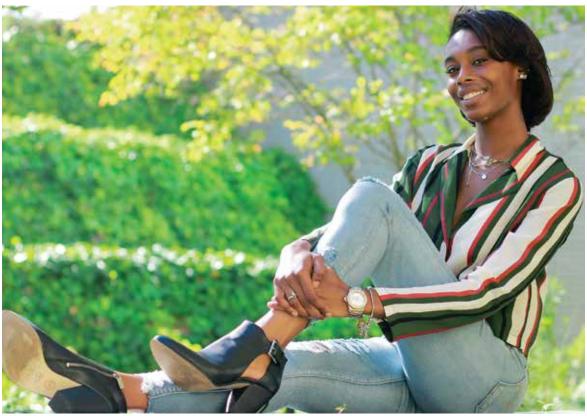


Photo by: Megell Strayhorn | Multimedia Editor

Ferris public relations junior Kamry Morris welcomes fall as she lounges in her cute but casual attire.

they had the high-waisted, loose-fitted and the '90s had a similar thing. Now we have the American Eagle ripped-up, high-waisted jeans. So, I feel high-waisted jeans don't go out of style," Morris said.

Fashion is about more than just looking good; students also need to feel good. Ferris pre-dental freshman Melody Antel finds the productivity of her day depends on what she

"I think I really like fashion because it gives you more confidence in yourself. Like, the more time I put into my look, the

more time I put into my day. So when I have baggy clothes on for the day, it's more of a lazy day. But when I wear fashion clothes that's kind of uncomfortable, then I'm more focused in class," Antel said.

The Student Fashion Alliance will be collaborating with J.C. Penney Saturday, Nov. 3, by hosting the Suit-Up Challenge, a miniature fashion show with the goal of providing students formal attire for internships and jobs. This will include a 40 to 60 percent J.C. Penney discount toward clothes for students.

pre-dental freshman Melody Antel **Budgets and bargains** Graphic by: Sarah Massey | Production Manager

Top Five Affordable **Fashion Stores:**

1. Forever 21

"My store is Forever 21 because it's cheap and their clothes are really cute." — Ferris pre-dental freshman Melody Antel

Location: Woodland Mall, 3195 28th Street SE, Grand Rapids. Shop Online: forever21.com

2. Marshalls

"Marshalls, because they keep a lot of variety and it's affordable." Ferris public relations junior Kamry Morris

Location: 3165 Alpine Avenue NE, Grand Rapids.

Shop Online: marshallsonline.com

3. Goodwill

"Also, I love thrift shopping in general, so going to Goodwill or the thrift shops in the area." — Ferris

Location: 1254 Perry Avenue, Big Rapids. In-Store Only

4. Plato's Closet

"Goodwill and Plato's Closet, and, if I have enough money, American Eagle." — Ferris freshman Emma Stream

Location: 2650 E Beltline Ave SE, Grand Rapids or 3845 Rivertown Pkwy #250, Grandville. In-Story Only

5. Salvation Army

"Salvation Army. That's where I get most of my clothes from. It may take a long time, but I usually find some really good pieces." -Ferris pre-optometry sophomore Abbey Mayer

