92 YEARS OF ILLUMINATING THE TRUTH

Big Rapids, Michigan Week of Nov. 1 - Nov. 8 www.fsutorch.com

## Career fair brings more employers

Business and engineering students see most prospects



Photo courtesy of FSU Career and Professional Success

Students meet potential employers during the event held last Thursday in the Student Recreation Center.

**Ethan Edsall**News Reporter

The 2023 career and internship fair saw an increase in employers.

With the number of employers being higher than ever, the most opportunities remained aimed to business, engineering and manufacturing students.

Business and government agencies from the State of Michigan, and troopers from the Indiana State Police agency showed up to learn about the students as well as to give out information to any student freshman to senior who may not have been looking for a career at the time, but simply had questions about the business that each student might end up working for after graduating from Ferris.

Career and volunteer center coordinator Michele Albright helped organize the career fair.

"Our goal with the Career and Internship Fairs each semester are to provide students with the greatest variety of opportunities to explore careers and support their professional development through firsthand interaction with employers," Albright said. "In my role as the career readiness specialist and employer liaison, I have also been fortunate to create relationships with many people and many industries over the years, that return year after year to support Ferris State and recruit our students."

Albright also explained that a common challenge yearly is finding job seekers who look beyond the name of the business to see that their degree has helped prepare them to work in settings that may not seem typical for that field.

CAPS was not the only organization that was excited about the Career Fair. Mackenzie Bowers, a Ferris alumnus and a representative from Hex Armor, an industrial manufacturing company that is based in Grand Rapids, was one of the recruiters at the career fair on Thursday.

"I wanted to expand Hex Armors footprint in Michigan," Bowers said. "Being based in Grand Rapids we usually hire Grand Rapids area graduates, but we want to expand and hire graduates from other schools."

The businesses and staff at Fer-

ris put a lot of effort into trying to make this an excellent occasion for students to learn about the career and internship opportunities available to them. The students also put in effort, as there was a sizable population of students dressed professionally that were approaching the booths and getting out their resumes.

Business administration senior Deandre Brown went to the fair looking to make connections.

"I want to find an internship where I can provide skills and the knowledge that I have for the job," Brown said. "Hopefully after the internship I can get the job permanently."

While this career fair may be over, the CAPS office will be hosting another career fair next semester, where students who may have missed the fair or students still looking for another opportunity to find an internship can connect with future employers to discover more internship opportunities.

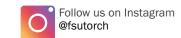


Photo courtesy of FSU Career and Professional Success

Companies meet with students about internship opportunities.









# Register for classes on Ferris360

Feeling lost on the new website?

Tools

View all



FERRIS**360** 



Photo from Ferris360



Canvas

Academics ▼



MyDegree



Navigate



Register for Classes



Student Academic Dashboard

Photo from Ferris360

## Giuliana Denicolo

Culture Editor

With spring registration beginning this week, students are going to have to navigate the new portal. Here's a quick and easy tutorial on how to register on Ferris360.

#### Step 1: Logging in

First, go to 360.ferris.edu, log in with your Ferris credentials and go to the dashboard. On the left side of the screen, there's a menu with different pages to click on.

#### **Step 2: Locate Registration**

Once you find the menu, scroll down to the tools section. Under this, click the down arrow next to academics. A list with six options will show up, click on the one that says "register for classes."

After clicking this option, a new tab will open. This tab is called "registration." The screen gives you five registration options. If you've already met with your academic advisor and you have no holds, then click the first option, "register for classes."

#### Step 3: Select your Term

You'll be redirected to a new screen that asks you to select a term. It may ask you to log in again. Choose Spring 2024, and click "continue."

#### Step 4: Search for Classes

You will then be able to search for your classes. Once you find these classes, click the "add" button on the right. This step will be repeated for every class you plan to register for.

#### Step 5: Save Changes

When you're finished searching, click the "submit" button to register. Your status will change from "pending" to "registered," and then you've successfully registered for Spring 2024.

#### More Questions?

For more information on how to register, visit ferris.edu/registration/homepage and refer back to the Torch's Advising Q&A to learn when you can register.

## **Big Rapids City Commissioner Candidates**

## Clifton Franklund

- Wants to create affordable housing
- Wants to bond Big Rapids and Ferris
- · Wants to attract new business

## **Lorraine James**

- Wants to create affordable housing
- 37 Years in Big Rapids government
- Role is to oversee Big Rapids

## **Amanda Johnson**

- Current commissioner
- Wants to create affordable housing
- Role is to represent the people

### **David Rhodes**

- Wants to create affordable housing
- Wants to attract new businesses
- Role is to represent the people

## **Voting is on November 7th**

Ferris State Torch Week of Nov. 1 - Nov. 8

## First Student Advisory Council meeting of semester



Leaders from across campus gather to discuss changes they'd like to see on campus.

**Tate Zellman** News Reporter

On Oct. 25, the Student Advisory Council hosted a meeting for people to come together to discuss their likes and their improvements toward Ferris.

The meeting was held at the David L. Eisler Center room 202A. Any student and staff member who were a part of an on-campus organization were allowed to attend the meeting. People arrived as soon as 5 p.m. There were only six people in attendance at the

start. By the time it was 6 p.m., the meeting had exceeded 27 total attendees, with a good variety of staff and students.

Jeanine Ward-Roof, the Vice President for Student Affairs, called the meeting to order and asked if everyone would state

what they enjoy most about Ferris, Kristen Salomonson, Dean of Enrollment Services, was one of many who mentioned what they liked most about Ferris.

"The part of Ferris I like the most is that the University is large enough to provide a full array of opportunities and services for our students while also being small enough so that students, faculty, and staff know each other," Salomonson said. "That blend makes for the best of all worlds."

In addition to mentioning what she liked most about Ferris, Salomonson stated why she enjoyed being a part of the Student Advisory Council in terms of why she likes her work at the university.

"It is a terrific way to hear what students have to say about all aspects of their college experience in a relaxed setting," Salomonson said. "When I sit face-to-face with students, it is a powerful reminder of why I love my work at Ferris."

