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HERE'S WHAT'S INSIDE

A HAZY FUTURE FOR VAPES
What do you think of the new ban on flavored vapes? One of our writers has a very strong opinion on the topic. Read more on that in opinions.

BULLDOGS WIN OPENER
The Ferris football team opened up the 2019 season with a win. Read more on how the game went down later on in the paper.

OPINIONS | PAGE 14 **SPORTS | PAGE 11**

Flavored vapes banned

Michigan will ban sales of flavored e-liquid starting Oct. 4



Trenton Carlson
Torch Reporter

The Michigan State Health Department has issued a state of emergency rule, banning flavored e-cigarette sales after being directed by Michigan Governor Gretchen Whitmer.

This legislation will take action starting Friday, Oct. 4, when stores selling flavored vape products must take them off the shelf. All vape products containing tobacco or unflavored vape juice may remain in stock.

"We have 30 days to sell through everything. It's going to affect the entire industry in Michigan," Ferris alum and E-cig Outlet manager Nick Krave said.

With health officials investigating more than 200 cases of lung disease among 25 states, possibly related to vape product usage, Michigan is now the first state to ban flavored vape products in hopes that it will protect the health of children among the state from the potential dangers of vaping.

Government officials believe vaping is appealing to children because of the range of flavors.

"I think it's crap. It's a drug, it's not a kid's fault that you left it out," Ferris automotive management junior Thaddeus Malosh said.

As efforts have been made to ban all tobacco products on Ferris' campus, the new legislation is also concerning students, who are wondering if rules for vaping on campus will be affected.

"I think it will change our vaping laws on campus and I think it's going to encourage students to pick up cigarettes again," Ferris pre-diagnostic medical sonography senior Jonathan McAdams said.

This is a growing concern to many as well, due to how popular vaping has become over the years. Especially when products are pulled from shelves with such short notice. E-Cig Outlet in Big Rapids supplies vape products to between 300 and 400 people a day according to Krave.

This ban on flavored vape products doesn't just apply to sales but advertisement as well. Vaping is advertised as a product to help former smokers stop smoking cigarettes. Products are no longer allowed to be advertised as safe or harmless alternatives to smoking cigarettes.

Although a flavor ban may be an inconvenience to many vape users, Gov. Whitmer feels strongly that this will be a part of the solution to stopping children from using vape products.

Vape stores have applied rules in the past to diminish the number of underage people buying vape products, one being that no one under the age of 18 is allowed inside the store.

"We can't regulate what happens outside these doors," Krave, said. "We do our duty by asking for the ID of everyone who walks through those doors."

For an insightful opinion on the matter, see p. 14.

Graphic by: Sarah Massey | Production Manager



Photo by: Megel Strayhorn | Multimedia Editor

Ferris mechanical engineering sophomore Eliana Alvarado vapes at a Ferris football tailgate. A new legislation passed by Governor Gretchen Whitmer will ban the sale of flavored e-cigarette products in October.

Got news? Let us know.

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“Most of our food waste ... is post-consumer, which is when the customer takes too much food and we then throw it out in the dish room area.”

- Scott J. Rosen - See below for story

Grant Siddall | News Editor | siddalg@ferris.edu

Waste not, want not



Torch file photo

A student receives a Chinese dish from the Quad Café. The Rock and Quad Cafés are looking at solutions to cut down on food waste in the restaurants.

Ferris' dining facilities are coming up with plans to reduce food waste

Elizabeth Norvey
Torch Reporter

The Rock and Quad Cafés are Ferris' sites for on campus dining, and though they provide food to students, they also waste a lot of food throughout the year.

“Most of our food waste ... is post-consumer, which is when the customer takes too much food and we then throw it out in the dish room area,” Ferris Dining Director Scott J. Rosen said.

Another large amount of food waste comes at the end of the day, when the restaurants throw out remaining cooked food that customers haven't taken. The Rock and Quad “follow the health department guidelines in how [they] handle this,” Rosen said. “If the product has been placed out, [they] have to discard this product.”

This rule extends beyond that of the Rock and Quad Cafés. Even if the food is about to be thrown out, student workers can't take home any of it, according to the FDA. If customers don't eat it during operating hours, student workers can't eat any of it after hours.

To cut down on the amount of waste The Rock and Quad use “a menu management program that helps [them] forecast and purchase the right amount of food for each meal,” Rosen said. The Dining program has also “been in contact with a local composting farm and [has] been trying to work out the logistics and the cost effectiveness of using this type of outlet,” Rosen said.

Both locations are trying to use the food waste they create to help out with growing more food. They are also starting work on a food insecurity program for students on campus to help make sure everyone is getting the food they need.

This food insecurity program is early in planning, but there are already some ideas in place.

“One of the thoughts would be to set up a site online where students or faculty and staff could donate swipes from their express meal plan or F/S meal plan, and also their guest meal passes. These donations would go into a pool that was then divided out to the student of need by a university official that would determine this,” Rosen said.

Another idea they've developed is for a donation system used to purchase meals for students in need. However, while ideas are in place, no definitive plans have been made.

Many students, and in particular student workers at the Rock Café who witness the food waste are concerned with the current process.

Ferris psychology senior Cassandra Rathbun, a former Rock employee said she “felt guilty having to throw away all the breakfast stuff [they] had. A whole pound of applesauce went into the trash every day. There was nothing wrong with it, [they] just had to throw it away.”

While some are concerned about throwing out prepared food, others are concerned about the food waste from customers.

“The food waste levels are higher than we would like. There are students who will grab a salad, drown it in ranch, take a bite out of it, and put it on the conveyor belt [to be thrown away],” Ferris biotechnology sophomore and Rock Café employee Malachi Lapham said. “There have been times as well where a group of people would order [from the Mongolian grill] only to realize it's wing night and not even go back to grab what they ordered.”

When asked about the plans for the food insecurity program, Lapham said “I don't know how it's going to go. Right now management is asking for \$1 donations from the employees to help out, but I don't know if it will help out as much as they are hoping if it's limited only to a small pool of people.”

On this day...

What 9/11 means to those who remember it not



Jonny Parshall
Opinions Editor

Time travel does not exist. If it did, though, and I was able to travel back to Tuesday, Sept. 11, 2001, I may be able to hold conversation with my younger self. Three topics would undoubtedly come up. First, he would be very disappointed I was not a successful heavy metal musician. C'est la vie.

Second, he would be surprised I was still in university, and without a PhD. Get used to disappointment, kid. That's nothing.

Third, he would want to know the outcome of the events of the terrorism attacks that day, how it affected our country ... and he would want to know what it was like attending class with students who did not remember it. Some Ferris students were even born AFTER 9/11.

That boggles my mind.

You've heard it from your parents, teachers and elders — I am sure of it — but now hear it from me, your classmate maybe a little bit older.

Only two events in current human memory match that day: the Pearl Harbor bombing and the assassination of President John F. Kennedy. My parents used to relate the day of JFK's death, and how they remember exactly what they were doing when they heard the news. The September attacks were like that for me, too. Except ...

I remember the entire day from beginning to end.

In that respect, it seems like only yesterday, not the 18 years that have since passed. Nothing of the day before. Maybe bits and pieces of the following week or so. But that day, from waking up to going to bed is permanently ingrained in my memory ... burnt on like a weird tattoo.

Younger students who were maybe two, four or six years old do not remember much because they couldn't grasp the complexity or impact of the situation. But for older students such as myself, there is a definitive impression of life before the event and life afterward. It's like summer turned to a long, harsh winter in a single day. And spring still has not come. We are still living in the wake of that day nearly 20 years later.

There was a time our country was not at war. At all. Yeah, skirmishes in Bosnia and Kosovo, but no comparison.

