

The Ferris State Torch

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Big Rapids, Michigan

Week of Sept. 6 - Sept. 13

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No mercy for Mercyhurst



The Bulldogs begin their season by sprinting on the field before their 54 - 12 win against the Mercyhurst Lakers.

The Bulldogs complete first goal of the season, beat Mercyhurst 54-12

Jeffery Walker
Sports Reporter

The Bulldogs completed the first goal they had set for themselves by beating the Mercyhurst Lakers in a blowout win as they begin a new campaign.

Following an electric start, the Bulldogs (1-0) kept accelerating to shut down Mercyhurst (0-1) in a 54-12 win on Thursday evening.

The win accomplishes what head coach Tony Annese deemed as the first goal of the season during the preseason. With it being the first real game back for the Bulldogs since their championship win in December, Annese addressed some nervousness around the debut.

"There's so much of an unknown starting a new season," Annese said. "There's a level of paranoia, a level of concern about how well your team's going to perform. I love these guys. We're a smart team. We're a playmaking team."

The Bulldog offense took off immediately when sophomore wide-receiver Deion Small returned a Mercyhurst punt for their first touchdown of the season. The Lakers refused to go down without a fight, scoring a touchdown and then recovering a fumble which led to another touchdown. Both touchdowns featured missed extra points for Mercyhurst, giving them a 12-7 lead. Following this burst of life from the Mercyhurst offense, the Bulldogs answered convincingly with seven straight touchdowns to secure a blowout.

With the first-game jitters out of the way, the Bulldogs will set their focus on how they can clean up their game and move forward as the season progresses.

"I know our guys are going to take any mistake we made to heart," said Annese. "They're going to focus a little bit more on not making the same mistake twice. So ultimately, it was a great win and a great opportunity for us to

grow from some of the mistakes we made."

In a dominant win by the Bulldogs to start their season there were some old faces and new faces making plays. Sophomore quarterback Carson Gulker took in two scores for the Bulldogs, senior wide-receiver Xavier Wade caught a touchdown from fellow sophomore receiver Brady Rose, senior receiver CJ Jefferson broke off two runs for two touchdowns, sophomore receiver Jeremiah Housey hauled in a pass for another seven points and the aforementioned Deion Smalls added to his touchdown total in the waning minutes of the fourth quarter. The final two touchdowns of the game were courtesy of sophomore quarterback Trinidad Chambliss.

Housey's touchdown was the first in his collegiate career. The young receiver found his first as something he'll never forget.

"My first college touchdown is something I'll remember for a

lifetime," Housey said. "Coach Annese came up with a great play for me to score. Once the play started, I realized I blew past the safety and was wide open for a touchdown."

The Florida native wants to keep the motor hot and isn't settling on one touchdown, saying "obviously, I want to keep scoring more and more."

This year as the Bulldogs continue to hunt the end goal of winning another championship for the third year in a row, they will look their depth on the team to help them reach it.

One of the new faces to appear of the Bulldogs defense is junior defensive end Sheldon Cage, who put together a solid performance for his first time in a Bulldogs uniform. Cage had four tackles with two tackles for loss for nine yards.

The defense showed depth as they only allowed 12 points in the game and turned Mercyhurst away seven times on fourth

down.

"I think we have a lot of depth," Cage said. "A lot of guys that can make plays, so I think we will be decent."

The defense is not the only thing that is striving for balance and depth this season.

Last night the Bulldogs offense used 3 different quarterbacks, 5 different running backs, and 7 different receivers who hauled in a catch.

With a team full of depth and players who can make plays on both sides of the ball, Annese admitted "I like our firepower."

The Bulldogs will look to that firepower to keep them on track as they now look to complete their second goal of winning the GLIAC championship.

The Bulldogs' next game will take them on the road to face off against Ashland University on Sept. 9 at 7 p.m. for their first road game of the year.

Inside: Student speaks after off-campus shooting at Campus Creek Apartments

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News

Ember St. Amour | News Editor | stamoue@ferris.edu

Student speaks after off-campus shooting

Location and suspect's identity revealed

Jessica Oakes
Editor in Chief

One of three suspects has been identified following a shooting at Campus Creek Apartments that took place last Saturday and resulted in the injury of one 21-year-old woman.

Norton Shores resident Malik Dontae Taylor was charged with seven weapons charges in the 77th District Court with a \$125,000 bond.

• **Count 1: Weapons — Firearms discharge in or at a building**

• **Count 2: Weapons felony firearm**

• **Count 3: Weapons — Firearms possession by felon**

• **Count 4: Weapons felony firearm**

• **Count 5: Weapons — Ammunition possession by felon**

• **Count 6: Assault with a dangerous weapon (feloni-**

ous assault)

• **Count 7: Weapons felony firearm**

The Big Rapids Pioneer reports that several hundred people were in the apartment parking lot at the time of the shooting.

Toshiro Johnson is a music and entertainment business major in his second year at Ferris. He lives at Campus Creek and recalls hearing what he thought were fireworks on the night of the shooting.

"It was back to back and I was thought, 'Wow, that's scary.' The next thing I know, one of my friends called me because he lives in the house that got fired in. The bullets hit in his kitchen and his bathroom," Johnson said.

Johnson's friend was not injured that night and has since moved apartments.

Campus Creek residents have been notified of updated security

protocols regarding guest parking passes after the shooting. Johnson now feels safe at his apartment and in Big Rapids.

"I feel safe in the community. I just I know people are crazy individually. I know people make environments bad," Johnson said.

As the story circulates around campus and Big Rapids, Johnson wishes that the public refrains from grouping in large numbers of people with the identified suspect.