After everyone shared their favorite thing about Ferris, the University's President, Dr. Bill Pink, addressed the room and gave anyone the opportunity to share what they thought should be improved at Ferris.

Once everyone had finished sharing, Pink mentioned why he enjoyed listening to what people think should be improved at Ferris, but also hearing what people like about the university.

"I enjoy hearing students talk about various things around campus," Pink said. "Some of those things are very helpful to their success, while others are challenges.

My goal is to help as much as I can with those challenges and encourage the positive aspects of what is working well."

The meeting concluded after the last volunteer said what they thought Ferris should improve. Having students and staff come together to share on what they think Ferris should improve is one of the main reasons Ward-Roof encourages more students to invest in the program.

"Students have many spaces to share their voices and an advisory board is an excellent way to share," Ward-Roof said.

As the vice president, Ward-Roof stated her reasons as to why she finds the program to be an important aspect of the university.

"Our work is centered on the students," said Ward-Roof. "This Student Advisory Board enables us to hear directly from the students regarding their experiences. There is only good that can come from those types of interactions."

Adding onto how the program is an important aspect of the university, Pink had a main takeaway as to why the meeting can be meaningful to all current students and

"The evening with the council was helpful because the council provides a venue for various students, representing a number of groups on campus, to have input and a space for meaningful dialogue," said Pink.

The Student Advisory Council plans to host another meeting at the D.E.C. the evening of Thursday,

# Two-day boiler woes

Ember St. Amour News Editor

Beginning on Thursday, housing sent out an email to residents informing them that there would be no hot water or heat in the buildings.

The email was sent after housing received notice that there was an issue with the boiler system on campus. It was also stated that they were not sure when the system would be working again.

Students did not receive an email update on when the boiler system was working again, how-

NEWS UPDATE

ever on Friday, students received another email from housing stating that the boiler system had been working again, however around 3:30 a.m. the system went out again and there was no longer hot water or heat.

While the boiler system was down, the Rock and the Quad

still provided food, however they didn't use the reusable dishes. Instead, those dining were able to use disposable dishes to grab there food, so that both dining services were able to keep up with the demand of staff. students, and guests without running out of dishes they can use.

The boiler system was fixed by Friday night. Students did not receive an email that the system had been fixed, however hot water and heat began working throughout the buildings again.

## MICHIGAN

Ember St. Amour News Editor

Warren: A pro-Palestinian group protested for the Israel to stop bombarding Gaza on Oct. 29.

The protest took place beginning at the Warren City Hall where they then marched down Van Dyke Avenue. The protest was over Israel's attacks on Gaza which began on Oct. 7. This began with Israel cutting off Gaza's communication.

There were several speeches happening at the time which were interrupted by the protester's chants. These chants were repeated by the protesters with savings like "Cease-fire now," according to the Detroit Free Press.

One of the protesters was Shaykh

Abdullah Waheed, a dean at Miftaah Institute. He voiced that he felt that the crowd was too small, especially given the circumstances, according to The Detroit Press.

Another one of the protesters was Saima Khalil, an attorney in Warren. She encouraged the protesters to get a hold of their elected officials, to convince them to take a stand as well.

"I don't have a child, but all children are my children," Kahlil said. "All moms are my mom. All brothers and sisters are my brothers and

In addition to the protest in Warren, other protests and support for Israel were seen throughout other

**Ember St. Amour** News Editor

Australia: Fatal fires broke out in Queensland last week.

There were over 100 fires across the country. Some of the fires were caused after dry lightning broke out in certain regions and created several new fires in the same area. One of them caused an emergency warning.

The fires are more prone this season, as El Niño, as it often causes wildfires and droughts according to Reuters.

In addition to the fires, two people have been declared dead. One of them was protecting their home, while the other died from cardiac arrest as they were beginning to evacuate the



area according to BBC News.

Saturday, residents were advised to evacuate. In addition, fire bans are currently in place as well. This is currently the worse bush fire that Australia has seen since 2020.

News

Week of Nov. 1 - Nov. 8

# Spring concert survey

## Big names from country, pop and rap on potential spring concert list

**Tate Zellman** *News Reporter* 

The campus programming board Entertainment Unlimited, released a survey on Wednesday, Oct. 25, giving students the opportunity to vote for a spring concert performer.

There were several different options to choose from spanning across several different genres including country, rap, pop and alternative. The survey for the spring 2024 concert was created to give students the opportunity to share who they'd like to see perform.

Entertainment Unlimited consists of students and staff who work together to create fun events and host them on campus. They have meetings 5 p.m. on Mondays at the David Eisler Center room 217 to discuss events and ideas.

The vice president of EU, music and entertainment business senior Alexis Stump, finds it import-

ant for students to be involved in these kinds of surveys in terms of expressing their likes, interests, and things they can look forward to.

"We want to make sure to keep students engaged and looking forward to campus events," Stump said. "College can be stressful, so being able to ask for their opinions is important to find their interests when trying to do something to help students relieve that stress."

In addition to the surveys help expressing student interest, Stump also stated why the surveys help EU as a programming board.

"These surveys help Entertainment Unlimited because it gives us a gauge on the interest level of the students," Stump said. "The spring concert is our biggest event that we plan each year. Being able to bring artists that students have shown a lot of interest in helps us make sure that the event is not only a success, but enjoyed by ev-

eryone who attends."

Ben Avery, the Coordinator for the Center of Student Involvement and Advisor of Entertainment Unlimited, finds these types of surveys important because of the variety of student opinion, but also the excitement that can go around the university and EU.

"We're excited to see what the student population thinks of our shortlist," Avery said. "Student opinion is important in shaping our final decision regarding genre and general preference."

While the survey closed on Monday, October 30, at 4 pm, EU will be using the results to determine who to reach out to for the spring concert with an offer to come to the university.

For more events from EU, they will be posted on Ferris360 and BulldogConnect, as well as the EU social media accounts on Instagram, Twitter, TikTok and Linktree.