We don't hear about it anymore in the news — because it's NOT news — but the international war on terror is still very much happening. We still have troops in Afghanistan and Iraq. And our efforts to defeat al-Qaida and the Taliban backfired, creating more destructing splinter groups such as the Islamic State and ensuring terrorist movements for the near future.

There was a time terrorism was not a thing, or at least it seemed to a young, impressionable mind. Terrorism was a third world problem. Now

- ON THE RECORD -

A roundup of this week's crime at Ferris State University

...this is why you drink responsibly

Cora Hall
Sports Editor

A for effort

Aug. 30, 1:32 p.m., a student claimed someone had stolen her parking pass off of her car. Officers reported there was no evidence of a parking pass on the windshield and declared the claim unfounded.

Serious allegations

Aug. 30, 6:22 p.m., a woman reported that in 2015, when she was a student at Ferris, her boyfriend sexually and domestically assaulted her while they were living in South Bond Hall and also when they lived in the city. The former couple now have a child together but are going through a break up,

so she is now reporting the abuse. The investigation is open.

Fight night

Aug. 31, 1:54 a.m., officers received a report of a large fight at Northland Flats. When the officers arrived, the crowd dispersed. Officers reported there was one man left with blood on him and a ripped shirt, but he would not cooperate. There were no other witnesses of the alleged fight still present. The officers filed it as a disorderly conduct.

A whole mess

Sept. 1, 2:57 p.m., an officer attempted to stop a vehicle for speeding, but the driver of the vehicle tried to escape the officer. They ended up pulling into the parking lot of

KFC and Long John Silver's on Perry Avenue. The officer reported there were two people in car: a male driver and a female passenger. Both subjects began giving the officer a hard time. The officer was able to identify both subjects and discovered the driver had three warrants for his arrest and a suspended driver's license. The officer reported that the license plates were bad and the driver had no insurance on the car either. The subject was arrested.

Just leave

Sept. 2, 2:18 p.m., a resident adviser from Bond Hall called because she heard a female screaming, "Get out of my room." When officers arrived, the subject who had been reported to be screaming told them

her boyfriend wouldn't leave the room. She said he had eventually left and apologized for disturbance.

...this is why you drink responsibly

Sept. 5, 1:10 a.m., an officer was dispatched to an illegal entry report in West Campus Apartments. Two students walked in to a female subject sitting nude on one of their beds talking on her phone. Officers reported that the subject was highly intoxicated and thought she was in her own apartment. The officers issued a citation for being a minor under the influence of alcohol.

The Ferris Department of Safety issued 320 tickets between Sept 1 through Sept. 7, totaling \$5,415.

WEEKLY WORLD NEWS

Catch up on news around the globe

Meg Lewton
Lifestyles Editor

Brunswick, Georgia:

Four crew members trapped under an overturned cargo ship have been successfully rescued by the Coast Guard. The ship had 23 crew members and one pilot on it when overturned, and while most made it out initially, four could not be found. The Coast Guard rescued the remaining four in a 40-hour effort. The 656-foot vessel overturned off the coast of Brunswick, Georgia.

Original article by Derrick Bryson Taylor, Niraj Chokshi and Mihir Zaveri, Sept. 8, 2019. *The New York Times*.

Kaechon, North Korea

North Korea launched two projectiles hours after proposing reopening denuclearization talks with the US. The launch marked the eighth time since July when denuclearization talks with the US stalled that North Korea had launched a missile or other projectile. It is believed that with negotiations stalled, North Korea is again producing materials for nuclear weapons.

Original article by Choe Sang-Hun, Sept. 9, 2019. *The New York Times*.

New Delhi, India:

The Indian Space Research Organization failed in their attempt to be the fourth nation to land on the moon. The country launched a robotic spacecraft, but lost contact with it as it was headed towards the moon's South Pole. The spacecraft, called the Chandrayaan-2, separated from its lander, and the lander landed on the moon. The organization is using the failed attempt as a learning opportunity for future launches.

Original article by Kai Schultz, Sept. 8, 2019. *The New York Times*.

Worldwide:

A new study by JAMA Internal Medicine shows diet soda being linked to premature death. The study revealed those who drank Coke Zero or Diet Pepsi regularly were 26% more likely to die prematurely than those who do not. Furthermore, those who drink two or more glasses of diet soda daily are 8% more likely to die young than those who drink less than one glass per month. In fact, drinking Diet Coke could be more dangerous than drinking Coca-Cola Classic. This has raised concerns about the artificial sweeteners present in these drinks.

Original article by Andrew Jacobs, Sept. 6, 2019. *The New York Times*.

9/11

Continued from page 2

it's almost a daily concern. The 2016 Orlando nightclub shooting is evidence of this. So is the 2017 Manchester Arena bombing during an Ariana Grande concert. Domestic terrorism has always been a thing, but it was rarely attached to any radical religious groups. And that leads me to the next point.

Islamophobia. Was not. A thing.

Yes, there have always been assholes and racists. But life before 9/11 was mostly devoid of any public hate speech against Muslims. It's truly hard to imagine now, especially for those born in the last 20 years.

No war. No terrorism. No Islamophobia. Seems nice, doesn't it? That might not be a totally accurate statement, but that's what the world looked like to a young, middle-class student in 2001.

That's how much has changed. That's why this day is important; not the planes or deaths or whatever. Those are tragically significant — significantly tragic — we need to remember them. But it's everything that unfolded afterward that resonate so much today.

Now that we all understand what is gone ... what can we do to restore it?

Torch Corrections

Did we make a mistake? Let us know!

Corrections can be submitted through email at fsutorcheditor@gmail.com or by calling 231-591-5978

NEWS BRIEFS

Meg Lewton
Lifestyles Editor

Office of Multicultural Student Services Latinxpo

Celebrate Latinx Heritage Month with the Office of Multicultural Services (OMSS) during the Latinxpo event 4 — 6 p.m. Tuesday, Sept. 17, in the IRC Connector. The event will feature authentic dishes, performances and crafts, as well as disciplinary focuses that highlight Latin culture. For more information, contact OMSS at (231) 591-2617 or omss@ferris.edu.

LGBTQ+ Resource Center Coffeehouse

Enjoy some coffee or tea 4 — 6 p.m. Wednesday, Sept. 18, in the LGBTQ+ Resource Center in the University Center. Here, you can have a drink, eat some snacks and learn more about the center. For more information, contact Sarah Doherty at (231) 591-2658 or SarahDoherty@ferris.edu.

Rap4Recovery Self Will Run Riot

Watch hip-hop duo Self Will Run perform 8:30 p.m. Friday, Sept. 20, in UC 202. The event will be hosted by Collegiate Recovery Education and Wellness (CREW) in honor of Recovery Month. The group will rap and share their experience with alcohol and drug abuse, as well as their recovery experience, to spread information and encouragement. For more information, contact Kayce Courson at (231) 591-3614.

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FERRIS STATE UNIVERSITY



Bulldog Bonanza
 Students attended Bulldog Bonanza Wednesday, Sept. 5, where they met with organizations on campus and were gifted a variety of items and treats.
Photo by: Will Holden | Torch Photographer

**DAWGS
Unleashed**
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Bash

**Starting at 2p.m.
Saturday, September 14
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- Enjoy a day of games, food and drink deals and tons of giveaways and freebies!
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It's all Greek to me

The process of Rush Week told by Greek recruiters

Abbey Wood
Torch Reporter

With Ferris Greek organizations readying to start recruiting new members, many potential members may be wondering how it works.

Ferris offers four types of fraternities and sororities organizations: Black Greek Council (BGC), Interfraternity Council (IFC), Panhellenic Council, and Professional Greek Council (PGC), with multiple fraternities and/or sororities composing each organization. There are three varieties to join: all-male, all-female, or mixed.