"[Do] not group people together, because individuals, like I said, have their own mindset and it's harmful to group people up. Especially because the people involved were with it were people of color. It's oftentimes an entire group is demonized because something violent happens. Violence is not okay. It's never okay. I think it should be clear to these people weren't from Ferris and

you shouldn't group them in with other people that go here."

With two other suspects at

large, the Mecosta County Sheriff's Office encourages anyone with relevant information to con-



Photo by: Dylan Rider | Sports Editor

Authorities are still looking for two suspects after Campus Creek shooting.

DPS selects new captain

The hope for what the new captain can bring to Ferris

Ember St. Amour
News Editor

Long time member of the Department of Public Safety, Timothy Jacobs, was promoted from Sergeant to Captain.

Jacobs, who started out with DPS as a patrol officer, has made his way through the ranks of DPS, to be second in command, to Chief Abe Haroon. Haroon explained that the search for Captain took around three months, and looked at candidates from not only Michigan, but from all over the U.S.

Haroon explained some of the requirements that are required to be considered for Captain.

"So, there was a required education level, experience in par-

ticular supervision experience," Haroon said. "Also, any type of information that would help the university and are geared around University laws like Title IX and Clearly Act."

Jacobs has been connected to the Ferris community for a long time.

"Ferris has been really good for me and my family," Jacobs said. "My dad worked here a long time ago as a dean. My wife and all my kids have been here. So, Ferris has always been, you know, is in my heart and it just always been a really good place to work and get an education."

He also explained that one of his favorite parts of working at Ferris will still be a part of the role he will have as Captain.

"One of the most rewarding parts of my job is supervising student employees, so that still stays pretty much the same," Jacobs said. "I will always have my hand in that because it's so when you watch somebody grow from a freshman to a senior to being successful in a career 10 years later, it's very, very rewarding. It's probably one of the most rewarding parts of your career is watching. A young person go from being a student to graduating to graduating to becoming very successful in their field."

Haroon explained his expectations for Jacobs, as he moves through the ranks of DPS, as second in command.

"Safety, you know, so that's the number one priority not only for

me, but it should be for every one of my staff members is safety," Haroon said. "So I want him in that role to look at how we're proactively patrolling campus. He also plays a very big role in training."

Haroon explained that the role in training includes helping officers who want specific trainings, receive that training, and by pushing Jacobs in the right

direction, Haroon hopes that Jacobs will help create programs on campus to help the community.

Haroon explained that with Jacobs' promotion, there is currently a vacancy in DPS for a Sergeant. With this vacancy, the hiring process has begun, with DPS looking for potential candidates both within and outside of Ferris' community.

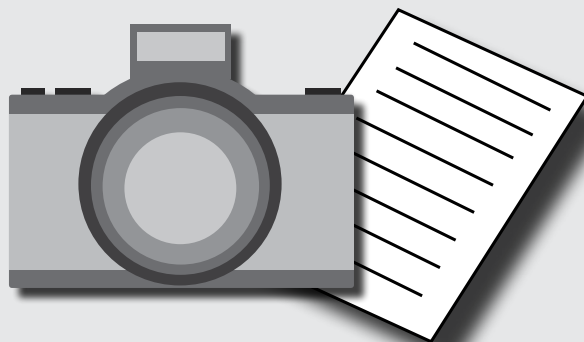


Photo courtesy of Ferris Department of Public Safety

Timothy Jacobs takes his new position as Captain in Ferris' DPS.

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HIRING**



CONTACT OUR EIC JESSICA OAKES

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Student Government Association begins new semester with new constitution



Photo by: Dylan Rider | Sports Editor

The Student Government Association's executive board gathered in the Founder's Room to discuss new legislation.

Tate Zellman
News Reporter

The Student Government Association voted on a 70 page constitution in a brief first meeting of fall semester.

The meeting took place on August 29th, 2023, at the Founders Room located in the University Center.

The meeting included tributes, reports, messages from the advisors, and a hearing of the public.

With the new constitution getting approved by the meeting's adjournment, SGA President Dylan Andrews mentioned that he was very excited and was looking forward to seeing how the new constitution could have some positive impacts on the university. He also mentioned that one thing he sees the new constitution doing is helping

life on campus become more feasible for both new and current students.

"This is something that's going to make it possible for every student to be involved with their campus choices," Andrews said. "That's why we passed it."

Christopher Fidell, an SGA representative who attended the assembly, spoke his word on something he wants from the new constitution to bring more students to the association to help it grow and expand.

"I'm hoping we become more inclusive," Fidell said. "I want more people and I think the Constitution is going to do that."

The SGA aims to bring a voice to the student body and promotes the university's core values such as collaboration, diversity, community, excellence, learning and opportunity. These

core values could be important to new students, and joining the association could give them a chance to express why these values matter to them, and help grow the number of students in the association.

One of the two tributes the

meeting had was to recognize both the Veterans and the Ferris State Football Team. Despite those groups not being the primary focus of the meeting, Dean of Student Life Lina Blair briefly touched on why honoring the two was a big takeaway from

the meeting.

"I love the tribute part that they've added to be able to recognize excellence at the institution," Blair said.

The Veterans were honored for their outstanding work and service towards the United States, and the Ferris State Football Team was honored for their achievement of winning two back-to-back NCAA Division II National Championships.

In addition to bringing in the new constitution, not only does Andrews see it help students make college life easier, but he also sees it helping SGA, as well as other associations located on campus.

"We made the push to rebuild at Ferris," Andrews said. "And take the initiative to try to bring all our associates back together and make sure the government is keeping a good bridge bridging the gap with the president's office and all other illustrators."