Pricilla Block (Country)	
Ashe (Pop)	
BoyWithUke (Pop)	
Claire Rosinkranz (Pop)	
Lauren Spencer Smith	(Pop)
Olivia O'Brien (Pop)	
30H3! (Alternative)	
Daya (Pop)	
Baby Tate (Rap)	
Bbno\$ (Rap)	
Charlieonafriday (Rap/I	R&B)
KYLE (Rap)	
	Photo Courtesy of Entertainment Unlimited

List of possible performers for spring 2024.

## Ferris joins the Michigan Assured Admission Program

# Your chances of getting accepted into Ferris State Univesity Ok Great 3.0 GPA

Graphic by: Harmony Goodman | Production Manager

Ember St. Amount

Ferris recently adopted the 3.0 GPA guarantee, which allows anyone who applies with a 3.0 GPA to be accepted.

The program, referred to as the Michigan Assured Admission Program, allows students going directly from a Michigan high school to college to apply to select universities with a guaranteed acceptance if they meet the GPA requirements.

The program began this past fall with 10 of Michigan's public universities joining. Ferris is the only university in West Michigan that is part of the program.

Heavy equipment freshman, Gretchen Woodbury graduated high school with roughly a 3.1 GPA. Woodbury explained her enthusiasm for the MAAP being adopted by Ferris this year.

"I've met a lot of people who are smart in the sense of actually doing some hands on or doing lab stuff like that, but they aren't exactly the smartest with books and stuff like that," Woodbury said. "Like I'm not the best with English. I have ADHD and I also have dyslexia, and I'm not afraid to say that, and so English is not

my strong suit. So, I think that it's actually kind of nice."

The goal of the program is to follow the plan of the State of Michigan, which hopes to have 60% of those who are working have a college degree. Gov. Gretchen Whitmer commented on the program's purpose, as well as her hopes for it.

"Our future depends on helping young people graduate without debt so they can get a good-paying job and 'make it' in Michigan," Whitmer said. "The MAAP is proof of what's possible when we come together to create opportunity for tens of thousands of Michiganders. In tandem with the Michigan Achievement Scholarship, we are lowering costs, building a skilled workforce, and leading the future of advanced manufacturing, technology, and so many other industries."

The program's purpose is to help support students in Michigan to receive a higher education and be guaranteed access to that higher education. To learn more about the process, you can go to the Ferris website's Ferris State Assured Admission page.

## ON THE RECORD

Ember St. Amour News Editor

#### Underage

Oct. 26, 10:00 p.m.- Officers responded to a call in North Hall and found minors in possession of alcohol. No citations were issued, but a verbal warning was given.

#### **Unintended Sleepover**

Oct. 27, 2:00a.m.- A student in Miller Hall reported that an individual refused to leave their room after being asked to leave. Officers responded and removed the individual.

#### **Hulk smash**

Oct. 28, 1:20 a.m.- Officers responded to Ward Hall after an individual broke into the building. The individual was arrested.

#### UnBonded

Oct. 28, 5:00 a.m.- There was a couple arguing in Bond Hall, which escalated to become physical. Officers found enough evidence present to arrest one of the individuals.

#### They were suite mates

Oct. 29, unknown- Officers were called to a room in Ward Hall, after an individual reported destruction of their bathroom items from their suite mate, as they were not getting along. The case was moved to judicial referral.

Ferris State Torch

Week of Nov. 1 - Nov. 8



Giuliana Denicolo | Culture Editor | denicog@ferris.edu

# Out with the old, in with the new

CLS has officially changed to the Hispanic/Latino Cultural Center





Graphic by: Hailey Nye | Production Assistant

## Kendall Phillips

Culture Reporter

The formerly known Center for Latin@ Studies has officially changed its name to The Hispanic/Latino Cultural Center after years of having an "outdated" name.

The center's director, Sonia Trevino, made it her first priority when taking the role of director to get the center's name changed. According to Trevino, the previous name used an outdated term, Latin@, that was originally a way to be inclusive to both Latinas and Latinos.

Trevino says that the term is no longer in the "vocabulary of our culture" and no longer represents what the center stands for.

"Our old name left a lot of confusion in the community," Trevino said. "And the name wasn't reflective of what we do. We don't offer a major in Latino Studies, and we are not an academic department. The name Latin@ studies made it seem that way to the community."

English senior Massiel Calderon is the special projects assistant for the Hispanic/Latino Cultural Center and has worked closely with Trevino during the name-changing process.

According to Calderon, the

name change is a way to inform all members of the Ferris community that HLCC is an "inclusive space" and that anyone can visit. She explains how the former name pushed people away from visiting the center due to its negative connotation. This was the "driving point" for a new name.

"At orientations, new students and their parents wouldn't even come up to the table because they were so apprehensive and would say 'Oh, I don't want to learn that,'" Calderon said. "They would think that our center was an area of the curriculum that we offer students when we are actually purely a programming and resource center for students."

The decision to change the name to Hispanic/Latino Cultural Center was student-led according to Trevino, and was made via a survey that Trevino sent out to students asking for their opinions on the new name. Calderon said that the vote was unanimous for the name Hispanic/Latino Cultural Center.

Spanish faculty members have also been a part in the renaming of the center. Spanish professor Eric Warner was a part of the original founding advisory board during the creation of the center 10 years ago. He was then invited to the meeting of Spanish advisors who helped decide on the center's new name.

According to Professor Warner, the new name uses "longstanding" terms in the Hispanic/Latino/a community.

"The terms Hispanic and Latino are words that will represent the

community well and are still embraced as being identity markers, even throughout different generations and different experiences"

According to both Trevino and Calderon, they have high hopes for what the new name will do for the center. Calderon's hopeful that this new name will further establish the center's "inclusivity" and will help to draw students from

all different backgrounds to their center.

Trevino also hopes that the new and improved name will help to reciprocate to students what the center really does, and reflect the work that they'll do. She also describes this new name as "friend-lier" and more welcoming to the Ferris community.