Location: 325 Linden Street, Big Rapids. In-Store Only

Ten timeless trends

1. Classic denim jacket Where you can buy one: H&M, Forever 21, Old Navy, Levi's

2. Striped T-shirt Where you can buy one: Urban Outfitters, PacSun, H&M

3. Classic trench coat Where you can buy one: Kohl's, Gap, Forever 21, Shein

4. White button-down Where you can buy one: Old Navy, Express, Target, Kohl's

5. Black or navy blazer Where you can buy one: Old Navy, Gap, Forever 21, H&M

6. Little black dress

Where you can buy one: Express, Lulus, H&M, Charlotte Russe

7. Straight jeans

Where you can buy one: American Eagle, Express, Old Navy, Levi's

8. Leather biker jacket Where you can buy one: Gap, Calvin Klein,

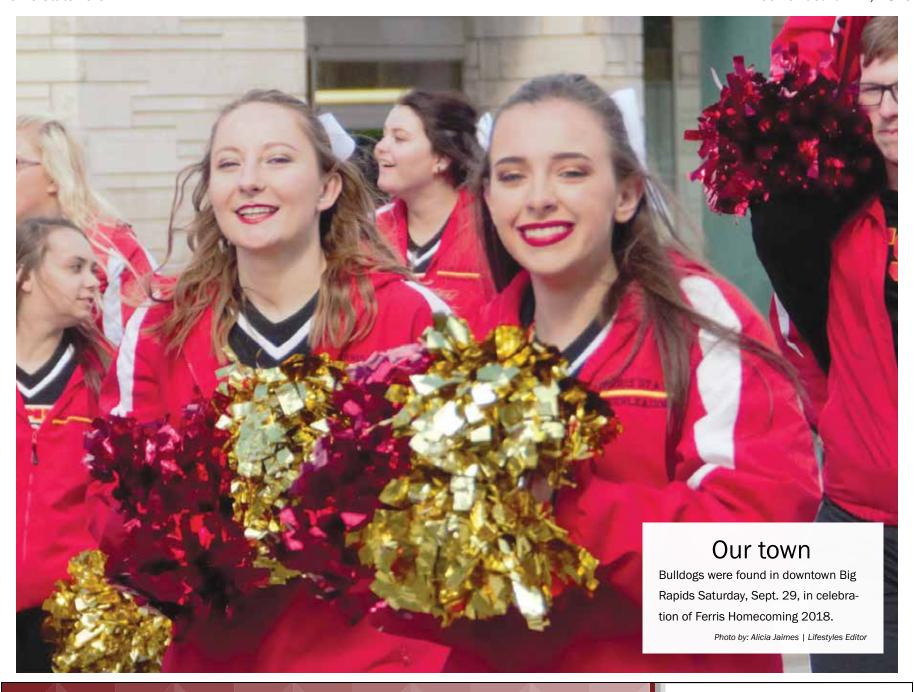
9. Shearling jacket and gray jumper Where you can buy one:

Jacket: Macy's, Levi's Jumper: Old Navy, American Eagle, J.Crew

10. Sweatshirt and chino trousers Where you can buy one:

Sweatshirt: Old Navy, Gap, American Eagle, Charlotte Russe Chinos: Eddie Bauer, Old Navy, H&M, PacSun

 $\label{thm:condition} \textit{The above information was found at telegraph.} \textit{co.uk, purewow.} \textit{com and fashionbeans.} \textit{com}$



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changing the conversation about mental health



SPORTS

"With the new talent of our teammates, we are planning to pave the way for success." - Paige Kortz - See page 12 for story

Brendan Samuels | Sports Editor | samuelb1@ferris.edu

The Dawgs are back in town



Photo by: Kaitlyn Kirchner | Torch Photographer

Ferris junior forward Dominic Lutz fields a pass by a teammate. Ice Hockey is set for its first puck drop 5:07 p.m. Saturday, Oct. 6.

Daniels

Bulldog hockey opens exhibition play against talented teams

Michael Reedy

Torch Reporter

After back-to-back disappointing seasons, the Ferris hockey team is looking to get the wheels moving in the

After the team's run in the Frozen Four during the 2015-16 season, the Bulldogs seemed to have fallen off their wagon in terms of consistency and post-season play. The last two seasons, the Dawgs have been eliminated during the opening round of the Western Collegiate Hockey Association (WCHA) by the Bowling

Instead of dwelling on the past, however, Bulldog fans should look towards the bright future of the organization.

"I think we have a better balance of older and younger players in key roles," Ferris hockey head coach Bob Daniels said. "We've got a better depth up front than we have had in quite some time."

Having depth is crucial to go into games confidently, knowing that the fourth line offense could have the same production as the top two lines during any moment, which is key to staying consistent on the ice, resulting in more wins.

From returning stars like Ferris senior forward Corey Mackin and Ferris junior goalkeeper Justin Kapelmaster, to new faces that'll be seen around the ice

like WCHA Preseason Rookie of the Year defenseman Cooper Zech, there's so much to look forward to as far as skill goes.

Daniels knows there's some players poised for a breakout year, but he had one name in particular in

"Corey Mackin, even though that's a crazy thing to say because he tied for us in the scoring lead last year

... but he had an off year. He had two major surgeries a summer ago ... and he was not able to train at all during that summer," Daniels said.

Producing 10 goals with 15 assists for a total of 25 points during his junior season, Mackin hopes to take off and have a drastic increase in his production. As the captain of the team, it is crucial that Mackin sets the pace for the rest of the team to excel during the regular season.

Bringing some fresh talent to the rink, Zech is set to have a great season, as well. After playing in the British Columbia junior league last season, Zech was awarded with multiple accolades for his play. Zech earned Defenseman of the Year and was also up for Player of the Year in Canada.

"He's highly skilled. He's an offensive defenseman ... The key for him is how quickly and how good is he at self-diagnosis," Daniels said. "He'll have to figure out what works at this level and what doesn't.'