To learn more, visit www.ferris.edu. More information about the Student Government Association is available at (231) 591-2611.



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Students tour CVL at grand opening

President Pink cut the ribbon of the majority state-funded \$32 million project



Photo by: Dylan Rider | Sports Editor

The completed Center for Virtual Learning hosted a grand opening ceremony on Thursday, Aug. 31.

Ember St. Amour
News Editor

The Center for Virtual Learning had its grand opening last Thursday as part of Ferris' Founder's Day festivities.

The grand opening was attended by faculty, board members, students and representatives of the companies that worked on the building. The esports team was also present displaying their team jerseys in honor of the building.

The first to speak was President Bill Pink, who spoke of how the success of the building will play a crucial part of Ferris' role in students' lives.

"One of the important

programs that you see in this building is our School of Education and our School of Education faculty who are in that e-learning space and advancing the work of what we need to do across our state when it comes to preparing teachers for today's economy of students," Pink said. "And then also having our programs as far as our School of Digital Media is concerned. [It's an] incredible program that does work all over this campus prepares students for in demand positions and jobs that are here today and that these students can go out and enjoy wages and jobs that help pay them and feed their family on a daily basis."

Pink also explained that the

building was \$32 million, however, due to a partnership with the state of Michigan, the state is paying 75% of that budget.

Board of Trustees chair member, LaShanda Thomas weighed in on the importance of the building in her speech at the grand opening of the building.

"Ferris State students across Michigan and beyond will benefit from the support of the university's e-learning department, which occupies the first floor and serves all of our academic programs at the barriers," Thomas said. "Naturally traditional students will benefit from a 24-hour lab access and key spaces throughout the building. Students who are more comfortable engaging their

peers through a headset while playing a video game will not only find a home in our esports arena and community, they will also have the opportunity to turn that passion into a career through our new professional esports production program degree."

One of the partners with Ferris was Herman Miller, a company that deals with gaming furniture, and their vice president Jon Campbell, who was excited for Ferris' opportunities through the CVL.

"What I know is that when I'm standing in front of just an amazing building and work with such an incredible partner like Ferris State," Campbell said. "You guys are creating opportunities for

future gamers or workers in this space to actually create, [and] not only chase their passion, but also have an entire life based around this; to feed their family and to build up those career within this space. So, I couldn't be more proud and excited to partner with you."

At the end of the opening, Pink cut the ribbon and then faculty, students, and community members were given the opportunity to walk through the CVL to get a feel for the opportunities the building has to offer.

MICHIGAN NEWS UPDATE

Jessica Oakes
Editor-in-Chief

Working state: Following Labor Day, Michigan ranked 26th of the 50 states for worker's rights.

Every year, the organization Oxfam releases a report titled "Best and Worst States to Work in America." Oxfam, which focuses on global income inequality, reviews each state's minimum wage, unionization efforts and other policies that maintain employee "wellness" according to Michigan Advance.

With an overall score of 46.02, Michigan ranked 24th in wage policies, 22nd in worker protections, 26th in right to organize and 26th overall. This keeps it in the bottom half of the nationwide ranking.

The state of Michigan raised minimum wage from \$9.87 to \$10.10 per hour at the beginning

of 2023. Oxfam's report shows that this is still 27.75% of Michigan's cost of living.

Aaron Pelo of Michigan AFL-CIO, the state federation of labor, reflected on the Writers Guild of America strike and potential future strike from Detroit automakers. He believes the public has their eye on worker's rights.

"The past decade has really, I think, been marked by a lot of chipping away at workers rights and a lot of worker's oppression policies coming out of an anti-worker Legislature," Pelo said to Michigan Advance. "There's kind of renewed attention and a renewed focus being paid to the labor movement."

While Michigan out-performed fellow midwestern states Wisconsin and Indiana, 34th and 37th respectively, Illinois was the regional outlier in 10th place.

GLOBAL NEWS UPDATE

Jessica Oakes
Editor-in-Chief

Russia: Maksym Kuzminov, a former Russian captain in Russia's 319th helicopter regiment, is encouraging other Russians to follow his lead in defecting against their home country.

The 28-year-old's identity was confirmed by Russian Telegram channel Agenstvo.

The Defence Intelligence of Ukraine televised an interview with Kuzminov who claimed to defect to Ukraine with a Mi-8 helicopter in August.

In his first public statement, the pilot explained his part in the special operation working under the code name "Synytsia."

Business Insider reports that Ukraine has been incentivizing Russian soldiers to defect since

early 2022.

Last year, Ukraine's parliament passed a law to target and offer large financial rewards to Russian soldiers who agree to defect with their military equipment.

Kuzminov told the public in his interview that he did not want to be involved in a "genocide, and hopes others do the same.

"You'll be provided for, for the rest of your lives. You will be offered a job everywhere, no matter what you do," he said, according to a CNN translation.



Culture

Giuliana Denicolo | Culture Editor | denicog@ferris.edu

Founder's Day Festivities

Bulldogs gather on Robinson Quad in honor of Woodbridge and Helen Ferris



Photos by Jordon Wilson | Multimedia Editor

Hundreds of students walked through Robinson Quad to interact with registered student organizations, play games and enjoy an ice cream social.

Vine star Trevor Wallace comes to Ferris

Entertainment Unlimited announces this year's homecoming comedian

Jonathen Hart
Freelance Reporter

Entertainment Unlimited has announced that Ferris will be hosting Trevor Wallace as the Homecoming comedian.

Wallace is a stand-up and social media comic with a wide range of bits, but is most known for his frat boy content. Like many other younger comedians, the 30-year-old began making videos on Vine, an old platform known for making six second long looping videos. One of his most popular videos "ain't no laws when you're drinking claws" came out in 2019, and the internet greeted him with follows, likes and subscribers.