Recruiting can be a complicated process according to Ferris environmental biology senior and Panhellenic's Vice President of Recruitment Samantha Rosengarten.

"When we recruit potential new members, we have tabling at Bulldog Beginnings, hanging posters around campus, and handing out flyers. We have fifteen sorority women who are constantly asking potential new members if they've ever thought about joining a sorority. Our community is looking for eager women who want to be a part of something bigger than themselves. Our chapters are usually looking for women willing to be leaders on campus, that want forever friendships, and a passion for good grades. We choose our new members on a mutual ranking system.

"After the Friday of recruitment, all the potential new members visit the rooms, and they rank them from favorite to least favorite. The chapters also choose the women they'd like to spend more time with. So it's a mutual selection," Rosengarten said.

The recruitment period for PGC runs from Thursday, Sept. 12, to Sunday, Sept. 15, and includes a variety of activities.

According to Rosengarten they begin with orientation where potential new members will get information about the weekend and the chapters and get a chance to meet recruitment counselors. On Friday, the women meet all five social sororities on campus before going to three sororities, at most to learn about their philanthropy. On the final day they return to no more than two sororities and choose which one they want. Sunday afternoon is Bid Day, which is when the women finally get to call themselves sisters of their new sorority.

In IFC fraternities, Ferris physical therapy sophomore James Kendrick, IFC's recruitment chairman and member of Lambda Chi Alpha, said, "We recruit potential new members through individual events which each organization hosts, however there is one big event known as Formal Rush, where any male interested in Greek life gets to go through a number of rooms and meet members of every fraternity.

"We are looking for young men who will represent their organization the best because once you join a Greek organization, everything you do represents your organization."

"During our process, it involves getting to know the organizations and them getting to know potential new members. Once you've done this, if an organization feels they're a good fit, they'll extend a bid card. If the potential new member chooses to sign it, it gives the fraternity [allowance] to do a grade check to make sure they meet the grade requirements. It also says that they won't go for any other fraternity that semester if they go ahead with the recruitment process. "Recruitment is men from organizations reaching out to other



Photo by: Megell Strayhorn | Multimedia Editor

Greek organizations, such as Pi Kappa Alpha, are recruiting new members during the 2019 Rush, which will occur over the next two weeks.

men they like or might want to get to know better to see if they'll find a home in Greek life. That's why there's a lot of recruiting events and advertisements everywhere to try and draw in more members. The events help us explain to potential members that Greek life is not what's seen in movies

and can help you grow as a person and bring out your best qualities," Kendrick said.

For more information about Greek life and the organizations visit Bulldog Connect, or contact the Greek Life Center through CLACS.

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LIFESTYLES

“We just want to promote that you enjoy yourselves respectfully so that everyone can have a fun experience.”
- Captain Gary Green - See below for story

Meg Lewton | Lifestyles Editor | lewtonm1@ferris.edu



FEELING TAILGREAT

Everything you need to know about tailgating

Veronica Mascorro
Torch Reporter

Gathering together to celebrate a team or an event has always been an important part of American culture and history.

Linked back to the Civil War when Americans traveled to Virginia to see and cheer on the Union or the Confederacy during the First Battle of Bull Run, people have been gathering together to have fun for centuries.

For more than 20 years, tailgating has been a classic tradition before every Ferris football game. And for only \$7, students can be part of that tradition.

Tailgating is permitted in parking lots 34, 35, 36 and 37 immediately to the west of Top Taggart Field. During the week, tailgating is not permitted before 5 p.m. due to classes. With the exception of homecoming, which permits four hours, tailgaters can begin their festivities as many as three hours before the game.

Tailgaters are permitted to cook food and have fun until gametime. Once the whistle blows, tailgaters are expected to head in the stadium to enjoy the game. Once halftime hits, people are allowed to return to the parking lot, but must be back in the stadium when the second half starts again.

Many tailgaters, however, actually don't end up staying to watch the game. A study by National Geographic reported 35% of tailgaters never even attend the game after they tailgate.

Ferris Department of Public Safety (DPS) Assistant Director Captain Gary Green said when it comes to tailgating, the main goal by DPS is keeping everyone safe and respectful.

“You're going to be in close quarters, kind of jammed in there like sardines and everyone is just trying to enjoy themselves, so we just want to promote that you enjoy yourselves respectfully so that everyone can have a fun experience.” Green said.

Alcohol is permitted, but if the use of alcohol becomes a danger to others, it will be prohibited. Kegs, glass bottles and drinking games are also not allowed during tailgating for safety reasons. Marijuana use is not permitted on Ferris campus and cannot be consumed during a tailgate, despite its legality in Michigan.

All the official rules for tailgating can be found on the DPS page of the Ferris website.



Photo by: William Kronlein | Torch Photographer

Ferris students gathered to tailgate before the home opener Thursday, Sept. 5. The Bulldogs claimed a victory over the Findlay Oilers.

Ferris Football Schedule

September

Sat. 14 at Central Wash
7:05 p.m.

Sat. 21 at Ashland
7 p.m.

**Sat. 28 vs
Northern Michigan
Homecoming
3 p.m.**

October

Sat. 5 at Davenport
noon

Sat. 12 at Wayne State
6 p.m.

**Sat. 19 vs Northwood
Resident Appreciation
1 p.m.**

**Sat. 26 vs
Saginaw Valley State
Friends and Family
Weekend
1 p.m.**

November

Sat. 2 at Michigan Tech
1 p.m.

**Sat. 9 vs Grand
Valley State
Anchor - Bone Classic
3:07 p.m.**

Games before the game

The best tailgating activities

Marissa Russell
Torch Reporter

Games are permitted at Ferris tailgates and are enjoyed by many while partying before the football game begins.

Drinking games are prohibited, although students can play games such as “beer” pong and flip cup as long as they do not actually include alcohol as part of gameplay.

Here are some fun, creative games you can play at the next Ferris tailgate:

Near-Beer Pong: This is a classic game for college students all around. Two players stand at each end of a table with 10 cups in front of them in a pyramid formation. Teams take turns trying to get their balls into the other team’s cups. First team to clear all their cups wins. The other team takes a sip every time the opposing team makes a cup. Many people come up with house rules for “beer” pong, so be sure to specify yours before you begin. What you need: a table, 20 cups, two ping pong balls and nonalcoholic beverages

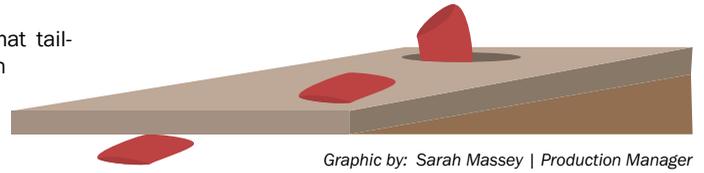
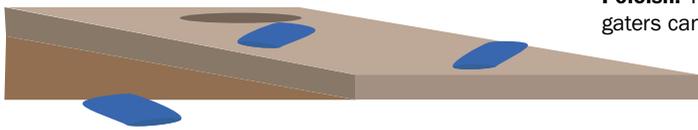
KanJam: KanJam is a game where the players need to aim a disc at a slot on specially manufactured cans and plunk it into the cans. Similar to bean bag toss (aka Cornhole), one player is stationed at each end. The first player throws the disc and the second player tries to hit into the hole. This game can be challenging and players need an accurate throw. The winners take a drink at the end of each round. What you need: KanJam and two discs

Poleish: Poleish is a pre-manufactured game that tailgaters can buy. In this game, players set a can on top of a somewhat steady pole and the other team throws discs to try and knock it

down. Players must be holding drinks at all times. Players can try to save the can before it falls, but if it does, they must take a swig of their drink. What you need: Poleish, pop cans, a disc and nonalcoholic beverages