# Ferris State Torch Corrections

For the story released on Oct. 25, "Professor's book wins national award"

The Torch mistankenly said that Bob Seltzer's last name was Fagan. In additon, computer science professor David Robinson was mistankenly inroduced as an English professor.

Corrections can be submitted through email at fsutorcheditor@gmail.com

Week of Nov. 1 - Nov. 8

# Just jokes with JJ Barrows

Kathleen Camp Culture Reporter

When the spotlight shines, it's a comedian's job to turn on the laughter.

On Oct. 27, in the David L. Eisler Ballrooms, a small crowd of five students gathered to see comedian JJ Barrows.

Barrows is a comedian, author and mixed media artist originally from South Carolina who currently lives in Tennessee with her husband. She performs her short story comedy skits all over the United States at different venues. JJ is her nickname which is short for Jenny Joy Barrows.

Barrows normally has a much larger crowd and says that it isn't often that she gets to have interactive, personalized shows like she did for this event. She referred to the five students in the audience as the "faithful five."

After the show, she allowed students to do a question-and-answer session with her.

She found comedy "by accident" when she was going through a rough time in her life.

"What I needed was therapy but I just couldn't even afford it," Barrows said. "I Googled alternatives to therapy and found improv comedy. A six-week comedy class was cheaper than two weeks of therapy."

Later on, the comedy class became a career for her. She was asked to open at the Comedy Store, a club in West Hollywood, by one of the guys from her comedy class

"My first show ever was in front of those 35 people and then my second show was in front of 250 people," Barrows said. "I have now been doing comedy for seven years and the people in the comedy world would laugh at that and say that is not that long."

Automotive freshman Alex Forbes has only been to a handful

of comedy shows.

"I have only been to Trevor and her," Forbes said. "She beats him."

Forbes enjoyed the show and asked Barrows to autograph his Burger King hat.

Digital animation and game design senior Nick Zimmer also hasn't seen many comedy shows in his day. He believed that Wallace's Homecoming performance was "a little over the top" so he just left.

The event was brought to campus by the Center for Student Involvement. The host of the event was Associate Dean of Student Life. Nick Campau.

Campau described that Ferris has featured many different comedy shows here on campus in the past. He enjoyed Barrow's performance and thought it was very unique.

Barrows explained how humor was very healing and connective in her journey. She feels that she can laugh now because the struggle has lost its power over her and she feels like she does not have to hide anymore.

She tries to paint comedy as more of a personal empowerment tool.

"That's life, right? It's a mix of humor and pain," Barrows said during the show. "And it took a long time for me to learn that I had to deal with pain in order to be able to laugh about it."

Barrows describes that her comedy is based on her true self. She feels that once she could talk about her insecurities, she didn't have to pretend or "live up" to anyone's expectations.

"The best comedy is based on realities," Barrows said. "It was kind of this aha moment where I realized I didn't have to hide my insecurities, I could actually talk about them. And people could relate because we all have our own."



Photo by: Levi Waling | Torch Photographer

JJ Barrows entertaining students last Friday evening.

# Tommy Dean's flash fiction

Brook Blausey Culture Reporter

Ferris held their annual literature in-person reading featuring Flash-fiction award-winning author, Tommy Dean.

With 20 engaged members in attendance for the one-hour-long event that was held in the Fine Arts Gallery, Dean read 10 of his published pieces and also read some of his new work. At the end of the event, audience members were open to ask questions or buy one of his books and get an autograph from the author.

Dean started writing in his 20s and now has three published pieces: The Hollow, The Covenants, and Special Like the People on TV.

"It's hard writing feelings and characters, and that's why I like writing flash fiction," Dean said. "It's more comfortable being in that kind of space. You can write it more quickly with not as much detail. Sometimes I even write a piece in 30 minutes."

Most of Dean's published writings are fiction. He not only is a writer but also teaches writing as well

"It was cool to see the audience engaged in my readings and asking questions," Dean said. "You could tell they wanted to learn more about writing but that they also wanted to be able to improve their pieces. I was so thankful to be invited to this event and be able to spend time with writing students."

Spanish and French professor Eric Warner was present at the literature reading due to his love for literature.

"I normally study literature in Spanish or French so I always enjoy gaining perspective from literature that is produced in the United States," Warner said.

Warner feels that throughout the reading and the Q&A in the end, it is obvious to him that Dean is passionate about writing and his work. Warner believes that "everyone can gain from that."

Along with Warner, assistant professor Mindy Meyers also decided to come out and show her support for author Dean. Meyers was "impressed" to see all the students in attendance.

"I think this was a great experience for all the students who came," Meyers said. "I was impressed to see all the students asking questions at the end. I think it was good for them to get a perspective from somebody who is doing writing."

Along with several faculty members in the audience, there were quite a few students present and eager to hear about Dean's writing.

Senior in the English program with a minor in art history, Gypsy Bates found it "interesting" to hear from someone who is within her major speak.

"After going to the workshop with him, I wanted to hear more of his work," Bates said. "I love fiction and am a part of the English society. Since we helped Dr. Fagan get



Photo courtesy of Tommy Dean

**Award-winning author, Tommy Dean.** people to come to the event, we pub

thought we would come and see what it was all about."

Dean plans to continue to help teach writing and to continue writing himself. He hopes one day to publish a novel.

"I always have ideas about what to write next," Dean said.

There will be another literature in-person event celebrating National Poetry Month this spring.

# Selling yourself with the perfect pitch

BPA prepares students for career fair networking



Professor Blair Entenmann speaks to students about professionalism.

Marlow Losey in a classroom of the business

Copy Editor

Intentionally placed on the same day as Ferris' career and internship Oct. 26, Business Professionals of America invited sales and marketing professor Blair Entenmann to speak on selling yourself in a networking environment with the perfect elevator pitch.

Roughly 20 students gathered

in a classroom of the business building to hear advice on how to professionally present yourself at a career fair. Not only is word choice important, but your attitude, the way you dress, the way you shake hands, the amount of time you spend talking with someone and even where you place yourself in the room.