Information security and intelligence sophomore Logan Cosgrove has been following Wallace since before he made it big. He's excited for him to come to Ferris because of how long he's been following Wallaces' career. Cosgrove would rather see comedians over musicians.

"I find [Wallace] a great online personality and would love to see how that corresponds to his stand-up routine," Cosgrove said. "I feel like unless you don't like laughter, anyone can go see a comedian."

Wallace is most recognized for his online presence, which has had over 2.5 billion views and maintains more than 16 million followers across all social media

platforms. He has given performances at numerous festivals, including the Moontower Comedy Festival, the New York Comedy Festival and Netflix Is A Joke. He has also appeared in numerous well-known media outlets, including Comedy Central, MTV, Barstool Sports, The L.A. Times, and The New York Times.

Criminal justice senior Faith Faille has been excited about this news since the announcement as she's been hoping for Wallace to perform here. Faille believes that having a younger comedian like Wallace perform will be better for the students to understand his comedy.

"The comedians in the past have all been older like some of them are our parent's age. Some of them haven't been that well known within our generation," Faille said. "Trevor Wallace is different. If you have TikTok, you have seen him. He's all over social media and has been for years and everyone loves him. Most of his content is based on college, so he knows what is funny to college kids."

As the President of the Resident Hall Association, Faille tried to pull some strings to get Trevor Wallace to perform at Ferris just last year.

"I had talked to some of the members of RHA as well as EU about the fact that I thought it would be a great idea if there was

any way we could get him to come to Ferris," Faille said. "When they announced it I couldn't believe it."

EU President Kaitlyn Walters wanted to try something new this year as it's been difficult finding comedians that mesh well with Ferris and their students.

"It has been hit or miss with the comedians in the past and we wanted to try and breathe new light into the type of comedian we had, we wanted someone who has grown into a social media influencer," Walters said.

Based on the reactions EU has received on the announcement, Walters believes that this year Wallace will give Ferris one of the

best performances to date.

"We could tell people were excited, since then we have had more people come up to us and ask how they were able to join our RSO," Walters said. "You won't want to miss this show with Trevor, it will be a night to remember and a great way to celebrate homecoming week."

EU is planning Ferris' homecoming week for the first time this year. Aside from just choosing the entertainment act, they're planning the parade, a corn hole tournament, a bonfire and Ferris' first homecoming dance.


"Normally there is a student homecoming committee outside

of EU that plans homecoming. This year Ferris admin thought EU would be a good fit to plan it because we have planned similar events in the past and have proven to be successful," Walters said.

Wallace will be performing at the Williams Auditorium on Sept. 27 at 7:30 p.m. The show will be free to students and the public. Early entrance for students with their Ferris ID will be at 6:30 p.m. and doors will open for the public at 7 p.m.

For more information on EU, visit Ferriseu on Instagram and Facebook. They also meet on Mondays at 5 p.m. in the David L. Eisler Center in room 217.

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Photo courtesy Entertainment Unlimited

Media Minute

Review on FX show "The Patient"



Graphic by: Hailey Nye | Assistant Production Manager

Evan Hibbard
Freelance Photographer

****SPOILERS****

"The Patient" premiered on FX and Hulu in Aug. 2022 with heavy hitters Steve Carell and Domhnall Gleeson.

The show stars Gleeson as a serial killer named Sam (aka The John Doe Killer), who kidnaps his therapist, Dr. Alan Strauss (Steve Carell) in a last-ditch attempt to get him to stop killing. The show follows Dr. Strauss as he attempts to solve Sam's unique compulsion while also trying to fix his own family life from the basement of a killer.

The strongest element of the show is no doubt the acting, particularly Gleeson's. The veteran actor seamlessly steps into the shoes of Sam, delivering arguably one of his best performances in a show that most people probably won't see.

Gleeson perfectly tows the line between playing a divorced and highly disturbed individual who

considers himself to be smarter than most and a man with the emotional equivalence of a child, evidenced by his incredibly close relationship with his doting mother.

Carell also holds his own, turning in another solid dramatic performance at the behest of some questionable writing and despite the fact that he's chained to the floor for much of the show.

As mentioned above, the main element that holds the show back from being a modern classic is the writing, which is done by experienced TV writers Joel Fields and Joe Weisberg. Both of them are former writers for "The Americans."

A good chunk of the show takes place within Dr. Strauss' head as he imagines himself talking to his former therapist, Charlie (David Allan Grier). This relationship is integral to the show and actually works despite how it sounds, however, the introduction of Charlie is sort of jarring and felt like it came out of nowhere.

Charlie first appears in the sixth episode titled, "Charlie," where he is given essentially no introduction and becomes a main character from there on until the end of the show. This is the first time in the show where the writing really starts to falter, but it's nowhere near as confusing as the ending, which strays away from the entire point of the show just for a cheap rendition of the "it was all a dream" cliché.

In the finale of the show, Dr. Strauss attempts to convince Sam to turn himself in and let him go, rather than just hitting him with the ceramic pitcher that has been referenced as a potential way out of the basement in virtually every episode up until now.

Sam disappears upstairs, and Dr. Strauss lures Sam's mother into the basement where he grabs her and threatens Sam that he'll kill her unless he turns himself in.

It then abruptly cuts to a scene presumably taking place after the events of the show, showing that Dr. Strauss has reunited with his

estranged son, Ezra, and is at a family gathering at which they reference his time in Sam's basement. So, the show's over, right? Right?