Football Trivia: This game can be made specifically for whatever football team you are rooting for. All you need to do is create questions such as, “Who was Ferris’ quarterback in 2016?” or “How many games did the Bulldogs win the year they made it to championship?” The winner gets to pick who has to drink. What you need: notecards and knowledge of your football team

Ladder Ball: Ladder Ball is a childhood favorite made into a fun college game. In addition to keeping a point system, players sip drinks depending on what bar the ropes made it on. What you need: Ladder Ball and nonalcoholic beverages



Graphic by: Sarah Massey | Production Manager

Tailgate checklist

What to bring to the party

- Cooler
- Ice
- Money to pay for parking
- Grill
- Bluetooth speaker
- Games
- Canopy
- Seating
- Snacks
- Cups
- Drinks
- Tables
- Trash bags
- Sunscreen
- Sunglasses
- Umbrella
- Plates
- Bottle opener
- Eating utensils
- Decorations in team colors

Graphic by: Sarah Massey | Production Manager

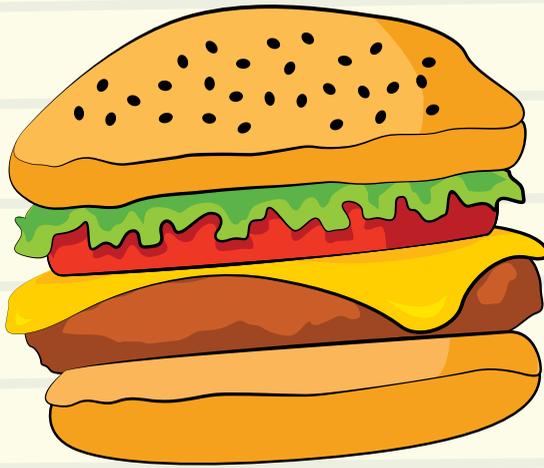
Tailgate recipes

Get your grub on!

Lily Brown
Torch Reporter

One of the most celebrated items in life is food, especially when it comes to a good party.

What should be brought to make the best tailgate feast? Below are three quick and easy recipes for some tasty food to enjoy while tailgating.



The Classic Hamburger

No one can do anything wrong with a hamburger. Just make sure it's cooked thoroughly and have a lot of condiments.

What you need:

- 1 pound ground lean beef
- 1 large egg
- 1/2 cup minced onion
- 1/4 cup fine dried bread crumbs
- 1 tablespoon Worcestershire sauce
- 1 or 2 cloves garlic, peeled and minced
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 4 hamburger buns
- 1/4 cup mayonnaise
- 1/4 cup ketchup

- 4 lettuce leaves
- 1 Tomato
- 1 Onion

Instructions:

1. Mix ground beef, eggs, onion, bread crumbs, Worcestershire, garlic, salt and pepper until well blended in bowl. Divide mixture into four equal portions and shape into patties.
2. Lay burgers on grill and cook until fully grilled (cut inside one patty to check if there's any pink spots if you're feeling unsure). It should be around 7 to 8 minutes. Then, remove from grill.
3. Toast buns on grill until lightly browned (optional).
4. Add condiments.

Homemade Chex Mix

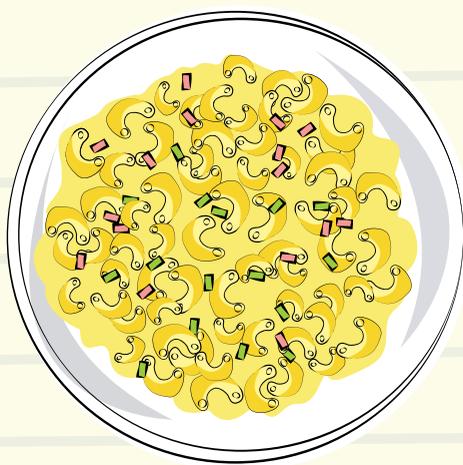
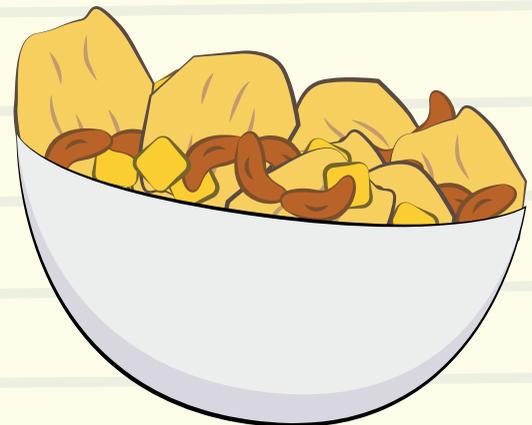
This snack is a big people pleaser and is a recipe that can be easily changed. It's really easy and does not require any baking; all you need is a microwave.

What you need:

- 3 cups of corn Chex Cereal
- 3 cups of rice Chex Cereal
- 1 1/2 cups of wheat Chex Cereal
- 1 1/2 cups of oyster crackers
- 1 cup of cheese crackers
- 1 cup of mix nuts
- 6 tablespoons of melted butter
- 2 tablespoons of Worcestershire sauce
- 1 1/2 cups of seasoned salt
- 3/4 teaspoon of onion powder

Instructions:

1. Place pretzels, cereals, crackers and nuts into a large microwave safe bowl.
2. In another bowl mix melted butter, Worcestershire sauce, seasoned salt and onion powder.
3. Pour the butter mixture over the cereal mix and coat evenly.
4. Microwave for five to six minutes, stirring every two minutes.
5. Spread onto clean, safe surface to cool (such as a cookie sheet, cellophane or aluminum foil).
6. Serve immediately or put in a container for later.



Macaroni Salad

- Freshly ground black pepper
- Chopped parsley (optional)

While not everybody's favorite, macaroni salad can be a good choice to have a healthier option while still being tasty.

What you will need:

- 1 pound pasta (macaroni)
- 3 hard boiled eggs, diced
- 2 celery ribs, minced
- 1 red bell pepper, seeded and minced
- 1/4 red onion, minced
- 1/4 cup sweet pickles, chopped
- 1 cup mayonnaise
- 1/4 cup plus 1 tablespoon pickle juice
- 2 teaspoons granulated sugar
- 1 1/2 tablespoons Dijon mustard
- Kosher salt

Instructions:

1. Cook pasta by following box's instructions. Drain water, rinse with cool water and drain again.
2. Transfer drained pasta into a large bowl. Add eggs, celery, red bell pepper, red onions and sweet pickles.
3. Mix mayonnaise, pickle juice, sugar and Dijon mustard into small bowl. Season with Kosher salt and black pepper.
4. Mix the small bowl's contents with the pasta mixture.
5. Season with more salt and pepper for taste.
6. Freeze for one hour.
7. Add parsley if desired.

Events calendar

Wednesday

Sept. 11

Jobs - n - Java

Location: CLACS Lobby

Time: 2 - 5 p.m.

LGBTQ+ Resource Center

Coffeehouse

Location: LGBTQ+ Resource Center

Time: 4 - 6 p.m.



Thursday

Sept. 12

Beer, Booze and Books

Location: Williams Auditorium

Time: 11 a.m. and 7 p.m.

Comedy Competition

Location: UC Rankin Lounge

Time: 7 p.m.



Friday

Sept. 13

Jobs - n - Java

Location: CLACS Lobby

Time: 2 - 5 p.m.

Monday

Sept. 16

Ferris AEM Big Rapids

Nutrition Fundraiser

Location: Big Rapids Nutrition

Time: 4 - 7 p.m.