For the 2018-19 season, Ferris has 20 home contests out of 36 regular season games, which is a significant increase from previous years and it should show in the win column. Playing in front of the Dawg Pound really brings extra energy and helps the team compete that much harder.

"If you look at our record over the past 15 years, our ecord at home is far superior ... No one has a better student section than we do, so we love playing here and we love playing in front of our students," Daniels

The Bulldogs' season starts out with two exhibition games: 5:07 p.m. Saturday, Oct. 6, against the U.S. National U-18 Team, and 3:07 p.m. Sunday, Oct. 7, against the University of Lethbridge (Canada). Since these exhibition games don't count towards their season record, it is a good time for the team and coaches to get their feel on the ice and make any changes to get rolling once regular season action starts.

Ferris' matchup with the U.S. U-18 team has some big names on the ice, as most of the players on the U.S. U-18 team are top prospects for NHL teams, specifically projected No. 1 overall pick in the 2019 NHL Entry draft Jack Hughes.

Sports Shorts

Danny Collins

Torch Reporter

Gilda Club Laker Fall Invite

The Ferris women's golf team competed in the 10th annual Gilda's Club Laker Fall Invite Saturday, Sept. 29, located at The Meadows Golf Course in Allendale.

The team finished in 11th place in the event, where they shot a 686 total between the two days. The Bulldogs shot a 339 in the first round and a 347 in the second round.

Ferris junior Margo Brown finished tied for 33rd overall on the weekend as the leading scorer for the Bulldogs with a 168. Ferris senior Gianna Dela Cruz finished tied for 39th place with a 170 over the two rounds.

The squad will be back in action Monday, Oct. 8, as they get set to compete in the Findlay Beall Fall Classic (Findlay Ohio)

HawksHead Invitational

The Ferris men's golf team picked up a seventh place team finish and obtained the individual champion at the 2018 HawksHead Invitational Saturday, Sept. 29, hosted in South Haven.

Ferris senior Jack Weller finished in first place in the invitational with a 70 in round one and a 68 in round two to finish with a 138 for the weekend. Weller ended the weekend at six under par and roared up three spots on the final day to win the tournament.

The Bulldogs' 291 score in the final round was the best accounted for during the final day.

Ferris senior Andrew Hammett also placed strong finishing in 22nd overall with a 150 total score for the weekend.

The team will back on the course Monday, Oct. 8, at the St. Louis Invitational (St. Louis, Missouri).

Remaining Unbeaten

The nationally sixth-ranked Ferris women's volleyball squad remained undefeated in GLIAC play as the Bulldogs notched wins over Davenport University on Friday, Sept. 28, and archrival Grand Valley State University Saturday, Sept. 29

On Friday, the Bulldogs took a commanding lead by winning the first two sets 25-21 and 25-22. Davenport rallied to knock off two straight sets to tie the match at 2-2. The Bulldogs defeated Davenport in the last set with a 15-13 victory to win the match 3-2 overall.

On Saturday, the Bulldogs would once again race out to a quick 2-0 lead in the match by winning the first two sets 25-18 and 25-18. The Lakers would respond with a win of their own in the third set with a score of 25-22. The Bulldogs settled in for the fourth set with a 25-18 victory helping the team to complete a 3-1 victory.

The Bulldogs improved to 14-3 overall on the season. The team currently sits at 9-0 in the GLIAC and remains in first place in the conference standings.

The team will be back in action as they return home to host Wayne State 7 p.m. Friday, Oct. 5, at the Ewigleben Sports Complex.





Michael Reedy

Torch Reporter

After another great weekend in Ferris sports, this week's Top Dawg is heading to Top Taggart after a 28-21 homecoming victory for the Bulldog football team.

Ferris redshirt freshman Sy Barnett had a spectacular game on Saturday, Sept. 29, torching the Ashland secondary in the second half.

Hauling in 129 yards off seven receptions, it's easy to say Barnett's future with the Ferris football team is bright. Barnett played a crucial role not only for the Bulldogs' offense, but for the special teams as well, pinning Ashland on the one-yard-line on his lone punt of the day.

Barnett is having a stellar year up to date, with

352 receiving yards and five touchdowns, two of which came in the homecoming victory. Barnett and Ferris junior quarterback Jayru Campbell seem to already have great chemistry, as Campbell has found Barnett 15 times over five games.