Entenmann considers himself a "master networker." His speech

Photo by: Jordan Wilson | Multimedia Editor

included how to address all of the things you should be thinking about when presenting yourself at a career fair, along with networking in your specific industry.

"You don't have a second chance for a first impression," En-

Employers judge their potential employees based on both social awareness and physical presentation. While factors such as weight, age and hair loss are not in the average person's control, one can control how they dress and take care of their body.

Entenmann's advice is to keep a positive attitude. Along with this, he believes it's important to dress nicely, shower and keep good posture. Outside of networking, Entenmann bring positive light to his body type by dressing up as Santa each year for Halloween while teaching.

"My best advice is to be yourself," Entenmann said. "You're trying to find a good fit with a company where you know you've got good chemistry. They appreciate the value you bring to the business and you appreciate the benefits to your career, but you gotta find a good fit. So be yourself."

The main focus of the speech was how those looking to participate in the career and internship fair later that afternoon should give themself a 30-second scripted introduction on who they are when they are speaking to a potential employer. This is what Entenmann called a "basic commercial" or an "elevator pitch."

"This should include who you are, what you do, who your ideal employer is and why they would want to hire you," Entenmann said in front of the room. "For students, this should look like what you want

to do within your career, or what your major is and what year you plan to graduate."

BPA president Rebeca Klap organized this speech for students to have the opportunity to apply these techniques in networking events and career fairs.

"You have to already have something prepared to give to employers when you're first meeting them and making that first impression," Klap said. "Networking is really a testament to your communication skills. Expanding your network leads to so many new opportunities."

BPA vice president Elliott Silvernail believes the skill of networking and communication is important to any position and career, even if your position does not involve a lot of communication. This is one of the many reasons BPA continues to do what they do.

"We're about professional development and making sure anybody throughout Ferris has the tools they need for professional success," Silvernail said. "We also discuss tips about resumes and help with classes. Basically, any facet of business."

BPA holds their meetings every other Thursday and encourages students to check out their social media and link trees to see future events.



Week of Nov. 1 - Nov. 8

Jackie Moglia | Opinions Editor | mogliaj@ferris.edu

The Ferris State Torch is published on 27 Wednesdays throughout the academic year. This student-run newspaper is printed by The Pioneer Group.

Our Location: Arts and Science Commons 1016 820 Campus Drive Ferris State University Big Rapids, MI 49307

The Ferris State Torch welcomes comments on topics of interest to the general readership. Letters should not exceed 300 words in length and The Torch reserves the right to edit for length. Letters will not be edited for grammar, punctuation or spelling. The Torch will not print letters deemed to be libelous or obscene. All letters must be signed by their authors and include his or her phone number.

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To advertise with the Torch, contact Julie Wiersma at the Pioneer Group at (231) 592-8373 or Julie.Wiersma@ hearst.com

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The Torch and fsutorch.com, the student newspaper and its accompanying online version focused on Ferris State University, are public forums for student expression. Student editors have the authority and responsibility to make all content decisions without censorship or advanced approval for both the print and online editions of the student newspapers.

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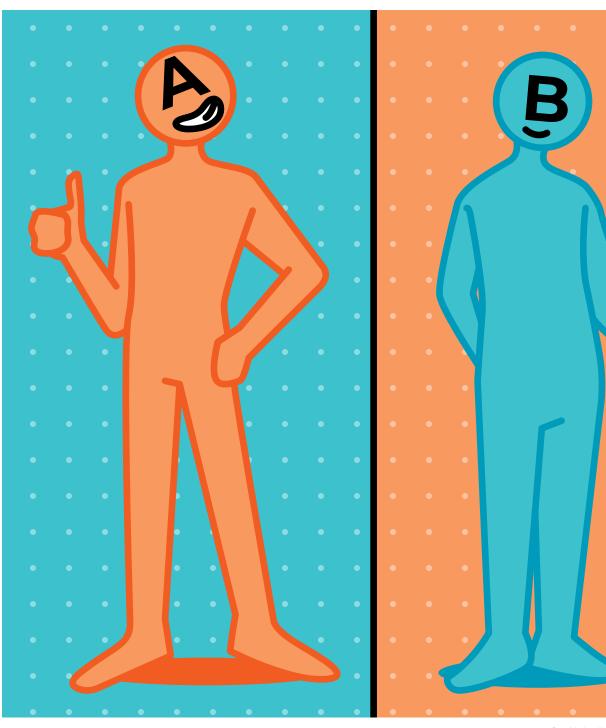
Ready for Life Distribution Trever Kazyak

Advisor Garrett Stack ettStack@ferris.edu

## **EDITOR'S COLUMN:**

# Type B with straight As

Personalizing success and leadership



Graphic by: Hailey Nye | Production Assistant

Jessica Oakes Editor in Chief

To me, leadership has never been synonymous with dominance.

I've found myself in leadership positions ever since I was a young student. Because of this, people assume I'm something like "Type

While I enjoy leading and know how to succeed academically, I don't align with the image of a strictly organized, competitive and domineering worker.

A group like the Torch works best when we work together. We don't have room in our office for the domineering type, and I've seen our best content produced through teamwork rather than competition.

Categorizing people into large groups based on small personality traits is as common as it is nonsensical.

The Guardian dates the terms Type A and Type B back to the 1950s. The hypothesis was not a product of psychologists, but cardiologists.

Cardiologists Meyer Friedman and RH Rosenman established their definition of Type A as workaholics whose concern with achievement led them to a higher risk of heart disease.

Those considered Type B were more patient, even-tempered and content with their lives. They also measured lower on the traditional scale of professional and financial success.

There are fundamental problems with the foundation of these

70-year-old terms that are still used today.

First and foremost, research on Type A and Type B personalities was, for decades, partially funded by the tobacco industry.

Naturally, the link between personality type and heart conditions was an extremely attractive hypothesis for cigarette companies.