Tuesday

Sept. 17

OMSS Latinxpo

Location: IRC Connector

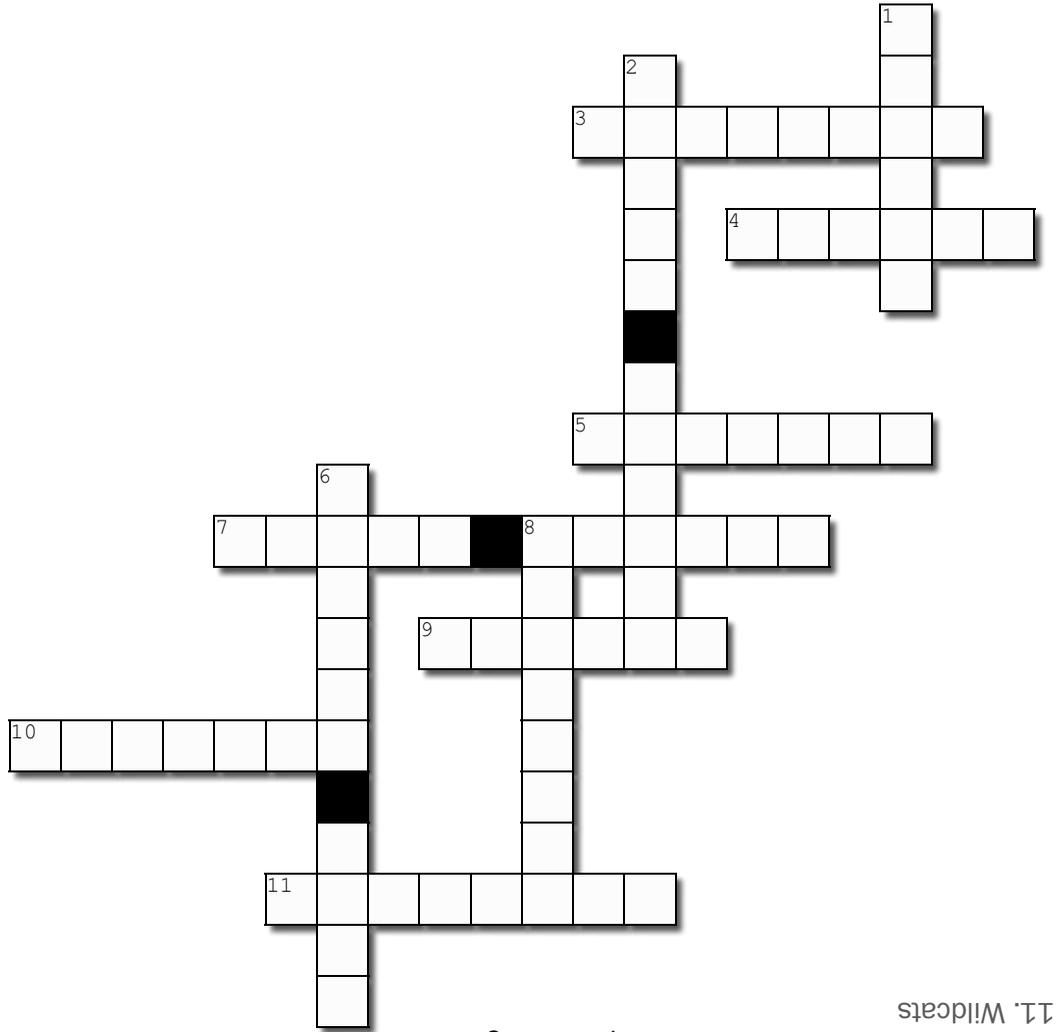
Time: 4 - 6 p.m.



For more events, check out calendar.ferris.edu

Tailgate trivia

Test your knowledge of Ferris football before the next game!



Crossword answers

DOWN:
Miller
Malik Taylor
Harlon Hill
Valdosta

ACROSS:
3. Campbell
4. Annese
5. Taggart
7. Grand Valley
9. Oilers
10. Fifteen
11. Wildcats

Across

3. Numbers 5 and 7: Jayru and Marvin ____
4. Ferris football head coach Tony ____
5. The team plays on Top ____ Field
7. The game against our rival, ____ State University, is home this year
9. The team won their home opener against the Findlay ____
10. The Bulldogs ended last year's season with ____ wins and one loss
11. This year's homecoming game is against the Northern Michigan ____

Down

1. Ferris football assistant coach Josh ____
2. This former Ferris wide receiver is training with the Green Bay Packers.
6. Jayru won the ____ Trophy last year
8. The Bulldogs lost the 2018 national championship game to ____ State University



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SPORTS

“At this time of the year, it’s all about us and what we’re trying to do and accomplish throughout the game.” - Greg Henson - See page 12 for story

Cora Hall | Sports Editor | hallc36@ferris.edu

Volleyball opens season undefeated



Photo by: Samantha Cavotta | Torch Photographer

Ferris sophomore middle hitter Samantha Hermann goes up for the kill in their match against McKendree University Friday, Sept. 6. Hermann had 12 kills in Ferris’ four set win against McKendree.

Women’s volleyball wins Saturday doubleheader in thrilling fashion

Brendan Sanders
Torch Reporter

The volleyball team wrapped up the annual Ferris State Invitational undefeated with wins against Gannon and Seton Hill on Saturday.

The Bulldogs captured a combined four wins during the event from Thursday, Sept. 5, to Saturday, Sept. 7. Their final two wins came on Saturday with an exciting match against Gannon University to begin the day before beating Seton Hill in a three-set sweep in the evening.

A 10 a.m. five-set thriller against Gannon involved both teams trading sets until the very end. The Bulldogs faced a 10-5 deficit in the fifth set, which they fought back from with a 9-3 run. Gannon made it to match point first, but Ferris took the set and game with a 3-0 run. Fans were on edge for each

set, with progressive final scores of 25-20, 22-25, 25-20, 21-25 and 17-15.

Junior outside hitter Katie O’Connell offered the Bulldogs a boost with 12 kills, 23 digs and an ace.

“Our energy just turned the game around, this was definitely a team win,” O’Connell said. “We do this every day in practice so we just kept reminding ourselves that we are prepared, and we know that we can come back from it. One of the fun things about volleyball is going back and forth. The momentum can change with every point, and we just knew we had to get momentum in the end.”



Katie O’Connell

The Bulldogs came back later in the day to play Seton Hill at 6 p.m. in the second game

of the doubleheader. This match saw Ferris win in straight sets 25-14, 25-23 and 25-



Courtney Brewer

14. Senior outside hitter Courtney Brewer was a significant contributor with five kills, 11 digs and a block.

“We really go by the motto ‘Respect all and fear none,’ so we just play every point like it’s the last point and we just go from there,” Brewer said. “We work hard every point and every day in practice. I think everyone did very well coming off the bench, so that was awesome as well.”

With the win, the Bulldogs now stand 4-0 after a 3-0 win against Ohio Dominican on Thursday and a 3-1 win against McKendree on Friday. The team gave up only three sets

in the entire invitational, setting them up well for next week’s Colorado Premier Tournament.

Head coach Tia Brandel-Wilhelm was happy with the team’s performance but noted they had work to do before next week.

“Next week is going to be tough in Colorado, [there] are really great teams and every point you are just going to have to battle for,” Brandel-Wilhelm said. “This weekend is good for us because we got to see ourselves in a competitive situation, we got to be tested a little bit and I think it will help us, but we definitely have some stuff to work on at practice.”

The volleyball team returns with another doubleheader starting 4:30 p.m. Friday, Sept. 13, against No. 24 ranked West Florida University and again at 8 p.m. against No. 5 Concordia-St. Paul in Denver, Colorado.