Wrong. It immediately cuts back to the basement where Sam has actually overpowered and killed Dr. Strauss, much to the objection of his own mother. The show then ends with Sam chaining himself to the floor in place of Dr. Strauss, in order to physically restrain himself from hurting anyone ever again.

While it's understandable that the writers wanted to end on a positive note, this ending essentially upends the entire mythos that has been constructed within the show.

The way this initially very powerful and intriguing show ends turns Dr. Strauss' character into a dumb-down version of the supposed genius that he is. Maybe in some way, that was what the writers wanted to show in the end, but it comes off as a half-baked, barely thought out idea that almost ruins the show, which had so much

promise up until the last two episodes.

This isn't even mentioning the rushed sequence of events in the penultimate episode which drives Sam to attempt to kill his father, whom he and Strauss believe is the cause of his violent tendencies. In the end, Sam isn't able to kill him and we never see or hear from his father again, even though his own son came to his house and tried to kill him.

I would say that at least the first eight episodes are worth watching if only for Domhnall Gleeson's performance as Sam in which he seamlessly switches from a terrifying psychopath to a frightened child who strives endlessly for his mother's love.

In the end, "The Patient" is a strong concept with incredible performances all around that falls flat late in its runtime due to its shoddy writing by two experienced TV writers who came from established award-winning shows.

Opinions

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EDITORS COLUMN:

You can't wake up if you don't fall asleep

Burnout is for ego, not heroes

Jessica Oakes
Editor in Chief

The abandoned AMC movie theater sits in our Historic Downtown as a relic of the past, and a reminder that the first half of our city's name is wild hyperbole.

It is easy for me to dedicate all of my free time in Big Rapids to a grade point average that may ultimately never matter to anyone else. There is no 95 degree sunshine with a pool, beaches and interesting food that I am consistently distracted by in my Florida town.

After a brief period of red leaves and the unapparent summer air in early fall (to quote Bo Burnham), we will go back to months of gray skies and the college student grind. My friends and I made an agreement recently that we will dedicate more time to going out and genuinely enjoying our last bit of time together as seniors. While I am proud of everything we have worked for so far, I know that each of us have pushed ourselves to unhealthy

lengths for a slim definition of success. We forget to include joy on our itineraries.

Our first outing of the semester was to Celebration Cinema in Grand Rapids for a \$3 movie on National Cinema Day. We drove an hour to watch a movie that came out months ago and half of us hated it.

"Asteroid City" is the latest perplexing and stunning piece of work from Wes Anderson. It follows a play within a movie, depicting a series of events in a fictional 1950s desert town with junior geniuses, an alien and Tom Hanks. As Jason Schwartzman's character eventually learns, it is pointless to try to find meaning in every detail of this movie or life itself. A week after viewing, I have already forgotten the majority of the dialogue and plot. One line, however, has been stuck in my head like a song or a popcorn kernel.

Near the end of the movie, multiple characters repeat the line, "You can't wake up if you don't fall asleep." It feels ab-

surdist while watching, and I am certain that some of my friends did not appreciate it. I appreciated it enough on their behalf. No matter how many different breakdowns there are on Reddit for this movie, I will keep to my own interpretation: It is impossible to come back to your full productive potential until you have taken a full break.

As soon as I took up my position as editor in chief, I lost all desire to work myself to the bone. Sure, I would write articles until the sun rose as a news reporter, running on Aldi brand kettle chips and La Croix. Passion is a fuel like no other. Still, I always knew that wasn't sustainable. With other people depending on me in my current role, overwork is not cute. It is ego driven and irresponsible.

The Torch has put me in the same room as plenty of inspiring leaders. In interviews, they recognize that their own wellbeing has to be their own first priority. I felt more capable than I ever have when I realized that I would do anything to help this newspaper

succeed and that includes providing for myself. Nobody wants a leader that does everyone's job for them. It's only expected that every job is eventually done by someone.

Stress relief used to live at the bottom of my to-do list and I'd routinely get too caught up in stress to ever reach it. Admittedly, I loved the look of a student taking six classes and writing front page stories on too little sleep. A lot of us want to be the selfless worker that does everything and then some. Unfortunately, that is a fictional super hero story. If you partially put yourself everywhere, you are wholly nowhere.

To "wake up" and reach my full potential this year, I will keep a few basic practices: asking for help, saying no to work I can not give my full attention to, scheduling happy activities and thanking the large group of people that makes the Torch such a great place to work.



Located in Big Rapids' Historic Downtown, the old AMC theater is a reminder of the past.

Photo by: Dylan Rider | Opinions Editor

The best and worse ways to study

The dos and don'ts

Jonathen Hart
Freelance Reporter

When it comes to college studying, doesn't need to be difficult. Most college students share the same struggles when it comes to finding productive studying habits. While not all methods work for everyone, using the process of trial and error will help you figure out what works best for you.

From one college student to another, the following advice can help you simplify your study routines by raising productivity, sharpening focus, enhancing attention and reducing distractions. Once you are able to get into a routine of your own, studying will become that much easier and you won't have to stress as much.

Remember studying is difficult, I am here to share with you what has helped me and what has hurt me. I hope any part of this can help you figure out what is good for you.

Do: Sort your notes

Because you won't have to search through many locations, grouping your study materials by subject or chapter will save you time and frustration. Use different colored highlighters, folders, or sticky notes to color-code distinct areas of your notes into subtopics.

For me, using different colors for everything helped me remember what I had written

down or put together because I remembered what I associated the colors with. As silly and cliché as this sounds, sorting my notes and having a system was the best option for me.

Don't: Cram

The need to learn rapidly makes cramming the night before an exam ineffective since it raises stress levels. Additionally, stress makes it more difficult for you to focus and remember information. If you try to cram for an exam the night before that will cause you to lose important sleep for the night before and cause you to forget everything you just studied.