Because the hypothesis is a product of its time, it also largely excluded participants outside of the standard group of white men.

How many traits that we socially expect and accept from our leaders are traditionally masculine?

An enormous majority of the Torch's editorial staff are not men. I find that we can cultivate a collaborative leadership environment with a range of personality "types."

Categorizing personalities all

contribute to a two-dimensional image of leadership. Our national leaders still largely remain in an exclusive club of those who are more masculine, aggressive and motivated by personal gain.

We should stray from this image and, frankly, any study that claims to cleanly place people into two definite types.

Anyone who would call me Type A because of my grade point average or the contents of my resume has never seen how unorganized my living space is.

I am not motivated by glory and massive financial gain. Anyone who is should stay far away from journalism. The most important thing that this field has taught me is how to join the conversation while keeping myself out of the

# The unrealistic lifestyle

## The negatives of social media

Kendall Phillips Culture Reporter

I hate social media, I spend roughly five or so hours on various platforms almost every day, but I hate social media.

According to a study done by CTRL Care Behavioral Health, 90% of teenagers use at least one form of social media. Influencers and social media stars have created a romanticized life that teenagers. like myself, are taught to believe is realistic and attainable.

But in reality, social media has created a game of "whose life looks more fun." It has become a way for us to constantly compare ourselves to other people.

We, as social media users, are used to seeing carefully curated highlight reels of other people's lives, which can make you feel like your life is not "measuring up" to

As someone who has grown up with social media, I can't say all social media is bad, and if used correctly, it can be a way to connect with others and express yourself. However, the decrease in mental health that social media has caused in numerous teenagers is not comparable to the good social media can give.

According to the Annie E. Casev Foundation, "Social media can be linked to adverse effects, including depression and anxiety, inadequate sleep, low self-esteem, poor body image, eating disorder behaviors and online harassment."

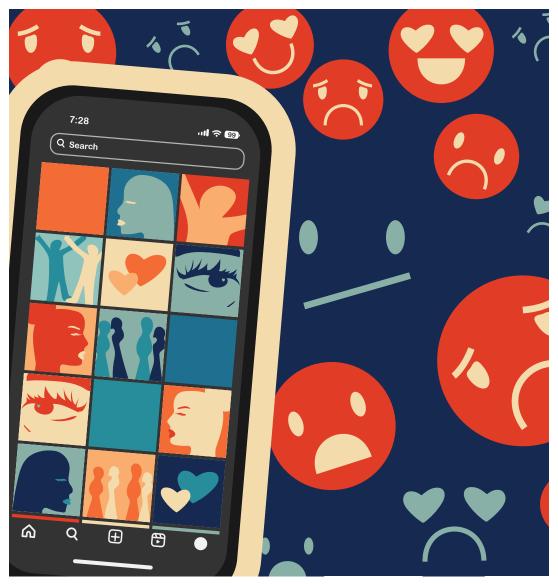
In young teenage girls especially, body issues and low self-esteem come heavily with social media. Seeing women who have paid a large amount of money to shape their bodies into unrealistic figures can cause young girls to think that they need to look like that to be seen as "beautiful."

I find myself constantly comparing myself and my body to others on social media because growing up, it is all I have seen. I have been a social media user since middle school, but I only started to notice the toll social media can have on you at the end of high school and the beginning of college.

I find myself scrolling through TikTok or Instagram for hours a day, seeing other people's lives that I wish to be my own. Living vicariously through others on social media seems much easier than trying to obtain the life that they have.

Young kids have also started to use social media more and more, even at extremely young ages. Annie E. Casey Foundation did a survey that showed that 40% of kids 8-to-12 have social media.

Social media has changed the way the world views us, but most importantly, it has immensely changed the way we view ourselves. If there is no change to the effects of social media, then young minds will continue to grow up in a world of comparison and unrealistic standards of life.



Graphic by: Hailey Nye | Prodution Assistant

# **Boxing benefits**

## How boxing can help with physical and mental stress



Photo courtesy of Munib Salmani

Ethan Edsall News Reporter

While we are at midterms, most college students here at Ferris, like me, must be feeling the stress of college life. With the semester nearing its end, classes are going to be tougher and stress levels

With the struggle of keeping your grades up, maintaining your social life and honestly just staying mentally healthy, even the healthiest of individuals can be under tremendous levels of stress.

The question then becomes how we, as college students, are supposed to maintain our mental health and fight the effects of burnout when dealing with the stress that comes from college life.

Some people hit the gym, some people hang out with friends and some watch movies. These are all ways to deal with stress, but in my opinion, the best way to handle stress would be combat sports.

Boxing is my way of dealing with all the stress and negative emotions that I deal with daily so that I can maintain a positive attitude.

For those two hours that I am

training, nothing else matters. Not my classes, not whatever bill I'm stressing about paying. Not even people can bother me, because for those two hours, I am truly free.

Some of you reading this are probably thinking, "Is this guy crazy? Boxing is a dangerous sport!" Quite frankly, the university would probably agree with you. I argue that science has shown the various benefits of boxing.

According to a study conducted by ESPN, made up of sports scientists, athletes and nutritionists, boxing is considered the most challenging sport to master, and boxers are some of the best-conditioned athletes.

Furthermore, according to a study done by Harvard University, they concluded that boxing is a great aerobic exercise. The study also went on to state that boxing builds strength, that it is great for releasing endorphins to the rest of the body and that boxing could be associated with improving positive functions in your brain.

Many college students do things that have negative effects on their brains. Spending even half an hour a day working on the heavy bag can reduce the effects.

I don't care how stressed I was before I entered the ring or how angry I was. The minute I step out of the ring, I have a wave of relief wash over me and I feel renewed.

It feels like I had toxins dumped from my body. This semester has been especially challenging for me as a student and as a person. Boxing is the greatest skill and coping mechanism that I have that makes the hardship of both school and life extremely bearable.

I am not the only one who argues that boxing or any combat sport can be very relaxing. If you were to ask any guy in my gym what they do to stay in shape or to keep their mind healthy, they would likely tell you that they box.