Bulldogs scrape out first win of the season

Findlay fights down to the wire in a 24-23 Bulldog victory

Cora Hall
Sports Editor

Ferris football fought tooth and nail to edge out the Findlay Oilers 24-23 in the home opener at Top Taggart Field Thursday night.

The Bulldogs, nationally ranked at No. 2, led by a touchdown with just less than 12 minutes left in the game, but Findlay battled their way down the field from their own five yard line and scored with 51 seconds left. The Oilers attempted the two-point conversion for the win, but ultimately came up short.

Ferris head coach Tony Annese said Ferris' 13 penalties to Findlay's two on the night was a "tough pill to swallow" and the team needed to clean some things up. Three of Ferris' penalties came from pass interference calls on Findlay's final drive that put the Oilers two yards from the goal line with a minute left in the game.

"When they first lined up, coach was screaming at us to get guys manned up and stuff and we knew they were going to do something funky," Ferris junior linebacker Sam Heyboer said of the two-point attempt. "It eventually worked out, but there was a little lack of communication as far as defensively scheming for that."

Heyboer, who had 10 tackles on the night, said the defense needed to get back to their game after allowing 244 rushing yards.

"Definitely some frustration and definitely something we need to work on is eliminating penalties," Heyboer said. "We haven't had a team run on us for 244 yards in a long time. They had a good RPO game and we were kind of struggling with that, too. It was our first game and we knew they were going to be a good test as far as rushing the ball and RPO's but we know what we've got to do better now."



Sam Heyboer

Despite the struggles on both sides of the ball, Annese was pleased with the win. He said they didn't have much intel on the Oilers' offense going into the game with several transfers, including Findlay's junior quarterback Matt Winzeler and a few receivers.

"We're spoiled as heck around here. People are acting like we lost," Annese said. "That is one huge win against one great football team. That's as good a football team as we've played in a long time. So all in all, I give a lot of credit to Findlay and I told my team in the huddle, 'That's a huge win for us.'"

Findlay started off the scoring on Thursday with a touchdown on their first possession, but the Bulldogs answered quickly on their first offensive play of the night. Senior quarterback Travis Russell found a wide open Sy Barnett and the sophomore wide receiver ran it in to the end zone for a 59-yard touchdown.

The next two quarters saw back and forth scoring and left the game tied up at 17 at the end of the third. The teams remained in a stalemate until Ferris senior slot receiver Davontae Harrington ran the ball in the fourth quarter to put Ferris on top, 24-17.

After averaging just over 491 total yards of offense per game last season, the Bulldogs were held to 405 total yards



Tony Annese

Thursday, with only 192 yards in the first half. Russell started the game and had his shining moments, but they were broken up by two significant turnovers. While he had a passing and rushing touchdown, he also gave up an interception and fumble nearly back-to-back midway through the game.

Annese was happy with Russell's performance. He considered it "solid for [the] first game," but said the turnovers hurt the offense.



Photo by: Samantha Cavotta | Torch Photographer

Ferris senior slot receiver Dion Earls rushes against the Findlay Oilers in Ferris' home opener Thursday, Sept. 5. Earls had two carries for two yards and one reception for 27 yards.

"When we completed passes, they were big, but the two turnovers really hurt us," Annese said. "We went aggressive after we got the turnover and Avonte recovered the fumble and then we threw a pick right after that. So it wasn't a perfectly clean game but there's some things that I'm very optimistic about. I felt our fight and passion and those kind of things were there. People don't expect me to be optimistic in certain circumstances but I felt optimistic about moving forward and I felt great about winning that game."

Russell led the team in rushing yards with 61 and completed 15 of 24 passes for 228 yards. Sophomore quarterback Evan Cummins rotated in throughout the game to take some runs and had the longest rushing play of the night with a 43-yard run. Cummins only saw the field on a handful of

plays because the Oilers were forcing the pass the majority of the night, according to Annese.

"Evan's probably going to be more of our quarterback run guy and they loaded the box and forced us to throw the ball," Annese said. "So we felt like Travis is more of the accomplished, not so much a better passer, but accomplished knowing our system, passing game wise. So we rolled with Travis in that situation more than Evan."

Annese said he hopes senior quarterback Jayru Campbell will play next week in their matchup at Central Washington University on Saturday, Sept. 14. Russell will still be starting again, but that doesn't mean Campbell won't see the field, according to Annese.

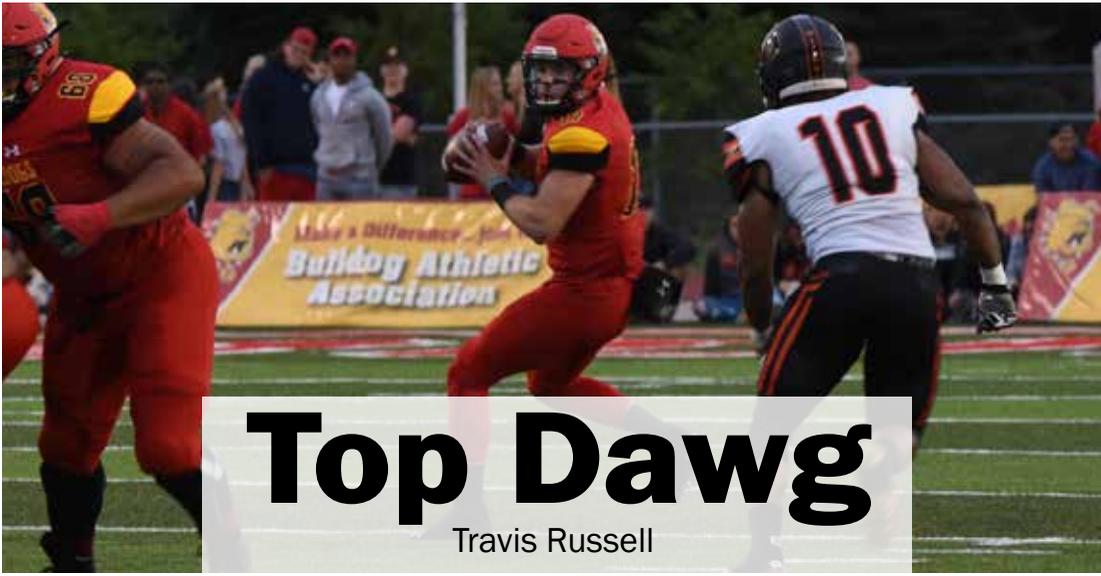
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Top Dawg

Travis Russell

Photo by: Samantha Cavotta | Torch Photographer

Brendan Samuels
Torch Reporter

Senior quarterback Travis Russell took control of the Ferris football team's offense in the absence of last year's star athlete Jayru Campbell. Russell kept the ball moving, and for that, he earns Top Dawg honors this week.

The Bulldogs managed to stave off a late two-point conversion attempt in the 24-23 victory over the University of Findlay Thursday, Sept. 5.

Russell and the offense found themselves trailing 7-0 early in the first quarter, but Russell connected with sophomore receiver Sy Barnett on a 59-yard bomb to even the score.

The Oilers and Bulldogs went back and forth most of the night, but one thing stayed consistent for Ferris: the arms and legs of Russell.

Russell ended the night completing 15 of 24 passes with 228 yards and a touchdown. He also added 61 rushing yards on 11 carries and one score.

Ferris head coach Tony Annese has announced that Russell will start again in week two.

Ferris hits the road Saturday, Sept. 14, for a 7:05 p.m. EST matchup with Central Washington University. The game will be broadcast on ESPN3 as the National Game of the Week.

Opportunities abound

Ferris Women's Soccer starts season without a loss but struggles to find back of the net

Brendan Samuels
Torch Reporter

The Ferris women's soccer team ended with a win and a tie to start the Greg Henson era last weekend.