Saturday was Barnett's second game of the season where he recorded 100-plus yards. He is the team leader in touchdown receptions (five) and is a close second in receiving yards (352) to Ferris senior wide receiver Keyondre Craig (363). One impressive stat on Barnett's stat sheet on the season is a whopping 74-yard touchdown recention

Barnett and the Dawgs are back in action 2 p.m. Saturday, Oct. 6, as they face the Michigan Tech Huskies at Fifth Third Ballpark in Comstock Park







Call Samuels Law Office 231-796-8858 www.samuelslawoffice.com

Attorney: James R. Samuels



Week of Oct. 5 - 11, 2018

ERRIS FANTASY FOOTB

Team Torch is THRIVING this week, as they absolutely bulldozed the Bulldogs in fantasy scoring, taking a convincing 166-105 victory.

Ferris had a tough matchup for their 2018 homecoming game against the Ashland Eagles, contributing to a less than stellar performance in their matchup with the pros, although they did come out with a 28-21 victory.

Ashland did not allow any of Ferris' backs to break loose, giving the Bulldogs a zero in both the second running back slot and in the FLEX.

When it comes down to it, the Bulldogs only succeeded in the passing game, which is why Ferris junior quarterback Jayru Campbell and his favorite target in Ferris redshirt freshman Sy Barnett scored the most points in fantasy for Ferris. Campbell even managed to outscore Tom Brady.

There seems to be a recurring theme for the Bulldogs: Campbell puts up big points, but the rest of the fantasy team suffers as a result. Ferris football head coach Tony Annese could be relying on his signal caller just a bit too much.

On the opposite end, the run-



ning game was alive and well for the Dallas Cowboys, as Ezekiel Elliott racked up more than 200 yards of total offense.

Can I get a standing ovation for my pick of Cooper Kupp this week? Kupp was a less-than-favorite pick as he faced a stingy Vikings defense, but he racked up 37 points for Team Torch.

Team Torch and the Bulldogs are 2-2 in Fantasy football now, giving me hope for the future. However, I did feel this earlier this season before Campbell single-handedly destroyed my lineup.

Ferris will be back in action 2 p.m. Saturday, Oct. 6, as they take on Michigan Tech University at Fifth Third Ballpark in Comstock Park.

Here are my picks for next week:

QB: Cam Newton - Carolina Panthers: The king of swagger will give "the city that never sleeps" nightmares this week.

RB1: Leonard Fournette -

Position

Jacksonville Jaguars: Fournette has been sidelined with injury this season. Let's hope for a breakout game here.

RB2: Dion Lewis - Tennessee Titans: The Titans have found a way to win this year, thanks to the play of the speedy Lewis.

WR1: Marvin Jones - Detroit Lions: I'm a sucker for the Lions and Jones is a deep-threat with an ability to pull in the most contested catches.

WR2: Albert Wilson - Miami Dolphins: Wilson has had a solid few weeks for his new team. Here's hoping he balls out against Cincinnati.

TE: Hunter Henry - Los Angeles Chargers: An infusion of young talent should help Team Torch be explosive.

D/ST: Houston Texans: Jadeveon Clowney and J.J. Watt. Enough said.

K: Robbie Gould - San Francisco 49ers: Consistency is key at this position and Gould has been a model of that for the last decade.

FLEX: Corey Clement - Philadelphia Eagles: He's got speed and can catch the ball. Minnesota looks lost on defense. Perfect matchup here.

Points

Paving the way

Ferris softball adds new talent

Danny Collins Torch Reporter

The Ferris women's softball team has acquired 10 new student-athletes to their squad this fall, all of which will be eligible to compete this upcoming season.

This team, with many new faces, is looking to change the culture of Ferris softball from years past and transform a program that has struggled.

Last season was Ferris head coach Kristin James' first campaign with the Bulldogs. The team finished 17-31 overall with a 11-19 GLIAC record.

"The new athletes are allowing Ferris State softball



Paige

to recreate the program. With the new talents of teamour mates, are planning to pave the way for success," Ferris sophomore

outfielder Paige Kortz said. "The new members bring a new set of talents to the team. Although our team is freshly put together, we have bonded very quickly and have shared the same long-term goals.'

The new talent for the Bulldogs consists of four transfers, and six of the 10 additions listed as pitchers.

"We were never lacking in skill on our pitching staff last year; we were only lacking in numbers. We added quite a few pitchers to our roster this year, all of which have a lot of potential to make a positive impact on this program," Ferris senior third baseman Lexi Hongisto said. "We have no excuse to not be ready when we start playing in the spring. We have a returning coaching



Hongisto

staff for the first time in years so the team knows exactly what is expected of us.'