The first Midterm I studied for, I felt it came out of nowhere. When I noticed the night before that I didn't study as much as I should have, I rushed to look at everything from the book we were using. Needless to say, Cramming did not work for me as I did not get the grade I wanted for the midterm.

Do: Change the setting

When deciding where I was going to stay on campus this year, I wanted to get away from the one-room dorm. I always found myself distracted by the things I had kept in my room. I had decided to move into Merrill because they offered two rooms together and described it as having a spot for a living area and a work area and I have not found myself distracted in that separate room away

from everything.

Changing your study environment is crucial since it enhances learning and productivity. According to simplestudies.org, switching up where you study will make it easier for your brain to retain the same material. As a result, your brain will perceive the information as worthwhile and valuable.

You can improve your ability to remember information over the long run by changing where you study. The various associations of a study setting will assist in keeping the material fresh, enabling you to recall it throughout tests. Your brain associates information with the environment in which you are learning.

Don't: Stay up too late

Last year, I assumed that if I stayed up late it wouldn't affect me going into classes even if they were later in the day. By the end of the first semester I learned how wrong I was. Having a separate sleep and study schedule is key once you are able to learn to stick to it. I did that for my second semester and it worked wonders.

You may think that you can easily stay up all night studying, but getting at least seven to eight hours of sleep is more beneficial. Sciencedaily.com explains that if you do not get a substantial amount of sleep the night before a test, it will be harder to concentrate and focus during the exam.

Do: Participate in study sessions and office hours

I have made it a habit since my first year of High School to reach out to all of my teachers and introduce myself, that way as the semester goes on you keep a relationship with them. It will be easier to ask them for help.

Your professor will see that you are a focused, diligent student if you come to office hours with questions. The more frequently you show up for your professors' office hours, the more motivated they'll be to support your academic success. If you are struggling all semester and you don't ask for help, it might be too late. Establish a good relationship with your professor as soon as possible.

Don't: Mindless Study

Even while you may believe that reading your notes and looking at flashcards is sufficient preparation, until you frankly ask yourself what you don't know, you may not remember the material.

I have started to make practice quizzes for myself and that helped show me what I knew and what I needed to study more.

Do: Handwritten Notes

When I was younger I was always told that if I wrote by hand while I was making study materials for myself it would help me later on when it came to studying for tests and exams because handwriting encourages

the internalization of concepts and improves memory, it leads to greater quality learning than typing. As much as I use my laptop to use for notes I always make sure I have a notebook with me for the most important information to write down.

Use flashcards to jot down key terms and significant ideas; you can study with them anytime you have free time.

Don't: Multitask

I used to be the master of Multitasking when it came to studying.... or so I thought. I had no problem watching a football game or listening to music while I was studying and always thought it was fine. There have been many times when I would find myself lost in all the extra stuff I was doing that I wouldn't focus so much on my work and would forget a lot of the major information.

Attempting to handle several activities at once will reduce productivity and concentration. You can't do your work to the best of your ability when you're multitasking. A study from the American Psychological Association found that multitasking decreases productivity by 40%.

Put your other work away and close any tabs on your computer that aren't relevant and could distract you. Avoid attempting to complete other schoolwork while studying.

Safety in the social age

being safe when it comes to public accounts and location sharing

Harmony Goodman
Production Manager

While we settle into campus life the Ferris State tag is being flooded on social media with photos of campus activities. It's important to keep in mind the safety of ourselves and others.

There are things to look out for on every form of social media, whether it be your digital footprint or your safety. I've never been anti-social media, and I will occasionally find myself doom scrolling on my following feed. However, I believe it is important to be aware of the dangers of social media, and what we should be looking out for every time we make a post or respond to a direct message.

The conversation about staying safe on social media is becoming a must-be-taught lesson through the Child Internet Protection Act according to the school district of Philadelphia in their article Internet Safety for Schools. Most of us have indeed had a conversation about internet safety at least once in our lives. I would like to take this conversation further and focus on social media safety during college life.

Now that most of us are legal adults, we can post more of what we want to post on social media

without our parents or other adults in our lives telling us we can't post things like that. It can be easy to get carried away in the whole "I am an adult, and I can decide what's best for me" attitude. But with all the social media horror stories accessible with a quick internet search it's clear to see that sometimes the decisions we make on social media can be unsafe.

With all the different ways to share your location with strangers and friends on social media, you would think that with the click of a few buttons, all you have to do is stop sharing your location and you are safe from people being able to find out where you are and even who you're with but that's not the case.

Here are some ways to be smart about your location sharing on social media:

- Turn your location-sharing services off completely.
- Turn on your location sharing to people you know and trust in real life, not just to everyone who has you added.
- Be smart about tagging your location in posts. It's smart to wait until after you've left the lo-

cation to post something sharing where you've been.

- Be aware of your surroundings when you post something. Anything that could make you aware of your location such as a store name or street sign in the background of your photo is a photo that should be posted later, or one that should be cropped or retaken away from that particular background. Trust me on this one, I've had someone figure out what dorm hall and the floor I lived in last year just because I posted a photo of me in my dorm with my door trim color in the background.

It's very common for most users to keep their social media accounts public, in fact, according to Arooj Ahmed from Digital Animation World reported in a survey done by Viasat Savings half of the people that were surveyed have a public account as opposed to a private account. Public accounts can be fun, according to the State of Digital Publishing in Tina McCorkindale in her article Why do people crave "likes" on social media, most people feel a sense of accomplishment and or happiness the more that people follow them or interact with their account. In the age of social media influ-

encers, it's easy to think that public accounts are some sort of glamorous experience. However, having a public account means that anyone can view your profile and posts, They can also send your profile or posts to anyone they wish, which sometimes may not be the best idea.