With two home games to kick off 2019, Henson and his Bulldogs were hoping to show flashes of the greatness the team displayed last season.

Henson said kicking off the season on their home turf gave the team an edge over the competition.

"It's huge to be able to start the year off in a familiar setting," Henson said. "You always want to get off to a good start no matter what. It's a huge advantage."



Greg Henson

Despite escaping the weekend without a loss, the Bulldogs struggled to find the back of the net. Friday's double-overtime draw with Truman State University (Missouri), saw Ferris push the ball into

their opponent's defensive zone most of the night without a point to show for it.

The box score for Saturday's matchup makes it even more surprising that it ended in a stalemate. Ferris outnumbered Truman State 22-9 in shots and 14-4 in shots on goal.

"Truman is a good program, and they have been for years," Henson said. "At this time of the year, it's all about us and what we're trying to do and accomplish throughout the game."

The first half of Sunday's matchup with Quincy University (Illinois), looked like more of the same as the Bulldogs outpaced Quincy 12-0 in shots and 6-0 in shots on goal.

At 51' however, Ferris sophomore forward Pia Nagel found the back of the net to put the Bulldogs on the board with a 1-0 lead. Ferris would ride the lone goal to a victory.

"We're always looking to attack when we have the opportunity," Henson said. "We want to keep the ball on the ground, slash and create as many opportunities as we can."

Even if Ferris left the field with more questions than answers, they did find an answer to the starting goalkeeper position. Senior Alison Chesterfield guarded the net in both games, although she didn't see much action. She only saved five goals throughout 200 minutes of play.

Ferris will need to regroup and focus on converting opportunities this week as they head on the road for a pair of weekend games in the Dakotas.

The Bulldogs will take on Minot State University (North Dakota) 8 p.m. Friday, Sept. 13 before traveling to Northern State University (South Dakota) for a matchup 1 p.m. Sunday, Sept. 15.



Photo by: Will Holden | Torch Photographer

Ferris junior defender Stephanie Scafaria attempts to clear the ball against Truman State on Friday, Sept. 6. Scafaria plays center back and started both games for the Bulldogs on their opening weekend.



WEEKEND SCORECARD

FOOTBALL

9/5 - Ferris 24, Findlay 23

VOLLEYBALL

9/5 - Ferris 3, Ohio Dominican 0
9/6 - Ferris 3, McKendree 1
9/7 - Ferris 3, Gannon 2
Ferris 3, Seton Hill 0

SOCCER

9/6 - Ferris 0, Truman State 0
9/8 - Ferris 1, Quincy 0

CROSS COUNTRY

9/7 - Women's winner: Ferris' Katie Etelamaki 18:41
Men's winner: Ferris' Weston Rackley, 27:22

MEN'S TENNIS

9/5-9/6 - Top singles winner: Ferris' Pablo Munoz Baroja, 6-3, 6-2

THIS WEEKEND'S SPORTS SCHEDULE

Friday, Sept. 13:

- Men's & Women's Cross Country at Michigan State Spartan Invite
- Volleyball vs. West Florida at 4:30 p.m. in Denver, Colorado
- Volleyball vs. Concordia-St Paul 8 p.m. in Denver Colorado
- Soccer at Minot State at 8 p.m. EST

Saturday, Sept. 14:

- Men's Golf at GLIAC North Invitational in Big Rapids
- Women's Golf at SVSU Invitational
- Volleyball TBD in Colorado Premier Tournament
- Women's Tennis vs. SVSU at 1 p.m.
- Football at Central Washington at 7:05 p.m. (ESPN 3 National Game of the Week)

Sunday, Sept. 15:

- Men's Golf at GLIAC North Invitational in Big Rapids
- Women's Golf at SVSU Invitational
- Women's Tennis vs. Northwood at 10 a.m.
- Women's Soccer at Northern State at 1 p.m. EST

Running into top spots



Photo by: Samantha Cavotta | Torch Photographer

Ferris junior runner Weston Rackley (left) and sophomore runner Donis Harris run through the muddy course at Katke Golf Course Saturday, Sept. 7, during the annual Ray Helsing Bulldog Invitational

Home invitational used as a 'rust-buster' to kick off season

Austin Arquette
Torch Reporter

The Ferris men's and women's cross country teams ran their home course to kick off the season Saturday, Sept. 7th.

Ferris hosted the 45th annual Ray Helsing Bulldog Invitational at Katke golf course. The women's team ran the 5K first with the men's 8K following afterward. Both teams collected 15 points on the day.

Ferris senior runner Katie Etelamaki finished in first in the 5K with a time of 18:41.42 and she helped pace a group of teammates into the top 19 places. Ferris sophomore runner Paige Deitering was the runner up with a time of 19:38.61.

"I was going to pace for the first mile and a half to get the team and groups to come through at a certain time, and then take off from there, and this helped with all our fast finishes," Etelamaki said. "Having a season opener where you can just work into it and use it as a rust buster that's not stressful, but you can give a good effort, and it's a good atmosphere to shake of the rust."



Katie Etelamaki

Etelamaki said she ran faster than she did last year with less effort than previous years. She was happy with her effort and time for not having a lot of competition at the invitational. Only two runners from Kirtland Community College (KCC) ran in the race besides the 19 Ferris runners.

"The team I think did really well and they packed up in little tiny packs, and we are trying to get a bigger pack to race together, but they did group up in two's and three's so that was awesome," Etelamaki said. "We gave a good effort, and I'm happy with my time based on my effort, which was faster than last year."

The Ferris men's team had the top 12 finishes with Ferris junior runner Weston Rackley coming in first at 27:22.22. Ferris junior runner Aaron Jarema followed him in second place with a time of 27:31.72, with Ferris freshman runner Brandon Wirth coming in third at 27:35.52. The men's race had 30 finishers overall, with 12 runners from Alpena Community College and KCC.

"Overall it was a really solid first race. There wasn't a lot of competition, but we used it to get it out of the way and was great for everyone," Rackley said. "I had a pretty solid race; it was the first one back, and we treat it as a rust buster."



Weston Rackley

Ferris cross country head coach, Jared Kelsh said that he was very happy with the results from Saturday and that it sets the Bulldogs up well for the season.

Kelsh said the biggest thing he saw from both teams was how they came together and stayed together. He was trying to find his race groups today and was very proud of both teams' performances in the wet conditions.

"We had a lot of freshman show up today and run really well along with a lot of returners from last year who ran this course in better conditions, and they ran faster this year," Kelsh said. "Everyone is very good with being self-sufficient as far as pushing themselves, and now we have a good starting point, and we know what kind of fitness level we are in now."

Kelsh said he loved what he saw from his runners and Etelamaki did fantastic while looking very smooth and relaxed. He also said Rackley had a personal record from last year and that it was an excellent start for him with all the work he put in this summer.

With the season underway, both teams look to continue this success all season and hope to improve each week. Kelsh wants to see the teams tighten up their packs and keep them all close in times as well as stay consistent and not ruin any momentum. Next week is one of the biggest meets of the year, according to Kelsh and he hopes to continue to see what he saw Saturday.

The Ferris men's and women's cross-country teams will head to East Lansing Friday, Sept. 13, to compete in the Michigan State Spartan Invitational.

OPINIONS

"I think it's wrong that Whitmer is banning flavored e-cigarette sales when cigarettes, alcohol and marijuana are still legal."

- Cora Hall - See below for story

Jonny Parshall | Opinions Editor | parshar@ferris.edu

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OUR LOCATION
Alumni Building 013
410 Oak Street
Ferris State University
Big Rapids, MI 49307
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Chat with the chief Editor in Chief, Noah Poser

Coming into my freshman year at Ferris, I knew that it was the epitome of a small school. Yes, the school has roughly 14,000 students, similar to that of a school like Central Michigan University, but it's more about the feel than the number of students.