Sports

Last season, the Bulldogs ended the

year on an explosive note by winning nine out of their final 14 games, which pushed the team into a GLIAC tournament entrance.

"I think last year was a learning process for us all and our coaches had prepared us. However, we just had to put the pieces together in order to be successful," Ferris junior pitcher Abby Highway said. "I feel the new girls bring a lot of new and exciting energy to our team. We now have quite a few pitch-



Highway

which ers. will add a lot of depth to our pitching staff. They also deepen our offensive lineup, as many of them are incredibly talented hit-

ters."

The Bulldogs will only be returning three seniors to their squad, which means a lot of young talent will have to step up in the spotlight for the team to succeed in the competitive GLIAC softball conference.

The team will be suiting up at noon Saturday, Oct. 6, against Concordia for a double header. This is the first of three exhibition matches for Ferris this fall.

The Bulldogs are still awaiting their upcoming regular season spring schedule.

TEAM TORCH BOX SCORE

Posit	ion	Player	Points
QB		Tom Brady	19
RB1		Ezekiel Elliott	34
RB2	Ş	Matt Breida	10
WR1	4	Cooper Kupp	37
WR2	P	Desean Jackson	16
TE	©	Jimmy Graham	11
FLEX		Kerryon Johnson	12
D		Chicago Bears	13
К	7	Matt Bryant	14
Total:			166

FERRIS STATE BOX SCORE

Player

	1 10.701	
QB	Jayru Campbell	35
RB1	Dion Earls	11
RB2	Robert Thomas	0
WR1	Sy Barnett	31
WR2	Keyondre Craig	12
TE	Jevon Shaw	3
FLEX	Marvin Campbell	0
D	Ferris State	9
К	Jackson Dieterle	4
Total:		105

THIS WEEKEND'S SPORTS FOR F

Friday, Oct. 5:

- Men's and Women's Cross Country at Lansing CC Invitational
- Women's Soccer at Purdue Northwest at 3:30
- Women's Volleyball vs. Wayne State at 7 p.m.

Saturday, Oct. 6:

- Men's and Women's Cross Country at Conference Crossover
- Women's Tennis at Michigan Tech. at 10 a.m.
- Men's Football vs. Michigan Tech at Fifth Third Ballpark at 2 p.m.
- Women's Volleyball vs. Ashland at 3 p.m.
- Men's Ice Hockey vs. U.S. Under-18 at 5:07 p.m.

Sunday Oct. 7:

- Women's Tennis @ Lake Superior State University at 10 a.m.
- Women's Soccer at Wisconsin-Parkside at 1
- Men's Ice Hockey vs. Lethbridge at 3:07 p.m.



Ferris sophomore midfielder Abigail Gilmore takes the ball downfield. The women's soccer team has been impressive, posting an 8-1-2 record

Goals on goals on goals

Women's soccer continues success in conference play

Torch Reporter

What a difference a season has made for the Ferris women's soccer team.

After a 2017-18 season saw the Bulldogs struggle to string together consistent wins, Ferris head coach Andy McCaslin's squad has soared to new heights this year.

The Bulldogs started this season out with an 8-1 record in their first nine games, with all eight of those coming in consecutive games, a first for the pro-

Four of those eight wins for Ferris came in GLIAC play.

The Ashland Eagles were finally able to break the win streak Saturday, Sept. 29, when they forced a 2-2 tie with the Bulldogs in double-overtime.

The Bulldogs held a 2-0 lead in that game as Ferris sophomore mid-fielders Bri Rogers and Abigail Gilmore put their team on top before Ashland stormed back to force a draw.

Ferris managed to escape the weekend without recording a loss, however, as they recorded another tie in a 1-1 bout with Saginaw Valley State University, who currently sits in the top spot in the conference.

Rogers scored the lone goal in that game to grab her second goal of the weekend. Rogers' two goals were also

her first on the year.

Every individual has played a role in Ferris' success with both older and younger players playing hard and racking up goals.

One of the leading scorers this season has been Ferris senior defender Carley Dubbert, who has brought in four goals on the season and leads the team in



Olivia

"We are so close and work so well together," Ferris senior defender Olivia Brewer said. "Though the season is going well, we still need to stay focused and not take any game lightly. We have to come to play every game because anything can happen."

Staying focused on each game will be key for the Bulldogs, as they have just eight games remaining in the regular season.

Currently standing at 8-1-2, the Bulldogs are in second place in the GLIAC, a nice spot to be sitting in as tournament time closes in.

The Bulldogs will hope to start another win streak when they face Purdue University Northwest 3:30 p.m. Friday, Oct. 5, in Westville, Indiana.