Outside of the many positive aspects of boxing, another thing to consider is how boxing can help with your self-confidence and internal thoughts. If anyone is dealing with a lot of stress this semester and is looking for a healthy outlet, then I encourage you to either learn how to box for stress or take up boxing as a hobby. I promise you boxing will give you an interesting life.

Reporter Ethan Edsall takes part in a boxing match.

Week of Nov. 1 - Nov. 8



Dylan Rider | Sports Editor | riderd1@ferris.edu

# Bark bigger than the buzz

Bulldogs swat Yellow Jackets 56-0



Photo credits: Dylan Rider | Sports Edito

Sophomore receiver Brady Rose celebrates mid-air following his put-return touchdown.

Jack Alcorn Sports Reporter

In a break from conference play, Ferris State football defeated the American International Yellow Jackets on Saturday, Oct. 28 at Top Taggart Field.

Following the team's win against Michigan Tech in Houghton, the Bulldogs (6-2, 3-1 in conference) dominated the Yellow Jackets (2-7, 1-5 in conference) in every facet of the game, beating them 56-0. Ferris State scored four times on offense, twice on defense and once on special teams.

Head Coach Tony Annese took notice in the team's wealth of scoring

"We scored a lot of different ways. A quarterback run, fumble recovery on a blocked punt, a punt return by [sophomore receiver] Brady Rose, interception returned by [junior linebacker] Jason Williams," Annese said. "I've been begging for the defense to score some points, so it's great to see them be dominant as well."

The Bulldogs started the game strong, scoring three touchdowns in the first quarter. Both quarterbacks senior Mylik Mitchell and sophomore Carson Gulker had rushing touchdowns, and the other was a defensive fumble recovery in the end zone by sophomore tight-end Cam Orr. In the second quarter, senior wide-receiver Tyrese Hunt-Thompson hauled in a 69-yard touchdown pass from sophomore quarterback Trinidad Chambliss, Rose returned a punt from 49 yards out and Williams returned an interception for a touchdown to end the Bulldog-dominated first half

With the score 42-0 at halftime, the Bulldogs were able to give the backups a significant amount of time on the field. Chambliss was one of the players who took advantage of his opportunity by throwing a 43-yard touchdown pass to sophomore wide-receiver Cam Underwood in the third quarter and then throwing a 39-yard touchdown pass to junior wide-receiver James Gilbert in the fourth quarter. Chambliss' two touchdowns were the only two scored in the second half while the Bulldogs' defense held the Yellow Jackets to only 160 vards of total offense to secure their first shutout of the

Senior defensive back Major Dedmond was pleased with the turnovers created by the defense.

"We created a lot of turnovers today and that was just our focal point as a defense along with getting off the field on third downs," Dedmond said. "We played a lot of guys today, so it was great to see a lot of guys get after it."

The Bulldog defense had three interceptions and three fumble recoveries against the Yellow Jackets.

Annese was proud of the effort on special teams in terms of punting and punt-receiving.

"I'm the punt coach, so I'm proud we had a good net average there and Rose returning a punt for a touchdown," Annese said. "We got a lot of short fields and opportunities that really helped us score a lot of points and do things the way we need to do as a team to be successful."

The Bulldogs will face off against an undefeated Davenport team next week. The two teams faced off twice last season and both resulted in dominant Ferris wins where they outscored Davenport 69-14 in the two games. Since Davenport joined the GLIAC in 2016, Ferris has won every time. Despite the past dominance, Hunt-Thompson isn't feeling any different about the game.

"It's another big game, another opportunity to get better week by week and that's how we'll look at it as a team," Hunt-Thompson. "Just another opponent to get better each week, we take it day by day and we'll meet them next Saturday for a showdown."

The game against Davenport is set for Saturday, Nov. 4 in Grand Rapids. After this, the Bulldogs will play their final regular season home game against Wayne State on Saturday, Nov. 11.

## SCORECARD

12:00

Mylik Mitchell, 12 yd rushing TD, 7-0

8:27

Carson Gulker, 3 yd rushing TD, 14-0

6:59

Cam Orr, fumble recovery TD, 21-0

13:17

Tyrese Hunt-Thompson, 69 yd receiving TD from Chambliss 28-0 7:26

Brady Rose, 49 yd punt return TD, 35-0

5:51

Jason Williams, 40 yd interception return TD, 42-0

**9:08**Cam Underwood, 43 yd

receiving TD from Chambliss 49-0 **10:27**James Gilbert, 39 yd
eceiving TD from Chan

receiving TD from Chambliss, 56-0

## Ferris men's basketball returns

A preview of Bulldog men's hoops 2023-24 season



Graphic by: Hailey Nye | Production Assistant

Jack Alcorn Sports Reporter

After last year's finish of 24-9, Ferris State men's basketball will look to have even more success with a team full of familiar faces.

Ferris has played one of their two preseason games so far.

The one being a 31-point loss to the University of Toledo, a DI program who finished 27-8 this past season and lost to the Michigan Wolverines in the National Invitation Tournament.

Ferris will play their second opponent, the DIII Calvin Knights, on Friday, Nov. 3.

This past season, Ferris made it all the way to the regional semi-finals in the national tournament. They will be returning every rotation player from that roster besides leading scorer Solomon Oraegbu, who transfered to Emporia State.

They return an explosive offense that was 13th in the nation in scoring, top five in assists and assist to turnover ratio, and 22nd in field goal percentage.

They were also top of the conference in every team offensive statistic besides three-pointers made and three-point percentage.

Some of the key returnees include first team All-GLIAC senior guard Ben Davidson, senior forward Dolapo Olayinka, junior forward Deng Reng, senior guard Amari Lee and the All-GLIAC defensive team junior forward Mykel Bingham.

The five players combined for 54% of the team's points per game last season. Another key returnee is second team All-GLIAC junior Ethan Erickson. The sharp-shooting guard averaged 11.7 points per game last season and is set to be receiving an even bigger role now that Oraegbu is gone.