As you all may know, there is not a single place on campus that is too far from you that you can't walk there. Also, the school is primarily a Division II school when it comes to athletics. That of course does not include hockey, where we as a school are Division I. I

mean heck, we don't even have a baseball team or a men's soccer team.

Now, when I came in as a freshman, I thought being at a small school was only a negative. I now realize that there are some definite upsides.

For example, it's nice to have a sense of familiarity for all parts of the campus. It certainly helps to make the campus feel like a second home. A big part of that is the ability to see people you know. It's fairly common in a place such as Ferris to meet people and see

Small school or large home?

them numerous times throughout the rest of your time here, whether it be in the dining halls, in classes, or even living in the same residence halls.

Another part of this is the fact that you tend to grow close to the group of people you see on a daily basis. This could just be the group of people you see and hang out with all the time in your hall lobby.

Of course, you do have to give up the hopes of being in a packed football stadium of 50,000 or more people. And yes, the basketball games aren't at the inten-

sity level of games at Michigan State's "Izzone." That however, doesn't make the sporting events not enjoyable. In fact, it gives the event more of a pure sort of feeling as opposed to big time collegiate events.

As a bonus, you get all the advantages mentioned above on top of that pure feeling. Add all of those together, and you start to think of Ferris as less of a small school and more of a large home.

A hazy future for vapes

Strange times are upon us in Michigan.

I always knew one day we would see the effects of the vaping trend that has grown exponentially over the last few years, especially in our generation and younger. I suppose we should have been suspicious about everyone just accepting the idea that vaping was safe for you and much healthier than cigarettes.

After the Michigan Department of Health and Human Services (MDHHS) reported it was investigating six cases of e-cigarette/vaping related lung infections in Michigan, it declared that youth vaping gives reason for a public health emergency for the state, Gov. Gretchen Whitmer said in a statement.

Then on Wednesday, Sept. 4, the news broke: all online and retail sales of flavored nicotine vaping products will be temporarily banned.

The ban is not by Whitmer's executive order, but through the state's administrative rules process, according to the Detroit Free Press. This allows state agencies, in this case MDHHS, to create a regulation or policy that act as a law once authorized. The ban is set to be effective in a couple weeks and will last six months, giving businesses 30 days to comply.

The whole premise behind this ban is protecting our youth, but Whitmer already banned sales of nicotine products to minors June 4. In the three months since she banned sales to minors, has it really been long enough to determine if it was effective or not? Has it really been enforced?

This ban seems extreme. I also believe that was the point; Michigan is the first state to ban the sale of flavored nicotine products and Whitmer wanted to make a statement.

I just don't think this was the most productive way to solve this issue. Why not just strictly enforce the ban you made earlier this summer? It would accomplish exactly what Whitmer is saying she wants the new ban to do: protect our youth. So why not just actually enforce the original ban more strictly?

This ban is going to hurt local businesses that you'll find in nearly every city in Michigan. National companies won't be hurt

by this, but six months is a long time for smaller businesses to be prohibited from selling the majority of their products. While local Big Rapids stores like Rise Smoke Shop will continue to make money from other merchandise related to other forms of smoking, the E-Cig Outlet sells primarily vaping products. Will we see them still open in six months? I'm not sure.

I respect the stand Whitmer takes trying to protect our youth, I really do. We're at the point where middle schoolers are vaping and Juuling and getting addicted to nicotine at 13 years old. However, I disagree with her take that it was mainly the flavors that appeal to kids.

Kids didn't start vaping because it tasted good. They did it because it was cool and all their friends started doing it. Teens used to smoke cigs because it was cool, not because it tasted good. Sure, the flavors now may be appealing, but the idea of it being the cool thing to do was a more powerful variable in this situation. Unflavored or tobacco-flavored products will still be on the market, so kids who are actually addicted to nicotine and need their buzz will most likely just switch to those.

The fact of the matter is, there is so little research on the after effects of vaping and there's not much regulation on how juices are made. If anyone is surprised about the recent increase — 215 cases nationwide — of vaping related lung infections, you haven't been paying attention.

When you vape, you are literally inhaling chemicals and water straight into your lungs. One Juul pod is the same amount of nicotine as 20 cigarettes. Why did we think this was healthier than cigarettes, again?

Sure, we haven't seen any cases where vaping has caused cancer. But someone died from the ambiguous vaping-associated lung disease on Friday, according to the

Centers for Disease Control and Prevention (CDC). That's just as bad, in my opinion.

But I don't think this will curb the vaping trend. We've known for years that cigarettes cause lung cancer, but people still do it. It now seems like vaping is starting to cause a lung disease that I'm sure will have a name soon, but I doubt people will stop vaping.

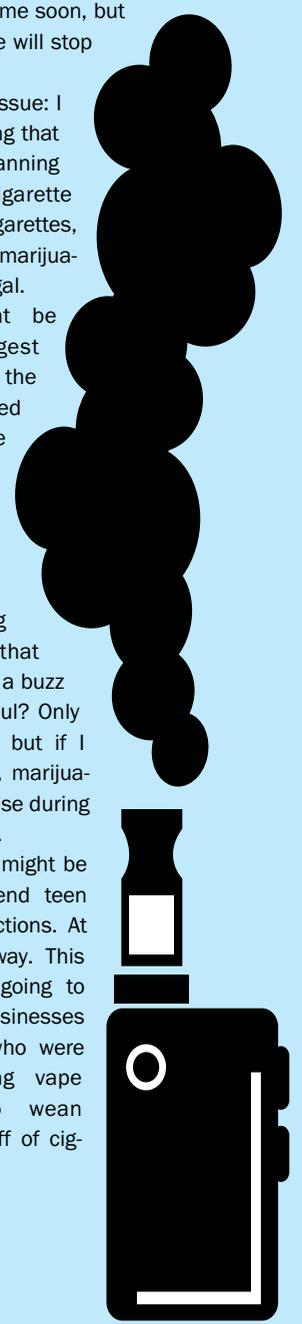
Here's my issue: I think it's wrong that Whitmer is banning flavored e-cigarette sales when cigarettes, alcohol and marijuana are still legal.

That might be the strangest part of it all, the fact that weed is legal here but we just banned flavored vaping. How many kids will start smoking weed now that they can't get a buzz off of their Juul? Only time will tell, but if I had to guess, marijuana sales will rise during this vape ban.

All in all, it might be too late to end teen nicotine addictions. At least right away. This ban is only going to hurt local businesses and adults who were legally buying vape products to wean themselves off of cigarettes.



Cora Hall
Sports Editor



Graphic by: Sarah Massey | Production Manager

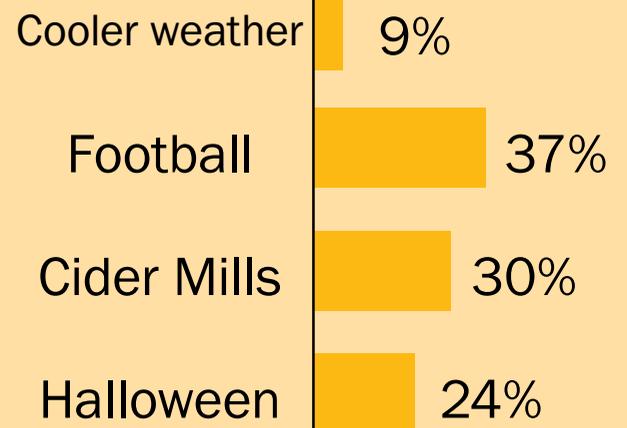


Cartoon by: Jonny Parshall | Opinions Editor

TORCH POLL RESULTS

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59 VOTES



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