6th Annual





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Must be registered Skeleton Skurry participant to win.



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Registration - 7:30 a.m. at City Hall, downtown Big Rapids

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Questions? Email ddoyle@pioneergroup.com



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"What's not okay is letting the fear of being wrong keep you from being who you are." - Alicia Jaimes - See page 15 for story

Fearful footing

Marley Tucker | Opinions Editor | marleyitucker@gmail.com

The Ferris State Torch is published on 27 Wednesdays This student-run newspaper

OUR LOCATION Alumni Building 013 410 Oak Street Ferris State University Big Rapids, MI 49307 fsutorch.com/letter-to-the-editor/

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- TORCH

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Chat with the chief throughout the academic year. Editor in Chief, Megan Lewton is printed by The Pioneer Group.

I'm afraid to walk at night by myself

Winter is approaching and darkness consumes the sky earlier and earlier every day, but my walk home remains the same length.

The walk never bothered me before, but I absolutely refuse to endure the mile-and-a-half trek in the dark by myself. And honestly, I shouldn't be as afraid as I am to

It's not that I don't think Ferris has a safe campus, because generally speaking, I do. I feel comfortable reporting crime to Ferris Department of Public Safety and campus is decently lit. It's not because I think Ferris is incredibly dangerous. It's because crime is impossible to avoid altogether, and with the prevalence of harassment and physical attacks on women within the past few years, I am increasingly skeptical of my overall safety in public.

It's because sometimes I call a friend when I'm walking alone at night, just so I have a witness in case someone tries to attack me. It's because I have friends who do

It's because once, I unintentionally wore a shirt that was a little low-cut and I was repeatedly sexually harassed in my class, and I felt obligated to only wear hoodies to that class for the rest of the semester.

It's because I've had to block men on social media because I dodged their advances and they threatened to harm me as a result.

It's because, despite how much I enjoy my alone time. I refuse to be in my office or the library by myself because I'm afraid someone will see that I'm alone and take advantage of it.

It's because I'm surprisingly fortunate, as the attacks against me have only been verbal and not physical, but I can't say the same for so many of my loved ones.

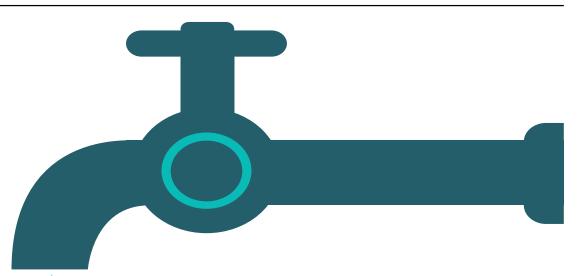
I'm disgusted that violence against women continues to be such a common occurrence. I'm sick and tired of hearing new cases every day of women being harmed because they are uninterested in someone or they're walking alone or they're simply existing in peace, and someone wants to

interfere with that.

There is absolutely no reason for being crude and violent towards anyone. The fact that anyone, especially grown adults, lack common sense regarding consent, respect and basic human decency makes me genuinely concerned for the state of our society.

It's time for us, as a society, to do better. If someone says no, they mean it. If someone doesn't explicitly say yes, you need to ask them if what you're doing is okay. If someone rejects you, let it go.

I just want to be able to enjoy my walk home without constantly turning around to make sure I'm not being followed. I'm tired of living in fear.



The shifting tides | Clean drinking water is a right we take for granted

WATER **BY THE** this concept of self-determination and water sovereignty. **NUMBERS**

 Approximately 400 billion gallons of water are used in the U.S. per day.

 In one year, the average American residence uses over 100,000 gallons of water (indoors and outside).

780 million people lack access to an improved water source.

Unsafe water kills 200 children every hour.

The U.S. draws more than 40 billion gallons of water from the Great Lakes every day — half of which is used for electrical power produc-

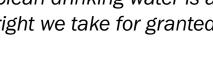
 It is estimated that by 2025 half the world's people will live in countries with high water stress.

Water is healing and ever-changing. It is an element that holds significance in every major religion and culture. All of creation connects where water is found. Standing Rock Sioux tribal members saying "mni waconi," or "water is life," while fighting the Dakota Access Pipeline intimately understand

> Our access to water is what guides the settlement of communities, and, unfortunately, many people are faced with unsafe water drinking conditions and wa-

ter scarcity - even here in America.