Here are some things to keep in mind if you have a public account or are thinking about making your account public:

- Keep in mind the tips from location sharing, be aware that sharing your location in any shape or form with anyone online means that anyone can figure out where you're at.
- It's a smart idea to always keep your messages to friends only. So that way anyone else who is following you can either not send messages directly, or have their messages go straight to the requested messages inbox.
- Be careful who you choose to interact with, it could be anyone behind a screen.
- Be aware of what you're posting. If it's something you wouldn't

want your grandma or a future employer to see maybe it's a good idea to keep it in the drafts.

- Be aware of others' wishes and children's safety. If someone wishes to not be shared with strangers, or if you have a young relative in your post it may be a good idea to keep that post to friends only. Just because you want to share your account with everyone doesn't mean your friends and family want to do the same.

Think through your captions. It's not just about pictures, be aware that your captions should be something that you'd be proud to look back on. You're digital footprint exists and nothing you post can be gone completely so keep that in mind.

For me, Internet safety comes down to thinking before you post or share things. It's easy to have the mindset that something bad could never happen to you but you never know for sure. It's just better that we decide to be safe before we make our next post.

Sports

Dylan rider | Sports Editor | keiserb1@ferris.edu

Women's soccer starts perfect



Photo by: Dylan Rider | Sports Editor

Freshman forward Katherine Welch celebrates her goal that put the Bulldogs up 3 - 1 with freshman forward Emerson Lukomski

Bulldogs beat Maryville and Northwood for perfect 2-0 start

Dylan Rider
Sports Editor

Nine months removed from their defeat against Westchester in the NCAA DII national semifinals, Bulldog women's soccer have started up hot following back-to-back wins against Maryville and Northwood.

The Bulldogs (2-0-0) started their season on Thursday, Aug. 31 with a 2-0 win against the Maryville Saints (0-1-1) and continued their winning ways with a 3-1 win against the Northwood Timberwolves (0-1-1) on Sept. 3.

Their first match against Maryville started slow as neither team could score in the first half. The stalemate continued deep into the second half before a shot from sophomore forward Haley Buckman beat the Maryville goalkeeper and dribbled past the goal line. 13 minutes after the gamewinning goal, freshman

midfielder Isabella Baron lifted the ball past the netminder for her first collegiate goal and the final goal that gave the Bulldogs the 2-0 victory.

Ferris State's had a continued dominance on defense, just as last year's team. The Bulldog's defensive stranglehold helped the team pitch their first shutout in their first game this season. Head coach Greg Henson has a simple belief when it comes to defense.

"I believe firmly in a simple notion: if they don't score, we can't lose," Henson said. "We want to make sure that we keep them off the board and every game that we go into, [the goal is to] shut out our opponent, and then we got to find a way to find the goal. We're strong defensively. That's that's where the core of our returning group is from is that backline and our midfield."

Henson was pleased with the

Bulldogs' performance through the first game, calling it an "overall good game."

Returning in net for the Bulldogs is standout junior goalkeeper Darya Mosallei. The Albuquerque, N.M. native saved all four of the shots faced for her first shut-out of the season. For her and the Bulldogs, this game acted as a measure of revenge.

"We lost to this team last year, so it was really important for us to redeem ourselves and come up with a win," Mosallei said. "I think that the heat really affected us last year, and it's no colder today. So keeping that in mind we hydrated really well. We knew what we had to do today."

A year previous, the Bulldogs started the season off with a 2-1 loss to Maryville to sink to 0-1-0.

The Bulldogs' second game of the season could not have started any different. Within the first

minute of play, senior forward Payton Price netted the early lead for the team. 10 minutes later, sophomore defender Bella Vallone continued the Bulldog offense for a 2-0 lead. Unfortunately for the Bulldogs, their shutout would be spoiled by a Northwood goal in the second half. In the 80th minute, the Bulldogs put the game away with a header from freshman forward Katherine Welch for the 3-1 win.

The win featured five combined yellow cards throughout. Four for Northwood and one for Ferris. Price and the team knew what to expect coming into this match.

"We all know that when we're playing someone, we're gonna face their best game so we come prepared for that," Price said. "We know that we're gonna have to be scrappy and we're gonna have to be aggressive. That's how we're gonna win these games."

Price felt that the Bulldogs got hit hard but they "hit back harder."

In net for the Bulldogs was junior goalkeeper Lauren Kubacki. In her debut, she stopped seven of eight shots on goal. Henson finds the tandem of Mosallei and Kubacki to be solid.

"I think we have two of the top goalkeepers in the league," Henson said. "There's some other really talented goalkeepers in this league, but I put both of them up there. It's a really a 1/1A type of situation that we have and we're confident in both of them."

The women will go on the road for four games before returning home on Sept. 22 for a match against the Northern Michigan Wildcats.

Ferris athletics adds eight to their hall of fame

Seven athletes receive hall of fame recognition, former employee receives special service award

Dylan Rider
Sports Editor

Bulldog athletics honored eight new inductees to the Ferris State athletics hall of fame in a ceremony that took place on Wednesday.

The seven athletes inducted were Jeff Blashill (hockey, 1994-98), Lucy Prior (women's basketball, 2000-04), Dannie Hayes (men's basketball 1991-95), Tianna Kirkland (women's basketball/track and field, 1997-01), Brad Morris (wrestling, 1985-89), the late Gideon Smith (football, 1910-11) and Jason VanderLaan (football, 2011-15). Joining the athletes in recognition was Carma Burcham, who received the athletics special service award.