"The team's goals are simple. I want us to win every championship there is... ending with the national championships," Sydnor said.

"The way I have grown the most is leading by example," Erickson said. "I try to come into practice with good energy and a positive mindset so the younger guys can see that and learn from it."

Erickson led the conference this past season in three-pointers made and was second in threepoint percentage.

Head coach Andy Bronkema, who could not be reached for comment at this time, is bringing in three freshmen to go along with the veteran roster: guard Anthony Sydnor, forward Chikasi Ofoma and guard Dono Thames.

Sydnor knows how to win as he comes from Muskegon High School, where he made it to the division one state championship game his senior year. He feels that the mindset of that culture has brought him to Ferris.

"I chose Ferris for basketball first mainly because I loved the winning culture and I love their style of play," says Sydnor. "Having the winning mentality drilled in me at Muskegon has helped me take my new role at Ferris and fulfill that role to the best of my ability."

In his 11th season as Head coach, Bronkema has had 20 wins in 10 of those seasons and

has won four conference champi-

onships.

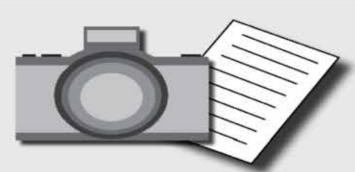
The most successful season came in 2018 where Ferris finished the season 38-1 and ended up winning the national championship. Even the freshmen have it instilled in them that this season is the season to bring home a second national championship.

"The team's goals are simple, I want us to win every championship there is, starting with GLIAC champs and ending with National champions," Sydnor said. "Pick up all the rings and trophies that we can."

Ferris begins their quest for a national championship at home against Northwood University on Friday, Nov. 10 at 5 p.m.







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Week of Nov. 1 - Nov. 8

Ferris State Torch

# Player's Corner: Andrew Noel

The defenseman talks Bulldog hockey, playing D1 hockey and why he's called "The Sheriff"



courtesy of Andrew Noe

Sophomore defenseman Andrew Noel has recorded five points since joining the Bulldogs in 2022.



## **BIG RAPIDS**

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Dylan Rider Sports Editor

Bulldog hockey opened up conference play this past weekend against Northern Michigan.

Before the team's trip to Marquette, sophomore defenseman Andrew Noel sat down with the Torch and spoke about CCHA hockey, playing at a DI school, the state of the team, his nickname and the defensive core.

Q: What are your thoughts on CCHA play this year? What do you guys face when playing CCHA

A: I think the nice thing about the CCHA is that it's always competitive. It's an older kind of conference in college hockey and it's a conference where there's not an easy night. Every night, you need to go in with the mindset that any team that we're playing is not a walk in the park.

I think that's the great thing about the CCHA. All the teams do a great job recruiting, everyone puts together a very strong team. As we saw last year, when it gets down to playoff time, anything can happen.

We need to put our best foot forward this regular season but we want to be playing our best hockey in the playoffs to get the best chance of making a run.

There's been a lot of movement throughout the CCHA this past year. [Minnesota State] getting a new coach, bringing in a lot of new player, and some other teams making a lot of additions and sub-

Right now, you can't really tell until a couple of weeks into divisional play.

**Q:** With this being your second year, you're no longer the new kid on the block. What's it like having to step into a mature role where you may have to mentor fresh-

A: It's nice to have a year under your belt. Most guys come into college hockey playing a couple years of junior, but it's a lot different playing college hockey.

I think having the year under my belt has been a huge advantage. Not only just on the ice, but in general. Knowing kind of what to expect has been huge and being able to build off of what happened last year. It is something that I'm really looking forward to.

We also have a lot of new freshmen. I think it's important to help them transition into college hockey and do what we can to bring them into the program and just welcome them with open arms.

Q: Not many people can say that they play DI hockey at Ferris State University. What does that mean

A: Simply put, it's a dream come true. Growing up in the Boston area, you're always going to college hockey games. You're watching Boston University and Boston College play.

Having the opportunity to play DI hockey has meant the world to me. Coming here and going to the rink every day is awesome. Prac-

tice is the best part of my day. I look forward to that.

Just having this experience has been unbelievable and I would never trade it for anything in the

Q: Coming into the season, Ferris State was ranked seventh in the CCHA preseason poll. Where are you predicting that the team will end up?

A: That's kind of the cool thing about preseason rankings, it doesn't matter. Doesn't matter where we're ranked in preseason, it's what we do during the year.

I honestly think the sky's the limit for this group. It's as far as we want to take is where we're going to end up. I think the more that we're able to buy in and really help bring everyone up to the level that we want to be at is where this club's gonna take.

It's about the daily process and the things that we're going to do daily to help make this group bet-

Q: I've heard you have a nickname of "The Sheriff," is that true? If so, why that name?

A: I believe so, yeah. I think a lot of the guys have kind of stuck to that nickname.

I'm not exactly sure where it comes from. I know in junior [hockey], I had a nickname kind of similar to that.

I think it just it comes down to the role that I play and how I like to police the ice make sure that everyone's playing the game the right way on our team.

But, it's also on the other team and making sure that no one's stepping over that line. If they do, then hopefully taking care of business in a way that college hockey allows for.

Q: The defensive core you're playing with is pretty experienced. You've got senior Brendan MacLaren, senior Drew Cooper and Travis Shoudy in his second year, like you. What's the defensive core like? What's it like playing with

A: I think at the top of the defensive core is assistant coach Mark Kaufman.

The way that he runs things has been absolutely awesome. We love playing in the back end for him. I think he really sets the tone for our whole defensive core.

Obviously, having a bunch of veterans back there, like MacLaren, Ben Schulteis and Cooper and then Shoudy and the freshmen as well, has been great.

Our whole defensive core mission is to keep growing. The addition of Nick Hale, a fifth year from Holy Cross, is just an invaluable piece of the puzzle.

We're really looking forward to keep growing and keep getting better as a defensive unit.