For example, there are places in our country that do not have running water in 2018. Around 30 percent of the entire Navajo Nation Reservation does not have piped water to their rural homes. Residents haul water from safe watering points or from unregulated sources, with the threat of uranium mining chemicals sickening people remaining an issue. Here we





Marley Tucker Opinions Editor

are, a country that prides itself on being progressive, when even today we have residents denied the right to accessible, clean water.

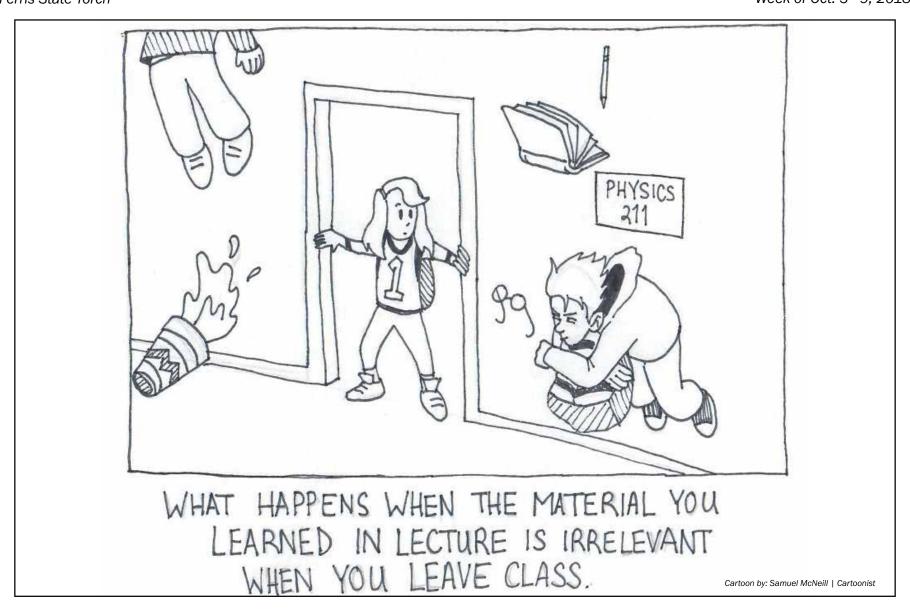
Access to safe water should not be seen as a service, but as a human right. We have seen here in our own state where that right is contested with the Flint water crisis and Nestlé water controversy that has been unfolding right here in our campus' backyard.

Also, the exposure to per- and polyfluoroalkyl substances (PFAS) is a public health concern that many communities are now faced with as testing is being done. Ferris students from all over the state live in hometowns where the chemicals have been found in groundwater, lakes, rivers and the Great Lakes. PFAS are from things such as chemical-based firefighting foam used by military bases, airports and fire departments, as well as manufacturing and waste disposal sites.

The ongoing crisis in Flint has brought drinking water safety to the forefront of everyone's minds, and it has further permeated popular culture at the recent 2018 Miss America pageant where Miss Michigan introduced herself to audience members by saying, "From the state with 84 percent of the U.S. fresh water, but

Water | see page 15

Advise (231) 591-2529 The above information was found at seametrics.com



My biggest regret when you doubt you should trust

Some say it's healthy. Some say it means you have something to lose. But to me, it's what paralyzes you. It's what keeps you from moving forward.

Take a moment to think about your life. Is there anything you wish you could do but don't? Why not?

Being in my final year at Ferris, I've had some time to sit back and observe my life. I am sad to say there are many regrets - regrets that stemmed from fear.

In high school, I was loud. I was the first one to raise my hand in class and the last one to be seen quietly standing on the sidelines during a school dance. I was fearless, confident and indestructible.

After graduation, things changed.

For the life of me, I can't say when or how, but as I got older I started to doubt myself. My vocabulary changed from "we should" to "maybe we could." At first, I didn't notice it and they were just small changes. It wasn't until my spring 2018 course in interviews that I was called out on it.

The purpose of the interviewing course was to practice being interviewed for future and potential employers. The in-



structor would pick apart your interview in front of the class and, in the end, I'm glad she did, because it was then I realized I've been belittling myself. She told me I talk about my ideas and my thoughts as if I don't believe they are of value. It took a few more interviews before I realized she was right.

After passing the course, I couldn't get what I learned out of my head. I noticed how I always moved out of other peoples' ways, how I'd submit to whatever other people said at work even if I disagreed and how I never backed my ideas with confidence.

I don't know about you, but I find it frustrating when a professor asks the class a question and everyone is silent. You mutter what you think the answer is but are too afraid of being

When you doubt the only one

wrong that you don't raise your hand. Then, of course, the professor says the answer, your answer, almost word for word. And you kick yourself for submitting to your doubt and say you won't make that mistake again, but then you do.