For Kirkland, like all other inductees that night, being inducted was something she didn't take lightly.

"In athletics, this is one of the biggest honors you can possibly get," Kirkland said. "You never know what other people are thinking. I thought that I definitely did my best while I was here, but to have other people recognize that and to think 'it was beyond her doing her best. She deserves to amongst the best' is an honor."

Kirkland also noted that she didn't know when the feeling that she was inducted into the hall of fame would hit, guessing that it would be when she returned to Wink Arena for first time in 20 years.

55 years following his death, Smith's posthumous induction was accepted on his behalf by his grandson, John Belcher.

Belcher only recently learned of the impact and legacy that his grandfather left. Alongside this, hearing some of the problems that his grandfather faced as a black athlete in the early 1900's left him trying to understand how his grandfather handled it.

"Growing up [I heard] many stories from him. Just the positive experiences that he had ... He

had a leather reclining chair and I'd be on his lap, [he was] smoking a pipe, you'd be looking through old photos. You're hearing all of those experiences as a child, and then later learning more about his legacy. [That] probably began in 1994, when my grandfather was inducted into the Michigan State hall of fame. Just hearing more specific examples of what he faced. I just began to try to reconcile that with the kind of person that I knew him to be. [I] never saw him lose his temper. [He was] so gentle, the gentlest."

Belcher went on to say that it took him up until this past year to understand how his grandfather was able to weather the conflicts without losing his humanity and that his grandfather's management of those experiences was "powerful" to him.

For the first time since 2011, Ferris State athletics awarded the special service award. The recipient, Burcham, spent over 30 years as coordinator of records and NCAA eligibility.

Burcham was mentioned and thanked by multiple inductees during their speeches. To her, the words of the athletes signals something meaningful.

"This says to me 'maybe I did make a difference'," Burcham said. "That is probably what I wanted to do without aiming to do it everyday, I didn't aim to do something. We did the right thing. We did what they needed."

Despite 30 years of service and the feeling that she made a difference, Burcham doesn't feel like the job is done. Burcham believes that you're "always supposed to be representing Ferris out there as a Bulldog wherever we go."

This is the first hall of fame class to be honored since 2017. The class, which was originally announced and planned for 2020, joined 100+ other notable Bulldogs of the past and will forever be enshrined in the Bulldog athletics hall of fame.



Photo by: Dylan Rider | Sports Editor

As a freshman, Bella Vallone was a starting defender for the Bulldogs during their Final Four season.



Photo by: Dylan Rider | Sports Editor

As a freshman, Bella Vallone was a starting defender for the Bulldogs during their Final Four season.

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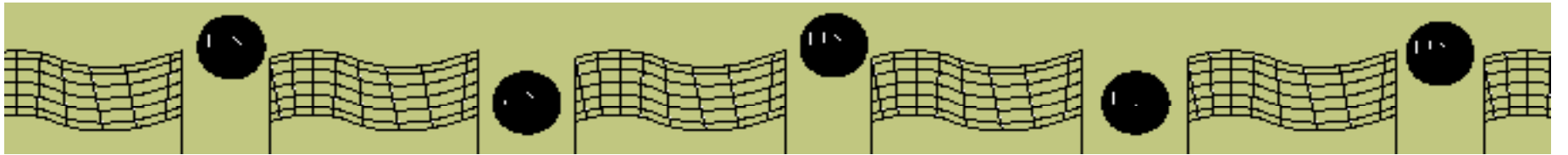
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Volleyball victorious in new arena debut

Bulldogs sweep three teams at Ferris State invitational



Dylan Rider
Sports Editor

The Bulldog volleyball team came out of their opening weekend sporting a 3 - 1 record.

The team held homecourt advantage, playing in the Ferris State invitational. The Bulldogs played four teams over a two day span. On Sept. 1, they beat the Thomas More Saints 3 - 0 before losing to the Minnesota-Duluth

Bulldogs 3 - 1. Bulldog volleyball came out swinging on Sept. 2 when they cleanly swept the opposing Adelphi Panthers and the Indianapolis Greyhounds to the tune of 3 - 0.

Leading the Bulldogs through all four games was junior middle-hitter Olivia Henneman-Dallape who collected 44 kills and 49.5 points in the invitational.

The three wins and one loss presents a strong debut in the

brand new Bulldog arena. Last year's team was not able to play in the new addition to Ewigleben sports complex before their season concluded.

Bulldog volleyball is heading west to Denver, Colo. this weekend for the Colorado Premier invitational. Their weekend in the Mile High city will have them faceoff against the Western Washington Vikings and the Concordia-St. Paul Bears before

facing a team to be announced.

Individual leaders through each game:

3 - 0 victory against Thomas More: Henneman-Dallape (10 kills, 11.5 points) and senior middle-hitter Chelsie Freeman (9 kills, 12.5 points)

3 - 1 loss against Minnesota Duluth: Junior outside-hitter Claire Nowicki (10 kills, 11 points) and Henneman-Dallape (12 kills, 13 points)

Graphic by: Harmony Goodman | Production Manager

3 - 0 win against Adelphi:

Henneman-Dallape (11 kills, 13.5 points) and junior middle-hitter Syann Fairfield (8 kills, 12.5 points)

3 - 0 win against Indianapolis: Fairfield (12 kills, 15 points) and Henneman-Dallape (11 kills, 11.5 points)

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Photo by: Dylan Rider | Opinions Editor

Maryville's goalkeeper fails to save a shot from freshman Isabella Baron



Photo by: Dylan Rider | Sports Editor

Junior linebacker Jason Williams hits the Mercyhurst quarterback