I came to Ferris prepared to take on the world but instead found myself locked in my room. I was too afraid to go out and try to make friends with my roommates last year because, for the three years before that, the experiences were so negative. I was scared that would happen again. Rarely do I speak out in class or at work because I don't want to get it wrong. Now, five years later, I'm staring graduation in the eyes, and all I can see are the things I wish I would've done, the person I could've become had I not let my fears rule me.

Don't let fear paralyze you. Being wrong is okay. What's not okay is letting the fear of being wrong keep you from being who you are.

So, take a look at your life. Is there anything you wish you could do but don't? Why not?

It has taken me five years to come to my realization. I only hope that it doesn't take you as long.

Water

Continued from page 14

none for its residents to drink, I am Miss Michigan Emily Sioma."

mention these ongoing sues and emotions connected to water because I believe that it is a resource that many take for granted. The Smithsonian Exhibit "Water/Ways" will be displayed at Artworks gallery downtown through November alongside Ferris' Fine Arts Gallery's H20 exhibit. I highly suggest checking out these exhibits to foster a dialogue about our nation's water sources. We have to be proactive about Michigan water and ensure healthy access to water

One of my fondest memories as a little girl is of the first time I swam

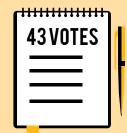
in Lake Michigan. The water was refreshing on a hot day and I felt so alive as I floated along the waves. As a proud Michigander, I consider our proximity to the Great Lakes a humbling privilege, one that many others will never understand or enjoy. Protecting our water resources also protects our health, our ecosystems, and our state's economy. Without water, we are nothing.

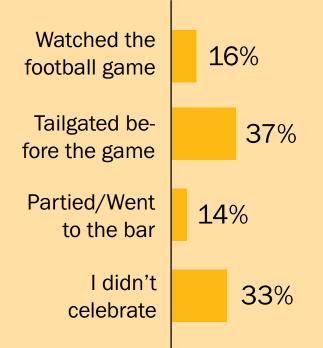
To see pollutants contaminating those waters is painful for me to watch. To know that our communities' water safety could change on a dime is a sobering thought. What does water mean to you in your life? How will our Great Lakes look in 50 years?



TORCH POLL RESULTS

What did you do to celebrate Ferris Homecoming 2018?





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us on Facebook or following us on Twitter

Shopping cart etiquette

Just put it away

I love to go grocery shopping. There isn't much that brings me more joy than to drive my cart down the aisles of Meijer and see what I can spend my money on. After my happy excursion through the store, I check out and then take my purchases back to my car. Then, I do what I believe any normal person would: put my cart in the cart corral.

To me, this seems like normal practice, to put the cart away where it belongs. To a lot of other people, it seems like they don't believe in using cart corrals and would like to leave their cart wherever they please. It doesn't take much time out of your day to walk a few parking spaces down and put the cart back. The last time I was at a grocery store, I assure you, I saw no less than 30 carts just hanging out in the parking lot.

It's not only annoying to see all the lone carts in the parking lot, but it's also dangerous. People and cars get hit all the time by runaway carts. There have been

countless times that I have tried to find a parking spot, turn into one that I believe to be empty, only to find out that it is occupied by a shopping cart. I almost hit it and then get very upset because I have to find a new spot.

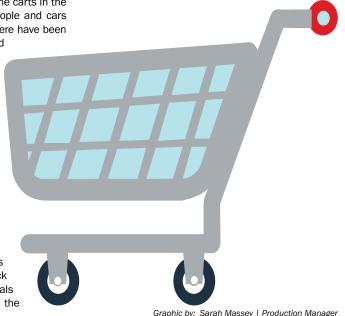
Grocery stores are trying to come up with ways to avoid this issue. Aldi makes you pay \$0.25 if you want to use a cart and then you get it back when you return your cart after shopping.

Word on the street is that Walmart and other large corporations are engineering self-driving shopping carts that will take you to what you are looking for in the store. After you take your groceries to your car, the cart will drive itself back inside, eliminating the need for cart corrals and lowering the amount of carts left in the



parking lot.

Until we get self driving grocery carts, it is someone's job to get all the carts inside — it isn't their job to chase after the cart you decided to leave outside the corral. That job must not be very enjoyable as it is; we could make it a little bit easier for them by putting our carts away. So next time you are at the store and notice a cart that isn't in the corral, grab it and put it away, or better yet, bring it into the store. It's one less cart for someone to have to push inside later.



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